SWIM

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Victor Davis, in action at the World Championships

Photo by Tony Duffy

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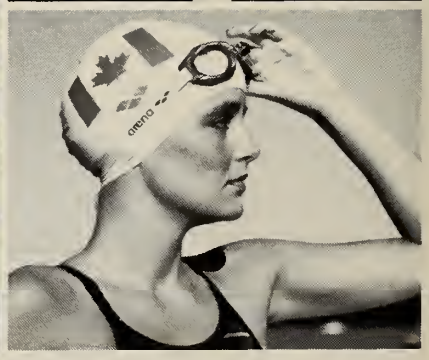

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Calendar

October
1-6 Swim events at Commonwealth Games
16-17 Windsor Invitational
30-31 Coca-Cola McMaster Inv.
28-31 CSCA/CASA Coaches Conference

November
5-7 Golden Bear Relays (Edmonton)
12-14 Harvest Invitational
Host TOMAC at Olympium
6-7 Etobicoke Sprint Meet
19-21 Brantford Invtitational
Keyano Senior (Edmonton)
20-21 CASA Annual Meeting
Edmonton
26-5 CSCA Distance Week

December
3-5 Canada Cup (Etobicoke)
9-12 Youth Cup Host NYAC
at Olympium
10-12 Prairie AG Invitational
Host Manta at Pan Am pool

January
7-9 USS Invitational (Indianapolis)
Quebec Cup at Pointe Claire
28-30 Ontario Team Championships
St.James Seals Invitational
UCSC Invitational (Calgary)

February
4-6 **Youth Championships**
Quebec Cup- Quebec City
18-20 Valentine AG host TOMAC
18-20 Natl AG Championships
25-27 Provinces to schedule AG champs in this period

March
3-5 CIAU Championships
4-13 CSCA Sprint Week
16-19 Winter Nationals (Hyack)
24-26 Junior Nationals
Sudbury and Saskatoon

April
15-17 Canadian Masters Natls
at Olympium
22-24 Ontario Team Championships
FISU Invitational (Edmonton)
29-30 Operation LA-Montreal

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BEST OF LUCK TO THE CANADIAN COMMONWEALTH TEAM COMPETING IN BRISBANE DURING OCTOBER

Summer nationals

Down in the valley

Swimmers can be said to perform in peaks and valleys. The 1982 Summer Nationals which also served as the Commonwealth Games Trials were mostly in the valley.

For a meet that was to be the culmination of the long course season it just never seemed to get off the ground. For those who recently competed at the World Championships, the letdown is understandable. But for the others who had all summer to prepare they also seemed somewhat listless. Certainly there was little splash from anyone.

With so little challenge from the younger kids, the established veterans were able to consolidate winning streaks, that in some instances go back five years or longer.

Cheryl Gibson, in what could be her final appearance at a Nationals added three more firsts to a prolific total that now stands at 26.

Others adding to their streaks were Julie Daigneault and Anne Ottenbrite among the women. While sprinter Graham Welbourn again swept the 50-100 free a feat he did both in 1980-81. Distance specialist Peter Szmidt added three more to a string of firsts dating back to 1977.

Peter said "I am more interested in trying to get my times back to where they've been in previous years. Some of my swims were well put together. My confidence is building up. That's something that's been lacking in the past two meets."

"For me, there's a lot of nervousness because I haven't done as well I want to. But I will be ready again. I'm definitely looking to '84. I'd like to have that as the high point of my career."

About the kind of work that he sees ahead, Peter said, "I need to tone up, a little more distance work. . . I perform best when I have the distance background."

Alex Baumann, in his first big meet since last summer's nationals won both individual medley events but had some difficulties in some of the other events that he has specialized in (400-1500 free). Alex's future will likely involve surgery to correct the loose joint problem in his shoulder.

Victor Davis in winning his specialties helped one swimmer to accomplish a life long ambition. Steve Sproule, 22, of the Edmonton Keyano, finished third in the 200 breast and earned a spot on the Commonwealth team.

Sproule said, "Three months ago I wouldn't have said I had a chance. After the Esso Cup, I knew I had a chance."

"I've been swimming since I was 10. First in London, Ontario then I spent five

Profile: Kathy Bald

by Terry Holmes

Kathy Bald

It can be a long road to international competition even for an age group star. Ask Kathy Bald.

As a twelve-year-old, Bald set the national age group record (1:00.96) scm, for the 100 metre freestyle. But it wasn't until nearly seven years later that she qualified for the World Championship team in the breaststroke and individual medley and made the trip to Ecuador.

Except for a two year stint at the Etobicoke Swim Club, her coach has been Nepean's Duane Jones. "My primary aim with the team," he says, "has always been to keep them in (swimming) until they hit university. Then I figure, it's their choice. It's always been a running battle and you use every trick in the book to keep them in."

Jones has the right book of tricks because Bald has been responding to challenge after challenge this summer while many have not. At the World Championships, for example, Bald lopped four seconds off her 200 breaststroke time to win the consolation finals. She finished tenth in the 100 breaststroke and the 200 i.m. and put in a strong leg on the fifth place women's freestyle relay.

Says Bald: "I didn't notice the names of the people around me. I just swam against them - it didn't really matter who they were."

A winning attitude. Kathy Bald has it. Coach Jones has been working on it for years.

"A good coach works on the intrinsic values of swimming," says Jones. "Kathy finds value in every swim. She used to find that if she did poorly - the overriding fact was that she did poorly. But if she does poorly in a swim, there's always something she can learn and we can build upon that," he says. Bald has learned her lessons well.

At the Commonwealth Trials she won her first national title - ironically the 100 free (58.41). To that she added a second in the 100 breast (1:13.03) and thirds in the 200 breast (2:37.78), the 200 i.m. (2:21.52), and the 200 free (2:05.63).

Bald now has the Commonwealth Games to strive for this season's goals. "I'd like to come close to the Canadian record in the i.m.," she says, "and I'd like to come as close as I can to Anne (Ottenbrite) in the breaststrokes - she'll be hard to beat."

Keep that plan and Canadian women will win plenty of medals in Brisbane.

years in Halifax. For the last three years I've been on a scholarship at South Carolina. During the summers I swim the Keyanos. I feel this is the place for me. Dave (Johnson) has done a lot for me."

"It's been a long road. My first nationals was six years ago. I have never won a medal before either."

The future is uncertain. Steve will return to South Carolina after the Games. He planned to retire next spring, but he might try for the World Student Games now. "Finances will be the deciding factor," he said. "I am broke, and I need to get a job soon."

Another happy swimmer was Tom Ponting, 17 of the University of Calgary S.C. He considered the 200 his better event. He finished only fourth 2/100ths out of third and a spot on the team.

Opportunity presented itself. Dan Thompson, who had already earned a spot in the 100 fly earlier, decided not to swim the event. That left the event wide open. Ponting seized the chance.

"I was really nervous," Ponting said, It wasn't even my best time. After the let-down at the Esso Cup, my coach (Deryk Snelling) made me believe I could do it. We worked hard all summer, including a training camp in Los Angeles."

About his training Ponting said, "Deryk has all of us train the i.m. We take turns chasing the best swimmer in each stroke."

His improvement has been quite spectacular since a year ago Ponting was still competing at the Junior Nationals (winning five events).

One swimmer doesn't know about valleys and peaks. Anne Ottenbrite added two more championships and another record to her winnings. She set a new Commonwealth and Canadian mark in the 100 with a 1:10.99. It was the third record swim for Anne this summer in that event. It was interesting to see her trying to swim her races more evenly.

Not having any real competition from anyone, she slowed down the first half of each race. It worked in the 100. Her previous record was split with a 33.92, in Edmonton, she split 34.05.

When she broke the 200 record in Guayaquil she split 1:13.31 with a second half of 1:19.26 for 2:33.05. In Edmonton, Anne tried for the record with a split of only 1:15.06 coming home with a 1:18.92. Not quite the record but more even in the effort.

The team race was settled early in the meet. Edmonton Keyano who narrowly lost the title in 1981, took it handily this year with 1033.5 points. Canadian Dolphins, the winners in 1981 settled for second with 747.5. Tied for third place were North York (12th in 81) and University of Calgary with 456 points.

Top men's team was Canadian Dolphins from Vancouver with 502.5 and Keyano's winning the women's with 570.

Profile: Graham Welbourn

by Nancy Lee

Graham Welbourn

"I find it easy to swim fast. If you've prepared well, you can just turn it on automatic and 50 seconds or so later you wake up and you've finished the race" – thus we have the racing philosophy of Graham Welbourn, Canadian record holder in the 50 and 100 freestyle.

About his training, Graham said,"I think I do more distance than most sprinters. I can swim well on both long or short tapers, but it's essential that I have the work behind me before I taper. This summer, my various races have been 100% efforts, but I just didn't have sufficient training background."

Welbourn, 21, belongs to that class of swimmer who started to compete in the sport at a relatively late age. Born in Calgary, he was strictly a 'summer swimmer' until the 1976 Olympics when he was inspired to swim year round.

Having graduated from high school in the spring of 1976 he followed his brother to Quebec City that fall. He explains, "I was only 15 when I finished high school and didn't want to go to university yet. I wanted to learn French and continue swimming so I put the two together with the Select club in Quebec City."

Graham's french and swimming improved.

In 1978 he was selected as a relay alternate for the Commonwealth Games and the World Championships. "In Edmonton I didn't get to swim, as there were no relay heats. I also developed shingles. At the worlds I got to swim a relay heat. It was a good experience. I got exposed to international swimming."

Last spring, Welbourn graduated from Arizona State with a Bachelor of Science and Business Administration. "I liked Arizona but the swimming program sort of fell apart after the NCAA's. I plan to take my Master's degree at UBC starting next January. I should be able to train better now."

About the future, "I plan to be around until 1984 and maybe even beyond Los Angeles."

Tom Ponting

WHERE DID THE MEDALS GO

MEN Individual Events

	G	S	B
Keyano	4	1	3
ROW	3	2	1
CDSC	2	3	1
LUSC	2	1	1
UCSC	2	1	
UTSC		2	3
Brock		2	
CAMO		1	1
Select			1
LYAC			1
Hyack			1
GO			1
Relays			
CDSC	2	2	
ROW	1	1	
Keyano	1		
UCSC		1	1
Hyack			2
UTSC			1

WOMEN Individual

PCSC	4		
Keyano	3	3	1
Ajax	2		
NYAC	1	2	1
LUSC	1	2	1
Nepean	1	1	3
SSAC	1		
Brock		2	
Trenton		1	1
Oshawa		1	
Manta		1	
Windsor			2
CDSC			2
LYAC			1
Regina			1
Relays			
Keyano	2	1	1
NYAC	1	1	
PCSC	1		1
CDSC		1	1
Hyack		1	

COMMONWEALTH TEAM

36 swimmers were selected off the Nationals.

Women

Reema Abdo,18,Trenton
Kathy Bald,18,Nepean
Lisa Borsholt,19,CDSC
Jen Campbell,16,LUSC
Julie Daigneault,16,PCSC
Cheryl Gibson,23,EKSC
Cheryl McArton,16,NYAC
Donna McGinnis,13,EKSC
Mich MacPherson,16,NYAC
Naomi Marubashi,18,SSAC
Maureen New,18,EKSC
Anne Ottenbrite,16,Ajax
Kathy Richardson,18,Brock
Chantal Venne,17,PCSC

Staff

Tom Johnson,Head Coach
Assistants: Mark Temple and Ken McKinnon
Manager: Mies Schootman

Men

Alex Baumann,20,LUSC
John Clark,18,CDSC
Victor Davis,18,ROW
Peter Dobson,20,Hyack
Cam Henning,20,EKSC
Blair Hocken,17,UTSC
Wade Flemons,21,CDSC
Wayne Kelly,18,Vic Olym
Levente Mady,21,UCSC
Rob Masson,19,UTSC
Tom Ponting,17,UCSC
Cam Reid,20,CDSC
Lance Schroeder,19,UTSC
Dave Shemilt,18,Brock
Jeff Sheehan,17,UCSC
Peter Szmidt,20,EKSC
Steve Sproule,22,EKSC
Dan Thompson,26,UTSC
Rob Wallenius,20,CDSC
Marco Veilleux,20,CAMO
Mike West,17,ROW
Graham Welbourn,21,CDSC

Staff

Head Coach: Dave Johnson
Assistants: Jeno Tihanyi and Ron Jacks
Manager: Ollie Currie
General Manager: Trevor Tiffany

1982 CANADIAN SUMMER NATIONALS / Commonwealth Trials *Aug.25-28 (50 m pool)*

WOMEN

50 m freestyle
27.05 N.Marubashi,18,SSAC
27.17 E.Corcoran,20,Oshawa
27.27 K.Doolan,19,Windsor
27.29 M.New,18,Keyano
27.39 J.Campbell,16,LUSC
27.40 C.McArton,16,LonY
27.61 A.Loucas,16,ROW
27.86 P.Rai,16,Hyack
Consolation
27.52 M.MacPherson,16,NYAC
27.86 J.Kerr,14,Etob
27.86 D.Armstead,20,Manta
27.94 A.Schloegl,14,NYAC
28.07 N.Page,16,TOMAC
28.24 Y.Hicks,17,Chena
28.32 J.Clarke,18,PCSC
28.38 W.Free,14,Etob

100 m freestyle
58.41 K.Bald,18,Nepean
58.47 J.Campbell,16,LUSC
58.62 M.New,18,Keyano
58.77 N.Marubashi,18,SSAC
59.00 C.McArton,16,NYAC
59.65 J.Kerr,14,Etob
59.97 M.MacPherson,16,NYAC
disq E.Corcoran,20,Oshawa
Consolation
59.36 K.Doolan,19,Windsor
59.39 N.Page,16,TOMAC
59.41 N.Garapick,20,
59.58 J.Daigneault,17,PCSC
59.64 K.Smylie,15,LonY
59.71 D.Armstead,20,Manta
1:00.27 D.Masuch,Keyano
1:00.38 C.Groffin,16,Windsor

200 m freestyle
2:04.59 J.Daigneault,17,PCSC
2:05.36 C,McArton,16,NYAC
2:05.63 K.Bald,18,Nepean
2:05.77 N.Garapick,20,
2:06.43 N.Page,16,TOMAC
2:07.28 N.Marubashi,18,SSAC
2:07.94 L.Brafield,16,LUSC
2:08.79 K.Ward,16,BBF
Consolation
2:07.29 L.Webster,18,LonY
2:07.36 D.McGinnis,13,Keyan
2:07.38 D.Armstead,20,Manta
2:07.39 K Smylie,15,LonY
2:07.72 S.Honour,17,ROD
2:08.42 J.Kerr,14,Etob
2:09.60 K.Stafford,18,CDSC
2:10.04 K.Kropf,17,ROD

400 m freestyle
4:20.73 J.Daigneault,17,PCSC
4:23.16 D.McGinnis,13,Keyan
4:23.73 L.Webster,18,LonY
4:25.28 S.Honour,17,ROD
4:25.53 C.McArton,16,NYAC
4:29.71 L.Brafield,16,LUSC
4:32.32 K.Ward,16,BBF
4:32.99 S.Lake,17,UCSC
Consolation
4:28.80 A.Posno,16,LonY
4:28.86 H.Chmara,14,LUSC
4:28.87 J.Riedl,15,DDO
4:32.23 K.Kropf,17,ROD
4:32.34 K.Smylie,15,LonY
4:34.53 T.Adrian,14,CDSC
4:34.74 G.Sponheimer,17,Key
4:40.92 L.Carter,15,OAK

800 m freestyle
8:56.75 J.Daigneault,17,PCSC
9:00.89 D.McGinnis,13,Keyan
9:02.50 S.Honour,17,ROD
9:05.70 K.Ward,16,BBF
9:10.25 J.Evans,16,Keyano
9:11.13 A.Posno,LonY
9:11.40 C.Venne,17,PCSC
9:11.97 J.Pilon,16,GO
Consolation
9:11.99 H.Chmara,14,LUSC
9:13.72 C.McArton,16,NYAC
9:13.93 L.Webster,18,LonY
9:15.78 K.Coy,18,Brock
9:16.03 S.Lake,17,UCSC
9:17.30 T.Adrian,14,CDSC
9:20.32 J.Riedl,15,DDO
9:21.03 K.Kropf,17,ROD

100 m backstroke
1:04.91 C.Gibson,23,Keyano
1:05.21 J.Campbell,16,LUSC
1:05.36 R.Abdo,Trenton
1:06.12 B.McBain,15,CDSC
1:07.30 M.MacPherson,NYAC
1:07.34 K.Ursan,14,Hyack
1:07.43 A.Dozzo,14,NYAC
1:08.10 M.Copp,19,Keyano
Consolation
1:07.49 A.Larouche,17,BBF
1:08.06 K.Bey,15,Hyack
1:08.12 E.Corcoran,20,Oshawa
1:08.26 V.Whyte,18,Keyano
1:08.59 M.Venne,16,PCSC
1:08.76 J.Klassoff,14,ROD
1:09.15 C.Zutter,17,Keyano
1:09.31 L.Cunningham,16,Ajax

200 m backstroke
2:18.49 C.Gibson,23,Keyano
2:20.96 R.Abdo,19,Trenton
2:21.15 J.Campbell,16,LUSC
2:23.09 M.Copp,20,Keyano
2:24.22 L.Cunningham,16,Aja
2:24.72 K.Bey,15,Hyack
2:25.52 N.Gingras,18,PCSC
2:27.08 B.McBain,15,CDSC
Consolation
2:24.06 K.Ursan,14,Hyack
2:24.06 A.Larouche,17,BBF
2:24.83 C.Zutter,17,Keyano
2:27.45 N.Page,16,TOMAC
2:27.82 M.Venne,16,PCSC
2:27.89 B.May,17,Fox
2:28.28 J.Schmidt,16,UCSC
2:30.34 K.Kropf,17,ROD

100 m breaststroke
CR1:10.99 A.Ottenbrite,Ajax
1:13.03 K.Bald,18,Nepean
1:13.85 L.Borsholt,20,CDSC
1:14.31 M.Watson,17,Keyano
1:15.81 D.Roussy,16,Select
1:16.48 C.Ounpuu,15,Etob
1:16.62 J.Garay,21,UTSC
1:17.05 N.Recoskie,16,BBF
Consolation
1:16.69 T.Balkwill,16,Brock
1:17.09 S.Garay,17,unatt
1:17.37 K.Burris,14,Truro
1:17.49 T.Terins,13,CDSC
1:18.14 B.Tymko,14,Keyano
1:18.17 L.Rodie,17,PCSC
1:18.22 J.Labrie,15,POM
1:18.69 J.Bedard,18,Select

200 m breaststroke
2:33.98 A.Ottenbrite,16,Ajax
2:37.46 K.Richardson,18,Broc
2:37.78 K.Bald,18,Nepean
2:39.07 L.Borsholt,20,CDSC
2:41.07 D.Roussy,16,Select
2:41.42 M.Watson,17,Keyano
2:46.66 A.Dozzo,14,NYAC
disq J.Bedard,18,Select
Consolation
2:44.46 T.Balkwill,16,Brock
2:44.95 K.Vendette,16,LUSC
2:45.65 L.Rodie,17,PCSC
2:46.66 M.Copp,20,Keyano
2:47.55 L.Dufour,15,POM
2:47.80 S.Garay,17,unatt
2:48.86 K.Burris,14,Truro
disq C.Ounpuu,15,Etob

100 m butterfly
1:03.13 M.MacPherson,16,NY
1:03.72 D.Armstead,20,Manta
1:04.09 K.Doolan,19,Windsor
1:04.16 N.Deschamps,17,Selec
1:04.78 A.VanDyke,16,CDSC
1:04.84 K.Stafford,18,CDSC
1:05.12 N.Horne,19,GO
1:05.49 P.Rai,16,Hyack
Consolation
1:04.85 R.Horne,17,GO
1:05.30 M.Moore,15,DCSC
1:05.69 R.Ruggiero,16,Champ
1:05.69 J.Horstead,15,Etob
1:05.85 N.Garapick,20,HTAC
1:06.14 A.Loucas,16,ROW
1:06.15 C.Venne,17,PCSC
1:06.53 G.Rifa,17,SSAC

200 m butterfly
2:17.85 C.Venne,17,PCSC
2:17.98 M.MacPherson,16,NY
2:18.49 K.Stafford,18,CDSC
2:18.69 N.Gingras,18,PCSC
2:19.48 A.VanDyke,16,CDSC
2:20.98 N.Horne,19,GO
2:22.28 N.Deschamps,17,Selec
2:22.51 L.Brafield,16,LUSC
Consolation
2:20.98 K.Richardson,18,Broc
2:21.64 C.McArton,16,NYAC
2:21.87 F.Waddell,15,CDSC
2:21.99 A.Dozzo,14,NYAC
2:22.51 J.Horstead,15,Etob
2:23.37 M.Moore,15,DCSC
2:23.85 K.Wormworth,15,CDS
2:25.42 K.Ward,16,BBF

200 m ind.medley
2:21.37 J.Campbell,16,LUSC
2:21.42 C.Gibson,23,Keyano
2:21.52 K.Bald,18,Nepean
2:22.01 N.Garapick,20,HTAC
2:22.09 M.MacPherson,16,NY
2:22.90 K.Richardson,18,Broc
2:23.49 A.Dozzo,14,NYAC
2:26.09 K.Stafford,18,CDSC
Consolation
2:24.32 N.Deschamps,17,Selec
2:25.26 K.Vendette,16,LUSC
2:25.28 R.Thomasson,18,Hyac
2:25.38 K.Smylie,15,LonY
2:25.45 M.Copp,20,Keyano
2:27.43 D.Armstead,20,Manta
2:27.79 N.Page,16,TOMAC
2:27.88 H.Chow,17,Vic O

400 m ind.medley
4:55.36 C.Gibson,23,Keyano
4:56.47 K.Richardson,18,Broc
4:58.67 M.MacPherson,16,NY
5:01.78 J.Campbell,16,LUSC
5:04.16 A.Dozzo,14,NYAC
5:04.93 K.Smylie,15,LonY
5:04.97 N.Gingras,18,PCSC
5:09.16 D.McGinnis,13,Keyan
Consolation
5:05.70 M.Copp,19,Keyano
5:08.39 K.Vendette,16,LUSC
5:08.41 T.Balkwill,16,Brock
5:10.74 A.Posno,16,LonY
5:10.95 F.Waddell,15,CDSC
5:14.20 L Haworth,14,PCSC
5:14.36 K.Wormworth,15,CDS
5:15.10 J.Schmidt,16,UCSC

4x50 m medley relay
2:01.81 Edmonton Keyano A
2:02.46 Hyack A
2:02.50 Cdn.Dolphin A
2:03.61 Pointe Claire A
2:03.69 Etobicoke
2:04.22 Beaconsfield
2:04.64 North York
2:06.12 Edmonton Keyano B

4x100 m medley relay
4:25.18 Edmonton Keyano A
4:28.34 Cdn.Dolphin A
4:30.00 Beaconsfield
4:31.37 North York
4:33.98 Pointe Claire
4:34.07 Hyack
4:35.30 Laurentian Univ.SC
4:37.36 Cdn.Dolphin B

4x100 m free relay
3:58.38 North York
4:00.15 Edmonton Keyano A
4:01.36 Pointe Claire
4:01.79 Etobicoke
4:02.84 Beaconsfield
4:03.92 Hyack
4:03.96 Cdn.Dolphin
4:04.74 Laurentian Univ.SC

4x200 m free relay
8:35.96 Pointe Claire A
8:36.97 North York
8:37.86 Edmonton Keyano A
8:44.21 Cdn.Dolphin A
8:45.41 Regina Opt.Dolphins
8:46.73 Hyack
8:50.97 Univ.Calgary SC
8:56.66 Edm Keyano B

MEN

50 m freestyle
23.92 G.Welbourn,21,CDSC
24.05 B.Hicken,17,UTSC
24.37 L.St.Laurent,23,Select
24.37 P.McConnell,20,GO
24.42 W.Kelly,19,Vic O
24.44 G.Luxenberg,17,PCSC
24.67 D.Dufour,20,Select
24.71 M.West,17,ROW
Consolation
24.57 A.Swanston,23,ROW
24.62 J.Sheehan,17,UCSC
24.80 S.Goss,15,NYAC
24.84 D.Churchill,19,UTSC
24.84 J.Harvey,17,CNSF
24.91 P.Szmidt,21,Keyano
24.92 G;Deschenes,Hull
25.07 B.VanderElst,19,UCSC

100 m freestyle
52.23 G.Welbourn,21,CDSC
52.32 P.Szmidt,21,Keyano
52.35 A.Baumann,18,LUSC
52.60 B.Hicken,17,UTSC
52.86 L.St.Laurent,23,Select
52.92 J.Sheehan,17,UCSC
53.21 L.Mady,22,UCSC
53.32 W.Kelly,19,Vic O
Consolation
53.04 G.Luxenberg,17,PCSC
53.54 B.Ansell,18,UCSC

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53.55 S.Goss,15,NYAC
53.57 A.MacDonald,18,Hyack
53.93 J.Waring,18,LonY
54.03 D.Churchill,19,UTSC
54.12 B.Clement,18,Laval
54.25 P.Blanchard,21,Hyack

200 m freestyle
1:53.09 P.Szmidt,21,Keyano
1:53.39 A.Baumann,18,LUSC
1:54.08 C.Henning,21,Keyano
1:54.37 W.Kelly,19,Vic O
1:55.14 B.Clement,18,Laval
1:55.24 B.Johnson,19,UCSC
1:55.59 C.Daly,18,unatt
1:56.43 E.Gyorfi,20,Hyack

Consolation
1:55 20 C.Reid,21,CDSC
1:56.70 F.McAndie,18,TOMA(
1:56.79 B.Ansell,18,UCSC
1:56.92 A.MacDonald,18,Hyac
1:57.19 R.Masson,19,UTSC
1:57.49 D.Shemilt,18,Brock
1:58.03 J.Waring,18,LonY
1:59.66 P.Blanchard,21,Hyack

400 m freestyle
3:58.98 P.Szmidt,21,Keyano
4:00.98 D.Shemilt,18,Brock
4:02.22 R.Masson,19,UTSC
4:03.10 E.Gyorfi,20,Hyack
4:05.76 B.Johnson,19,UCSC
4:06.05 K.Auger,21,ROW
4:06.42 B.Clement,18,Laval
4:10.15 A.Baumann,18,LUSC

Consolation
4:06.05 F.McAndie,TOMAC
4:07.25 P.Webster,15,LonY
4:07.96 A.MacDonald,Hyack
4:08.04 M.Teskey,24,TOMAC
4:08.35 S.Esau,18,UCSC
4:08.57 K.Stapleton,19,CDSC
4:12.03 S.Hayward,19,NYAC
4:12.32 G,Overing,22,PCSC

1500 m freestyle
15:55.62 P.Szmidt,21,Keyano
16:01.76 D.Shemilt,18,Brock
16:09.87 R.Masson,19,UTSC
16:11.19 C.Henning,21,Keya
16:17.36 S.Esau,18,UCSC
16:24.07 P.Webster,15,LonY
16:25.93 E.Gyorfi,20,Hyack
16:26.79 F.Donnelly,16,Hya

Consolation
16:27.89 P.Blanchard,Hyack
16:27.93 N.Hodgson,19,UT
16:28.57 F.McAndie,TOMAC
16:29.05 G.Overing,22,PCSC
16:29.36 B.Berger,20,Hyack
16:29.44 M.Teskey,TOMAC
16:29.44 D.Banman,18,Manta
16:31.07 B.Johnson,19,UCSC

100 m backstroke
57.79 M.West,17,ROW
57.80 W.Flemons,21,CDSC
57.97 C.Henning,21,Keyano
59.02 R.Wallenius,20,CDSC
59.23 D.Banman,18,Manta
59.42 S.Goss,15,NYAC
59.66 S.Murphy,18,Etob
59.76 B.Berger,20,Hyack

Consolation
1:00.39 J.Sheehan,17,UCSC
1:00.91 S.Witton,18,SSAC
1:00.91 A.Mady,18,TOMAC
1:01.41 E.Salac,18,HWAC
1:01.42 F.Dionne,17,Select
1:01.50 T.Raafat,16,SJSC
1:01.75 R.Ostermeier,HWAC
1:02.21 S.Lines,17,Manta

200 m backstroke
2:03.60 C.Henning,21,Keyano
2:03.89 M.West,17,ROW
2:06.01 R.Wallenius,20,CDSC
2:06.63 S.Murphy,18,Etob
2:06.76 S.Goss,15,NYAC
2:06.78 W;Flemons,21,CDSC
2:07.98 D.Banman,18,Manta
2:10.03 P.Dobson,19,Hyack

Consolation
2:10.88 F.Dionne,17,Select
2:11.11 R.Ostermeier,HWAC
2:11.13 M.Brad,16,Keyano
2:11.13 P.VanDyke,18,CDSC
2:12.60 S.Flowers,14,OSC
2:12.64 S.Witton,18,SSAC
2:13.38 M.Wray,18,Keyano
2:14.01 L.Gushe,LonY

100 m breaststroke
1:05.01 V.Davis,18,ROW
1:05.11 J.Clark,18,CDSC
1:05.56 M.Veilleux,19,CAMO
1:06.44 K.Fitzpatrick,unatt
1:06.81 S.Score,21,Hyack
1:07.17 S.Fisher,18,OSC
1:07.39 R.Chernoff,17,UCSC
1:08.46 S.Sproule,21,EKSC

Consolation
1:07.76 T.Salpeter,17,OSC
1:08.02 M.Lapalme,17,Tracy
1:08.18 A.Cole,19,DCSC
1:08.29 D.Wallingford,15,LU
1:08.65 G.Barbour,16,Oak
1:09.04 P.Crehan,21,BBF
1:09.37 T.Gray,18,ROW
1:09.86 B.Winram,18,Vic O

200 m breaststroke
2:21.87 V.Davis,18,ROW
2:22.73 M.Veilleux,19,CAMO
2:24.64 S.Sproule,21,Keyano
2:25.04 J.Clark,18,CDSC
2:25.09 R.Chernoff,17,UCSC
2:27.13 S.Score,21,Hyack
2:30.45 S.Fisher,18,OSC
2:31.77 D.Wallingford,LUSC

Consolation
2:29.95 A.Cole,19,DCSC
2:29.97 K.Fitzpatrick,unatt
2:30.28 P.Crehan,21,BBF
2:30.92 T.Oliva,20,NSC
2:31.21 H.Ewashko,17,OSC
2:31.89 D.Hanvey,17,TOMAC
2:32.91 B.Winram,18,Vic O
2:32.94 B.Hasegawa,18,BBF

100 m butterfly
56.40 T.Ponting,17,UCSC
56.97 C.Bredschneider,UTSC
57.01 J.Waring,18,LonY
57.01 F.Chalut,16,CAMO
57.07 L.Schroeder,19,UTSC
57.17 W.Kelly,18,Vic O
57.42 D.Churchill,19,UTSC
58.67 B.Hewitt,21,UTSC

Consolation
57.70 J.Gallant,20,UCSC
57.77 J.Tremblay,20,Select
57.98 B.Rodgers,25,TOMAC
58.22 J.Riddle,20,EKSC
58.51 L.Mady,22,UCSC
58.57 B.Ansell,18,UCSC
59.08 D.Lepine,19,Select
59.29 P.Steppan,17,SSAC

200 m butterfly
2:02.87 L.Mady,22,UCSC
2:03.33 V.Davis,18,ROW
2:03.60 L.Schroeder,19,UTSC
2:03.62 T.Ponting,17,UCSC
2:04.18 F.Chalut,16,CAMO
2:05.05 C.Bredschneider,22,UT
2:05.90 J.Riddle,20,Keyano
2:05.98 J.Gallant,20,UCSC

Consolation
2:05.10 K.Auger,21,ROW
2:06.03 P.Dobson,19,Hyack
2:06.04 S.Esau,18,UCSC
2:06.52 J.Kelly,16,Vic O
2:06.76 J.Waring,18,LonY
2:07.32 R.Wallenius,20,CDSC
2:07.59 S.Goss,15,NYAC
2:12.97 A.Rose,19,HWAC

200 m ind.medley
2:06.92 A.Baumann,18,LUSC
2:08.03 J.Sheehan,17,UCSC
2:08.54 V.Davis,18,ROW
2:08.97 C.Reid,21,CDSC
2:09.13 J.Riddle,20,EKSC
2:09.76 D.Town,21,UTSC
2:11.51 B.Johnson,19,UCSC
2:12.94 W.Flemons,21,CDSC

Consolation
2:10.25 R.Chernoff,17,UCSC
2:10.26 A.Swanston,23,ROW
2:10.86 P.Dobson,19,Hyack
2:10.93 S.Sproule,21,Keyano
2:11.80 K.Fitzpatrick,unatt
2:12.04 D.Banman,18,Manta
2:13.21 D.Hanvey,17,TOMAC
2:13.63 R.Archibald,18,CDSC

400 m ind.medley
4:27.54 A.Baumann,18,LUSC
4:30.27 C.Reid,21,CDSC
4:31.53 P.Dobson,19,Hyack
4:38.04 D.Banman,18,Manta
4:41.27 R.Wallenius,20,CDSC
4:42.19 A.Wallingford,18,LUS
4:46.62 S.Goss,15,NYAC
disq B.Johnson,19,UCSC

Consolation
4:40.19 R.Masson,19,UTSC
4:41.55 S.Sproule,21,Keyano
4:42.44 S.Esau,18,UCSC
4:43.26 T.Ponting,17,UCSC
4:44.82 F.Cholette,18,CAMO
4:46.07 G.Donnel y,17,CDSC
4:48.95 G.Grover,17,CDSC
4:53.56 S.Hayward,19,NYAC

4x50 m medley relay
1:45.69 Cdn.Dolphin A
1:46.40 Region Waterloo
1:48.25 Hyack
1:48.79 Edm Keyano A
1:48.80 Univ.Toronto
1:49.59 Univ.Calgary
1:50.02 Select Quebec
1:50.35 Cdn.Dolphin B

4x100 m medley relay
3:51.02 Region Waterloo
3:52.96 Cdn.Dolphin A
3:57.01 Univ.Calgary
3:57.99 Univ.Toronto
3:58.47 Edm Keyano A
3:59.44 Hyack
4:03.78 Montreal Aquatic
4:04.04 Select Quebec

4x100 m free relay
3:33.00 Cdn.Dolphin A
3:33.35 Univ.Calgary
3:33.83 Univ.Toronto
3:34.24 Edm Keyano A
3:34.68 Select Quebec
3:35.02 Hyack
3:36.46 Pointe Claire
3:36.75 Region Waterloo

4x200 m free relay
7:42.53 Edm Keyano A
7:45.58 Cdn.Dolphin A
7:45.61 Hyack
7:46.49 Univ.Calgary A
7:53.94 Pointe Claire
7:54.39 Mississauga AC
7:56.49 Cdn.Dolphin B
7:58.11 Univ.Calgary B

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R&D

Swimming and science: searching for the edge

by Terry Holmes

Like many things Canadian, the problem with CASA's fitness assessment program seems to be getting the players to work as a team.

Opinions abound concerning the issue of poking and probing Canadian swimmers as part of a national scientific scheme. But while there is a curious split in opinion about how to improve our quest for gold medals, there is no argument about the goals. Everyone wants to win. Here are some of the approaches to doing that.

"We really want to compare ourselves to the US, the USSR, GDR and the FRG," says National Assessment Coordinator, Robin Campbell. "The United States and the Soviet Union have major populations and can afford to have a few swimmers fall by the wayside. We have to make better use of our talent. The problem of leaving everything to chance is that we have a population base of 13,000 swimmers and letting people 'slip through' is costing us."

"Since the GDR and the FRG have been able to produce large numbers of top-ranked swimmers on a small population base," Campbell argues, "We can do the same thing on a small population base."

That's where the National Assessment Centre at the University of Toronto comes in. It's part of an institute for the study and evaluation of high performance athletes. Here, some 200 swimmers, most of them from national and youth teams, have been the subject of detailed physiological scrutiny over the past three years. The University of British Columbia and the University of Alberta have also done a share of the work. The cost is roughly $60,000 a year.

Science a side product

"The science is almost a side product of the CASA project," says U.of T. investigator, Dr. Michael Cox. "The original concept, and still the concept, is the development of swimming in Canada."

Against that, Cox recognizes that scientists generally have 'pinched and grabbed' athletes during the last two decades without a payoff for coaches. He's consciously working to change that tradition.

"There shouldn't really be guesswork in athletics and in training," stipulates Cox who also has worked with high performance football and tennis players. "Testing tends to take away the guesswork. Another plus, although it's difficult to measure, is that you're building an esprit de corps. The testing is difficult; the training is difficult. It's not only living and having fun together but sacrificing together." (In July, the Youth Camp was ten days long.)

Wisdom is the issue

So far so good. But Mark Temple, Head Coach of this summer's testing/training installment isolates the crux of the issue. "The data must be translated to wisdom," he says. "Until now, coaches have not been comfortable with researchers and researchers have not been comfortable with coaches. The two must meet regularly. You've got to avoid secrecy and avoid the appearance of a closed shop."

Says Temple, "Very few coaches have seen or understood the testing equipment. We missed an opportunity during The Esso Cup to show coaches across the country what the program is all about. Some coaches are willing to admit they don't know. That's the beginning."

Sport Canada's Jim Shaw who helped engineer the program into existence sees the same snag with the coaches as Temple. "The testing program is good but not great because coaches haven't got direction from it yet. The application of results has to be accelerated. For example, bring the coaches together in small elite seminars to look at individual athletes," Shaw says.

He points to another shortcoming in the program. "They're doing almost the same test battery as when they started in 1979. They're hesitant to change and field tests are slow in coming."

But according to Cox, the testing procedures have been refined and should be providing more practical information in the months ahead.

"When we first began in 1979, we really didn't know what to expect, so we tested everything," Cox explains. "We've now eliminated some assessments, for example strength measures from the Cybex (machine), because we found they weren't sport specific. We've curtailed some flexibility measures because we found that swimmers in general have good flexibility."

"We've added the Swim Bench tests and changed the protocol on it to be more sport specific," continues Cox. "And right now, we've working on some lactic acid protocols. Hopefully, they will have a terrific practical application in training for the coaches," he says.

Robin Campbell expands on the use of lactate analysis saying, "The coach could be given the optimum range of heart rate in training, specific to each swimmer."

As reported in the May-June 1982 Swimming Technique, the Americans, not to mention the GDR, are already making progress down this scientific path with their swimmers. Why should Canada ignore the possibilities?

For example a 1980-81 study at Oakland University in Michigan analyzed the lactic acid in blood samples from swimmers on the university squad. Why? Because it's possible to determine the repeat times and the post exercise heart rates necessary for improved aerobic and anaerobic endurance.

But there is a hitch. It's too early to be conclusive with the evidence already gathered. Until more research is completed, coaches must either wait for scientific validation or cling to seat-of-the-pants observation and training.

At times, a best choice isn't apparent. Perhaps Canadian researchers will find the answers first - giving us the edge.

Cox hopes the National Assessment Centre will be able to provide detailed feedback from the lactate analysis within the next six months.

After three years of investigation, Cox is confident three areas of testing really tell us something about the physical capability of high level swimmers. They are the Swim Bench, tethered swimming and the vertical jump.

Tethered swimming, measures maximum oxygen consumption

Sandy Goss, National Youth Team member being tested on the Biokinetic Swim Bench

To get information across to coaches and swimmers, the National Centre provides a 22-page booklet listing results with a thorough explanation. For example, swimmers in the July '82 Youth Camp already have individualized booklets. A computerized data base and print-out make it possible before the swimmers leave the Centre. Coaches will get their booklets with greater explanation shortly.

Cox is presently determining an effective seminar presentation to provide some understanding to parents and coaches at a community level. "There are now more advocates of the testing system," he says summarizing his communication effort.

Field testing frontier

Field testing, performed in a workout, is an area of great impact to coaches, but a relative frontier to scientists.

"There's evidence from literature in the US," Cox says, "That an all-out 800 metre swim relates to the fitness of a swimmer's oxygen consumption. If so, we should be able to tell the coach that specific time ranges indicate a specific fitness level. Training can be modified based on this."

Similarly, a 25 metre swim with push-off is correlated to an athlete's power. But as Robin Campbell points out, it'll take another six to twelve months to develop norms for these tests. Until then, the coaches are no further ahead and the Olympic year looms bigger than life.

The fine line in training

In the meantime, coaches have a tendency to ignore some of the physiological evidence already gathered. For instance, what about overtraining?

Doug Gilbert's book, the Miracle Machine presents a compelling statement of the problem. More than two years ago he wrote:

"There is a fine line, however, between training, building strength and endurance - and overtraining which can actually breakdown muscle tissue. North American swimmers, who are just now starting to take the first baby steps toward blood testing analysis can easily overtrain or undertrain. As a result, some of our swimmers often swim greater daily distances than their GDR counterparts but benefit less."

Gilbert's observations are echoed by Cox who says, "In my way of thinking, there is a lot of overtraining. You see overuse injuries of the shoulders and knees as a result." Other discussion of the problem is reported in the January 1982 Swimming Technique.

Researchers monitored changes in the blood chemistry of swimmers on the University of Iowa team during the 1980:81 season. For specific athletes, the investigators counselled a reduced workload when symptoms of overtraining were diagnosed - apparently with good results. The investigators summarized that overtraining is a phenomenon which does exist for swimmers.

Says Cox: "Swimming has always had a philosophy of intense training. I don't deny the sport needs someone who is in good physical condition but you can go 'over-experience'. Even Counsilman says he's changing. Swimmers don't need all that distance."

"I think it's time to reevaluate swimming training," continues Cox. "And maybe even look at the track people and some of their techniques. For instance, track sprinters don't do what long distance runners do. In swimming, many times you'll find that sprinters do the same amount of work as the long distance swimmers."

"I still don't understand why a sprint kid has to swim 10,000 metres a day or whatever it is. Sprinters certainly don't need the heart and lungs that a 1500 metre person needs. I believe we probably don't do enough strength work. We overlook strength because cardio-vascular conditioning has always been the big one."

Biophysicist, Mike Plyley is another member of the U.of T. research team working with swimmers.

"What we're doing," says Plyley, "I can honestly say the Eastern Block countries have either already done and discarded or have already done for a long time so they have more of a feel for what it means."

Getting ahead

"We've got to get ahead somehow," he says. "After all, it is a research and development program and I think we're doing a lot of development but little on the actual research."

Significantly, Plyley is a candidate for CASA's Director of Research and Development position. He's critical of the current program on at least three points.

"One of the holes in the program," he says, "is stroke mechanics. We don't have a stroke mechanician on our testing team or even on our R&D team."

Secondly, Plyley puts his finger on a gap in program follow-up. "Coaches must do minimal periodic testing themselves - enough to know if their program is working," he says. Fine, but do the coaches have the tools?

Finally, Plyley says there is the unresolved issue of applying sport science where it could count most - at national team training camps. CASA didn't use scientists at the Florida camp for the World Championships or the Hawaii camp for the Commonwealth Games. Why not? It's a logical step in an expensive long term project, according to Plyley.

Perhaps Canadian swimming needs a time out. A pause to pull Team Canada - athletes, officials, coaches, administrators and scientists - together. We have the ingredients to do better. Now we need the winning formula.

ONTARIO LAUNCHES OWN CENTRE

Ontario has a second entry in the testing/training centre sweepstakes. A $20,000 provincial grant will launch a sport development centre at Laurentian University with Dr.Jeno Tihanyi project director.

Ontario Section is moving fast. The first training camp for provincially carded swimmers could happen as early as this December. Jack McKay, the province's executice director, says a second camp in March 1983 is at the planning stage for age group swimmers.

CASA is one of six sports in Ontario to get the green light from the Ministry of Tourism and Recreation for this sport development concept. Extensive athlete testing is forecasted at the centre within three years.

Poolside

Counting your chickens before they are hatched

by Nancy Lee

Swimming aficcionados in Canada have long been plagued by a lack of daily media coverage of the sport. Whether the competition be across the ocean or across town the Canadian press appears reluctant to allot space for swimming results. Oh, to live in France . . .

Wine is cheaper, the weather milder and one has access to L'Equipe - a daily newspaper devoted to sport news.

Eric Lahmy, swimming specialist for L'Equipe and longtime critic of French swimming, covers the international swimming scene as few others do.

An article written after the World Championships in Guayaquil, Ecuador with the title,"La soupe a la grimace" or 'Sour Grapes' (L'Equipe, August 10, 1982) illustrates his expertise of the sport and his journalistic wit while offering some personal observations on competitive swimming.

According to Lahmy, once the swimming results had been fully digested there were plenty of sour grapes to go around in Guayaquil. Swimming delegations from around the world had travelled to Ecuador 'greedy' for victory. However, at the end of the meet many found their hands filled, not with medals, but with sour grapes. As Lahmy remarks, the Championships forced many of these officials to 'measure their ridiculous expectations against the hard reality of the competition.'

In the article Lahmy presents his views about why so many countries saw their optimistic prognoses fly out the window - unable to resist the hard reality which the results represented.

His first argument focuses on the excessive use by many swimming delegations to blame failure on the psychological element of the sport. Lahmy refers to this 'fashionable notion' as a "maladie" (sickness) and reminds us that 'talent is the base of success; without it nothing is possible.'

He finds it amusing to observe how coaches and swimmers alike abide faithfully by the command, "Priez et vous aurez la foi" (Pray and you will have faith).

It was in much this same sort of atmosphere that Lahmy found himself during the presentation of the Canadian swimming team to the media in Guayaquil, prior to the start of the meet. His interpretation of the gathering goes something like this:

Have a good look at them and ask your questions - which, if you know the sport well, will be numerous. Ask them quickly because after the inevitable medal haul they'll make here and considering that we don't like these exceptional athletes to be too distracted by untimely media attention, it would be better if you held the interviews right away.'

Given the final Canadian medal total, Lahmy can only accuse the Canadians of counting their chickens before they were hatched.

He reasoned that the only realistic medal hopefuls after the Esso Cup were Anne Ottenbrite and Victor Davis. In his own opinion boasting about the team as a whole was highly unwarranted.

The Canadian approach reminds Lahmy of the ideas prevalent in the 20's of a French psychotherapist, Emile Coue. He had the idea that you could cure illness by auto suggestion where the patients would overcome their ailments by repeatedly telling themselves "Every day, in every way, I am getting better and better."

Turning his attention south of the 49th parallel Lahmy concedes the Canadians were not alone in their optimism.

Until the World Championships, the Americans were considered by all to be the final exponents of the 'think tough, be tough' lingo. Who would have thought that the Americans would win neither the men's 100 free, 200 free, 200 fly, 200i.m. nor the women's 200 fly?

Lahmy searched through the swimming annals to discover that not since the 1960 Rome Olympics had the American men failed to win at least one freestyle race at an international competition. And although their domination of the relays remained intact, they had not been challenged as closely in the past 22 years, particularly by the Soviets.

The Americans learned the hard way not to schedule their team selection trials eight days prior to a meet of this calibre.

Lahmy continues that most swimming officials do not appear to be aware of the existence of three 'principles' which should curb their expectations.

1- There isn't sufficient gold produced in the world to add up to all the countries' predictions.

2- To win a medal there must be at least three potential winners for one to succeed, two potential finalists for one to succeed. And even with those odds, there is no guarantee.

3- Swimming is one of those rare sports which nurses the belief (incorrectly in Lahmy's opinion) that anyone can become a champion.

The notion that "tout se passe dans la tete" (previously referred to as as the 'maladie') plays a major role in encouraging the third belief.

Despite his criticisms Lahmy praises the GDR who left Guayaquil with 12 gold medals and 'with their heads held high.'

He comments on their physiques calling the women 'ondines' (watersprites). He calls attention to average height of the men (all over 6 feet 2 inches). More impressive still is their team's excellent technique, personalized training and enormous potential.

Lahmy also comments favourably on the Japanese, Dutch, Swedes and West Germans while taking his own country, France to task. Despite having almost 100,000 competitive swimmers and more pools than any other European country, France failed to place anyone in an individual final.

He points to the Swiss who, with less than 4,000 swimmers managed to have five finalists. Their swimmers even made a symbolic contribution of $40 (Can) towards their travel costs. For the French it was an all expense paid trip thanks to the French taxpayer.

Lahmy has brough the international swimming scene closer in focus. He grants that the psychological process is a necessary component of the sport, but it should not distract from the importance of talent and hard work.

And maybe closer attention should be paid to his allusions of the 'sour grapes' syndrome.

Guayaquil should serve as a lesson to be learned for Los Angeles. Forget the chickens, let's count the medals.

A coversation with Wade Flemons

Illness has interrupted the successful progress of backstroker Wade Flemons.

With a Canadian championships in the 100 back in 1980 added to his win in the 200 yards backstroke at that year's NCAA meet, Wade was well on his way to become one of the best backstroke specialists in the world.

In the spring of 1981 he tore some ligaments playing softball and then developed sinus problems. That summer was frustrating. This winter he had mono which sidelined him for January and February. Wade is on the comeback trail now.

At the World Championships he reached the final in the 100 back with his lifetime best heat swim of 57.39. "I learned to be sharp for the morning heats. I had to, to be successful at the NCAA's. In Guayaquil I concentrated on the morning swim. For the finals, I just didn't feel as good."

"Getting 'up' for the heats is definitely a problem for some swimmers. They usually make up for it in the finals."

For the future Flemons is planning to finish his studies and if possible to continue swimming. "I'll be getting my degree in Industrial Engineering from Stanford next March. I want to go to business school, but where I'll go will depend on my finances."

Flemons benefited greatly from the swimming at Stanford. "Our coach has a good balance between school work and training. He calls it quality training rather

Wade Flemons,Canadian Dolphin SC

than time intensive training. We would only train 1 1/2 to 2 hours daily. It made the difference. After all education is why I was there."

As an age grouper, Flemons had modest success. "I managed to combine swimming with other sports. I played soccer for eight or nine years. In fact at 14, I quit swimming to concentrate a year on golf."

He feels his longevity in the sport is due to his involvement in other activities. "I think youngsters should be allowed other sports until they reach their physical maturity."

"I think little kids should work more on their technique. There's a lot of very poor backstroke swimming everywhere," Flemons said. "Most youngsters that are winning do it because they are bigger not because they are necessarily better."

"I've had to work on my technique continually. Being a kick oriented swimmer, I usually swim too low. I have to work continually to get up higher in the water."

A good tip for youngster, according to Flemons, "Keep your elbow up – it's best for leverage – to help keep the shoulder clear of the water. Otherwise you just won't have any power."

Asked if some Canadians were too soft, especially when they run into difficulties in the American system, Flemons said,"No, I don't think we're soft. But we lack the killer instinct that a lot of Americans have. I think we're getting better at it."

"At the World Championships, it's one of the best things I noticed about Victor {Davis}. He had a total disregard for anything. It was 'Damn it. I'm going to do it. I don't care about anybody else.' People have got to get more of that in them."

Subscriptions to coincide with swimming year

SWIM magazine will be only available by subscription starting with the next issue.

The change is brought about by changing times.

Since 1974, the magazine was available to all registered CASA swimmers. Due to financial constraints, CASA need the funds for other uses.

In order to make it easier to collect the subscriptions, we want to receive them from the clubs in bulk. As opposed to receiving them one at a time. The obvious reason is that this will create less work for us at this end. Leaving more energy to put into the content.

All the subscriptions will roughly coincide with the swimming year. As clubs register their members, we hope they'll be given the option to subscribe to SWIM.

The cost for 10 issues is $15.

However, we offer this rate only for a full year's subscription if you subscribe during October and November.

Clubs or individuals subscribing after Nov.15, will have to pay the equivalent of $2 per issues remaining. For instances, if your club only joins in February, not only will you miss three issues but the remaining seven will cost you $14, and so on.

The forms to be filled by the club will be mailed out so that they will be available by late September.

If your club does not have this form, please drop us a line.

We are excited about the future. We have plans to expand our coverage with more features. Of special interest the young kids and their parents will be the new TOP program which was outlined in our July issue.

TAG will also be expanded, with the 50 free being added to all the age categories.

We look forward to hearing from you and hope to have all the clubs on board as charter subscribers.

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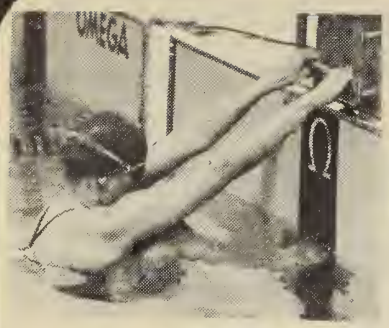

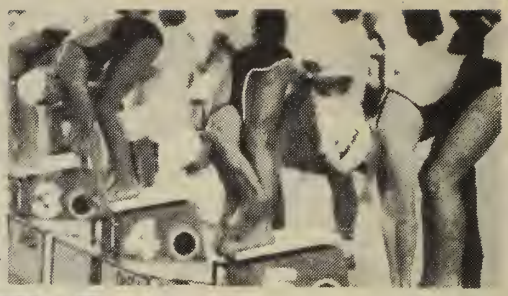

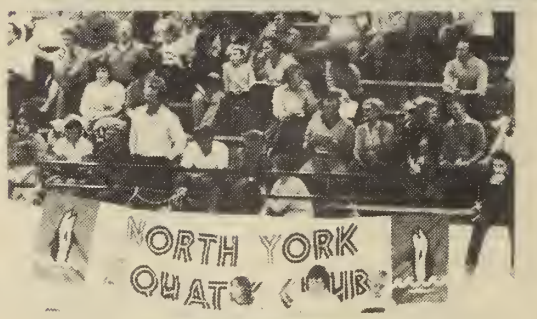

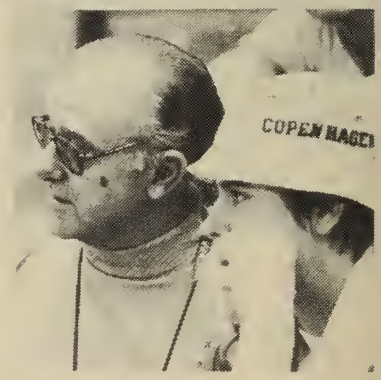

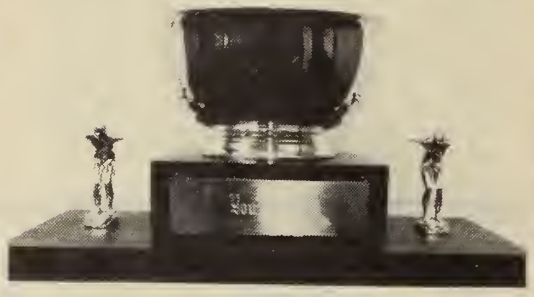

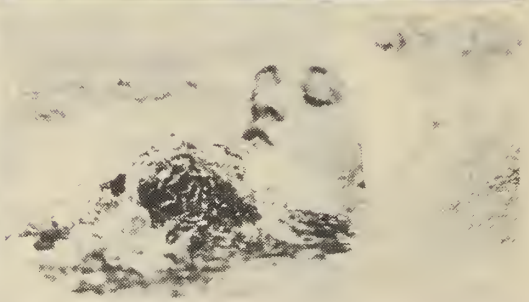

Annual Canada Youth Cup 1982

Short Course
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December 9, 10, 11, 12 at the Etobicoke Olympium

PROGRAM 10 & Under (time finals)
11-12, and 13-14 full program with finals and consolation in every event

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Tel: (416) 481-8039

1982 SUMMER TAG

Top 50 age group times

LONG COURSE
50 METRE POOL

CLASSEMENT PAR GROUPES D'AGE

ETE 1982

Jane Kerr, 14, Etobicoke SC

Trevor Jakisch, 14, Manta

Chris Johnston, 12, Moose Jaw

Lea Mahood, 12, Cdn. Dolphin

Brad Creelman, 12, Mississauga

TOP SCORING SWIMMING CLUBS

Place	Points	Club	Prov	Coach	82 sc
1	1135	**Canadian Dolphin Swim Club**	BC	Tom Johnson	2
2	852	**North York Aquatic Club**	ON	Mark Temple	1
3	827	**Pointe Claire Swim Club**	PQ	McKinnon/Hawes	3
4	760	**Edmonton Keyano Swim Club**	AB	Dave Johnson	4
5	710	**University of Calgary S.C.**	AB	Deryk Snelling	5
6	571	London Y Aquatic Club	ON	Brian Cartlidge	10
7	427	Manta Aquatic Club	MN	Jim Fowlie	22
8	421	Etobicoke Swim Club	ON	Claudia Cronin	6
9	402	Olympian Swim Club	AB	Don Packer	14
10	398	Piscine Olympique Montreal	PQ	Pierre Lafontaine	-
11	356	Cascade Foxes	AB	Harry Gallagher	11
12	354	Laurentian University S.C.	ON	Jeno Tihanyi	13
13	347	Hyack Swim Club	BC	Ron Jacks	16
14	343	C.N.Dollard des Ormeaux	PQ	Guy Bergeron	19
15	320	Mississauga Aquatic Club	ON	Bill Barton	12
16	290	Kenora Aquatic Club	ON	Stu Stuart	-
17	287	Region of Waterloo S.C.	ON	Cliff Barry	9
18	282	Hamilton-Wentworth A.C.	ON	Gaye Stratten	8
19	218	Beaconsfield Bluefins	PQ	Ken Royds	17
20	202	Regina Optimist Dolphins	SK	Rainer Goltzsche	7
21	179	Chinguacousy Swim Club	ON	Gary McIlroy	-
22	142	Nepean Swim Club	ON	Duane Jones	-
23	130	Club Aquatique Montreal	PQ	Jean-P.Laforest	-
24	122	Halifax Trojan Aquatic Club	NS	Dan Mosher	-
25	121	Oakville Aquatic Club	ON	Nick Rottman	

Scoring is done for top 15 places, (20-18-16-14-12-10-9-8-7-6-5-4-3-2-1) double for relays.

Canadian Dolphin Swim Club moved into first place after years of placing in the top five. They had strong showing in all ages, especially girls 11-12. North York dropped a notch to second. Most improved team is Winnipeg's Manta finishing seventh having placed 22nd last winter.

Records are getting harder to get. Of the 90 or so events for which NAG records are kept, in 12 events new marks were established, some on more than one occasion. Standouts were **Brad Creelman**, 12, Mississauga (100-200 breast), **Peter Webster**, 14, London Y (400 free), **Blair Hicken**, 17, UTSC (50-100 free) in the boys and **Julie Daigneault**, 16, PCSC (800 free) and a truly amazing **Anne Ottenbrite**, 16, Ajax (100-200 breast) on repeated occasions.

David Smith, 12, Kenora

Julie Daigneault, 16, Pt-Claire

Blair Hicken, 17, Univ. Toronto

11- 12 GIRLS / FILLES

100 METRES FREE/LIBRE
Rec: 1:01.06 J.Kerr, Etob,81

1:02.72 Jennifer McElroy,12,Reg Waterl
1:02.76 Miriam Ticktin,12,Pt-Claire
1:02.90 Bridget Zubrecki,12,Cdn.Dolph
1:03.91 Krista Sanders,12,London Y
1:04.16 Sylvia Tamme,12,D.d.Ormeau
1:04.40 Chantal Durocher,12,Brossard
1:04.42 Robyn Gyrlevich,12,Moose Jaw
1:04.49 Serena Copenace,12,Kenora
1:04.57 Anna Jensen,12,Chinguacou
1:05.06 Kim Patterson,12,Hamilton
1:05.10 Alanna Mason,12,Wolfville
1:05.14 Lisa Chisholm,12,London Y
1:05.14 Lucy Ormerod,12,Pr.Alb OSP
1:05.23 Fiona Spooner,12,Cdn.Dolph
1:05.28 Jill Rann,12,Windsor
1:05.31 Lianne Shields,12,D.d.Ormeau
1:05.41 Jennifer Smith,12,Saints
1:05.50 Kim Milne,12,London Y
1:05.55 JoAnn Hebert,12,Edm Olym
1:05.70 Michelle Turner,12,Nepean
1:05.70 Martha Roberts,12,Moncton
1:05.72 Lea Mahood,12,Cdn.Dolph
1:05.81 Janet O'Brien,12,D.d.Ormeau
1:05.93 Wendy Trempe,11,Ajax
1:05.95 Katalin Veghely,12,Pt-Claire
1:05.98 Elissa Purvis,11,Calg Casc
1:06.02 Patricia Noall,12,Beaconf'ld
1:06.11 Debbie Wurzburger,12,London Y
1:06.24 Sonia Martin,12,Halifax
1:06.28 Kelly Quick,12,Vernon
1:06.30 Elaine Descoeurs,12,Beaconf'ld
1:06.35 Sara Frisby,12,Cdn.Dolph
1:06.43 Kristie Stevens,12,Edm Keyano
1:06.46 Helen MacDonald,11,Newf.Aquar
1:06.56 Janet McKetsy,11,Sudb LUSC
1:06.60 Debra Patterson,11,Hamilton
1:06.61 Lesley Horton,12,Reg Waterl
1:06.68 Michelle Chambers,12,Winn Mant
1:06.70 Leighann Howard,11,Muskoka
1:06.73 Erin Murphy,12,Edm Keyano
1:06.88 Janet Morrison,12,Mississaug
1:06.90 Anne Davidson,12,Saints
1:06.92 Elizabet Sura,12,Beaconf'ld
1:06.99 Paula Neufeld,12,Chena
1:07.20 Septembe McGill,12,Univ.Calg
1:07.20 Candice Blacklock,12,Hamilton
1:07.24 Tracy Barry,12,Saints
1:07.40 JoJo Balkwill,12,Saints
1:07.41 Karen Lecky,12,Hyack
1:07.45 Erin Anderson,12,Etobicoke

200 METRES FREE/LIBRE
Rec: 2:10.03 S.Smith, VanPks,74

2:15.05 Jennifer McElroy,12,Reg Waterl
2:16.35 Bridget Zubrecki,12,Cdn.Dolph
2:16.90 Miriam Ticktin,12,Pt-Claire
2:17.04 Kim Milne,12,London Y
2:17.10 Sara Frisby,12,Cdn.Dolph
2:17.14 Serena Copenace,12,Kenora
2:18.21 Lianne Shields,12,D.d.Ormeau
2:18.24 Lucy Ormerod,12,Pr.Alb OSP
2:18.72 Debbie Wurzburger,12,London Y
2:19.57 Katalin Veghely,12,Pt-Claire
2:19.83 Lea Mahood,12,Cdn.Dolph
2:20.27 Elissa Purvis,11,Calg Casc
2:20.39 Chantal Durocher,12,Brossard
2:20.51 Janet O'Brien,12,D.d.Ormeau
2:20.54 Robyn Gyrlevich,12,Moose Jaw
2:20.66 Wendy Trempe,11,Ajax
2:21.16 Septembe McGill,12,Univ.Calg
2:21.23 Patricia Noall,12,Beaconf'ld
2:21.35 Alanna Mason,12,Wolfville
2:21.39 Elaine Descoeurs,12,Beaconf'ld
2:21.41 Jennifer Smith,12,Saints
2:21.70 Martha Roberts,12,Moncton
2:21.90 Candice Blacklock,12,Hamilton
2:22.17 Anna Jensen,12,Chinguacou
2:22.24 Karen Lecky,12,Hyack
2:22.33 Michelle Chambers,12,Winn Mant
2:22.37 Krista Sanders,12,London Y
2:22.60 Fiona Spooner,12,Cdn.Dolph
2:22.79 Emma Watts,12,Van Pacif
2:23.28 Sophie Dufour,12,St-Cesaire
2:23.33 Jill Rann,12,Windsor
2:23.43 Sylvia Tamme,12,D.d.Ormeau
2:23.63 Tania Corbett,12,London Y
2:23.66 Lisa Chisholm,12,London Y
2:23.74 Lesley Horton,12,Reg Waterl
2:24.05 Hennelor Wurmann,12,Edm Olym
2:24.11 Lara Bohatyretz,12,D.d.Ormeau
2:24.44 Michelle Turner,12,Nepean
2:24.72 Janet McKetsy,11,Sudb LUSC
2:24.86 Lucie Lafond,12,Mtl-Nord
2:24.99 Robin MacKay,12,Halifax
2:25.17 Kaili Salmon,12,Glouc-Ott
2:25.19 Elizabet Sura,12,Beaconf'ld
2:25.37 Chantel Scott,11,Cdn.Dolph
2:25.50 Leighann Howard,11,Muskoka
2:25.53 Nicole Rodenbush,12,Regina
2:25.60 Kelly Fournier,12,Perth
2:25.90 JoAnne Hebert,12,Edm Olym
2:26.03 S. Zimmermann,12,D.d.Ormeau
2:26.05 Sonia Martin,12,Halifax

400 METRES FREE/LIBRE
Rec: 4:34.21 D.McGinnis, EKSC,81

4:36.26 Kim Milne,12,London Y
4:42.97 Jennifer McElroy,12,Reg Waterl
4:43.60 Serena Copenace,12,Kenora
4:46.24 Miriam Ticktin,12,Pt-Claire
4:47.03 Lucy Ormerod,12,Pr.Alb OSP
4:49.50 Katalin Veghely,12,Pt-Claire
4:49.65 Debbie Wurzburger,12,London Y
4:49.74 Lara Bohatyretz,12,D.d.Ormeau
4:50.16 Lianne Shields,12,D.d.Ormeau
4:50.19 Bridget Zubrecki,12,Cdn.Dolph
4:50.48 Sara Frisby,12,Cdn.Dolph
4:50.63 Patricia Noall,12,Beaconf'ld
4:50.93 Elissa Purvis,11,Calg Casc
4:51.50 Lara Doherty,12,Reg Waterl
4:52.66 Michelle Chambers,12,Winn Mant
4:52.67 Wendy Trempe,11,Ajax
4:53.70 Jennifer Smith,12,Saints
4:53.84 Elaine Descoeurs,12,Beaconf'ld
4:53.88 Fiona Spooner,12,Cdn.Dolph
4:54.45 Emma Watts,12,Van Pacif
4:54.86 Nicole Rodenbush,12,Regina
4:55.52 Karen Lecky,12,Hyack
4:55.53 Septembe McGill,12,Univ.Calg
4:56.31 Sophie Dufour,12,St-Cesaire
4:56.40 Candice Blacklock,12,Hamilton
4:56.74 Tania Corbett,12,London Y
4:56.90 Chantal Durocher,12,Brossard
4:57.16 Janet O'Brien,12,D.d.Ormeau
5:00.32 Marie-C. Harton,12,Mtl-POM
5:00.45 Michelle Turner,12,Nepean
5:00.56 Hannelor Wurmann,12,Edm Olym
5:00.79 Anne Taylor,12,Edm Keyano
5:00.92 Kelly Fournier,12,Perth
5:01.18 Denise Leahy,12,Cdn.Dolph
5:01.69 Kelly West,12,Chinguacou
5:02.53 Adrienne Kovacs,12,Guelph
5:02.61 Lucie Lafond,12,Mtl-Nord
5:03.09 Krista Sanders,12,London Y
5:03.73 Sylvia Tamme,12,D.d.Ormeau
5:04.19 Susan Black,12,Hamilton
5:04.30 JoJo Balkwill,12,Saints
5:04.50 Janet McKetsy,12,Sudb LUSC
5:04.53 Janet Morrison,12,Mississaug
5:04.60 Andrea Lynne,12,Muskoka
5:04.74 Joanne Fehr,12,Sask Goldf
5:04.97 Kim Poenitz,12,Hyack
5:05.27 Caroline Chartier,12,Laval
5:05.54 S. Zimmermann,12,D.d.Ormeau
5:05.91 Elizabet Sura,12,Beaconf'ld
5:05.95 Karla Kitamura,12,Scarboro

800 METRES FREE/LIBRE
Rec: 9:12.83 S.Smith, VanPks,74

9:35.15 Kim Milne,12,London Y
9:39.26 Miriam Ticktin,11,Pt-Claire
9:42.41 Serena Copenace,12,Kenora
9:44.70 Lianne Shields,12,D.d.Ormeau
9:49.05 Jennifer McElroy,12,Reg Waterl
9:50.05 Lara Bohatyretz,12,D.d.Ormeau
9:50.37 Katalin Veghely,12,Pt-Claire
9:52.50 Sara Frisby,12,Cdn.Dolph
9:53.56 Debbie Wurzburger,12,London Y
9:55.59 Tania Corbett,12,London Y
9:56.73 Sophie Dufour,12,St-Cesaire
10:01.40 Michelle Chambers,12,Winn Man
10:02.57 Sara Frisby,12,Cdn.Dolph
10:03.04 Emma Watts,12,Van Pacif
10:03.81 Patricia Noall,11,Beaconf'ld
10:06.73 Lucy Ormerod,12,Pr.Alb OSP
10:07.98 Bridget Zubrecki,12,Cdn.Dolph
10:08.07 Sylvia Tamme,12,D.d.Ormeau
10:09.35 Fiona Spooner,12,Cdn.Dolph
10:09.41 Jennifer Smith,12,Saints
10:10.94 Anne Taylor,12,Edm Keyano
10:11.07 Chantal Durocher,12,Brossard
10:11.73 Septembe McGill,12,Univ.Calg
10:13.05 Janet O'Brien,12,D.d.Ormeau
10:13.34 Elaine Descoeurs,12,Beaconf'ld
10:13.97 Karen Lecky,12,Hyack
10:14.68 Hannelor Wurmann,12,Edm Oly
10:15.25 Nicole Rodenbush,12,Regina
10:15.50 Candice Blacklock,12,Hamilton
10:18.24 Marie-C. Harton,12,Mtl-POM
10:18.72 Susie Black,12,Hamilton
10:18.80 Kelly Fournier,12,Perth
10:19.07 Krista Sanders,12,London Y
10:19.30 Adrienne Kovacs,11,Guelph
10:20.25 Elissa Purvis,11,Calg Casc
10:20.46 Anna Jensen,12,Chinguacou
10:21.78 S. Zimmermann,12,D.d.Ormeau
10:22.50 Kelly West,12,Chinguacou
10:25.40 Wendy Trempe,11,Ajax
10:26.88 Chantel Scott,11,Cdn.Dolph
10:28.33 Lucie Lafond,12,Mtl-Nord
10:28.78 Keltie Byrne,11,Edm Keyano
10:29.70 Elizabet Sura,12,Beaconf'ld
10:30.00 Laura Pagnucco,12,Univ.Calg
10:30.58 Diana Sadler,12,Cdn.Dolph
10:31.01 JoJo Balkwill,12,Saints
10:32.12 Chantal Ouellet,12,Granby
10:32.76 Laurie Statham,11,Markham
10:34.65 Helen MacDonald,11,Newf.Aqua
10:35.03 Emily Bright,12,Saints

100 METRES BACK/DOS
Rec: 1:07.93 N.Garapick, HTAC,74

1:10.36 Lianne Shields,12,D.d.Ormeau
1:11.77 Jennifer McElroy,12,Reg Waterl
1:12.67 Sara Frisby,12,Cdn.Dolph
1:12.89 Lisa Chisholm,12,London Y
1:14.01 Janet McKetsy,12,Sudb LUSC
1:14.33 Michelle Turner,12,Nepean
1:14.85 Patricia Noall,12,Beaconf'ld
1:14.86 Susan MacDonald,12,CapeBreton
1:14.97 Anik Lafontaine,12,Brossard
1:15.49 Kim Patterson,12,Hamilton
1:15.51 Caroline Nadeau,12,Brossard
1:15.54 Laura Frew,12,Etobicoke
1:15.59 Michelle Chambers,12,Winn Man
1:15.60 Kelley Aitken,12,Trent
1:15.93 Susan Black,12,Hamilton
1:16.08 Janet Morrison,12,Mississaug
1:16.12 Lara Bohatyretz,12,D.d.Ormeau
1:16.15 Lea Mahood,12,Cdn.Dolph
1:16.30 Emily Bright,12,Saints
1:16.60 Alanna Mason,12,Wolfville
1:16.61 Valia Reinsalu,12,North York
1:16.64 Anne Taylor,12,Edm Keyano
1:16.99 Kaili Salmon,12,Glouc-Ott
1:17.07 April MacKlam,12,Ajax
1:17.16 Wendy Johnston,12,Markham
1:17.46 Fiona Spooner,12,Cdn.Dolph
1:17.48 Sonia Martin,12,Halifax
1:17.49 Katalin Veghely,12,Pt-Claire
1:17.49 Christin Tremblay,12,Hauterive
1:17.63 Lucy Ormerod,12,Pr.Alb OSP
1:17.66 Septembe McGill,12,Univ.Calg
1:17.67 Elizabet Sura,12,Beaconf'ld
1:17.95 Janet O'Brien,12,D.d.Ormeau
1:17.97 Stefne Madison,12,Univ.Calg
1:18.03 Debbie Paterson,11,Hamilton
1:18.04 Serena Copenace,12,Kenora
1:18.12 Robyn Gyrlevich,12,Moose Jaw
1:18.14 Andrea Spada,12,Kingston
1:18.25 Kim Milne,12,London Y
1:18.35 Julie Hagedorn,12,Pt-Claire
1:18.53 Nicole Amoroso,12,Kit-Wat Y
1:18.58 Lori Edwards,12,Mississaug
1:18.62 Marcelle Rousseau,12,Cowansvill
1:18.73 Julie Fenton,12,Chinguacou
1:18.75 Erin Murphy,12,Edm Keyano
1:18.75 Heather MacDougall,12,Etobicoke
1:18.89 Lesley Horton,12,Reg Waterl
1:18.90 Heather Buckle,12,MountPearl
1:18.92 Bridget Zubrecki,12,Cdn.Dolph
1:19.01 Tanya Cansdale,12,Summerland

200 METRES BACK/DOS
Rec: 2:24.88 N.Garapick, HTAC,74

2:30.10 Lianne Shields,12,D.d.Ormeau
2:31.53 Sara Frisby,12,Cdn.Dolph
2:33.79 Jennifer McElroy,12,Reg Waterl
2:36.53 Michelle Chambers,12,Winn Man
2:37.69 Lara Bohatyretz,12,D.d.Ormeau
2:38.17 Michelle Turner,12,Nepean
2:39.16 Susan Black,12,Hamilton
2:39.62 Janet McKetsy,11,Sudb LUSC
2:39.70 Anne Taylor,12,Edm Keyano
2:40.02 Anik Lafontaine,12,Brossard
2:40.62 Lisa Chisholm,12,London Y
2:41.18 Kelly Aitken,12,Trent
2:41.58 Susan MacDonald,12,CapeBreton
2:41.60 Emily Bright,12,Saints
2:42.34 Septembe McGill,12,Univ.Calg
2:42.69 Andrea Spada,12,Kingston
2:42.78 Fiona Spooner,12,Cdn.Dolph
2:43.90 Valia Reinsalu,12,North York
2:44.30 Alanna Mason,12,Wolfville
2:44.59 Janet Morrison,12,Mississaug
2:44.65 Patricia Noall,11,Beaconf'ld
2:44.68 Patsy Haworth,12,Valleyf'ld
2:45.03 Laura Frew,12,Etobicoke
2:45.04 Christin Tremblay,12,Hauterive
2:45.26 Heather MacDougall,12,Etobicoke
2:45.55 Lori Edwards,12,Mississaug
2:45.60 Elissa Purvis,11,Calg Casc
2:45.69 April MacKlam,12,Ajax
2:45.75 Serena Copenace,12,Kenora
2:46.03 Stefne Madison,12,Univ.Calg
2:46.05 Sonia Martin,12,Halifax
2:46.11 Kim Milne,12,London Y
2:46.40 Lesley Horton,12,Reg Waterl
2:46.50 Kim Paterson,12,Hamilton
2:47.22 Lucy Ormerod,12,Pr.Alb OSP
2:47.29 Wendy Johnston,11,Markham
2:47.29 Martha Thomas,12,London Y
2:47.34 Marcelle Rousseau,12,Cowansvill
2:47.52 Kelly Fournier,12,Perth
2:47.62 Josee Dupuis,12,Lachine
2:47.69 Janet O'Brien,12,D.d.Ormeau
2:48.25 Elizabet Sura,12,Beaconf'ld
2:48.26 Kaili Salmon,12,Glouc-Ott
2:48.27 Tanya Cansdale,12,Summerland
2:48.61 Christin Moore,12,Lachine
2:48.74 Juanita Diegel,12,Reg Waterl
2:48.84 Lea Mahood,12,Cdn.Dolph
2:48.93 Danusia Gzik,12,Hamilton
2:48.95 Julie Fenton,12,Chinguacou
2:49.01 Claudia Szendrovits,11,Hamilton

100 METRES BREAST/BRASSE
Rec: 1:16.30 S.Dezeeuw, Burl SC,77

1:20.20 Jill Rann,12,Windsor
1:20.98 Lea Mahood,12,Cdn.Dolph
1:21.40 Alanna Mason,12,Wolfville
1:21.80 Kaili Salmon,12,Glouc-Ott
1:22.18 Candace Yustin,11,Mississaug
1:23.12 Lisa Chisholm,12,London Y
1:23.27 Allison Batstone,12,Thun Bay
1:23.63 Anne Davidson,12,Saints
1:23.70 Erica Schaffeler,12,Oshawa
1:23.87 Caroline Dumont,12,Laval
1:23.94 Jill Doherty,12,Sudb LUSC
1:24.03 Shauna Irwin,12,Pr.Alb OSP
1:24.28 Martine Valiquette,12,Brossard
1:24.89 Bridget Zubrecki,12,Cdn.Dolph
1:24.90 Isabelle Bernard,11,Pt-Claire
1:25.00 Jennifer McElroy,12,Reg Waterl
1:25.20 Kim Poenitz,12,Cdn.Dolph
1:25.48 Sylvia Tamme,12,D.d.Ormeau
1:25.50 Tania Corbett,12,London Y
1:25.57 Karyn Hatton,11,Chinguacou
1:25.57 Pamela Geci,12,Etobicoke
1:25.97 JoJo Balkwill,12,Saints
1:26.17 Sara McIntyre,12,Cambridge
1:26.43 Anne Taylor,12,Edm Keyano
1:26.43 Fiona Spooner,12,Cdn.Dolph
1:26.53 Joanne Zibin,12,Pr.George
1:26.69 Sheri Copsey,12,Winn Manta
1:27.11 Sara Butler,11,Scarboro
1:27.20 Marie-C. Potvin,12,Brossard
1:27.34 Valerie Georgieu,12,Cambridge
1:27.40 Al Davis,11,Halifax
1:27.45 Nancy Woodhall,11,Reg Waterl
1:27.50 Wendi Wells,2,Wolfville
1:27.51 Erin Anderson,12,Etobicoke
1:27.60 Crystal Drummond,12,Trent
1:27.66 Jill Puskas,11,Burlington
1:27.85 Keltie Byrne,11,Edm Keyano
1:27.98 Krista Sanders,12,London
1:28.00 Carol Johnston,12,Edm BF
1:28.07 Natasha Cassivi,12,Brossard
1:28.09 Manon Filitrault,12,Trois-Riv
1:28.10 Andrea Lynne,12,Muskoka
1:28.14 Martha Thomas,12,London Y
1:28.28 Naomi DeSa,12,Hamilton
1:28.30 Janie Bruce,12,Pr.Alb LSC
1:28.36 Natasha Cassini,12,Brossard
1:28.40 Michelle Ghent,12,North York
1:28.54 Delila Whitby,12,Calg KSC
1:28.56 Rhonda Frew,12,Kelowna
1:28.58 Septembe McGill,12,Univ.Calg

200 METRES BREAST/BRASSE
Rec: 2:44.28 S.Dezeeuw, Burl SC,77

2:50.25 Lea Mahood,12,Cdn.Dolph
2:53.81 Jill Rann,12,Windsor
2:56.11 Alanna Mason,12,Wolfville
2:57.43 Anne Taylor,12,Edm Keyano
2:57.63 Candace Yustin,11,Mississaug
2:57.84 Kaili Salmon,12,Glouc-Ott
3:01.06 Allison Batstone,12,Thun Bay
3:01.30 Jill Puskas,11,Burlington
3:01.56 Tania Corbett,12,London Y
3:01.91 Caroline Dumont,12,Laval
3:01.99 Jennifer McElroy,12,Reg Waterl
3:02.47 Isabelle Bernard,11,Pt-Claire
3:02.82 Jill Doherty,12,Sudb LUSC
3:02.88 Kim Poenitz,12,Hyack
3:03.30 JoJo Balkwill,12,Saints
3:03.46 Bridget Zubrecki,12,Cdn.Dolph
3:03.62 Sheri Copsey,12,Winn Manta
3:03.88 Shauna Irwin,12,Pr.Alb OSP
3:04.05 Sylvia Tamme,12,D.d.Ormeau
3:04.28 Joanne Zibin,12,Pr.George
3:04.36 S. Zimmermann,12,D.d.Ormeau
3:04.51 Erica Schaffeler,12,Oshawa
3:05.54 Martha Thomas,12,London Y
3:05.73 Nancy Woodhall,11,Reg Waterl
3:05.92 Karyn Hatton,12,Chinguacou
3:05.97 Lisa Chisholm,12,London Y
3:06.05 Martine Valiquette,12,Brossard
3:06.20 Michelle Vratnik,11,Etobicoke
3:06.25 Al Davis,11,Halifax
3:06.26 Julie Lefebvre,11,Mtl-POM
3:06.28 Valerie Georgieu,12,Cambridge
3:06.38 Rhonda Frew,12,Kelowna
3:06.91 Natasha Cassivi,12,Brossard
3:06.98 Lucy Ormerod,12,Pr.Alb OSP
3:07.40 Karen Johnson,12,Windsor
3:07.80 Hannelor Wurmann,12,Edm Olym
3:07.99 Erin Anderson,12,Etobicoke
3:08.03 Julia McCusker,12,Cambridge
3:08.10 Celia Waxler,11,North York
3:08.41 Marie-C. Harton,12,Mtl-POM
3:08.47 Diana Sadler,12,Cdn.Dolph
3:08.96 Nicole Rodenbush,12,Regina
3:09.19 Manon Filitrault,12,Trois-Riv
3:09.40 Andrea Lynne,12,Muskoka
3:09.45 Megan McLaughlin,11,Hyack
3:09.53 Marie-C. Potvin,12,Brossard
3:09.57 Valerie Haince,12,Sept-Iles
3:09.62 Fiona Spooner,12,Cdn.Dolph
3:09.80 Septembe McGill,12,Univ.Calg
3:10.04 Sara McIntyre,12,Cambridge

100 METRES FLY/PAPILLON
Rec: 1:06.08 M.MacPherson, Etob,79
1:06.93 Lea Mahood,12,Cdn.Dolph
1:07.37 Lianne Shields,12,D.d.Ormeau
1:08.51 Chantal Martineau,12,Beaconf'ld
1:09.14 Alanna Mason,12,Wolfville
1:09.45 Jennifer McElroy,12,Reg Waterl
1:10.10 Lisa Chisholm,12,London Y
1:10.22 Bridget Zubrecki,12,Cdn.Dolph
1:10.31 Anna Jensen,12,Chinguacou
1:10.75 Miriam Ticktin,12,Pt-Claire
1:11.06 Anne Taylor,12,Edm Keyano
1:11.11 Patricia Noall,12,Beaconf'ld
1:11.40 Mosca Cater,12,North York
1:11.58 Lara Bohatyretz,12,D.d.Ormeau
1:11.61 Kelly West,12,Chinguacou
1:11.86 Karen Lecky,12,Hyack
1:11.94 Krista Sanders,12,London Y
1:12.01 Katalin Veghely,12,Pt-Claire
1:12.07 Kaili Salmon,12,Glouc-Ott
1:12.34 Robyn Gyrlevich,12,Moose Jaw
1:12.80 Kim Milne,12,London Y
1:12.90 Debbie Wurzburger,12,London Y
1:12.93 Marie-A. Lafontaine,12,Brossard
1:12.99 Valia Reinsalu,12,North York
1:13.20 Lucy Ormerod,12,Pr.Alb OSP
1:13.25 Tina Berger,12,Mississaug
1:13.29 Tracy Barry,12,Saints
1:13.40 Jennifer Smith,12,Saints
1:13.42 Sophie Dufour,12,St-Cesaire
1:13.58 Sylvia Tamme,12,D.d.Ormeau
1:13.69 Septembe McGill,12,Univ.Calg
1:13.82 Fiona Spooner,12,Cdn.Dolph
1:14.00 Andrea Lynne,12,Muskoka
1:14.18 Candace Yustin,11,Mississaug
1:14.20 Chantal Durocher,12,Brossard
1:14.37 Tammy Apperley,12,Red Deer
1:14.41 Debbie Gaudin,11,Edm Sharks
1:14.62 Kim Paterson,11,Hamilton
1:14.70 Martha Roberts,12,Moncton
1:14.82 Chris Hashimoto,11,Cdn.Dolph
1:14.94 Shauna Irwin,12,Pr.Alb OSP
1:15.06 Serena Copenace,12,Kenora
1:15.09 Wendy Johnston,12,Markham
1:15.20 Adrienne Kovacs,12,Guelph
1:15.46 Chantel Scott,11,Cdn.Dolph
1:15.53 Lori Edwards,12,Mississaug
1:15.56 Wendy Trempe,11,Ajax
1:15.57 Sonia Martin,12,Halifax
1:15.65 Jennifer Raymond,12,Pt-Claire
1:15.76 Bobbi Hawes,11,Univ.Toron
1:15.79 Nicole Amoroso,12,Kit-Wat Y

200 METRES FLY/PAPILLON
Rec: 2:22.47 M.Coulombe, CNMN,77
2:24.19 Lea Mahood,12,Cdn.Dolph
2:28.60 Lianne Shields,12,D.d.Ormeau
2:31.22 Anne Taylor,12,Edm Keyano
2:33.15 Bridget Zubrecki,12,Cdn.Dolph
2:33.76 Kim Milne,12,London Y
2:34.81 Sophie Dufour,12,St-Cesaire
2:35.03 Miriam Ticktin,12,Pt-Claire
2:35.19 Jennifer McElroy,12,Reg Waterl
2:36.32 Debbie Wurzburger,12,London Y
2:36.37 Anna Jensen,12,Chinguacou
2:37.24 Karen Lecky,12,Hyack
2:37.46 Alanna Mason,12,Wolfville
2:37.48 Patricia Noall,12,Beaconf'ld
2:38.64 Kelly West,12,Chinguacou
2:39.63 Septembe McGill,12,Univ.Calg
2:40.27 Serena Copenace,12,Kenora
2:41.16 Adrienne Kovacs,12,Guelph
2:41.37 Krista Sanders,12,London Y
2:41.80 Tina Berger,12,Mississaug
2:42.08 Fiona Spooner,12,Cdn.Dolph
2:42.24 Mosca Cater,12,North York
2:43.85 Lara Bohatyretz,12,D.d.Ormeau
2:44.20 Sylvia Tamme,12,D.d.Ormeau
2:44.29 Ryan Stacey,12,D.d.Ormeau
2:44.46 Marie-C. Harton,12,Mtl-POM
2:44.56 Leanne Norris,12,Brantford
2:44.98 Lucie Lafond,12,Mtl-Nord
2:45.14 Lisa Chisholm,12,London Y
2:45.29 Emma Watts,12,Van Pacif
2:45.50 Chantel Scott,11,Cdn.Dolph
2:45.67 Lori Edwards,12,Mississaug
2:46.58 S. Zimmermann,12,D.d.Ormeau
2:46.86 Kelly Fournier,12,Perth
2:47.10 Wendy Farrelly,11,Hamilton
2:47.19 Tania Corbett,12,London Y
2:47.32 Susan Tremblay,11,Man Marlin
2:47.55 Chantal Durocher,12,Brossard
2:47.72 Chantal Ouellet,12,Granby
2:47.80 Kim Samel,12,Etobicoke
2:47.81 Janet McKetsy,12,Sudb LUSC
2:48.19 Stacy Ryan,12,D.d.Ormeau
2:48.20 Joanna Rogers,12,Glouc-Ott
2:48.26 Patsy Haworth,12,Valleyf'ld
2:48.36 Chris Yaremczuk,12,Brantford
2:48.50 Jennifer Smith,12,Saints
2:48.59 Sabrina Williams,12,Edm Olym
2:48.84 Candace Yustin,12,Mississaug
2:49.48 Tracy Barry,12,Saints
2:50.06 Michelle Chambers,12,Winn Man
2:50.15 Sandra Shinkewski,12,Sask Laser

200 METRES I.M./QUATRE NAGES
Rec: 2:26.37 A.Dozzo, NYAC,80
2:31.09 Lea Mahood,12,Cdn.Dolph
2:32.14 Jennifer McElroy,12,Reg Waterl
2:34.06 Alanna Mason,12,Wolfville
2:35.28 Anne Taylor,12,Edm Keyano
2:36.03 Kaili Salmon,12,Glouc-Ott
2:37.36 Lucy Ormerod,12,Pr.Alb OSP
2:37.36 Lianne Shields,12,D.d.Ormeau
2:38.01 Lisa Chisholm,12,London Y
2:38.29 Sylvia Tamme,12,D.d.Ormeau
2:38.34 Katalin Veghely,12,Pt-Claire
2:38.40 Karen Lecky,12,Hyack
2:38.61 Kim Milne,12,London Y
2:38.96 Patricia Noall,12,Beaconf'ld
2:39.32 Fiona Spooner,12,Cdn.Dolph
2:39.33 Sophie Dufour,12,St-Cesaire
2:39.41 Tania Corbett,12,London Y
2:39.42 Bridget Zubrecki,12,Cdn.Dolph
2:39.50 Janet McKetsy,11,Sudb LUSC
2:40.11 Jill Rann,12,Windsor
2:40.26 Serena Copenace,12,Kenora
2:40.50 Krista Sanders,12,London Y
2:40.52 Septembe McGill,12,Univ.Calg
2:40.97 Chantal Durocher,12,Brossard
2:41.48 Allison Batstone,12,Thun Bay
2:41.66 Robyn Gyrlevich,12,Moose Jaw
2:41.78 Miriam Ticktin,11,Pt-Claire
2:42.16 Debbie Wurzburger,12,London Y
2:42.28 JoJo Balkwill,12,Saints
2:42.37 Shauna Irwin,12,Pr.Alb OSP
2:42.40 Sara Frisby,12,Cdn.Dolph
2:42.41 Michelle Turner,12,Nepean
2:42.69 Anna Jensen,12,Chinguacou
2:42.99 Kristie Stevens,12,Edm Keyano
2:43.00 Sarah Petrie,12,Halifax
2:43.15 Erin Anderson,12,Etobicoke
2:43.23 Mosca Cater,12,North York
2:43.40 Candice Blacklock,12,Hamilton
2:43.42 Michelle Chambers,12,Winn Man
2:43.58 JoAnne Hebert,12,Edm Olym
2:43.60 Anik Lafontaine,12,Brossard
2:43.71 Sonia Martin,12,Halifax
2:43.90 Candace Yustin,11,Mississaug
2:44.53 Elissa Purvis,11,Calg Casc
2:44.92 S. Zimmermann,12,D.d.Ormeau
2:45.20 Adrienne Kovacs,12,Guelph
2:45.42 Susan Black,12,Hamilton
2:45.42 Joanne Zibin,12,Pr.George
2:45.68 Hannelor Wurmann,12,Edm Olym
2:45.78 Chris Hashimoto,11,Cdn.Dolph
2:45.78 Susan MacDonald,12,CapeBreton

400 METRES I.M./QUATRE NAGES
Rec: 5:10.95 S.Smith, VanPks,74
5:18.02 Lea Mahood,12,Cdn.Dolph
5:22.94 Serena Copenace,12,Kenora
5:23.50 Jennifer McElroy,12,Reg Waterl
5:25.04 Anne Taylor,12,Edm Keyano
5:32.32 Lianne Shields,12,D.d.Ormeau
5:33.00 Sophie Dufour,12,St-Cesaire
5:33.03 Janet McKetsy,11,Sudb LUSC
5:33.23 Septembe McGill,12,Univ.Calg
5:34.39 Alanna Mason,12,Wolfville
5:34.81 Katalin Veghely,12,Pt-Claire
5:35.19 Kim Milne,12,London Y
5:35.90 Karen Lecky,12,Hyack
5:36.74 Sylvia Tamme,12,D.d.Ormeau
5:37.31 Allison Batstone,12,Thun Bay
5:37.44 Tania Corbett,12,London Y
5:38.00 Patricia Noall,11,Beaconf'ld
5:38.25 Michelle Chambers,12,Winn Man
5:38.52 Fiona Spooner,12,Cdn.Dolph
5:38.64 Adrienne Kovacs,12,Guelph
5:38.78 Lisa Chisholm,12,London Y
5:39.10 Kaili Salmon,12,Glouc-Ott
5:40.43 Hannelor Wurmann,12,Edm Olym
5:40.86 Sara Frisby,12,Cdn.Dolph
5:40.94 Krista Sanders,12,London Y
5:44.94 Miriam Ticktin,11,Pt-Claire
5:45.14 JoJo Balkwill,12,Saints
5:45.25 Debbie Wurzburger,12,London Y
5:45.70 Bridget Zubrecki,12,Cdn.Dolph
5:46.05 Marie-C. Harton,12,Mtl-POM
5:46.14 Susan Black,12,Hamilton
5:48.20 Lara Doherty,12,Reg Waterl
5:48.30 Jill Rann,12,Windsor
5:49.02 Julie Hicken,12,Mississaug
5:49.94 Lucy Ormerod,12,Pr.Alb OSP
5:50.05 Elissa Purvis,11,Calg Casc
5:50.46 Erin Anderson,12,Etobicoke
5:50.91 Candace Yustin,12,Mississaug
5:51.40 Stacey Ryan,12,D.d.Ormeau
5:51.72 Joanne Zibin,12,Pr.George
5:51.73 Wendy Johnston,11,Markham
5:52.29 Kelly Fournier,12,Perth
5:53.28 Janet Morrison,12,Mississaug
5:54.05 Julia McCusker,12,Cambridge
5:54.45 S. Zimmermann,12,D.d.Ormeau
5:54.51 Nicole Rodenbush,12,Regina
5:54.71 Andrea Spada,12,Kingston
5:54.74 Kim Poenitz,12,Hyack
5:54.77 Anik Lafontaine,12,Brossard
5:54.98 Caroline Dumont,12,Laval
5:55.10 Juanita Diegel,12,Reg Waterl

4x50 M MEDLEY REL QUATRE NAGES
Rec: 2:13.00 Etobicoke, ,79
2:13.30 Cdn.Dolphin,
2:15.81 Saints,
2:16.37 D.d.Ormeaux,
2:16.74 London Y,
2:18.82 Hamilton,
2:19.63 Mississauga,
2:20.07 Reg Waterloo,
2:20.22 Brossard,
2:20.33 Chinguacousy,
2:20.67 Pt-Claire,
2:22.42 Winn Manta,
2:22.44 Edm Keyano,
2:24.94 Hyack,
2:24.98 Etobicoke,
2:25.50 North York,
2:26.05 Halifax,
2:26.72 Mtl-Nord,
2:27.10 Edm Olympian,
2:27.80 Muskoka,
2:28.09 Laval,
2:28.11 Beaconsfield,
2:28.69 Cambridge,
2:28.97 Man Marlin,
2:29.57 Gatineau,
2:29.81 Glouc-Ottawa,
2:30.67 Thunder Bay,
2:31.80 Sask Goldfin,
2:32.04 Nepean,
2:32.17 Calg Cascade,
2:32.20 Regina,
2:33.51 Tracy,
2:33.60 Tor Granite,
2:34.10 K-W Tarpon,
2:34.23 Univ.Calgary,
2:34.36 Univ.Toronto,
2:34.53 Kenora,
2:34.77 Montreal POM,
2:35.41 Kelowna,
2:36.39 Markham,
2:36.40 Vic Coho,
2:36.46 Calgary TSC,
2:36.60 Sask Laser,
2:36.70 Moose Jaw,
2:36.80 Pr.Albert LS,
2:38.40 Woodbridge,
2:38.43 Winnipeg SJS,
2:38.50 Sudb LUSC,
2:38.60 Burlington,
2:41.80 New Sud Dol,
2:41.89 Surrey KSC,

4x50 M FREE REL LIBRE
Rec: 1:59.26 Cdn.Dolphin, ,82
1:59.26 Cdn.Dolphin,
1:59.50 D.d.Ormeaux,
2:00.30 Hamilton,
2:00.75 London Y,
2:02.30 Saints,
2:04.25 Pt-Claire,
2:04.27 Brossard,
2:05.04 Beaconsfield,
2:05.07 Reg Waterloo,
2:05.62 Chinguacousy,
2:06.10 Etobicoke,
2:06.77 Mtl-Nord,
2:07.12 Winn Manta,
2:08.17 Edm Keyano,
2:08.25 Halifax,
2:08.30 Mississauga,
2:08.75 Nepean,
2:09.18 Univ.Calgary,
2:09.40 Muskoka,
2:09.59 Hyack,
2:10.04 Man Marlin,
2:10.22 Glouc-Ottawa,
2:10.51 Cambridge,
2:10.61 Laval,
2:10.76 Sask Goldfin,
2:10.79 Edm Olympian,
2:11.08 Calg Cascade,
2:11.20 Regina,
2:12.20 Windsor,
2:12.41 North York,
2:12.85 Pr.Albert LS,
2:12.99 Newf.Aquaren,
2:13.18 Brantford,
2:13.40 Thunder Bay,
2:14.04 Sask Laser,
2:14.07 Mtl-Aquatic,
2:14.16 West Van Ott,
2:14.27 Markham,
2:14.88 Kenora,
2:15.13 Scarboro,
2:16.17 Kelowna,
2:16.20 Gatineau,
2:16.61 Tracy,
2:16.74 Montreal POM,
2:16.98 Calgary TSC,
2:16.98 Guelph,
2:17.20 K-W Tarpon,
2:17.57 Vic Coho,
2:17.84 Medley Marln,
2:18.96 Trois-Rivier,

13- 14 GIRLS / FILLES

100 METRES FREE/LIBRE
Rec: 0:58.25 D.Clarke, TBT,76
0:58.98 Jane Kerr,14,Etobicoke
1:00.47 Andrea Schloegl,14,North York
1:00.74 Alison Dozzo,14,North York
1:00.86 Wendy Free,14,Etobicoke
1:01.08 Nadia Bertrand,14,Ste-Foy
1:01.16 Donna McGinnis,13,Edm Keyano
1:01.20 Rhonda Mayes,13,Edm Keyano
1:01.29 Tara Terins,13,Cdn.Dolph
1:01.38 Adrienne Lister,14,Edm Keyano
1:01.38 Kim Gellatly,14,Reg Waterl
1:01.95 Robyn Gyrlevich,13,Moose Jaw
1:02.02 Erica Wale,13,Brantford
1:02.22 Anne-M. Soroka,14,Cdn.Dolph
1:02.60 Leslie Carter,14,Oakville
1:02.67 Lyne St.Andre,14,Laval
1:02.68 Tonya Adrian,14,Cdn.Dolph
1:02.73 Kathy Ahola,14,Thun Bay
1:02.77 Julia Riedl,14,D.d.Ormeau
1:02.88 Kathy Black,14,Hamilton
1:02.91 Chris Jones,14,Edm Keyano
1:02.99 Heidi Chow,14,Cranbrook
1:03.10 Chris Condello,14,Hamilton
1:03.10 Erin Searcy,14,Windsor
1:03.11 Mandy Milicevic,13,Van Pacif
1:03.15 Carol Docherty,13,Pt-Claire
1:03.19 Leslie MacAskill,14,Halifax
1:03.24 Cara Driftz,13,Winn Manta
1:03.27 Allison Cumming,13,Calg Casc
1:03.29 Lesley Fedora,14,Univ.Toron
1:03.30 Tracy Hogan,14,Newf.Aquar
1:03.33 Monique Ditters,13,Cdn.Dolph
1:03.36 Sharon Donnelly,14,North York
1:03.36 Monique DeBruin,14,Oakville
1:03.40 Hanya Chmara,14,Sudb LUSC
1:03.43 Tanya Simbalist,14,Univ.Calg
1:03.45 Pam Grof,13,Regina
1:03.47 Theresa Barber,14,Thun Bay
1:03.50 Nancy Poudrier,14,Mtl-POM
1:03.51 Chris Manryk,14,Ste-Foy
1:03.57 Melissa Johns,14,Trenton
1:03.66 Dana Whittall,14,Cowansvill
1:03.71 Kim Exelby,13,Trenton
1:03.94 Lorraine Maisey,14,Surrey
1:03.98 Teresa Buchignani,14,Univ.Calg
1:04.03 Kelly Twordik,14,Vic Olym
1:04.05 Joy Klassoff,14,Regina
1:04.16 Heather Lee,14,Brantford
1:04.19 Anna Jensen,13,Chinguacou
1:04.22 Chris Laliberte,14,Winn Manta
1:04.22 Leanne Smith,14,unatt

200 METRES FREE/LIBRE
Rec: 2:03.42 S.Smith, Hyack,76
2:07.36 Donna McGinnis,13,Edm Keyano
2:08.40 Jane Kerr,14,Etobicoke
2:08.81 Andrea Schloegl,14,North York
2:10.64 Tonya Adrian,14,Cdn.Dolph
2:10.71 Chris Condello,14,Hamilton
2:11.60 Pam Grof,13,Regina
2:11.66 Adrienne Lister,14,Edm Keyano
2:12.23 Julia Riedl,14,D.d.Ormeau
2:12.60 Linda Haworth,14,Pt-Claire
2:12.68 Nadia Bertrand,14,Ste-Foy
2:12.90 Erica Wale,14,Brantford
2:13.08 Sharon Donnelly,14,North York
2:13.33 Erin Searcy,14,Windsor
2:13.36 Carol Docherty,13,Pt-Claire
2:13.61 Chris Bowden,14,Van Pacif
2:13.72 Alison Dozzo,14,North York
2:14.21 Hallie Peppin,13,Scarboro
2:14.34 Monique Ditters,13,Cdn.Dolph
2:14.40 Hanya Chmara,14,Sudb LUSC
2:14.50 Joy Klassoff,14,Regina
2:14.55 Lori Abramowitz,13,D.d.Ormeau
2:14.57 Linda Gardiner,14,Reg Waterl
2:14.63 Danielle Lebrun,13,Mtl-Aquat
2:14.64 Maggie Bird,14,Saints
2:14.76 Teresa Buchignani,14,Univ.Calg
2:14.90 Rhonda Mayes,13,Edm Keyano
2:14.91 Kathy Black,14,Hamilton
2:15.14 Megan Fowler,13,London Y
2:15.16 Chris Jones,14,Edm Keyano
2:15.22 Sandi Barrett,13,Hyack
2:15.27 Nancy Poudrier,14,Mtl-POM
2:16.24 Anne-M. Soroka,14,Cdn.Dolph
2:16.50 Julie Hashimoto,13,Cdn.Dolph
2:16.51 Leslie Carter,14,Oakville
2:16.60 Lara Doherty,13,Reg Waterl
2:16.90 Cara Driftz,13,Winn Manta
2:16.90 Robyn Gyrlevich,13,Moose Jaw
2:17.02 Line St.Andre,14,Laval
2:17.42 Lorraine Maisey,14,Surrey
2:17.60 Josee Chapdelaine,14,Mtl-POM
2:17.62 Kathy Ahola,14,Thun Bay
2:17.72 Kim Couttie,14,Univ.Calg
2:17.79 Tara Terins,13,Cdn.Dolph
2:17.90 Kelly Twordik,13,Vic Olym
2:18.02 Lesley Fedora,13,Univ.Toron
2:18.05 Kim Wormworth,14,Cdn.Dolph
2:18.10 Martina Glos,14,Glouc-Ott
2:18.22 Leslie MacAskill,14,Halifax
2:18.25 Carol Hartmann,13,Rouyn
2:18.28 Alexa Bagnell,14,Halifax

400 METRES FREE/LIBRE

Rec: 4:14.60 S.Smith, Hyack,76

4:23.16 Donna McGinnis,13,Edm Keyano
4:28.86 Hanya Chmara,14,Sudb LUSC
4:30.93 Julia Riedl,14,D.d.Ormeau
4:32.10 Pam Grof,13,Regina
4:32.28 Chris Condello,13,Hamilton
4:32.29 Sharon Donnelly,14,North York
4:32.79 Adrienne Lister,14,Edm Keyano
4:34.02 Tonya Adrian,14,Cdn.Dolph
4:34.42 Erica Wale,14,Brantford
4:34.47 Linda Haworth,14,Pt-Claire
4:34.58 Jane Kerr,14,Etobicoke
4:34.85 Joy Klassoff,14,Regina
4:35.61 Erin Searcy,14,Windsor
4:36.43 Danielle Lebrun,13,Mtl-Aquat
4:36.61 Carol Docherty,13,Pt-Claire
4:36.72 Hallie Peppin,13,Scarboro
4:37.13 Teresa Buchignani,14,Univ.Calg
4:37.58 Nancy Poudrier,14,Mtl-POM
4:38.39 Linda Gardiner,14,Reg Waterl
4:38.55 Andrea Schloegl,14,North York
4:38.60 Sandi Barrett,13,Hyack
4:39.49 Lori Abramowitz,13,D.d.Ormeau
4:40.02 Megan Fowler,13,London Y
4:40.35 Kathy Ahola,14,Thun Bay
4:40.86 Maggie Bird,14,unatt
4:41.06 Leslie Carter,14,Oakville
4:41.40 Chris Jones,14,Edm Keyano
4:41.71 Charlene Jones,14,Edm Keyano
4:41.71 Natasha Johnson,14,Regina
4:42.47 Julie Hashimoto,13,Cdn.Dolph
4:43.47 Monique Ditters,13,Cdn.Dolph
4:43.77 Lara Doherty,14,Reg Waterl
4:44.90 Kim Couttie,14,Univ.Calg
4:45.03 Marie-C. Saumure,14,Valleyf'ld
4:45.59 Nicole Rodenbush,13,Regina
4:47.10 Josee Chapdelaine,14,Mtl-POM
4:47.30 Susan Chambers,13,Univ.Calg
4:47.37 Leanne Long,14,Etobicoke
4:47.50 Kathy Black,14,Hamilton
4:48.02 Lyne St.Andre,14,Laval
4:48.10 Martina Glos,14,Glouc-Ott
4:48.29 Miye Marubashi,14,Scarboro
4:48.32 Rhonda Mayes,13,Edm Keyano
4:48.50 Tracy Hogan,14,Newf.Aquar
4:48.58 Kim Wormworth,14,Cdn.Dolph
4:48.75 Sharon Cunningham,13,Cdn.Dolph
4:48.80 Marie Moore,14,Dartmouth
4:48.96 Robyn Gyrlevich,13,Moose Jaw
4:49.15 Allison Cumming,13,Calg Casc
4:49.26 Nadia Bertrand,14,Ste-Foy

800 METRES FREE/LIBRE

Rec: 8:46.39 S.Smith, Hyack,76

9:00.89 Donna McGinnis,13,Edm Keyano
9:11.99 Hanya Chmara,14,Sudb LUSC
9:16.99 Julia Riedl,14,D.d.Ormeau
9:17.30 Tonya Adrian,14,Cdn.Dolph
9:19.11 Hallie Peppin,13,Scarboro
9:19.96 Danielle Lebrun,13,Mtl-Aquat
9:23.81 Linda Haworth,14,Pt-Claire
9:24.10 Kathy Ahola,14,Thun Bay
9:25.67 Marie-C. Saumure,14,Valleyf'ld
9:26.48 Pam Grof,13,Regina
9:26.68 Lori Abramowitz,13,D.d.Ormeau
9:28.79 Sharon Donnelly,14,North York
9:30.48 Sandi Barrett,13,Hyack
9:30.58 Chris Condello,14,Hamilton
9:30.59 Nancy Poudrier,14,Mtl-POM
9:32.84 Linda Gardiner,14,Reg Waterl
9:33.93 Maggie Bird,14,Brock
9:34.07 Jane Kerr,14,Etobicoke
9:34.17 Judy Cowan,13,Edm Olym
9:34.17 Adrienne Lister,14,Edm Keyano
9:34.43 Julie Hashimoto,14,Cdn.Dolph
9:35.40 Megan Fowler,13,London Y
9:36.16 Teresa Buchignani,14,Univ.Calg
9:36.18 Erin Searcy,14,Windsor
9:37.61 Natasha Johnson,14,Regina
9:38.44 Carol Docherty,13,Pt-Claire
9:38.67 Chris Jones,14,Edm Keyano
9:40.59 Kim Couttie,14,Univ.Calg
9:40.85 Leanne Long,14,Etobicoke
9:41.09 Lara Doherty,13,Reg Waterl
9:41.60 Leslie Carter,14,Oakville
9:41.80 Tanya Simbalist,14,Univ.Calg
9:41.83 Joy Klassoff,14,Regina
9:44.18 Erica Wale,14,Brantford
9:46.10 Kim Wormworth,14,Cdn.Dolph
9:46.20 Monique Ditters,13,Cdn.Dolph
9:46.32 Sue Robinson,13,Windsor
9:47.37 Sharon Cunningham,13,Cdn.Dolph
9:48.04 Charlene Jones,14,Edm Keyano
9:50.20 Josee Chapdelaine,14,Mtl-POM
9:50.35 Nicole Rodenbush,14,Regina
9:51.30 Tania Neumann,13,Pt-Claire
9:51.40 Leslie MacAskill,14,Halifax
9:51.91 Corrie Powell,13,Scarboro
9:52.27 Brenna Tymko,14,Edm Keyano
9:53.53 Cathy Ferrari,13,Scarboro
9:54.43 Lyne St.Andre,14,Laval
9:54.67 Robyn Gyrlevich,13,Moose Jaw
9:55.30 Miye Marubashi,14,Scarboro
9:55.87 Allison Cumming,13,Calg Casc

100 METRES BACK/DOS

Rec: 1:03.28 N.Garapick, HTAC,76

1:07.34 Kelly Ursan,14,Hyack
1:07.43 Alison Dozzo,14,North York
1:08.76 Joy Klassoff,14,Regina
1:09.76 Lorraine Maisey,14,Surrey
1:10.57 Monique DeBruin,14,Oakville
1:10.60 Laura Baker,14,Edm Keyano
1:10.89 Tanya Simbalist,14,Univ.Calg
1:10.95 Donna McGinnis,13,Edm Keyano
1:11.11 Jane Kerr,13,Etobicoke
1:11.12 Jill Horstead,14,Etobicoke
1:11.38 Manon Simard,13,Sherbrooke
1:11.41 Shelly Keown,13,Univ.Calg
1:11.46 Chris Manryk,14,Ste-Foy
1:11.60 Pascale Choquet,13,Bouchervil
1:11.68 Kathy Black,14,Hamilton
1:11.76 Petra Giesen,13,Univ.Calg
1:11.84 Chris Bowden,14,Van Pacif
1:11.84 Kristin Hanson,13,Pt-Claire
1:12.07 Kristy Salmon,14,Glouc-Ott
1:12.14 Kim Wormworth,14,Cdn.Dolph
1:12.15 Tara Terins,13,Cdn.Dolph
1:12.48 Kim Couttie,14,Univ.Calg
1:12.50 Judy Cowan,13,Edm Olym
1:12.51 Josee Prud'homme,14,Mtl-POM
1:12.59 Cherie Robinson,13,Thun Bay
1:12.61 Cindy Mabee,13,Hyack
1:12.89 Kyra Slade,14,Newmarket
1:13.53 Kim Exelby,13,Trenton
1:13.54 Kari Roberts,14,Guelph
1:13.60 Bev Wicks,13,Muskoka
1:13.73 Chris Condello,13,Hamilton
1:13.79 Pam Wilson,13,Brantford
1:13.80 Sara Dennis,14,Mtl-Aquat
1:13.89 Dana Whittall,14,Cowansvill
1:13.90 Tania Neumann,13,Pt-Claire
1:14.09 Kim Gellatly,13,Reg Waterl
1:14.12 Theresa Barber,14,Thun Bay
1:14.17 Cathy Ferrari,13,Scarboro
1:14.23 Val Carbonnel,13,Pt-Claire
1:14.30 Joelle MacDonald,14,Truro
1:14.31 Megan Stiles,14,Kelowna
1:14.31 Andrea Schloegl,14,North York
1:14.38 Tonya Adrian,13,Cdn.Dolph
1:14.70 Anik Landry,14,Laval
1:14.78 Stacy Barclay,13,Guelph
1:14.88 Natalie Henderson,14,Oakville
1:15.13 Michelle Turner,13,Nepean
1:15.13 Krista Burris,14,Truro
1:15.14 Isabel Charron,13,Brossard
1:15.39 Sophie Veilleux,14,Sherbrooke

200 METRES BACK/DOS

Rec: 2:15.60 N.Garapick, HTAC,76

2:24.06 Kelly Ursan,14,Hyack
2:27.68 Alison Dozzo,14,North york
2:28.30 Donna McGinnis,13,Edm Keyano
2:29.08 Joy Klassoff,14,Regina
2:29.74 Tanya Simbalist,14,Univ.Calg
2:29.96 Judy Cowan,13,Edm Olym
2:30.54 Kim Wormworth,14,Cdn.Dolph
2:31.40 Monique DeBruin,14,Oakville
2:31.60 Jane Kerr,14,Etobicoke
2:31.73 Shelly Keown,13,Univ.Calg
2:31.91 Kathy Black,14,Hamilton
2:32.01 Lorraine Maisey,14,Surrey
2:32.10 Tania Neumann,13,Pt-Claire
2:32.57 Jill Horstead,14,Etobicoke
2:32.93 Chris Bowden,14,Van Pacif
2:33.25 Manon Simard,13,Sherbrooke
2:33.92 Kristin Hanson,14,Pt-Claire
2:34.22 Laura Baker,14,Edm Keyano
2:34.32 Kim Couttie,14,Univ.Calg
2:34.43 Petra Giesen,13,Univ.Calg
2:34.64 Kari Roberts,14,Guelph
2:34.91 Josee Prud'homme,14,Mtl-POM
2:35.13 Chris Manryk,14,Ste-Foy
2:35.14 Chris Condello,13,Hamilton
2:35.31 Marie-C. Saumure,14,Valleyf'ld
2:36.81 Cindy Mabee,13,Hyack
2:37.02 Maggie Bird,14,unatt
2:37.30 Kathy Ahola,14,Thun Bay
2:37.44 Cherie Robinson,13,Thun Bay
2:37.47 Tara Terins,13,Cdn.Dolph
2:37.50 Bev Wicks,13,Muskoka
2:37.58 Linda Haworth,14,Pt-Claire
2:37.58 Kyra Slade,14,Newmarket
2:37.79 Megan Stiles,14,Kelowna
2:37.81 Cathy Ferrari,13,Scarboro
2:37.82 Julie Guimond,13,Mtl-POM
2:38.12 Kristy Salmon,14,Glouc-Ott
2:38.20 Pam Wilson,13,Brantford
2:38.43 Tonya Adrian,13,Cdn.Dolph
2:38.44 Pascale Choquet,13,Bouchervil
2:38.84 Anik Landry,14,Laval
2:38.95 Regina McGill,14,Edm Keyano
2:39.10 Joelle MacDonald,14,Truro
2:39.69 Lilian Arishenkoff,13,Cdn.Dolph
2:40.10 Kim Exelby,14,Trenton
2:40.70 Alison Peever,14,Muskoka
2:40.79 Sara Dennis,14,Mtl-Aquat
2:40.83 Theresa Barber,14,Thun Bay
2:40.84 Nancy Poudrier,14,Mtl-POM
2:41.00 Stacey Barclay,14,Guelph

100 METRES BREAST/BRASSE

Rec: 1:13.22 S.Dezeeuw, HWAC,79

1:16.37 Josee Theriault,14,Mtl-Champs
1:16.90 Alison Dozzo,14,North York
1:16.98 Krista Burris,14,Truro
1:17.00 Brenna Tymko,14,Edm Keyano
1:17.49 Tara Terins,13,Cdn.Dolph
1:18.47 Janet Hyslop,13,Kenora
1:18.62 Jennifer Bean,14,Thun Bay
1:18.81 Sophie Veilleux,13,Sherbrooke
1:18.85 Kim Gellatly,14,Reg Waterl
1:19.88 Val Carbonnel,13,Pt-Claire
1:20.13 Donna McGinnis,13,Edm Keyano
1:20.20 Tania Neumann,13,Pt-Claire
1:20.38 Martina Glos,14,Glouc-Ott
1:20.58 Chantal Meilleur,14,Pt-Claire
1:20.71 Kathy Pearson,14,Sask Goldf
1:20.80 Vicky Phillips,14,Hyack
1:21.05 Josee Labrie,14,Mtl-POM
1:21.19 Nancy Szmolyan,14,Univ.Calg
1:21.45 Charlene Orcheski,13,Edm Keyai
1:21.51 France Lapointe,13,Mtl-Aquat
1:21.78 Alanna Mason,13,Wolfville
1:21.84 Andrea Noonan,14,Scarboro
1:21.90 Jane Kerr,14,Etobicoke
1:21.90 Heidi Foster,13,Ajax
1:22.23 Mary-B. Jurocko,13,Windsor
1:22.43 Kathy Black,14,Hamilton
1:22.70 Theresa McKay,14,Vic Olym
1:22.90 Siobhan Duff,14,Newf.Aquar
1:23.10 Lucie Veilleux,14,Mtl-Aquat
1:23.16 Pam Wilson,13,Brantford
1:23.18 Kristi Blondal,14,Cdn.Dolph
1:23.35 Stephani Rys,14,K-W Tarpon
1:23.51 Shauna Irwin,13,Pr.Alb OSP
1:23.51 Susan Hovland,14,Oakville
1:23.59 Helen Arandelovic,13,Hyack
1:23.65 Karen Morrison,14,Mississaug
1:23.68 Barbara Morin,14,Laval
1:23.76 Cara Driftz,13,Winn Manta
1:23.77 Sara Devanney,14,Halifax
1:23.80 Suzie Howard,13,Muskoka
1:23.82 Roberta Toldy,14,Hyack
1:24.03 Manon Tardiff,14,Montmagny
1:24.03 Lesley Robbins,13,Trent
1:24.09 France Lanteigne,13,LaSalle
1:24.27 Sylvie-A Gauthier,14,Valleyf'ld
1:24.37 Sandra Fisher,13,Lachine
1:24.41 Caroline Martineau,13,Montmag
1:24.48 Donna Blackburn,14,Sudb LUSC
1:24.61 Claudia Premont,14,Ste-Foy
1:24.67 Myriam Cote,14,Mtl-POM

200 METRES BREAST/BRASSE

Rec: 2:35.21 S.Dezeeuw, HWAC,79

2:41.65 Alison Dozzo,14,North York
2:43.49 Brenna Tymko,14,Edm Keyano
2:46.02 Krista Burris,14,Truro
2:47.74 Josee Theriault,14,Mtl-Champs
2:49.92 Jennifer Bean,14,Thun Bay
2:50.24 Vicky Phillips,14,Hyack
2:50.42 Chantal Meilleur,14,Pt-Claire
2:50.52 Tara Terins,13,Cdn.Dolph
2:50.62 Martina Glos,14,Glouc-Ott
2:50.99 Janet Hyslop,14,Kenora
2:51.12 Val Carbonnel,13,Pt-Claire
2:51.50 Kathy Black,14,Hamilton
2:51.92 Sophie Veilleux,13,Beaconf'ld
2:52.22 Kim Gellatly,14,Reg Waterl
2:52.47 Tania Neumann,13,Pt-Claire
2:52.80 Charlene Orcheski,13,Edm Keya
2:53.41 Maggie Bird,14,unatt
2:53.70 Nancy Szmolyan,14,Univ.Calg
2:53.97 Kathy Pearson,14,Sask Goldf
2:54.04 Cara Driftz,13,Winn Manta
2:54.27 Josee Labrie,14,Mtl-POM
2:54.59 Sylvie-A Gauthier,13,Valleyf'ld
2:55.05 Heidi Foster,13,Ajax
2:55.10 Kristi Blondal,14,Cdn.Dolph
2:55.37 Donna McGinnis,13,Edm Keyanc
2:56.46 Carolyn Murdoch,14,Beaconf'ld
2:57.20 Linda Haworth,14,Pt-Claire
2:57.36 Andrea Noonan,14,Scarboro
2:57.82 France Lapointe,14,Mtl-Aquat
2:57.83 Caroline Martineau,13,Montmagi
2:58.67 Pam Wilson,14,Brantford
2:59.15 Roberta Toldy,14,Hyack
2:59.32 Michele Vaudrin,14,Valleyf'ld
2:59.36 Barbara Morin,14,Laval
2:59.76 Susan Hovland,14,Oakville
3:00.00 Katie Standage,14,Newf.Aquar
3:00.06 Francine Lanteigne,13,LaSalle
3:00.26 Ellen Stewart,14,West Van
3:00.37 Sara Devanney,14,Halifax
3:00.39 Jocelyn Tardiff,14,Brossard
3:00.40 Helen Arandelovic,13,Hyack
3:00.53 Corinne Anjo,14,D.d.Ormeau
3:00.60 Shauna Irwin,13,Pr.Alb OSP
3:00.60 Lucie Veilleux,14,Mtl-Aquat
3:00.64 Jocelyn Tardif,14,Brossard
3:01.35 Colleen Hartlin,13,Halifax
3:01.63 Jennifer Burgess,13,Glouc-Ott
3:01.83 Lesley Robbins,13,Trent
3:01.84 Laura Beard,13,Sask Laser
3:01.98 Kim Walker,14,Regina

100 METRES FLY/PAPILLON

Rec: 1:04.06 M.Coulombe, CNMN,79

1:06.68 Sharon Donnelly,14,North York
1:06.87 Nadia Bertrand,14,Ste-Foy
1:07.20 Marie-C. Saumure,14,Valleyf'ld
1:07.25 Jill Horstead,14,Etobicoke
1:07.32 Chris Condello,14,Hamilton
1:07.37 Line St.Andre,14,Laval
1:07.71 Alison Dozzo,14,North York
1:07.72 Kim Wormworth,14,Cdn.Dolph
1:07.95 Anna Jensen,13,Chinguacou
1:07.96 Brenna Tymko,14,Edm Keyano
1:08.11 Donna McGinnis,13,Edm Keyano
1:08.17 Chris Laliberte,14,Winn Manta
1:08.18 Lenore Doucette,13,Univ.Toron
1:08.43 Linda Gardiner,13,Reg Waterl
1:08.56 Robyn Gyrlevich,13,Moose Jaw
1:08.67 Nathalie Leveille,14,Mtl-Aquat
1:08.70 Carol Docherty,13,Pt-Claire
1:09.00 Tamara Piasta,14,Edm BF
1:09.16 Andrea Schloegl,14,North York
1:09.19 Colleen MacKinnon,14,Pt-Claire
1:09.38 Jane Kerr,14,Etobicoke
1:09.39 Kim Couttie,14,Univ.Calg
1:09.41 Lesley Fedora,14,Univ.Toron
1:09.50 Monqiue DeBruin,14,Oakville
1:09.54 Corrie Powell,13,Scarboro
1:09.56 Tara Terins,13,Cdn.Dolph
1:09.59 Anne-M. Soroka,14,Cdn.Dolph
1:09.62 Brenda Robertson,14,Pt-Claire
1:09.63 Maggie Bird,14,unatt
1:09.70 Val Carbonnel,13,Pt-Claire
1:09.75 Jennifer Bean,14,Thun Bay
1:09.82 Rhonda Mayes,13,Edm Keyano
1:10.09 Teresa Buchignani,14,Univ.Calg
1:10.13 Tania Neumann,13,Pt-Claire
1:10.32 Kathy Ahola,14,Thun Bay
1:10.40 Michelle Jardin,13,Lachine
1:10.50 Krista Burris,13,Truro
1:10.57 Tanya Simbalist,14,Univ.Calg
1:10.59 Sarah Watson,13,Kenora
1:10.66 Sari Sippola,14,Calg Casc
1:11.01 Nathalie Mantha,14,Rouyn-N
1:11.08 Anne Bodak,13,Thun Bay
1:11.10 Martina Glos,14,Glouc-Ott
1:11.11 Linda Haworth,14,Pt-Claire
1:11.22 Bronwyn Bruce,14,Dartmouth
1:11.38 Miye Marubashi,14,Scarboro
1:11.45 Kim Gellatly,14,Reg Waterl
1:11.47 Tonya Adrian,14,unatt
1:11.48 Nancy Brockenshire,12,Windsor
1:11.60 Charlene Jones,14,Edm Keyano

200 METRES FLY/PAPILLON

Rec: 2:17.82 M.Coulombe, Select,79

2:21.99 Alison Dozzo,14,North York
2:22.89 Brenna Tymko,14,Edm Keyano
2:23.84 Marie-C. Saumure,14,Valleyf'ld
2:23.93 Line St.Andre,14,Laval
2:26.17 Linda Gardiner,14,Reg Waterl
2:26.26 Sharon Donnelly,14,North York
2:26.46 Carol Docherty,13,Pt-Claire
2:26.60 Kim Couttie,14,Univ.Calg
2:26.71 Kim Wormworth,14,Cdn.Dolph
2:26.90 Anne-M. Soroka,14,Cdn.Dolph
2:28.52 Linda Haworth,14,Pt-Claire
2:29.17 Colleen MacKinnon,14,Pt-Claire
2:29.20 Miye Marubashi,14,Scarboro
2:29.29 Nathalie Leveille,14,Mtl-Aquat
2:29.30 Lenore Doucette,13,Univ.Toron
2:29.57 Leanne Long,13,Etobicoke
2:29.77 Michelle Jardin,13,Lachine
2:29.78 Monqiue DeBruin,14,Oakville
2:29.88 Chris Condello,14,Hamilton
2:29.93 Robyn Gyrlevich,13,Moose Jaw
2:30.09 Chris Laliberte,14,Winn Manta
2:30.44 Teresa Buchignani,14,Univ.Calg
2:30.52 Charlene Jones,14,Edm Keyano
2:30.57 Sarah Watson,13,Kenora
2:30.61 Donna McGinnis,13,Edm Keyano
2:31.07 Natasha Johnson,14,Regina
2:31.54 Leslie Carter,14,Oakville
2:31.56 Danielle Lebrun,14,Mtl-Aquat
2:32.32 Laura Baker,14,Edm Keyano
2:32.50 Maggie Bird,14,Brock
2:32.55 Brenda Robertson,14,Pt-Claire
2:32.60 Tracy Hogan,14,Newf.Aquar
2:32.66 Tamara Piasta,14,Edm BF
2:33.02 Tanya Simbalist,14,Univ.Calg
2:33.06 Mandy Milicevic,13,Van Pacif
2:33.90 Anne Bodak,13,Thun Bay
2:35.00 Martina Glos,14,Glouc-Ott
2:35.10 Joy Klassoff,14,Regina
2:35.37 Corrie Powell,13,Scarboro
2:35.49 Anna Jensen,13,Chinguacou
2:35.94 Tania Neumann,13,Pt-Claire
2:36.15 Laura Campbell,14,Cambridge
2:36.98 Nathalie Mantha,14,Rouyn-N
2:37.31 Corinne Anjo,14,D.d.Ormeau
2:37.92 Hanya Chmara,14,Sudb LUSC
2:37.99 Sari Sippola,14,Calg Casc
2:37.99 Kathleen Duggan,13,Calg Casc
2:38.09 Barb Brinker,14,Brantford
2:38.98 Kristi Blondal,14,Cdn.Dolph
2:39.28 Kelly Twordik,13,Vic Olym

200 METRES I.M./QUATRE NAGES
Rec: 2:21.49 M.Coulombe, Select,79
2:23.21 Alison Dozzo,14,North York
2:27.30 Donna McGinnis,13,Edm Keyano
2:28.40 Tania Neumann,13,Pt-Claire
2:28.98 Marie-C. Saumure,14,Valleyf'ld
2:29.89 Jane Kerr,14,Etobicoke
2:30.08 Shelly Keown,13,Univ.Calg
2:30.23 Tara Terins,13,Cdn.Dolph
2:30.72 Kim Wormworth,14,Cdn.Dolph
2:31.30 Kathy Black,14,Hamilton
2:31.30 Marie Moore,14,Dartmouth
2:31.79 Lenore Doucette,13,Univ.Toron
2:31.84 Robyn Gyrlevich,13,Moose Jaw
2:32.18 Brenna Tymko,14,Edm Keyano
2:32.26 Linda Gardiner,14,Reg Waterl
2:32.49 Jennifer Bean,14,Thun Bay
2:32.56 Linda Haworth,14,Pt-Claire
2:32.68 Tanya Simbalist,14,Univ.Calg
2:32.76 Kelly Ursan,14,Hyack
2:33.01 Chris Laliberte,14,Winn Manta
2:33.35 Line St.Andre,14,Laval
2:33.50 Monique DeBruin,14,Oakville
2:33.85 Kim Couttie,14,Univ.Calg
2:33.99 Lesley Fedora,14,Univ.Toron
2:34.15 Sophie Veilleux,13,Beaconf'ld
2:34.20 Kim Gellatly,14,Reg Waterl
2:34.43 Lorraine Maisey,14,Surrey
2:34.68 Kristin Hanson,14,Pt-Claire
2:34.86 Val Carbonnel,13,Pt-Claire
2:35.00 Krista Burris,14,Truro
2:35.16 Mary-B. Jurocko,14,Windsor
2:35.20 Nancy Poudrier,14,Mtl-POM
2:35.20 Hanya Chmara,14,Sudb LUSC
2:35.22 Nadia Bertrand,14,Ste-Foy
2:35.25 Chris Condello,13,Hamilton
2:35.45 Theresa Barber,14,Thun Bay
2:35.53 Maggie Bird,14,Saints
2:35.61 Judy Cowan,13,Edm Olym
2:35.67 Julie Hashimoto,14,Cdn.Dolph
2:35.90 Adrienne Lister,14,Edm Keyano
2:35.91 Monique Ditters,13,Cdn.Dolph
2:36.15 Pam Wilson,13,Brantford
2:36.20 Martina Glos,14,Glouc-Ott
2:36.38 Kathy Ahola,14,Thun Bay
2:36.47 Sharon Donnelly,14,North York
2:36.48 Anne Bodak,13,Thun Bay
2:37.06 Tonya Adrian,14,Cdn.Dolph
2:37.23 Anne-M. Soroka,14,Cdn.Dolph
2:37.33 Kyra Slade,14,Newmarket
2:37.40 Kari Roberts,13,Guelph
2:37.46 Colleen MacKinnon,14,Pt-Claire

400 METRES I.M./QUATRE NAGES
Rec: 5:00.51 S.Smith, Hyack,76
5:04.16 Alison Dozzo,14,North York
5:04.62 Donna McGinnis,13,Edm Keyano
5:10.79 Marie-C. Saumure,14,Valleyf'ld
5:13.92 Linda Haworth,14,Pt-Claire
5:14.12 Jane Kerr,14,Etobicoke
5:15.01 Tania Neumann,13,Pt-Claire
5:16.20 Kim Wormworth,14,Cdn.Dolph
5:16.38 Linda Gardiner,13,Reg Waterl
5:17.67 Hanya Chmara,14,Sudb LUSC
5:17.86 Maggie Bird,14,Brock
5:18.24 Shelly Keown,13,Univ.Calg
5:19.20 Kathy Black,14,Hamilton
5:19.65 Sharon Donnelly,14,North York
5:21.60 Kelly Ursan,14,Hyack
5:21.76 Nancy Poudrier,14,Mtl-POM
5:22.65 Danielle Lebrun,13,Mtl-Aquat
5:22.70 Monique DeBruin,14,Oakville
5:22.78 Brenna Tymko,14,Edm Keyano
5:23.67 Chris Condello,13,Hamilton
5:24.80 Tanya Simbalist,14,Univ.Calg
5:24.92 Kristin Hanson,13,Pt-Claire
5:25.05 Julia Riedl,14,D.d.Ormeau
5:25.76 Kathy Ahola,14,Thun Bay
5:25.92 Tara Terins,13,Cdn.Dolph
5:25.96 Anne Bodak,13,Thun Bay
5:26.12 Julie Hashimoto,14,Cdn.Dolph
5:26.19 Judy Cowan,13,Edm Olym
5:27.06 Tonya Adrian,14,Cdn.Dolph
5:27.50 Kim Couttie,14,Univ.Calg
5:27.67 Lorraine Maisey,14,Surrey
5:28.20 Martina Glos,14,Glouc-Ott
5:28.20 Siobhan Duff,14,Newf.Aquar
5:28.48 Lenore Doucette,13,Univ.Toron
5:28.66 Laura Baker,14,Edm Keyano
5:28.66 Jennifer Bean,14,Thun Bay
5:29.22 Kristi Blondal,14,Cdn.Dolph
5:29.36 Carolyn Murdoch,13,Beaconf'ld
5:29.81 Line St.Andre,14,Laval
5:30.57 Leanne Long,14,Etobicoke
5:31.00 Sophie Veilleux,14,Shebrooke
5:31.05 Lara Doherty,13,Reg Waterl
5:32.26 Denise Leahy,13,Cdn.Dolph
5:32.60 Monique Ditters,13,Cdn.Dolph
5:32.84 Manon Tardiff,14,Montmagny
5:32.85 Kari Roberts,14,Guelph
5:33.16 Erin Searcy,14,Windsor
5:33.20 Josee Labrie,14,Mtl-POM
5:33.50 Sarah Watson,13,Kenora
5:33.69 Adrienne Lister,14,Edm Keyano
5:34.39 Chantal Meilleur,14,Pt-Claire

4x50 M MEDLEY REL QUATRE NAGES
Rec: 2:06.39 Etobicoke, ,80
2:08.59 North York,
2:10.38 Edm Keyano,
2:12.59 Etobicoke,
2:12.89 Hyack,
2:13.07 Cdn.Dolphin,
2:14.06 Reg Waterloo,
2:14.97 Pt-Claire,
2:15.04 Truro,
2:15.30 Windsor,
2:15.63 Oakville,
2:16.51 Scarboro,
2:16.70 Sask Goldfin,
2:17.15 Montreal POM,
2:17.21 Thunder Bay,
2:17.23 Univ.Calgary,
2:17.75 Mississauga,
2:17.78 Regina,
2:17.86 Glouc-Ottawa,
2:17.92 Kit-Wat Y,
2:17.95 Brantford,
2:18.39 Kenora,
2:18.45 Ajax,
2:18.67 London Y,
2:19.07 Sudb LUSC,
2:19.22 Winn Manta,
2:19.28 Guelph,
2:19.28 Edm Olympian,
2:19.32 Beaconsfield,
2:19.40 Hamilton,
2:19.51 Chinguacousy,
2:21.00 Newf.Aquaren,
2:21.22 Laval,
2:21.39 Halifax,
2:21.41 Calg Cascade,
2:21.70 Univ.Toronto,
2:23.76 Vic Olympian,
2:23.89 Winnipeg SJS,
2:24.30 Pr.Albert OS,
2:24.36 Boucherville,
2:24.57 Pr.George,
2:25.04 Saints,
2:25.14 Vernon,
2:25.50 Pr.Albert SL,
2:25.90 Calgary TSC,
2:27.40 Edm Sharks,
2:27.51 Man Marlin,
2:27.60 Newmarket,
2:28.00 Moose Jaw,
2:28.30 Perth,
2:29.00 Sask Laser,

4x50 M FREE REL LIBRE
Rec: 1:53.87 North York, ,81
1:54.81 Regina,
1:55.50 Etobicoke,
1:55.66 Cdn.Dolphin,
1:56.68 Edm Keyano,
1:57.12 North York,
1:57.50 Pt-Claire,
1:58.02 Reg Waterloo,
1:59.27 Glouc-Ottawa,
1:59.28 Thunder Bay,
1:59.38 Oakville,
1:59.66 Univ.Calgary,
1:59.74 Laval,
1:59.84 London Y,
2:00.03 Montreal POM,
2:00.42 Windsor,
2:00.72 Halifax,
2:00.82 Brantford,
2:01.01 Hamilton,
2:01.43 Scarboro,
2:01.59 Mississauga,
2:02.48 Calg Cascade,
2:02.61 Truro,
2:02.80 Beaconsfield,
2:02.81 Mtl-Aquatic,
2:02.85 Saints,
2:02.90 Edm Olympian,
2:03.18 Ajax,
2:03.29 Hyack,
2:03.40 Muskoka,
2:03.49 Univ.Toronto,
2:03.63 Chinguacousy,
2:03.80 Boucherville,
2:04.16 Sask Goldfin,
2:04.21 Winn Manta,
2:04.32 Guelph,
2:04.69 Pr.George,
2:04.70 Vic Olympian,
2:04.90 Brossard,
2:05.01 Cambridge,
2:05.14 Kenora,
2:05.34 Winnipeg SJS,
2:05.55 Newmarket,
2:06.00 Sudbury LUSC,
2:06.33 Vernon,
2:06.97 Newf.Aquaren,
2:07.08 Sherbooke,
2:07.70 Mtl-Nord,
2:07.99 Pr.Albert SL,
2:08.09 Edm Sharks,
2:09.34 Sudb LUSC,

15- 17 GIRLS / FILLES

100 METRES FREE/LIBRE
Rec: 0:56.81 C.Klimpel, SSAC,80
0:57.97 Jennifer Campbell,16,Sudb LUSC
0:58.06 Cheryl McArton,16,North York
0:58.33 Pam Rai,16,Hyack
0:58.74 Julie Daigneault,16,Pt-Claire
0:59.17 Mich MacPherson,16,North York
0:59.34 Kim Smylie,15,London Y
0:59.39 Nancy Page,16,Mississaug
0:59.46 Linda Sanders,17,Pt-Claire
0:59.50 Debbie Masuch,17,Edm Keyano
0:59.56 Cathie Griffin,16,Windsor
0:59.87 Karen Ward,16,Beaconf'ld
0:59.87 Barb McBain,15,Cdn.Dolph
1:00.33 Marie-F. Landry,17,Laval
1:00.62 Lisa VanderElst,15,Calg Casc
1:00.74 Denise Gereghty,15,Sudb LUSC
1:00.89 Chantal Martineau,17,Beaconf'ld
1:00.90 Helene Boudreault,16,Oakville
1:01.03 Lois Brafield,16,Sudb LUSC
1:01.15 Allison Montgomery,15,Etobicoke
1:01.15 Judy Woolger,17,Mississaug
1:01.27 Anne Bruner,16,Etobicoke
1:01.28 Kathy Ward,15,Beaconf'ld
1:01.33 Stephani Saunders,17,Kingston
1:01.35 Bronwyn Beatty,16,Regina
1:01.36 Sandra Honour,17,Regina
1:01.36 Tanya Marquardt,16,Vic Olym
1:01.38 Ira Leroi,15,Cdn.Dolph
1:01.47 Allison Loucas,16,Reg Waterl
1:01.53 Robin Ruggiero,16,Mtl-Champs
1:01.54 Marnie Irwin,17,Univ.Calg
1:01.55 Joanne Poulin,17,Mtl-POM
1:01.56 Lynn Kucera,16,Pt-Claire
1:01.67 Stephani Rochford,16,D.d.Ormeau
1:01.72 Marie Moore,15,Dartmouth
1:01.87 Jane Black,17,Hyack
1:01.90 Aline Larouche,17,Beaconf'ld
1:02.00 Catrina Vanderley,16,Hyack
1:02.02 Kathy Kropf,17,Regina
1:02.03 Rita Liebrucks,16,Newmarket
1:02.04 Danielle Clement,17,Laval
1:02.04 Kim Bey,15,Hyack
1:02.06 Lucie Martel,17,Tracy
1:02.13 Gabe Sponheimer,17,Edm Keyan
1:02.21 Simone Schultz,15,Cdn.Dolph
1:02.31 Chooi Lee,16,Cdn.Dolph
1:02.31 Sylvie Kennedy,16,Pt-Claire
1:02.37 Debbie Tibelius,16,Winn Manta
1:02.37 Josee Pilon,15,Glouc-Ott
1:02.38 Helen Chow,17,Vic Olym
1:02.40 Lisa Cunningham,16,Ajax

200 METRES FREE/LIBRE
Rec: 2:03.37 A.Jardin, PCSC,76
2:03.62 Julie Daigneault,16,Pt-Claire
2:04.80 Cheryl McArton,16,North York
2:05.17 Debbie Masuch,17,Edm Keyano
2:06.43 Nancy Page,16,Mississaug
2:06.78 Lois Brafield,16,Sudb LUSC
2:07.39 Kim Smylie,15,London Y
2:07.40 Karen Ward,16,Beaconf'ld
2:07.59 Sandra Honour,17,Regina
2:07.90 Kevyn Stafford,17,Cdn.Dolph
2:08.57 Linda Sanders,17,Pt-Claire
2:09.31 Kathy Ward,16,Beaconf'ld
2:09.33 Kathy Kropf,17,Regina
2:09.33 Sophie Lake,17,Univ.Calg
2:09.56 Dawn Gilhooly,17,Winn Manta
2:09.61 Cathie Griffin,16,Windsor
2:10.03 Josee Pilon,16,Glouc-Ott
2:10.05 Bronwyn Beatty,16,Regina
2:10.15 Jennifer Campbell,16,Sudb LUSC
2:10.27 Julia Riedl,15,D.d.Ormeau
2:10.36 Denise Gereghty,15,Sudb LUSC
2:10.48 Marnie Irwin,17,Univ.Calg
2:10.50 Pam Rai,16,Hyack
2:11.16 Ira Leroi,15,Cdn.Dolph
2:11.32 Kim Vendette,16,Sudb LUSC
2:11.38 Helene Boudreault,16,Oakville
2:11.73 Colleen Delany,15,North York
2:11.91 MaryJo Clark,17,Edm Keyano
2:12.19 Debbie Tibelius,16,Winn Manta
2:12.35 Marie-F. Landry,17,Laval
2:12.51 Kim Bey,15,Hyack
2:12.78 Anne Bruner,16,Etobicoke
2:12.98 Fiona Waddell,15,Cdn.Dolph
2:13.02 Gabe Sponheimer,17,Edm Keyan
2:13.03 Lynn Kucera,16,Pt-Claire
2:13.21 Hanya Chmara,17,Sudb LUSC
2:13.23 Sheila MacLean,16,Glouc-Ott
2:13.30 Josee Chapdelaine,16,Mtl-POM
2:13.30 Tanya Marquardt,16,Vic Olym
2:13.55 Anita VanDyke,16,Cdn.Dolph
2:13.66 Ruth Horne,17,Glouc-Ott
2:13.76 Louise Webster,17,London Y
2:13.82 Lisa VanderElst,15,Calg Casc
2:13.93 Chantal Venne,17,Pt-Claire
2:13.93 Elaine LeBuke,16,Edm Keyano
2:14.00 Jane Black,17,Hyack
2:14.10 Joanne Poulin,16,Mtl-POM
2:14.21 Vicky Skipper,15,Brantford
2:14.32 Danielle Clement,17,Laval
2:14.38 Wendy Good,16,Brock
2:14.43 Maria Lember,16,Markham

400 METRES FREE/LIBRE
Rec: 4:15.11 J.Daigneault, PCSC,82
4:15.11 Julie Daigneault,16,Pt-Claire
4:21.77 Karen Ward,15,Beaconf'ld
4:22.19 Cheryl McArton,15,North York
4:23.04 Debbie Masuch,17,Edm Keyano
4:25.28 Sandra Honour,17,Regina
4:25.71 Lois Brafield,16,Sudb LUSC
4:27.30 Kevyn Stafford,17,Cdn.Dolph
4:28.49 Jennifer Campbell,16,Sudb LUSC
4:28.80 Anne Posno,16,London Y
4:28.85 MaryJo Clark,17,Edm Keyano
4:28.87 Julia Riedl,15,D.d.Ormeau
4:29.03 Sophie Lake,17,Univ.Calg
4:29.81 Chantal Venne,17,Pt-Claire
4:29.97 Bronwyn Beatty,16,Regina
4:31.19 Kathy Kropf,17,Regina
4:32.34 Kim Smylie,15,London Y
4:32.43 Fiona Waddell,15,Cdn.Dolph
4:32.67 Josee Pilon,16,Glouc-Ott
4:33.47 Leslie Carter,15,Oakville
4:33.82 Pam Rai,16,Hyack
4:34.23 Josee Chapdelaine,16,Mtl-POM
4:34.23 Cynthia Zutter,17,Edm Keyano
4:34.40 Gabe Sponheimer,17,Edm Keyan
4:34.74 Nancy Page,16,Mississaug
4:34.77 Colleen Delany,15,North York
4:35.59 Dawn Gilhooly,17,Winn Manta
4:35.83 Kim Vendette,16,Sudb LUSC
4:35.98 Wendy Good,16,Brock
4:36.09 Marnie Irwin,17,Univ.Calg
4:36.18 Debbie Tibelius,16,Winn Manta
4:36.27 Sheila MacLean,16,Glouc-Ott
4:36.30 Janet Evans,16,Edm Keyano
4:36.66 Manon Venne,16,Pt-Claire
4:37.17 Julie Lavender,15,Cdn.Dolph
4:37.32 Linda Sanders,17,Pt-Claire
4:37.55 Maxine Charles,17,Univ.Calg
4:37.80 Vicky Skipper,15,Brantford
4:38.31 Deanne Weber,17,North York
4:38.79 Anita VanDyke,16,Cdn.Dolph
4:38.93 Louise Dufour,15,Mtl-POM
4:39.09 Sara Dennis,16,Mtl-Aquat
4:39.10 Louise Webster,17,London Y
4:39.20 Brenda Bury,17,Sask Goldf
4:39.33 Joanne Poulin,17,Mtl-POM
4:39.49 Hayley Spratt,16,Moose Jaw
4:39.62 Helene Boudreault,16,Oakville
4:39.66 Sharon Donnelly,15,North York
4:40.20 Tanya Marquardt,16,Vic Olym
4:40.57 Maria Lember,16,Markham
4:40.59 Ira Leroi,15,Cdn.Dolph

800 METRES FREE/LIBRE
Rec: 8:45.47 J.Daigneault, PCSC,82
8:45.47 Julie Daigneault,16,Pt-Claire
8:59.65 Karen Ward,16,Beaconf'ld
9:00.33 Sandra Honour,17,Regina
9:01.34 Cheryl McArton,16,North York
9:05.53 Lois Brafield,16,Sudb LUSC
9:06.13 Sophie Lake,17,Univ.Calg
9:08.50 Debbie Masuch,17,Edm Keyano
9:10.25 Janet Evans,16,Edm Keyano
9:11.13 Anne Posno,16,London Y
9:11.40 Chantal Venne,17,Pt-Claire
9:11.97 Josee Pilon,16,Glouc-Ott
9:15.46 Bronwyn Beatty,16,Regina
9:18.14 Kim Vendette,16,Sudb LUSC
9:19.96 Kathy Kropf,17,Regina
9:20.28 MaryJo Clark,17,Edm Keyano
9:20.32 Julia Riedl,15,D.d.Ormeau
9:20.68 Gabe Sponheimer,17,Edm Keyan
9:20.75 Fiona Waddell,15,Cdn.Dolph
9:21.83 Maxine Charles,17,Univ.Calg
9:22.21 Wendy Good,16,Brock
9:22.73 Jennifer Campbell,16,Sudb LUSC
9:22.93 Louise Dufour,15,Mtl-POM
9:23.48 Deanne Weber,17,North York
9:23.58 Julie Lavender,15,Cdn.Dolph
9:24.20 Kevyn Stafford,17,Cdn.Dolph
9:25.95 Colleen Delany,15,North York
9:27.78 Hayley Spratt,16,Moose Jaw
9:28.53 Maria Lember,16,Markham
9:30.44 Kim Smylie,15,London Y
9:30.93 Sharon Donnelly,15,North York
9:31.61 Manon Venne,16,Pt-Claire
9:32.03 Cynthia Zutter,17,Edm Keyano
9:32.26 Sara Dennis,16,Mtl-Aquat
9:33.19 Vicki Skipper,15,Brantford
9:34.16 Helene Boudreault,16,Oakville
9:34.20 Joanne Poulin,16,Mtl-POM
9:35.50 Ira Leroi,15,Cdn.Dolph
9:36.73 Kim Couttie,15,Univ.Calg
9:37.23 Josee Chapdelaine,16,Mtl-POM
9:37.94 Catrina Vanderley,16,Hyack
9:39.10 Sheila MacLean,16,Glouc-Ott
9:40.52 Fiona Woods,17,Sask Laser
9:41.91 Tammy Balkwill,16,unatt
9:42.14 Dawn Gilhooly,16,Winn Manta
9:42.49 Marnie Irwin,16,Univ.Calg
9:42.50 Simone Schulz,15,Cdn.Dolph
9:42.84 Megan Lougheed,17,Hyack
9:44.17 Kim Bey,15,Hyack
9:44.44 Jane Hamilton,15,Sask Laser
9:44.90 Debbie Tibelius,16,Winn Manta

100 METRES BACK/DOS

Rec: 1:04.11 D.Senechal, CAMO,80

1:04.78 Jennifer Campbell,16,Sudb LUSC
1:06.12 Barb McBain,15,Cdn.Dolph
1:07.23 Lisa Cunningham,16,Ajax
1:07.24 Mich MacPherson,16,North York
1:07.40 Aline Larouche,17,Beaconf'ld
1:07.77 Manon Venne,16,Pt-Claire
1:08.06 Kim Bey,15,Hyack
1:08.31 Cynthia Zutter,17,Edm Keyano
1:09.06 Kevyn Stafford,17,Cdn.Dolph
1:09.16 Dawn Gilhooly,17,Winn Manta
1:09.30 Beth May,17,Calg Casc
1:09.42 Jerri-L. Schmidt,16,Univ.Calg
1:09.42 Robin Ruggiero,16,Mtl-Champs
1:09.57 Marie-F. Landry,17,Laval
1:09.57 Chris Quosdorf,15,Beaconf'ld
1:09.84 Kathy Kropf,17,Regina
1:10.05 Helen Chow,16,Vic Olym
1:10.16 Nathalie St.Onge,16,Laval
1:10.16 Jill Horstead,15,Etobicoke
1:10.32 Suzie Szmolyan,16,Univ.Calg
1:10.61 Cheryl McArton,16,North York
1:10.67 Cheryl Langevin,16,Winn SJS
1:10.90 Lois Brafield,16,Sudb LUSC
1:10.95 Marie-J. Lanthier,15,Laval
1:11.04 Allison Soroka,17,Cdn.Dolph
1:11.05 Anita VanDyke,16,Cdn.Dolph
1:11.09 Chantal Martineau,16,Beaconf'ld
1:11.10 Kyra Slade,15,Newmarket
1:11.14 Sandi Melody,17,West Van
1:11.20 Tricia Cameron,16,Halifax
1:11.27 Simone Schultz,15,Cdn.Dolph
1:11.28 Terri Rothenberg,15,Reg Waterl
1:11.40 Theresa Black,17,Hamilton
1:11.46 Karin Helmstaedt,15,Kingston
1:11.53 Cathy Philps,17,Vernon
1:11.70 Cheryl Osachoff,17,Hyack
1:11.95 Natalie Henderson,15,Oakville
1:12.00 Tammy Balkwill,16,Brock
1:12.07 Kathy Black,15,Hamilton
1:12.09 Andrea Ransom,15,Vic Olym
1:12.17 Maxine Charles,17,Univ.Calg
1:12.38 Sophie Plante,17,St.Bruno
1:12.42 Jean Janzen,16,London Y
1:12.43 Nancy Poirier,16,Bonaventur
1:12.52 Carole Grenier,15,Tracy
1:12.68 Jennifer Wiggins,15,Edm Keyano
1:12.71 Jane Hamilton,15,Sask Laser
1:12.72 Colleen Delany,15,North York
1:12.77 Sara Dennis,16,Mtl-Aquat
1:12.86 Kim Smylie,15,London Y

100 METRES BREAST/BRASSE

Rec: 1:10.99 A.Ottenbrite, Ajax,82

1:10.99 Anne Ottenbrite,15,Ajax
1:14.31 Megan Watson,17,Edm Keyano
1:15.10 Dominiqu Roussy,16,Select
1:15.18 Tammy Balkwill,16,Brock
1:15.87 Cindy Ounpuu,15,Etobicoke
1:17.00 Nathalie Recoskie,15,Beaconf'ld
1:17.09 Susie Garay,17,unatt
1:17.69 Linda Rodie,17,Pt-Claire
1:17.78 Elaine LeBuke,16,Edm Keyano
1:18.00 Crystal Drummond,15,Trent
1:18.00 Jan Meunier,17,Edm Olym
1:18.12 Kim Vendette,16,Sudb LUSC
1:18.28 Janet Bald,16,Nepean
1:18.77 Josee Labrie,15,Mtl-POM
1:18.81 Pam Rai,16,Hyack
1:18.84 Martina Glos,15,Glouc-Ott
1:18.90 Rita Liebrucks,16,Newmarket
1:19.39 Dina Demarchi,15,Hyack
1:19.40 Paula Kelly,17,Newf.Aquar
1:19.50 Bronwyn Beatty,16,Regina
1:19.57 Mary Lubawski,17,Etobicoke
1:19.64 Vicky Phillips,15,Hyack
1:19.76 Megan Lougheed,17,Hyack
1:19.78 Lynda Kimmons,16,Vic Olym
1:19.86 Connie Schultze,16,Vic Olym
1:19.99 Fiona Waddell,15,Cdn.Dolph
1:20.06 Lucie Jolicoeur,17,Bouchervil
1:20.09 Gina Rifa,17,Scarboro
1:20.30 Kelly Rogers,16,Glouc-Ott
1:20.75 Allison Soroka,17,Cdn.Dolph
1:21.22 Janet Pincott,15,Cowansvill
1:21.43 Brenda Cavers,15,London Y
1:21.53 Lisa Hiruki,17,Edm Keyano
1:21.80 Mary Burrows,15,North Bay
1:21.81 Liza Bustin,17,Edm Keyano
1:21.89 Sophie Plante,17,St.Bruno
1:21.90 Theresa Black,17,Hamilton
1:22.03 Andrea Noonan,15,Scarboro
1:22.08 Chooi Lee,15,Cdn.Dolph
1:22.10 Jennifer Campbell,16,Sudb LUSC
1:22.13 Kristy Blondal,15,Cdn.Dolph
1:22.17 Ira Leroi,15,Cdn.Dolph
1:22.22 Heaher Terriff,16,Univ.Calg
1:22.23 Geneviev Roy,16,Ste-Foy
1:22.23 Kim Smylie,15,London Y
1:22.37 Suzie Szmolyan,16,Univ.Calg
1:22.37 Carrie O'Bray,15,Surrey
1:22.40 Mich MacPherson,15,North York
1:22.63 Diane Maruk,17,Sask Goldf
1:22.68 Susan Cox,15,Brantford

100 METRES FLY/PAPILLON

Rec: 1:01.54 W.Quirk, PCSC,76

1:02.83 Mich MacPherson,16,North York
1:03.18 Pam Rai,16,Hyack
1:03.21 Anita VanDyke,16,Cdn.Dolph
1:03.90 Natalie Deschamps,17,Select
1:04.35 Robin Ruggiero,16,Mtl-Champs
1:04.42 Kevyn Stafford,17,Cdn.Dolph
1:04.55 Marie Moore,15,Dartmouth
1:04.57 Chantal Venne,17,Pt-Claire
1:04.85 Ruth Horne,17,Glouc-Ott
1:05.30 Gina Rifa,17,Scarboro
1:05.59 Jill Horstead,15,Etobicoke
1:05.90 Stephani Rochford,16,D.d.Ormeau
1:05.93 Helene Boudreault,16,Oakville
1:06.10 Lynn Kucera,16,Pt-Claire
1:06.14 Allison Loucas,17,Reg Waterl
1:06.21 Cheryl McArton,16,North York
1:06.36 Helen Chow,17,Vic Olym
1:06.51 Jennifer Campbell,16,Sudb LUSC
1:06.58 Chantal Martineau,17,Beaconf'ld
1:06.90 Carolyn Verschoote,15,Pt-Claire
1:06.95 Cathie Griffin,16,Windsor
1:06.98 Fiona Woods,17,Sask Laser
1:07.00 Josee Daub,16,Pt-Claire
1:07.36 Barb McBain,15,Cdn.Dolph
1:07.39 Lois Brafield,16,Sudb LUSC
1:07.40 Kim Smylie,15,London Y
1:07.43 Allison Montgomery,15,Etobicoke
1:07.61 Sharon Donnelly,15,North York
1:07.62 Chooi Lee,16,Cdn.Dolph
1:07.80 Julie Daigneault,17,Pt-Claire
1:07.88 Jennifer Chalmers,16,London Y
1:07.88 Gabe Sponheimer,17,Edm Keyan
1:08.00 Fiona Waddell,15,Cdn.Dolph
1:08.05 Marnie Irwin,17,Univ.Calg
1:08.10 Paula Kelly,17,Newf.Aquar
1:08.19 Cathy Skipper,16,Brantford
1:08.28 Sandra Honour,16,Regina
1:08.33 Nancy Page ,16,Mississaug
1:08.35 Dawn Gilhooly,17,Winn Manta
1:08.39 Cheryl Langevin,16,Winn SJS
1:08.39 Lisa Hoganson,16,Dartmouth
1:08.44 Beth May,17,Calg Casc
1:08.56 Karen Toews,15,Pickering
1:08.58 Stephani Saunders,17,Kingston
1:08.80 Liz Taus,17,Sudb LUSC
1:08.86 Dawn Hardybella,15,Edm Olym
1:09.24 Lisa VanderElst,16,Calg Casc
1:09.47 Denise Gereghty,15,Sudb LUSC
1:09.59 Wendy Webber,17,Mississaug
1:09.64 Jean Janzen,16,London Y

200 METRES I.M./QUATRE NAGES

Rec: 2:19.14 N.Garapick, HTAC,79

2:20.76 Jennifer Campbell,16,Sudb LUSC
2:21.82 Mich MacPherson,16,North York
2:23.45 Kim Vendette,16,Sudb LUSC
2:23.88 Natalie Deschamps,17,Select
2:24.04 Kevyn Stafford,17,Cdn.Dolph
2:25.38 Kim Smylie,15,London Y
2:26.16 Tammy Balkwill,16,Brock
2:26.32 Debbie Masuch,17,Edm Keyano
2:26.70 Cheryl McArton,16,North York
2:27.18 Elaine LeBuke,16,Edm Keyano
2:27.30 Kim Vedette,16,Sudb LUSC
2:27.47 Chantal Martineau,17,Beaconf'ld
2:27.62 Helen Chow,17,Vic Olym
2:27.70 Anne Ottenbrite,15,Ajax
2:27.79 Nancy Page,16,Mississaug
2:28.36 Denise Gereghty,15,Sudb LUSC
2:29.13 Chantal Venne,17,Pt-Claire
2:29.30 Lois Brafield,16,Sudb LUSC
2:29.51 Pam Rai,16,Hyack
2:29.66 Choi Lee,16,Cdn.Dolph
2:29.69 Cathy MacLean,16,Beaconf'ld
2:29.80 Paula Kelly,17,Newf.Aquar
2:30.06 Gina Rifa,17,Scarboro
2:30.48 Helene Boudreault,16,Oakville
2:30.68 Bronwyn Beatty,16,Regina
2:30.74 Jerri-L. Schmidt,16,Univ.Calg
2:30.75 Allison Soroka,17,Cdn.Dolph
2:31.10 Linda Rodie,17,Pt-Claire
2:31.24 Theresa Black,17,Hamilton
2:31.35 Dawn Gilhooly,17,Winn Manta
2:31.40 Sophie Lake,16,Univ.Calg
2:31.75 Kathy Kropf,17,Regina
2:31.90 Fiona Waddell,15,Cdn.Dolph
2:31.94 Jill Horstead,15,Etobicoke
2:32.09 Jane Black,17,Hyack
2:32.10 Liz Taus,17,Sudb LUSC
2:32.30 Manon Venne,16,Pt-Claire
2:32.31 Barb McBain,15,Cdn.Dolph
2:32.40 Karen Ward,16,Beaconf'ld
2:32.55 Simone Schulz,15,Cdn.Dolph
2:32.63 Kathy Black,15,Hamilton
2:32.70 Megan Watson,17,Edm Keyano
2:32.70 Brenda Cavers,15,London Y
2:32.75 Marie Moore,15,Dartmouth
2:33.13 Karin Helmstaedt,15,Kingston Y
2:33.14 Megan Lougheed,17,Hyack
2:33.38 Marnie Irwin,16,Univ.Calg
2:33.40 Josee Labrie,15,Mtl-POM
2:33.42 Julie Lavender,15,Cdn.Dolph
2:33.43 Kim Wormworth,15,Cdn.Dolph

200 METRES BACK/DOS

Rec: 2:16.81 J.Boulianne, PCSC,80

2:20.60 Jennifer Campbell,16,Sudb LUSC
2:23.65 Barb McBain,15,Cdn.Dolph
2:23.94 Lisa Cunningham,16,Ajax
2:24.06 Aline Larouche,17,Beaconf'ld
2:24.17 Kim Bey,15,Hyack
2:24.25 Kevyn Stafford,17,Cdn.Dolph
2:24.68 Mich MacPherson,16,North York
2:24.71 Jerri-L. Schmidt,17,Univ.Calg
2:24.78 Cynthia Zutter,17,Edm Keyano
2:25.63 Manon Venne,16,Pt-Claire
2:26.06 Suzie Szmolyan,16,Univ.Calg
2:26.51 Nancy Page,16,Mississaug
2:27.57 Cheryl McArton,16,North York
2:27.75 Kathy Kropf,17,Regina
2:27.89 Beth May,17,Calg Casc
2:28.28 Chris Quosdorf,15,Beaconf'ld
2:29.16 Lois Brafield,16,Sudb LUSC
2:29.19 Maxine Charles,17,Univ.Calg
2:29.25 Marie-F. Landry,17,Laval
2:29.64 Marie-J. Lanthier,15,Laval
2:29.74 Sandy Melody,17,West Van
2:30.21 Cheryl Langevin,16,Winn SJS
2:30.42 Theresa Black,16,Hamilton
2:30.57 Tricia Cameron,16,Halifax
2:30.89 Anita VanDyke,16,Cdn.Dolph
2:30.94 Kim Wormworth,15,Cdn.Dolph
2:31.36 Dawn Gilhooly,17,Winn Manta
2:32.08 Simone Schultz,15,Cdn.Dolph
2:32.19 Jill Horstead,15,Etobicoke
2:32.22 Nahalie St.Onge,16,Laval
2:32.37 Robin Ruggiero,16,Mtl-Champs
2:32.58 Karin Helmstaedt,15,Kingston
2:32.96 Liz Taus,17,Sudb LUSC
2:33.09 Anne Posno,16,London Y
2:33.11 Debbie Masuch,17,Edm Keyano
2:33.60 Carole Grenier,15,Tracy
2:33.91 Julie Lavender,15,Cdn.Dolph
2:33.92 Jennifer Wiggins,15,Edm Keyano
2:33.96 Vicky Skipper,15,Brantford
2:33.97 Terri Rothenberg,15,Reg Waterl
2:34.02 Chantal Martineau,17,Beaconf'ld
2:34.18 Kathy Black,15,Hamilton
2:34.30 Colleen Delany,15,North York
2:34.43 Tammy Balkwill,16,Brock
2:34.46 Nathalie Leduc,15,Beaconf'ld
2:34.51 Sara Dennis,16,Mtl-Aquat
2:34.52 Sophie Lake,17,Univ.Calg
2:34.96 Pascale Turbide,15,Sept-Iles
2:35.04 Natalie Henderson,15,Oakville
2:35.30 Cheryl Osachoff,17,Hyack

200 METRES BREAST/BRASSE

Rec: 2:33.05 A.Ottenbrite, Ajax,82

2:33.05 Anne Ottenbrite,15,Ajax
2:39.29 Dominiqu Roussy,16,Select
2:39.35 Megan Watson,17,Edm Keyano
2:41.94 Tammy Balkwill,16,Brock
2:42.22 Kim Vendette,16,Sudb LUSC
2:43.02 Linda Rodie,17,Pt-Claire
2:44.25 Louise Dufour,15,Mtl-POM
2:44.84 Cindy Ounpuu,15,Etobicoke
2:47.01 Mich MacPherson,15,North York
2:47.31 Susie Garay,17,unatt
2:47.39 Mary Lubawski,17,Etobicoke
2:47.71 Josee Labrie,15,Mtl-POM
2:48.16 Jan Meunier,17,Edm Olym
2:48.19 Megan Lougheed,17,Hyack
2:48.43 Natalie Deschamps,17,Select
2:48.92 Martina Glos,15,Glouc-Ott
2:48.94 Fiona Waddell,15,Cdn.Dolph
2:49.50 Elaine LeBuke,16,Edm Keyano
2:49.91 Gina Rifa,17,Scarboro
2:50.05 Dina Demarchi,15,Hyack
2:50.17 Vicky Phillips,15,Hyack
2:50.22 Lucie Jolicoeur,17,Bouchervil
2:50.42 Debbie Masuch,17,Edm Keyano
2:51.55 Janet Pincott,15,Cowansvill
2:51.84 Brenda Cavers,15,London Y
2:51.89 Lisa Hiruki,17,Edm Keyano
2:51.95 Allison Soroka,17,Cdn.Dolph
2:52.00 Kelly Rogers,16,Glouc-Ott
2:52.10 Theresa Black,16,Hamilton
2:52.70 Jennifer Campbell,16,Sudb LUSC
2:52.89 Kristi Blondal,15,Cdn.Dolph
2:53.15 Andrea Noonan,15,Scarboro
2:53.16 Liza Bustin,17,Edm Keyano
2:53.42 Janet Bald,16,Nepean
2:53.67 Connie Schultze,16,Vic Olym
2:53.95 Nathalie Recoskie,16,Beaconf'ld
2:54.60 Kim Smylie,15,London Y
2:54.73 Helene Boudreault,16,Oakville
2:54.77 Geneviev Roy,16,Ste-Foy
2:54.85 Sherri Fraser,16,Truro
2:54.88 Lynda Kimmons,16,Vic Olym
2:55.46 Kathy Joyce,16,Vic Olym
2:55.50 Rita Liebrucks,16,Newmarket
2:56.39 Suzie Szmolyan,16,Univ.Calg
2:57.04 Diane Maruk,17,Sask Goldf
2:57.05 Christin Daprat,16,Cornwall
2:57.20 Geneviev Picard,15,Riv.d.Loup
2:57.20 Michelle Gereghty,16,No.Ont AC
2:57.29 Deanne Weber,17,North York
2:57.36 Chris O'Conner,16,Hyack

200 METRES FLY/PAPILLON

Rec: 2:13.68 W.Quirk, PCSC,76

2:16.08 Chantal Venne,17,Pt-Claire
2:17.93 Anita VanDyke,16,Cdn.Dolph
2:17.98 Mich MacPherson,16,North York
2:18.98 Kevyn Stafford,17,Cdn.Dolph
2:19.00 Cheryl McArton,16,North York
2:20.42 Natalie Deschamps,17,Select
2:20.70 Marie Moore,15,Dartmouth
2:20.77 Jennifer Campbell,16,Sudb LUSC
2:21.20 Lois Brafield,16,Sudb LUSC
2:21.87 Fiona Waddell,15,Cdn.Dolph
2:22.51 Jill Horstead,15,Etobicoke
2:23.38 Karen Ward,16,Beaconf'ld
2:24.05 Helene Boudreault,16,Oakville
2:24.27 Chantal Martineau,17,Beaconf'ld
2:24.29 Kim Wormworth,15,Cdn.Dolph
2:24.45 Fiona Woods,17,Sask Laser
2:24.84 Liz Taus,17,Sudb LUSC
2:24.93 Stefanie Rochford,16,D.d.Ormeau
2:25.33 Anne Posno,16,London Y
2:25.69 Lisa Hoganson,16,Dartmouth
2:25.80 Julie Lavender,15,Cdn.Dolph
2:25.84 Bronwyn Beatty,16,Regina
2:25.92 Josee Pilon,15,Glouc-Ott
2:26.42 Kim Smylie,15,London Y
2:26.52 Leslie Carter,15,Oakville
2:26.58 Sandra Honour,17,Regina
2:27.35 Kim Couttie,15,Univ.Calg
2:27.46 Dawn Hardybella,15,Edm Olym
2:28.37 Debbie Masuch,17,Edm Keyano
2:28.48 Sheila MacLean,16,Glouc-Ott
2:28.84 Beth May,17,Calg Casc
2:28.94 Gina Rifa,17,Scarboro
2:29.02 Deanne Weber,17,North York
2:29.06 Sophie Lake,17,Univ.Calg
2:29.12 Sharon Donnelly,15,North York
2:29.14 Louise Dufour,15,Mtl-POM
2:29.14 Cathy MacLean,16,Beaconf'ld
2:29.14 Caroline Pitre,15,Mtl-Nord
2:29.56 Jennifer Chalmers,16,London Y
2:29.60 Josee Daub,16,Pt-Claire
2:29.63 Nancy Page,16,Mississaug
2:29.79 Julie Daigneault,16,Pt-Claire
2:30.04 Megan Lougheed,17,Hyack
2:30.04 Janet Evans,16,Edm Keyano
2:30.13 Dawn Gilhooly,17,Winn Manta
2:30.29 Rita Vis,16,Man Marlin
2:30.47 Stephani Saunders,17,Kingston
2:30.50 Sandra Hounour,16,Regina
2:31.00 Joanne Poulin,16,Mtl-POM
2:31.33 Wendy Webber,17,Mississaug

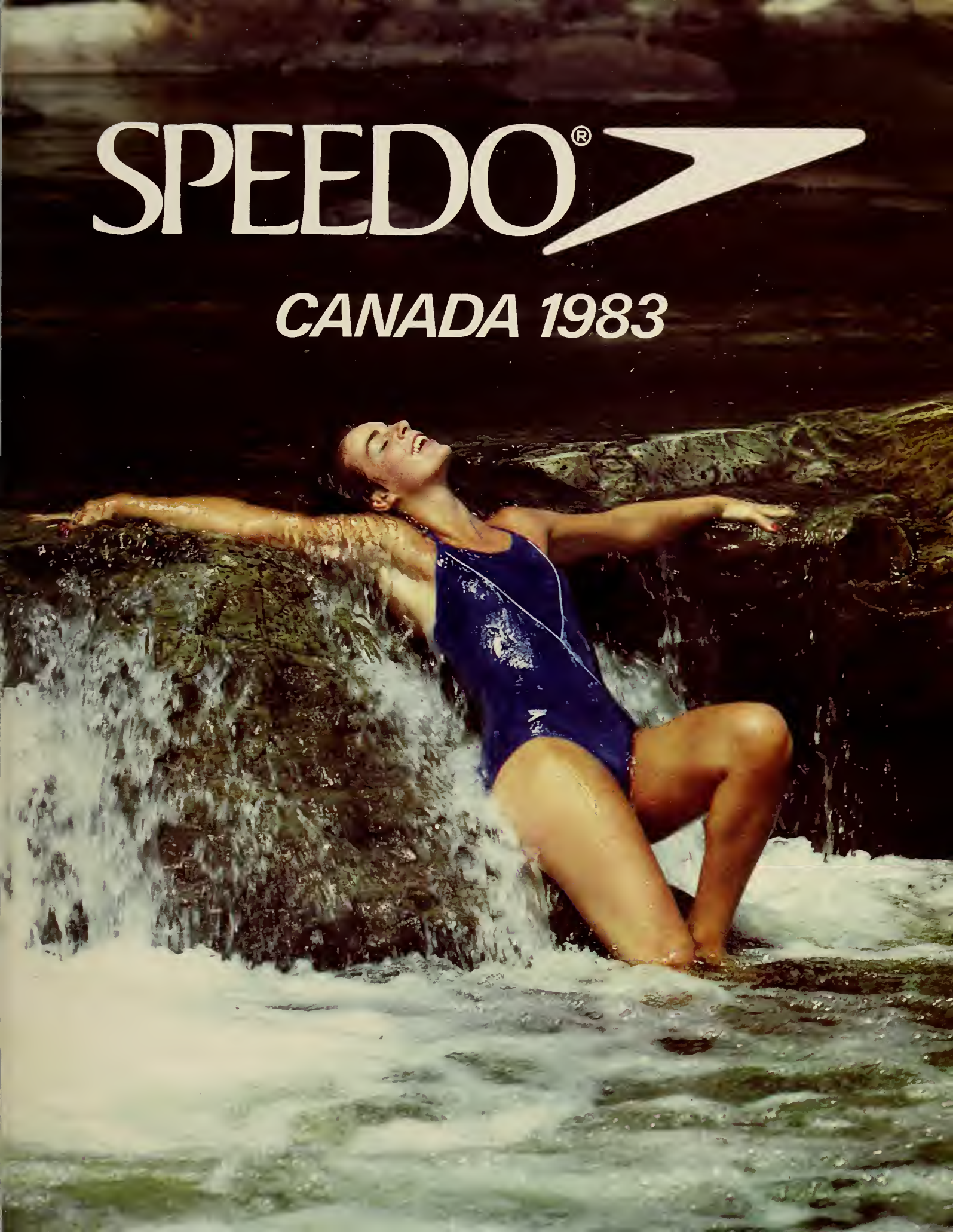
400 METRES I.M./QUATRE NAGES

Rec: 4:48.10 C.Gibson, CDSC,76

4:53.32 Mich MacPherson,16,North York
5:01.00 Kevyn Stafford,17,Cdn.Dolph
5:01.33 Debbie Masuch,17,Edm Keyano
5:01.44 Jennifer Campbell,16,Sudb LUSC
5:04.21 Cheryl McArton,16,North York
5:04.93 Kim Smylie,15,London Y
5:04.97 Chantal Venne,17,Pt-Claire
5:05.28 Natalie Deschamps,17,Select
5:06.99 Fiona Waddell,15,Cdn.Dolph
5:08.39 Kim Vendette,16,Sudb LUSC
5:08.41 Tammy Balkwill,16,Brock
5:10.05 Anne Posno,15,London Y
5:10.27 Dawn Gilhooly,17,Winn Manta
5:10.63 Browyn Beatty,16,Regina
5:10.75 Jerri-L. Schmidt,16,Univ.Calg
5:11.28 Sophie Lake,17,Calg Casc
5:11.83 Julie Lavender,15,Cdn.Dolph
5:13.91 Kim Wormworth,15,Cdn.Dolph
5:14.27 Liz Taus,17,Sudb LUSC
5:14.93 Louise Dufour,15,Mtl-POM
5:14.94 Maxine Charles,17,Univ.Calg
5:15.67 Jill Horstead,15,Etobicoke
5:15.86 Colleen Delany,15,North York
5:15.87 Josee Pilon,16,Glouc-Ott
5:16.47 MaryJo Clark,17,Edm Keyano
5:16.76 Cathy MacLean,16,Beaconf'ld
5:17.21 Helen Chow,17,Vic Olym
5:17.30 Theresa Black,17,Hamilton
5:17.35 Manon Venne,16,Pt-Claire
5:17.70 Anne Ottenbrite,15,Ajax
5:17.95 Linda Rodie,17,Pt-Claire
5:18.10 Catrina Vanderley,16,Hyack
5:18.19 Kathy Kropf,17,Regina
5:19.23 Helene Boudreault,16,Oakville
5:19.74 Deanne Weber,17,North York
5:19.85 Joanne Poulin,16,Mtl-POM
5:19.92 Sandra Honour,16,Regina
5:20.60 Lois Brafield,16,Sudb LUSC
5:20.90 Sarah Manning,16,Edm Keyano
5:20.92 Megan Lougheed,17,Hyack
5:21.12 Brenda Cavers,15,London Y
5:21.15 Kathy Black,15,Hamilton
5:21.53 Simone Schultz,15,Cdn.Dolph
5:22.02 Lisa Hiruki,17,Edm Keyano
5:22.88 Megan Watson,17,Edm Keyano
5:23.85 Suzie Szmolyan,16,Univ.Calg
5:23.91 Cathy Skipper,16,Brantford
5:24.08 Josee Chapdelaine,15,Mtl-POM
5:24.30 Josee Labrie,16,Mtl-POM
5:25.16 Vicki Byman,17,Cdn.Dolph

SPEEDO®

CANADA 1983



Lycra®

Aqua Stripe Panel/Bande Neptune
Ladies/Femmes 211 Mens/Hommes 811 Col./Coul. (380, 410, 481, 501)

LYCRA® FREEDOM IN MOTION

Du Pont Registered T.M.

LYCRA®

Marque Déposée Du Pont

Aqua Stripe V-Neck
Neptune, encolure en V
Ladies/Femmes 774
Mens/Hommes 874
Col./Coul. (380, 410, 439, 481)

Satin Stripe V-Neck
Reflets satinés, encolure en V
Ladies/Femmes 773
Mens/Hommes 873
Col./Coul. (007, 030, 038, 039, 042, 401)

Satin Stripe Piped X-Back-II
Reflets satinés à liséré X-B-II
Ladies/Femmes 217
Mens/Hommes 817
Col./Coul. (007, 038, 042, 401)

Iridescent Double Sash Piped
Illusion bandouillière
Ladies/Femmes 297
Mens/Hommes 897
Col./Coul. (003, 041, 042, 043)

Iridescent V-Neck
Illusion, encolure en V
Ladies/Femmes 777
Mens/Hommes 877
Col./Coul. (003, 041, 042, 043)

Iridescent Piped X-Back-II
Illusion à liséré X-B-II
Ladies/Femmes 212
Mens/Hommes 812
Col./Coul. (003, 042, 417, 475)

Asymetrical Border/Frontière
Ladies/Femmes 215
Col./Coul. (001, 041, 044)

Colour Blocks/Courant
Ladies/Femmes 216
Mens/Hommes 816
Col./Coul. (042, 045)

Solid Piped X-Back-II/
Tons unis à liséré X-B-II
Ladies/Femmes 293
Mens/Hommes 893
Col./Coul. (030, 042, 104, 401, 439, 481)

Tuxedo Panel/Tuxedo
Ladies/Femmes 213
Col./Coul. (030, 105, 407, 439)

Double Sash Piped
Bandouillière à liséré
Ladies/Femmes 794
Mens/Hommes 894
Col./Coul. (104, 030, 401, 439, 481)

Sprint Panel X-Back-II/Sprint X-B-II
Ladies/Femmes 210
Mens/Hommes 810
Col./Coul. (105, 330, 407)

Solids/Tons unis
Ladies/Femmes 280 Mens/Hommes 880
Col./Coul. (001, 003, 041, 043, 046, 048)

Team Panel X-Back/Bandes verticales XB
Ladies/Femmes 782 Mens/Hommes 882 Col./Coul. (030, 104, 401, 439)

Nylon

Aqua Stripe Tuxedo Panel/Tuxedo Neptune
Ladies/Femmes 938 Col./Coul. (030, 405, 439)

Aqua Stripe/Neptune
Ladies/Femmes 937 Mens/Hommes 137
Col./Coul. (030, 405, 439)

Satin Stripe V-Neck
Reflets satinés, encolure en V
Ladies/Femmes 934
Mens/Hommes 134
Col./Coul. (030, 042, 401, 439, 481)

Satin Stripe Panel
Bandes à reflets satinés
Ladies/Femmes 935
Mens/Hommes 135
Col./Coul. (340, 402, 439)

Positive/Negative Piped
Positif/Négatif à liséré
Ladies/Femmes 931
Mens/Hommes 131
Col./Coul. (105, 340, 407)

Braided Taped Panel
Galon en diagonale
Ladies/Femmes 932
Mens/Hommes 132
Col./Coul. (105, 407, 417)

Braided V-Neck/Galon, encolure en V
Ladies/Femmes 939
Mens/Hommes 139
Col./Coul. (008, 340, 402, 439)

Medley Panel/Corridor
Ladies/Femmes 933
Mens/Hommes 133
Col./Coul. (030, 401, 439)

Tonal Pinstripe/Ondes
Ladies/Femmes 936
Mens/Hommes 136
Col./Coul. (042, 045)

Team Panel T-Back/Bandes verticales bretelles en T
Ladies/Femmes 856 Mens/Hommes 005
Col./Coul. (017, 069, 401, 439)

Maple Leaf/Feuille d'érable
Ladies/Femmes 926 Mens/Hommes 126
Col./Coul. (405)

Solids/Tons unis
Ladies/Femmes 930 Mens/Hommes 001
Col./Coul. (001, 003, 008, 041, 043)

Fashion Swimwear / Maillots mode

Solid Bottom/Licou rayé à ceinturon
14101 Col./Coul. (104, 403)
Coul. (380, 410, 439, 481)

ceinturon
Stripe/Fa
ul. (104, 403)
Satin Strip
Coul. (003,

Strapless Bandeau/Bandeau
Bold Stripe/Ruban 17103 Col./Coul. (406, 439)
Aqua Stripe/Neptune 17174/Col./Coul. (380, 410, 439, 481)
Colour Blocks/Courant 17116 Col./Coul. (042, 045)

V-Neck/Encolure en V
Iridescent/Illusion 15177
Col./Coul. (003, 041, 042, 043)
Bold Stripe/Ruban 15103
Col./Coul. (406, 439)
Pin Stripe/Rétro 15104
Col./Coul. (405, 439)

Body Suit/Collant
Candy Stripe/Fantaisie 18101 Col./Coul. (104, 403)
Aqua Stripe/Neptune 18174
Col./Coul. (380, 410, 439, 481)

Synchronized suit/Maillots de synchronisée
Pin Stripe/Rétro 16104 Col./Coul. (405, 439)
Aqua Stripe/Neptune 16174
Col./Coul. (380, 401, 439, 481)

Sweetheart/Papillon
Solids/Tons unis 19180
Col./Coul. (001, 003, 041, 042, 043, 048)
Candy Stripe/Fantaisie 19101
Col./Coul. (104, 403)

Sliding Bra Bikini/Bikini ajustable
Satin Stripe/Reflets satinés 28173
Col./Coul. (003, 004, 006, 007, 041, 042)
Candy Stripe/Fantaisie 28101
Col./Coul. (104, 403)

Beachwear/Vêtements de plage

Water Shorts/Shorts de Plage

Santa Monica/Mens/Hommes 39411/Col./Coul. (113, 114, 416)
Miami/Mens/Hommes 39418/Col./Coul. (113, 114, 416)
Key Largo/Mens/Hommes 39415/Col./Coul. (416, 478)

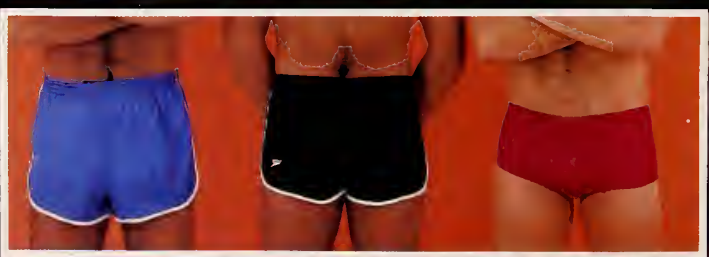
Waikiki/Mens/Hommes 39416/Col./Coul. (113, 416, 478)
Maui/Mens/Hommes 39417/Col./Coul. (010, 041, 043, 075)

Lycra Square Legs/Maillots culotte Lycra

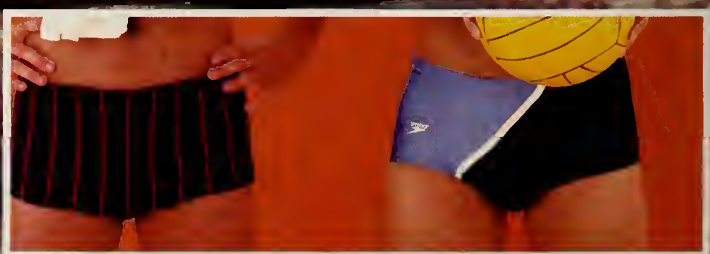
Solid/Tons unis/ Mens/Hommes 43180/Col./Coul. (001, 003, 041, 043, 046)
Satin Stripe/Reflets satinés/Mens/Hommes 43174
Col./Coul. (003, 004, 006, 041)
Double Sash Piped/Bandoulière/Mens/Hommes 43194
Col./Coul. (001, 003, 041, 043, 046)
Candy Stripe P.C.L./Fantaisie/Mens/Hommes 43101/Col./Coul. (104, 403)

Aqua Stripe/Neptune/Mens/Hommes 43173
Col./Coul. (380, 410, 439, 481, 501)
Iridescent/Illusion/Mens/Hommes 43177/Col./Coul. (003, 041, 042, 043)
Pin Stripe P.C.L./Rétro/Mens/Hommes 43104/Col./Coul. (405, 439)
Taped Panel/Bande diagonale/Mens/Hommes 43105
Col./Coul. (105, 340, 407)

Nylon Square Legs & Swim Trunks/Maillots Action Nylon



Satin Stripe Trunk/Reflets satinés/Mens/Hommes 83134
Col./Coul. (003, 041, 042, 043, 048)
Solid Trunk/Tons unis/Mens/Hommes 83130
Col./Coul. (001, 003, 008, 041, 043)
Solid Square Leg/Tons unis/Mens/Hommes 73130
Col./Coul. (001, 003, 008, 041, 043)



Aqua Stripe Square Leg/Neptune/Mens/Hommes 73137
Col./Coul. (030, 405, 439)
Braided Panel Square Leg/Galon en diagonale/Mens/Hommes 73132
Col./Coul. (105, 407, 417)

Deck Boy/Mens
Adults/Adultes 31026 Youths/Adolescents 31026
Col./Coul. (116, 410, 841)

Ship Ahoy/Ohé
Ladies/Femmes 32528
Col./Coul. (444, 484, 486)

Ensign/Fanion
Ladies/Femmes 32527/Mens/Hommes 32027 Youth's/Adolescents 31027
Col./Coul. (406, 440, 610)

Skipper/Commandant
Ladies/Femmes 32525/Mens/Hommes 32025/
Youths/Adolescents 31025
Col./Coul. (080, 081, 401, 610, 612)
Skipper Tank/Commandant-Débardeur
Mens/Hommes 32029/Youth's/Adolescents 31029
Col./Coul. (080, 401, 402, 869)

Speedo/Ladies/Femmes 32500/Mens/Hommes 32000
Youths/Adolescents 31000 Col./Coul. (008, 010, 041, 050, 073)
Tank/Débardeur/Ladies/Femmes 32520/Mens/Hommes 32020
Youths/Adolescents 31010 Col./Coul. (008, 010, 041, 050, 075)
Vee/Ladies/Femmes 32590/Mens/Hommes 32090/Youths/Adolescents 31090
Col./Coul. (112, 401, 490, 870)
Crew/Équipage/Adults/Adultes 32095/Youths/Adolescents 31095
Col./Coul. (118, 492, 845)
Touchdown/Touché/Adults/Adultes 32040/Youths/Adolescents 31040
Col./Coul. (112, 114, 119)

Colour Co-ordinated Activewear

Vêtements sports et loisirs aux couleurs coordonnées

Styles available throughout catalogue

Styles disponibles aux pages 17 à 21

Jackets/Vestes

Nylon/Nylon

Delta/Delta/Ladies/Femmes 38757/Mens/Hommes 39757/Youths/Adolescents 37757
Col./Coul. (010, 012, 032, 041, 043, 075)
Beach Bum/Vacancier/Ladies/Femmes 38756/Mens/Hommes 39756/Col./Coul. (010, 012, 032, 041, 043, 075)
Seafarer/Marin/Ladies/Femmes 38758/Mens/Hommes 39758/Youths/Adolescents 37758
Col./Coul. (406, 440, 610)

Cotton Jackets/Veste de coton

Beach Comber/Balayeur de grèves
Ladies/Femmes 38750/Mens/Hommes 39750
Col./Coul. (113, 115, 120)

Reefer/Quartier-maître
Ladies/Femmes 38753/Mens/Hommes 39753
Col./Coul. (114, 122, 512)

Spinner/Fileur
Ladies/Femmes 38751/Mens/Hommes 39751
Col./Coul. (115, 120, 408)

Wind Jammer/Anorak
Ladies/Femmes 38752/Mens/Hommes 39752
Col./Coul. (120, 446, 510)

New Orleans/Ladies/Femmes 38060/Mens/Hommes 39060
Col./Coul. (852, 854)
Rhode Island/Ladies/Femmes 38061/Mens/Hommes 39061
Col./Coul. (852, 854)

Georgia/Ladies/Femmes 38054/Mens/Hommes 39054
Col./Coul. (855, 857, 863)
Connecticut/Ladies/Femmes 38053/Mens/Hommes 39053
Col./Coul. (855, 857, 863)

Florida/Ladies/Femmes 38062/Mens/Hommes 39062/Col./Coul. (480, 514, 612, 853)
Los Angeles/Ladies/Femmes 38065/Mens/Hommes 39065/Col./Coul. (480, 514, 612, 853)
Nevada/Ladies/Femmes 38064/Mens/Hommes 39064
Col./Coul. (480, 514, 612, 853)
Hawaii/Ladies/Femmes 38063/Mens/Hommes 39063
Col./Coul. (480, 514, 612, 853)

Catalina
Ladies/Femmes 38057/Mens/Hommes 39057
Col./Coul. (846, 859, 861)
Sweat Pant/Pantalons
Ladies/Femmes 38599/Mens/Hommes 39599
Col./Coul. (009, 012, 018, 041, 043, 048, 075)
Vegas
Ladies/Femmes 38058/Mens/Hommes 39058
Col./Coul. (846, 859, 861)
Louisiana
Ladies/Femmes 38059/Mens/Hommes 39059
Col./Coul. (846, 859, 861)

Saratoga
Ladies/Femmes 38055/Mens/Hommes 39055
Col./Coul. (846, 859, 861)
Vermont
Ladies/Femmes 38056/Mens/Hommes 39056
Col./Coul. (846, 859, 861)

New Yorker/Ladies/Femmes 38052/Mens/Hommes 39052
Col./Coul. (122, 123, 124, 853, 858, 870)
Maine/Ladies/Femmes 38051/Mens/Hommes 39051
Youths/Adolescents 37051 Col./Coul. (122, 123, 124, 853, 858, 870)
California/Ladies/Femmes 38050/Mens/Hommes 39050
Youths/Adolescents 37050 Col./Coul. (122, 123, 124, 853, 858, 870)

Vanier/Ladies/Femmes 38036/Mens/Hommes 39036/Col./Coul. (845, 858, 870)
Surf Short/Ladies/Femmes 38414/Mens/Hommes 39414/Col./Coul. (009, 010, 012, 018, 041, 043, 048, 075)
Loyola/Ladies/Femmes 38069/Mens/Hommes 39069/Youth's/Adolescents 37069/Col./Coul. (009, 010, 012, 018, 041, 043, 048, 075)
Short/Ladies/Femmes 38413/Mens/Hommes 39413/Youth's/Adolescents 37413/Col./Coul. (845)
McGill/Ladies/Femmes 38030/Mens/Hommes 39030/Youth's/Adolescents 37030/Col./Coul. (009, 010, 012, 018, 041, 043, 048, 075)
Pant/Pantalon/Ladies/Femmes 38513/Mens/Hommes 39513/Youth's/Adolescents 37513/Col./Coul. (009, 010, 012, 018, 041, 043, 048, 075)

Laval/Ladies/Femmes 38034/Mens/Hommes 39034
Col./Coul. (845, 858, 870)
Champlain/Ladies/Femmes 38033/Mens/Hommes 39033
Youths/Adolescents 37033/Col./Coul. (012, 018, 041, 043)
Lasalle/Ladies/Femmes 38035/Mens/Hommes 39035
Col./Coul. (846, 859, 870)

Viger/Ladies/Femmes 38032/Mens/Hommes 39032/Col./Coul. (845)
Stanstead/Ladies/Femmes 38031/Mens/Hommes 39031/Col./Coul. (845)
Bishops/Ladies/Femmes 38037/Mens/Hommes 39037
Col./Coul. (846, 859, 870)

Polyester/Cotton Activewear

Vêtements Sports Polyester/Coton

Sunset/Coucher de soleil
Ladies/Femmes 38001/Mens/Hommes 39001
Youth's/Adolescents 37001
Col./Coul. (009, 012, 032, 041, 043, 075)

Sunrise/Lever de soleil
Ladies/Femmes 38000/Mens/Hommes 39000
Youth's Adolescents 37000
Col./Coul. (009, 012, 032, 041, 043, 075)

Lightening/Éclair
Ladies/Femmes 38002/Mens/Hommes 39002
Youth's/Adolescents 37002
Col./Coul. (009, 012, 032, 041, 043, 075)

Sunset/Coucher de soleil Ladies/Femmes 38001/Mens/Hommes 39001
Youth's/Adolescents 37001 Col./Coul. (009, 012, 032, 041, 043, 075)
Sunrise/Lever de soleil Ladies/Femmes 38000/Mens/Hommes 39000
Youth's/Adolescents 37000 Col./Coul. (009, 012, 032, 041, 043, 075)
Lightening/Éclair Ladies/Femmes 38002/Mens/Hommes 39002
Youth's/Adolescents 37002 Col./Coul. (009, 012, 032, 041, 043, 075)

Clipper/Matelot
Ladies/Femmes 32534/Mens/Hommes 32034
Col./Coul. (040, 404)
Castaway/Naufragé
Ladies/Femmes 32533/Mens/Hommes 32033
Col./Coul. (040, 404)

Cruiser/Croiseur
Ladies/Femmes 38003/Mens/Hommes 39003
Col./Coul. (406, 440, 614)
Marina/Marina
Ladies/Femmes 38004/Mens/Hommes 39004
Col./Coul. (406, 440, 614)

Polyester/Cotton Activewear Vêtements Sports Polyester/Coton

Kitimat/Ladies/Femmes 38011/Mens/Hommes 39011/Col./Coul. (009, 012, 032, 041, 043, 075)
Kelowna/Ladies/Femmes 38012/Mens/Hommes 39012/Col./Coul. (009, 012, 032, 041, 043, 075)
Tofino/Ladies/Femmes 38010/Mens/Hommes 39010/Col./Coul. (406, 440, 512, 613, 614)

Nelson/Ladies/Femmes 32532/Mens/Hommes 32032/Col./Coul. (408, 446, 614)
Mainsail/Grand-Voile/Ladies/Femmes 38551/Mens/Hommes 39551
Col./Coul. (408, 446, 610)
Banff/Ladies/Femmes 32530/Mens/Hommes 32030/Col./Coul. (113, 115, 120)
Zip Front Surf Pant/Aquaplaniste avec fermeture éclair
Ladies/Femmes 38555/Mens/Hommes 39555/Col./Coul. (009, 010, 012, 041, 043, 075)
Docker/Ladies/Femmes 38410/Mens/Hommes 39410/ Col./Coul. (408, 446, 614)
Jasper/Ladies/Femmes 32531/Mens/Hommes 32031/Col./Coul. (115, 120, 408)
Jib/Foc/Ladies/Femmes 38412/Mens/Hommes 39412/Col./Coul. (113, 115, 610)

Capilano/Ladies/Femmes 38013/Mens/Hommes 39013
Col./Coul. (408, 446, 614)
Walking Short/Short Trotteur/Ladies/Femmes 38420
Col./Coul. (009, 010, 012, 041, 075)
Ganges/Ladies/Femmes 38014/Mens/Hommes 39014
Col./Coul. (408, 446, 614)
Surfer Pant/Pantalon Surfer
Ladies/Femmes 38550/Mens/Hommes 39550
Col./Coul. (009, 010, 012, 041, 072, 075)
Surfer Short/Short Aquaplaniste
Ladies/Femmes 38450/Mens/Hommes 39450
Col./Coul. (009, 010, 012, 041, 072, 075)

Children (2-6x) and Dancer Program
Programme pour enfants (2-6x) et danse

One Piece Swimsuit/Maillot une pièce/Girls/Fillettes 68700 Col./Coul. (000)
Nylon Swimsuit/Maillot nylon/Boys/Garçons 68550 Col./Coul. (000)

Pinstripe Capped Sleeve Body Suit/Léotard à épaulettes
Ladies/Femmes 35123
Available in solid 30122/Disponible, tons unis 30122
Col./Coul. (401, 403, 439)
Solid Sleeveless Body Suit/Léotard maillot
Ladies/Femmes 32122 Available in pinstripe 36123/
Disponible en rétro 36123 Col./Coul. (009, 012, 041)
Solid Fleece Sweat Shirt/Chandail en molleton absorbant
Ladies/Femmes 38038/Col./Coul. (009, 012, 041, 043)
Solid Fleece Sweat Pant/Pantalon d'entraînement
Ladies/Femmes 38599/Available sweat short 38415
Col./Coul. (009, 012, 041, 043)

Stripe Crewneck/Chandail à encolure ras du cou molleton à rayures fines
Children's/Enfants 36032 Col./Coul. (000)
Stripe Short/Short molleton à rayure fine
Children's/Enfants 36432 Col./Coul. (000)
T-Shirt/T-Shirt
Children's/Enfants 33000 Col./Coul. (006, 010, 041, 049, 075)
Polyester Cotton Unlined Short/Short non doublés
Children's/Enfants 74055 Col./Coul. (010, 016, 041, 069)
Crewneck Popover/Chandail à encolure ras du cou
Children's/Enfants 36030 Col./Coul. (845)
Sweat Pant/Pantalon d'entraînement
Children's/Enfants 36513 Col./Coul. (845)

Accessories/Accessoires

1

2

3

4

1. **Deluxe Swim Caps/Casque de bain deluxe**/5075 Col./Coul. (010)
   Latex Printed Pool Caps/Casques latex imprimés
   5036 Col./Coul. (001 Speedo, 002 Canada, 003 Canada Flag, 069 Canadian Olympic, 005 Fleur de Lys)
   Lycra Pool Caps/Casques Lycra
   5037 Col./Coul. (001, 008, 010, 041, 043)
   Latex Solid Pool Caps/Casques latex, tons unis
   5035 Col./Coul. (010, 032, 041, 047, 008, 075, 076)
2. **Bags/Sacs**
   7070 Col./Coul. (080, 401, 475, 486)/7073 Col./Coul. (486)
   7074 Col./Coul. (041)/7078 Col./Coul. (401)/7128 Col./Coul. (041)
   7079 Col./Coul. (009, 012, 041, 043, 075)
3. **Coaches Cap/Casquettes d'entraîneur**/6010
   Sun Visor/Visière/6020
   Towel/Serviette/Large Towel/Grande Serviette/4000/4500
4. **Ultravision Goggles/Lunettes Ultravision**/9000
   Swimmer Gift Pack/Ensemble cadeau pour nageur/6999
   Metallic Goggles/Lunettes métalliques/5050 Col./Coul. (004)
   Deluxe Goggles/Lunettes deluxe/
   5000 Col./Coul. (011, 045, 049, 065, 075)
   Goggles Straps/Bandes élastiques pour lunettes/5020
   Ear Plugs Carded/Bouchons d'oreilles/5090
   Speedo Standard Goggles/Lunettes standard/
   5016 Col./Coul. (011, 045, 049, 065, 075)
   Nose Plugs Carded/Pince-nez/6000
5. **Sport Support/Sous-vêtement de sport**/71231 Col./Coul. (010, 041)

Swimwear colors/Code de couleur pour maillots de bain

(001) (003) (004) (006) (007) (008) (041) (042) (043) (046) (048)

000 Assorted/Variées
001 Black/Noir
003 Claret/Grenat
004 Teal/Bleu sarcelle
006 Lagoon/Lagune
007 Raspberry/Framboise
008 Gold/Or
017 Black/Gold — Noir/Or
030 Claret/White — Grenat/Blanc
038 Teal/White — Bleu sarcelle/Blanc
039 Lagoon/White — Lagune/Blanc
041 Navy/Marine
042 Violet Combo/Combinaison violet
042 Purple Tonal/Tons de pourpre
043 Royal/Royale
044 Cool Pastel Combo/Tons de pastel pâle
045 Blue Tonal/Tons de bleu
046 Cobalt/Bleu de cobalt
048 Aqua/Aqua
069 Scarlet/White — Écarlate/Blanc
075 Yellow/Jaune
104 Black/White — Noir/Blanc
105 Black/Grey Combo — Noir/Gris combinaison
113 White/Navy/Yellow — Blanc/Marine/Jaune
114 White/Green/Royal — Blanc/Vert/Bleu royale
120 White/Turquoise/Fuchsia — Blanc/Turquoise/Fuchsia
330 Claret/Cobalt — Grenat/Bleu cobalt
340 Claret/Navy— Grenat/Marine
380 Claret/Khaki — Grenat/Khaki
401 Navy/White — Marine/Blanc
402 Navy/Scarlet/White — Marine/Écarlate/Blanc
403 Turquoise/White — Turquoise/Blanc
405 Navy/Red — Marine/Écarlate
406 Fuchsia/White — Fuchsia/Blanc
407 Navy/Cobalt — Marine/Bleu de cobalt
410 Navy/Khaki — Marine/Khaki
416 Navy/White/Yellow — Marine/Blanc/Jaune
417 Navy/Gold — Marine/Or
439 Royal/White — Bleu royale/Blanc
475 Royal/Gold — Bleu royale/Or
478 Royal/Green/White — Bleu royale/Vert/Blanc
481 Aqua/White — Aqua/Blanc
501 Pewter/Red — Étain/Écarlate

Clothing Accessories Colours/Code de couleurs pour vêtements

008 Red — Rouge
009 Fuchsia — Fuchsia
010 White — Blanc
012 Turquoise — Turquoise
018 Grey — Gris
032 Green — Vert
040 Blue/Gold — Bleu/Or
041 Navy — Marine
043 Royal — Bleu royale
048 Powder — Bleu poudre
049 Heather — Bleu bruyère
050 Lt. Blue — Bleu acier
072 Tan
073 Ecru — Écru
075 Yellow — Jaune
076 Orange — Orange
080 Red/White — Rouge/Blanc
081 Red/Navy — Rouge/Marine
112 White/Navy — Blanc/Marine
113 White/Navy/Yellow — Blanc/Marine/Jaune
114 White/Royal — Blanc/Bleu royale
115 White/Royal/Green — Blanc/Bleu royale/Vert
116 White/Royal/Red/Navy — Blanc/Bleu royale/Rouge/Marine
118 White/Navy/Red — Blanc/Marine/Rouge
119 White/Red — Blanc/Rouge
120 White/Turquoise/Fuchsia —
122 White/Turquoise — Blanc/Turquoise
123 White/Yellow — Blanc/Jaune
124 White/Fuchsia — Blanc/Fuchsia
401 Navy/White — Marine/Blanc
402 Navy/Power — Marine/Bleu poudre
404 Navy/Gold — Marine/Or
406 Navy/Yellow — Marine/Jaune
408 Navy/White/Yellow — Marine/Blanc/Jaune
410 Navy/Yellow/Red/White — Marine/Jaune/Rouge/Blanc
439 Royal/White — Bleu royale/Blanc
440 Royal/Green — Bleu royale/Vert
442 Royal/Yellow/Green/White — Bleu royale/Jaune/Vert/Blanc
444 Royal/Yellow/White — Bleu royale/Jaune/Blanc
446 Royal/White/Green — Bleu royale/Blanc/Vert
480 Powder/White — Bleu poudre/Blanc
482 Powder/Blue — Bleu poudre/Bleu
484 Blue/Powder/Pink — Bleu/Bleu poudre/Rose
486 Blue/Fuchsia/Royal — Bleu/Fuchsia/Bleu royale
490 Heather Blue/Navy — Bleu bruyère/Marine
492 Lt. Blue/Navy/White — Bleu acier/Marine/Blanc
510 Yellow/White/Navy — Jaune/Blanc/Marine
512 Yellow/Navy — Jaune/Marine
514 Yellow/White — Jaune/Blanc
610 Turquoise/White — Turquoise/Blanc
612 Fuchsia/White — Fuchsia/Blanc
613 Fuchsia/Turquoise
614 Turquoise/Fuchsia — Turquoise/Fuchsia
845 Grey/Navy — Gris/Marine
846 Grey/Navy/White/Yellow — Gris/Marine/Blanc/Jaune
852 Grey/Powder/Ecru/Pink — Gris/Bleu poudre/Écru/Rose
853 Grey/White — Gris/Blanc
854 Grey/Red/Ecru/Navy — Gris/Rouge/Écru/Marine
855 Grey/White/Navy/Yellow — Gris/Blanc/Marine/Jaune
857 Grey/White/Royal/Green — Gris/Blanc/Bleu royale/Vert
858 Grey/Royal — Gris/Bleu royale
859 Grey/Royal/White/Green — Gris/Bleu royale/Blanc/Vert
861 Grey/Turquoise/Fuchsia/Purple Gris — Turquoise/Fuchsia/Pourpre
863 Grey/White/Fuchsia/Turquoise — Gris/Blanc/Fuchsia/Turquoise
869 Grey/Red — Gris/Rouge
870 Grey/Fuchsia — Gris/Fuchsia
872 Grey/Yellow — Gris/Jaune

The Speedo Advisory Staff (Canada)

Colwin, Cecil: 1973-1977 CASA Technical Director; Coach: '75 New Zealand Games

Gallagher, Harry: Calgary Cascades; Coach (Australia): '68, '60, '56 Olympics.

Gate, George: Pointe-Claire Swim Club, Montreal; Coach '81, '77 Maccabiah Games; '73 World Championships; '68 Olympics; '63 Pan American Games.

Hogg, John: University of Alberta, Edmonton Manager (Canada); 79 FISU Games; Coach (Canada) '76 Olympics; Coach (Scotland): '74, '70 Commonwealth Games.

Jacks, Ron: Hyack Swim Club, New Westminster; Coach: '79 Pan American Games; 197 Canadian Coach of the Year; '80 Olympics; '82 Commonwealth Games.

Johnson, Dave: Edmonton Keyano Swim Club; Coach: '79, '75 Pan American Games; '78, '82 World Championships; '82, '78 Commonwealth Games; '80, '76 Olympics.

Johnson, Tom: Canadian Dolphins Swim Club, Vancouver; Coach: '79, '75 Pan American Games; '82, '78 World Championships; '82, '78 Commonwealth Games; '80 Olympics.

Kemp, Nigel: Dalhousie University, Halifax Trojan Aquatic Club; Coach: '79 FISU Games '78, '75 World Championships; '80, '76 Olympics; 1975 Canadian Coach of the Year; 1974 Canadian Coach of the Year.

MacDonald, Byron; Coach: '81, '79 FISU Games; 1978 Canadian College Coach of the Year.

McKinnon, Ken: Pointe-Claire Swim Club, Montreal; Head Women Coach 1980 Youth Tour; Assistant Women Coach 1981 TRI Meet; '82 Commonwealth Games.

Packer, Don: Olympian Swim Club, Edmonton; Coach: '76 Olympics.

Plamondon, Jean: Quebec Area Diving Club; '79 Pan American Games; '80 Olympics.

Snelling, Deryk: University of Calgary; Coach: '80, '76, '72 Olympics; '74 Commonwealth Games; '73 World Championships; '71 Pan American Games.

Webb, Don: Pointe-Claire Diving Club, Montreal; Coach: '80, '76, '72, '68, '64 Olympics;'75 Pan American Games; '82, '78, '74, '70 Commonwealth Games; World Championships, '82, '78, '75, and '73.

Personnel conseil de Speedo Canada

Colwin, Cecil: Directeur technique de l'ACNA de '73 à '77; Entraîneur aux Jeux de Nouvelle-Zélande 1975.

Gallagher, Harry: Calgary Cascades; Entraîneur pour l'Australie aux JO de '68, '60, '56.

Gate, George: Pointe-Claire Swim Club, Montréal; Entraîneur aux Jeux Maccabiah de '81 et '77: Championnat du Monde '73; JO de '68; Jeux Pan-Américains de '63.

Hogg, John: University of Alberta, Edmonton; Gérant (Canada) Jeux FISU de '79; Entraîneur (Canada) JO de '76; Entraîneur pour l'Écosse aux Jeux du Commonwealth de '74 et '70.

Jacks, Ron: HYACK Swim Club, New Wesminster; Entraîneur Jeux Pan-Américains de '79; Entraîneur canadien de l'année '77 JO de '80; Jeux du Commonwealth de '82.

Johnson Dave: Edmonton Keyano Swim Club; Entraîneur Jeux Pan-Américains de '79 et '75; Championnat du Monde de '82, '78; aux Jeux du Commonwealth de '82 et '78; aux JO de '80, '76.

Johnson, Tom: Canadian Dolphins Swim Club, Vancouver; Entraîneur aux Jeux Pan-Américains de '79 et '75; Championnat du Monde de '82 et '78; aux Jeux du Commonwealth de '82 et '78; aux JO de '80.

Kemp, Nigel: Dalhousie University, Halifax Trojans Aquatic Club; Entraîneur des Jeux FISU '79; Championnat du Monde de '78 et '75; aux Jeux du Commonwealth de '78; aux JO de '80 et '76; Entraîneur canadien de l'année '75; Entraîneur de l'année '74 (Universités canadiennes).

MacDonald, Byron: University of Toronto; Entraîneur Jeux FISU de '81 et '79; Entraîneur de l'année '74 (Universités canadiennes).

McKinnon, Ken: Pointe-Claire Swim Club, Montréal; Entraîneur de l'Équipe féminine '80 «Youth Tour»; Entraîneur adjoint de l'équipe féminine «TRI Meet»; Jeux du Commonwealth '82.

Packer, Don: Olympian Swim Club, Edmonton; Entraîneur aux JO de '76.

Plamondon, Jean: Club de Plongeon de la Région de Québec; Entraîneur aux Jeux Pan-Américains de '79; JO de '80.

Webb, Don: Pointe-Claire Diving Club; Entraîneur aux JO de '80, '76, '72, '68 et '64; aux Jeux du Commonwealth de '82, '78, '74 et '70; aux Jeux Pan-Américains de '75; aux Championnats du Monde de '82, '78, '75 et '73.

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4x50 M MEDLEY REL QUATRE NAGES

Rec:1:59.20 Pointe Claire, ,76

2:03.69 Etobicoke,
2:04.22 Beaconsfield,
2:04.64 North York,
2:07.73 Sudbury LUSC,
2:08.36 Edm Keyano,
2:08.62 Cdn.Dolphin,
2:09.80 Pt-Claire,
2:10.62 Edm Olympian,
2:10.82 Reg Waterloo,
2:10.94 Vic Olympian,
2:10.95 Hyack,
2:11.20 Univ.Calgary,
2:13.14 Boucherville,
2:13.83 Calg Cascade,
2:13.90 Sask Goldfin,
2:14.50 Regina,
2:14.50 Muskoka,
2:14.80 Hamilton,
2:15.41 Fredericton,
2:15.60 Mtl-Nord,
2:15.73 Glouc-Ottawa,
2:16.03 Newmarket,
2:16.30 Mississauga,
2:17.31 Laval,
2:17.60 Sask Laser,
2:18.30 Halifax,
2:18.70 Newf.Aquaren,
2:20.37 Brossard,
2:20.60 Dartmouth,
2:24.05 Univ.Toronto,
2:25.20 Moose Jaw,
2:26.08 Winn Manta,
2:26.55 West Van Ott,
2:26.55 Vernon,
2:28.44 Edmonton BF,
2:30.00 Tor York,
2:34.40 Elliot Lake,
2:36.40 Yellowknife,
2:38.60 Scarboro,

4x50 M FREE REL LIBRE

Rec:1:49.94 Thunder Bay, ,76

1:51.70 North York,
1:52.89 Mtl-Aquatic,
1:54.04 Cdn.Dolphin,
1:54.84 Nepean,
1:55.20 Pt-Claire,
1:55.62 Calg Cascade,
1:55.85 Edm Keyano,
1:56.14 London Y,
1:56.47 Winn Manta,
1:56.50 Edm Olympian,
1:56.54 Hamilton,
1:56.92 Halifax,
1:57.50 Etobicoke,
1:57.56 Regina,
1:57.75 Hyack,
1:57.80 Sudbury LUSC,
1:58.21 Oakville,
1:58.30 Newmarket,
1:58.78 Windsor,
1:59.00 Univ.Calgary,
1:59.07 Montreal POM,
1:59.14 Ste-Foy,
1:59.43 Mtl-Nord,
1:59.98 Brossard,
1:59.98 Moose Jaw,
2:00.13 Thunder Bay,
2:00.40 Muskoka,
2:00.42 Fredericton,
2:00.60 Sask Goldfin,
2:00.98 Sask Laser,
2:01.20 Mississauga,
2:01.50 Markham,
2:01.67 Laval,
2:01.96 Pr.George,
2:02.30 Saints,
2:02.61 Brantford,
2:02.63 Vic Olympian,
2:02.69 Guelph,
2:02.97 Scarboro,
2:03.06 Winnipeg SJS,
2:03.20 Ajax,
2:03.48 Boucherville,
2:03.77 Sudb LUSC,
2:04.17 Newf.Aquaren,
2:05.23 Vernon,
2:05.44 Sherbrooke,
2:05.60 Kenora,
2:07.16 Man Marlin,
2:08.63 West Van Ott,
2:09.15 Shawinigan,

11- 12 BOYS / GARCONS

100 METRES FREE/LIBRE

Rec:0:59.90 B.Cairns, Hyack,76

1:00.01 Brad Creelman,12,Mississaug
1:00.15 Chris Johnston,12,Moose Jaw
1:03.15 David Smith,12,Kenora
1:03.40 Matthew Young,12,Elliot Lak
1:03.55 Turlough O'Hare,12,Cdn.Dolph
1:03.81 Taras Pawlowski,11,Pt-Claire
1:03.87 Ivano Perin,12,Guelph
1:03.98 Richard Belanger,12,Cap Rouge
1:04.08 Sylvain Lanthier,12,Mtl-POM
1:04.27 Don Haddow,12,Etobicoke
1:04.37 Rick Coopman,12,Surrey
1:04.43 Stephen McLeish,12,Vic Olym
1:04.52 Todd Major,11,Reg Waterl
1:04.97 Cory Finch,11,Regina
1:04.98 Brian Birchenough,12,Pt-Claire
1:05.06 Darren Zagrodney,12,Kenora
1:05.14 Mark Kivinen,12,New Sud D
1:05.18 Bruno Coulombe,12,Granby
1:05.30 Mark Oldham,12,Medc'n Hat
1:05.32 Patrick Gagnon,12,Brossard
1:05.33 Eric Smith,12,Mtl-POM
1:05.40 Edward Preston,12,Beaconf'ld
1:05.50 Troy Hudson,12,Truro
1:05.50 Paul Cross,12,Pictou
1:05.60 Shannon Smith,12,Yarmouth
1:05.63 Keith Purvis,12,Calg Casc
1:05.68 Sebast'n Goulet,12,Mtl-POM
1:05.69 Chris Narozanski,12,Sudb LUSC
1:05.76 Chris Davis,12,Man Marlin
1:05.88 Daniel Perreault,12,Tracy
1:05.89 Russell Roest,12,Univ.Calg
1:05.90 Roch Lockyer,12,Scarboro
1:05.97 Pierre L'Abbe,12,Brossard
1:06.00 Sandy Magee,12,Calg Casc
1:06.10 Jamie Bretzlaff,12,New Sud D
1:06.16 John Rizutti,12,Oakville
1:06.34 David Loyola,11,Univ.Toron
1:06.44 Jason Brandt,11,Etobicoke
1:06.47 Allan Arndt,12,Winn SJAK
1:06.47 Philippe Lambert,12,Sept-Iles
1:06.60 Jean-P. Cote,12,Ste-Foy
1:06.70 Jason McVean,12,Winn Manta
1:06.78 Kurt Vollmerhause,12,Duncan
1:06.78 John Earle,11,Winn SJS
1:06.79 Brandt Summers,12,Calg Casc
1:06.79 Stephane Hebert,12,BaieComeau
1:06.82 Sean Ryan,12,Van Pacif
1:06.96 Rick Holt,11,Red Deer
1:06.96 Paul Block,12,Hyack
1:06.97 Adam Handcock,12,Trois-Riv

200 METRES FREE/LIBRE

Rec:2:07.56 P.Webster, Lon Y,80

2:12.63 Brad Creelman,11,Mississaug
2:15.47 Turlough O'Hare,12,Cdn.Dolph
2:16.39 Sylvain Lanthier,12,Mtl-POM
2:16.61 Keith Purvis,12,Calg Casc
2:16.80 Chris Johnston,12,Moose Jaw
2:17.00 Todd Major,11,Reg Waterl
2:17.67 David Smith,12,Kenora
2:17.88 Richard Belanger,12,Cap Rouge
2:18.10 Matthew Young,12,Elliot Lak
2:18.27 Kurt Vollmerhause,12,Duncan
2:19.24 Patrick Gagnon,12,Brossard
2:19.38 Eric Smith,12,Mtl-POM
2:19.41 Bruno Coulombe,12,Granby
2:19.83 Don Haddow,12,Etobicoke
2:19.90 Chris Narozanski,12,Sudb LUSC
2:19.90 Jamie Bretzlaff,12,New Sud D
2:19.97 Ron Andrews,12,Edm Olym
2:20.13 Darren Zagrodney,12,Kenora
2:20.23 Russell Roest,12,Univ.Calg
2:20.45 Paul Block,12,Hyack
2:21.24 Ivano Perin,12,Guelph
2:21.25 Rick Coopman,12,Surrey
2:22.13 Roch Lockyer,12,Scarboro
2:22.20 Brian Birchenough,12,Pt-Claire
2:22.46 Jason Brandt,12,Etobicoke
2:22.50 Cory Finch,11,Regina
2:22.53 Liam McWhirter,12,Van Pacif
2:22.97 Rick Holt,11,Red Deer
2:23.02 Doug Elliot,12,Nepean
2:23.12 Chris Davis,12,Man Marlin
2:23.26 George Francetic,12,Tor York
2:23.60 Russell Laidlaw,12,New Sud D
2:23.67 John Earle,11,Winn SJS
2:23.95 Marc Oldham,12,Medc'n Hat
2:24.08 James Andrews,11,Edm Olym
2:24.11 Allan Arndt,12,Winn SJAK
2:24.17 Daniel Perreault,12,Tracy
2:24.53 Shannon Smith,12,Yarmouth
2:24.59 John Rizutti,12,Oakville
2:24.64 Edward Preston,12,Beaconf'ld
2:24.67 Kevin O'Connell,12,D.d.Ormeau
2:24.93 Stephen McLeish,12,Vic Olym
2:24.94 Sandy Magee,12,Calg Casc
2:25.10 Alain Parise,12,Muskoka
2:25.20 Tim Searcy,11,Windsor
2:25.28 Chris Boucher,12,Welland
2:25.33 Sebast'n Goulet,12,Mtl-POM
2:25.39 Jason McVean,12,Winn Manta
2:25.41 Robert MacLean,12,Halifax
2:25.45 David Hamilton,12,Univ.Toron

400 METRES FREE/LIBRE

Rec:4:27.54 P.Webster, Lon Y,80

4:43.90 Keith Purvis,12,Calg Casc
4:44.10 Todd Major,11,Reg Waterl
4:45.15 Turlough O'Hare,12,Cdn.Dolph
4:45.73 David Smith,12,Kenora
4:47.11 Eric Smith,12,Mtl-POM
4:47.99 Sylvain Lanthier,12,Mtl-POM
4:49.87 Brad Creelman,11,Mississaug
4:50.21 Chris Johnston,12,Moose Jaw
4:50.41 Paul Block,12,Hyack
4:51.64 Kurt Vollmerhause,12,Duncan
4:52.60 Patrick Gagnon,12,Brossard
4:53.13 Ron Andrews,12,Edm Olym
4:53.40 Richard Belanger,12,Cap Rouge
4:53.62 Don Haddow,12,Etobicoke
4:53.94 Bruno Coulombe,12,Granby
4:53.97 Doug Elliot,12,Nepean
4:54.40 Jamie Bretzlaff,12,New Sud D
4:55.38 Chris Narozanski,12,Sudb LUSC
4:56.38 George Francetic,12,Tor York
4:57.66 Jason Brandt,11,Etobicoke
4:57.81 Liam McWhirter,12,Van Pacif
4:58.60 Brian Birchenough,12,Pt-Claire
4:58.97 Kevin O'Connell,12,D.d.Ormeau
4:58.98 Dino Antonacci,12,Mtl-POM
4:59.40 Tim Searcy,11,Windsor
5:00.00 Daniel Sylvain,12,Montmagny
5:00.47 Cory Finch,11,Regina
5:00.65 Bob Pearson,12,Saints
5:01.02 Campbell Hastings,12,Saints
5:01.11 Russell Roest,12,Univ.Calg
5:01.13 Russell Laidlaw,12,New Sudb D
5:01.31 Mark Oldham,12,Medc'n Hat
5:02.30 John Earle,11,Winn SJS
5:02.40 Scott Mercer,11,Burlington
5:02.56 Scott Mercer,11,Burlington
5:02.75 Ivano Perin,12,Guelph
5:03.32 Michael Rollason,11,North York
5:03.60 Rick Coopman,12,Surrey
5:03.60 Troy Hudson,12,Truro
5:03.90 Chris Davis,12,Man Marlin
5:04.56 David Smith,12,Cambridge
5:04.60 Robert MacLean,11,Halifax
5:04.72 Chris Penner,12,Kenora
5:04.78 Jean-P. Cote,12,Ste-Foy
5:04.79 Edward Preston,12,Beaconf'ld
5:04.91 Mathieu Aubert,12,St.Laurent
5:05.11 Rod Burki,12,Markham
5:05.15 Marc Filion,12,New Sudb D
5:05.33 Sebast'n Goulet,12,Mtl-POM
5:05.66 Bernard Lapierre,11,Mtl-POM

1500 METRES FREE/LIBRE

Rec:17:30.80 A.Baumann, LUSC,76

18:37.28 David Smith,12,Kenora
18:38.50 Todd Major,11,Reg Waterl
18:38.93 Sylvain Lanthier,12,Mtl-POM
18:41.42 Eric Smith,12,Mtl-POM
18:52.42 Paul Block,12,Hyack
18:53.12 Turlough O'Hare,12,Cdn.Dolph
18:56.01 Brad Creelman,11,Mississaug
19:00.58 Chris Narozanski,12,Sudb LUSC
19:01.14 Keith Purvis,12,Calg Casc
19:06.48 Doug Elliot,12,Nepean
19:08.86 Kurt Vollmerhause,12,Duncan
19:10.06 Brian Birchenough,12,Pt-Claire
19:19.39 Chris Johnston,12,Moose Jaw
19:23.27 Jean-P. Cote,12,Ste-Foy
19:23.31 Kevin O'Connell,12,D.d.Ormeau
19:23.32 Ron Andrews,12,Edm Olym
19:27.85 George Francetic,12,Tor York
19:31.22 Patrick Gagnon,12,Brossard
19:34.58 Russell Laidlaw,12,New Sud D
19:35.77 Richard Belanger,12,Cap Rouge
19:39.13 Glenn DelBosco,12,New Sud D
19:40.68 Don Haddow,12,Etobicoke
19:41.40 Scott Mercer,11,Burlington
19:43.30 David Smith,12,Cambridge
19:46.87 Bob Pearson,12,Saints
19:46.98 Mathieu Aubert,12,St-Laurent
19:47.30 Campbell Hastings,12,Saints
19:47.84 Michael Rollason,11,North York
19:48.43 Bernard Lapierre,11,Mtl-POM
19:48.95 Jason Williams,12,Sask Goldf
19:50.66 Dean Bruce,11,Regina
19:51.39 Liam McWhirter,12,Van Pacif
19:52.54 Ivano Perin,12,Guelph
19:53.39 Brian Connors,11,Burlington
19:55.19 Kyle Seeback,11,Chinguacou
19:55.73 Daniel Sylvain,12,Montmagny
19:56.46 Phil Nagy-Lasnier,12,Laval
19:58.32 Rick Holt,11,Red Deer
19:58.39 John Earle,11,Winn SJS
19:58.41 Chris Penner,12,Kenora
19:58.57 James Andrews,11,Edm Olym
19:59.65 Cory Finch,12,Regina
20:00.60 Jamie Bretzlaff,12,New Sud D
20:00.92 Shaun Eden,12,Univ.Calg
20:01.03 Edward Preston,12,Beaconf'ld
20:01.73 Daniel Perreault,12,Tracy
20:02.30 J.J. Gorman,11,Midland
20:04.05 Tony Housefather,12,D.d.Ormeau
20:04.26 Sean Koeller,12,Calg Casc
20:05.63 Christia Toupin,11,Shawinigan

100 METRES BACK/DOS

Rec:1:08.26 P.Kremer, PCSC,81

1:12.10 Sylvain Lanthier,12,Mtl-POM
1:12.10 David Smith,12,Kenora
1:12.59 Eric Smith,12,Mtl-POM
1:13.04 Campbell Hastings,12,Saints
1:13.58 Bruno Coulombe,12,Granby
1:14.11 Turlough O'Hare,12,Cdn.Dolph
1:14.12 Chris Johnston,12,Moose Jaw
1:14.40 Brian Birchenough,12,Pt-Claire
1:14.54 Adam Handcock,12,Trois-Riv
1:14.60 Roch Lockyer,12,Scarboro
1:14.82 Rick Holt,11,Red Deer
1:14.84 Brad Creelman,11,Mississaug
1:15.03 Tyler Clair,12,Reg Waterl
1:15.23 Corey Bernard,12,Edm Keyano
1:15.25 Jean-P. Cote,12,Ste-Foy
1:15.39 Scott Atkinson,12,Hyack
1:15.41 Charlie Smith,12,London Y
1:15.46 James Andrews,11,Edm Olym
1:15.47 Russell Roest,12,Univ.Calg
1:15.54 Mark Kivinen,12,New Sud D
1:15.74 Keith Purvis,12,Calg Casc
1:16.00 Jamie Bretzlaff,12,New Sud D
1:16.08 Ron Andrews,12,Edm Olym
1:16.30 John Earle,11,Winn SJS
1:16.50 Mark Oldham,12,Medc'n Hat
1:16.87 Trent McNicol,12,Brantford
1:16.91 Shannon Smith,12,Yarmouth
1:17.05 Jean-P. Aube,12,Montmagny
1:17.10 Kevin Pyle,12,Truro
1:17.14 Patrick Gagnon,12,Brossard
1:17.19 Richard Belanger,12,Cap Rouge
1:17.35 Richard Cosgrove,12,Pt-Claire
1:17.43 Jason Yustin,12,Mississaug
1:17.73 Stephen McLeish,12,Vic Olym
1:17.77 David Smith,12,Cambridge
1:17.80 David Loyola,11,Univ.Toron
1:17.80 Tim Searcy,11,Windsor
1:17.84 Anthony Silva,12,Vernon
1:17.89 David Hamilton,12,Univ.Toron
1:17.90 Russell Laidlaw,12,New Sud D
1:18.16 Jason McVean,12,Winn Manta
1:18.18 Michael Rollason,11,North York
1:18.18 John Mayhew,12,Ft.Frances
1:18.22 Michael Carpenter,12,West Van
1:18.28 Todd Major,11,Reg Waterl
1:18.40 Dean Bruce,11,Regina
1:18.44 Dusan Nedelko,12,Reg Waterl
1:18.79 Stephane Hebert,12,BaieComeau
1:18.80 Richard Lees,11,Sask Goldf
1:18.82 Graham Chivers,12,Nepean

200 METRES BACK/DOS

Rec:2:22.61 P.Botman, GSC,76

2:32.27 Sylvain Lanthier,12,Mtl-POM
2:34.31 David Smith,12,Kenora
2:34.57 Eric Smith,12,Mtl-POM
2:35.05 Bruno Coulombe,12,Granby
2:35.71 Brian Birchenough,12,Pt-Claire
2:36.70 David Smith,12,Cambridge
2:37.73 Turlough O'Hare,12,Cdn.Dolph
2:37.76 Campbell Hastings,12,Saints
2:38.45 Michael Rollason,11,North York
2:39.07 Jean-P. Cote,12,Ste-Foy
2:39.14 Jamie Andrews,11,Edm Olym
2:39.47 Keith Purvis,12,Calg Casc
2:39.54 Ron Andrews,12,Edm Olym
2:39.55 Tyler Clair,11,Reg Waterl
2:39.80 Mark Oldham,12,Medc'n Hat
2:40.13 Roch Lockyer,12,Scarboro
2:40.36 Patrick Gagnon,12,Brossard
2:40.90 Tim Searcy,11,Windsor
2:41.13 John Earle,11,Winn SJS
2:41.32 Chris Johnston,12,Moose Jaw
2:41.40 Jamie Bretzlaff,12,New Sud D
2:41.52 Jason McVean,12,Winn Manta
2:42.36 Charlie Smith,12,London Y
2:42.58 Dean Bruce,11,Regina
2:42.62 Jean-P. Aube,12,Montmagny
2:42.98 Todd Major,12,Reg Waterl
2:43.73 Scott Atkinson,12,Hyack
2:43.84 Rick Holt,11,Red Deer
2:44.90 Adam Handcock,12,Trois-Riv
2:44.97 Brad Creelman,11,Mississaug
2:45.00 Russell Laidlaw,12,New Sud D
2:45.32 Richard Cosgrove,12,Pt-Claire
2:45.45 Cory Finch,11,Regina
2:45.67 Shannon Smith,12,Yarmouth
2:46.10 Marc Filion,12,New Sud D
2:46.43 Richard Lees,11,Sask Goldf
2:46.55 Doug Elliot,12,Pt-Claire
2:46.55 Anthony Silva,12,Vernon
2:46.71 David Hamilton,12,Univ.Toron
2:46.74 Jason Yustin,12,Mississaug
2:46.75 Kurt Vollmerhause,12,Duncan
2:46.96 Mark Kivinen,12,New Sud D
2:47.17 Jim Dufault,12,Atikokan
2:47.33 Kevin Snyder,12,Sask YK
2:47.46 Allan Arndt,12,Winn SJAK
2:47.52 Dusan Nedelko,12,Reg Waterl
2:48.01 Liam McWhirter,12,Van Pacif
2:48.28 Fredrick Lord,12,Bouchervil
2:48.40 Glenn DelBosco,12,New Sud D
2:48.75 Kevin Pyle,12,Truro

100 METRES BREAST/BRASSE
Rec:1:14.81 B.Creelman, TOMAC,82
1:14.81 Brad Creelman,12,Mississaug
1:16.08 Sean Ryan,12,Van Pacif
1:16.10 Matthew Young,12,Elliot Lak
1:20.41 Richard Cosgrove,12,Pt-Claire
1:21.73 Corey Bernard,12,Edm Keyano
1:21.74 Kevin O'Connell,12,D.d.Ormeau
1:21.83 Brian Birchenough,12,Pt-Claire
1:22.04 Stephen Gombai,12,Windsor
1:22.11 Pat Keber,12,Burlington
1:22.39 Todd Major,11,Reg Waterl
1:22.47 David Loyola,11,Univ.Toron
1:23.30 Pascal Lemieux,12,Brossard
1:23.74 Gary Malcolm,12,Calg Casc
1:24.12 Taras Pawlowsky,12,Pt-Claire
1:24.53 Darren Zagrodney,12,Kenora
1:24.56 Chris Johnston,12,Moose Jaw
1:24.73 Sean Koeller,12,Calg Casc
1:25.02 Ray Brown,12,Cambridge
1:25.05 Cameron Grant,11,Stettler
1:25.11 Kelvin Mortimer,12,Cdn.Dolph
1:25.34 Eric Smith,12,Mtl-POM
1:25.59 Pat Gostovic,12,Guelph
1:25.72 Brandt Summers,12,Calg Casc
1:25.82 Rick Coopman,12,Surrey
1:25.84 Roch Lockyer,12,Scarboro
1:26.07 Tom Papai,12,Nepean
1:26.08 Jeff Popoff,12,Sask Goldf
1:26.11 Sebast'n Hebert,12,St-Jerome
1:26.12 Cory Finch,11,Regina
1:26.13 Bruno Coulombe,12,Granby
1:26.34 Jeff Ratcliffe,12,Glouc-Ott
1:26.38 Chris Narozanski,12,Sudb LUSC
1:26.38 Alex Brunelle,12,Chicoutimi
1:26.40 Dennis Schwartz,12,Surrey
1:26.65 John Earle,11,Winn SJS
1:26.90 John Grootveld,12,North York
1:26.93 Rob Vaarmeyer,12,Winn SJAK
1:27.16 Harley Binder,12,Richm Aq
1:27.29 Matt Johnson,12,Vic Olym
1:27.30 Jean-P. Cote,12,Ste-Foy
1:27.32 Shawn Hetherington,12,Chingua
1:27.90 Chris Davis,12,Man Marlin
1:28.17 George Francetic,12,Tor York
1:28.23 Dino Antonacci,12,Mtl-POM
1:28.31 Martin Danis,12,Pt-Claire
1:28.47 Ivano Perin,12,Guelph
1:28.60 Shannon Smith,12,Yarmouth
1:28.68 Igor Ferreira,12,Mtl-Nord
1:28.73 Hung Nguyen,11,Winn Manta
1:28.76 Lee Gratton,12,Gr.Cache

200 METRES BREAST/BRASSE
Rec:2:46.12 B.Creelman, TOMAC,82
2:46.12 Brad Creelman,12,Mississaug
2:46.90 Matthew Young,12,Elliot Lak
2:50.81 Sean Ryan,12,Van Pacif
2:51.22 Kevin O'Connell,12,D.d.Ormeau
2:54.14 Brian Birchenough,12,Pt-Claire
2:55.91 Stephen Gombai,12,Windsor
2:56.52 Ray Brown,12,Cambridge
2:57.02 Todd Major,11,Reg Waterl
2:57.74 Pat Keber,12,Burlington
2:57.78 David Loyola,11,Univ.Toron
2:57.89 Richard Cosgrove,12,Pt-Claire
2:58.31 Eric Smith,12,Mtl-POM
3:00.86 Roch Lockyer,12,Scarboro
3:01.19 Cameron Grant,11,Stettler
3:01.26 Bruno Coulombe,12,Granby
3:01.35 Sean Koeller,12,Calg Casc
3:01.56 Corey Bernard,12,Edm Keyano
3:02.37 Matt Johnson,12,Vic Olym
3:02.39 Cory Finch,11,Regina
3:02.68 Gary Malcolm,12,Calg Casc
3:03.00 Taras Pawlowsky,12,Pt-Claire
3:03.00 Chris Narozanski,12,Sudb LUSC
3:03.25 Dino Antonacci,12,Mtl-POM
3:03.29 Kelvin Mortimer,12,Cdn.Dolph
3:03.61 Pascal Lemieux,12,Brossard
3:04.31 George Francetic,12,Tor York
3:04.50 John Grootveld,12,North York
3:04.68 Pat Gostovic,12,Guelph
3:04.73 Darren Zagrodney,12,Kenora
3:04.79 Rick Coopman,12,Surrey
3:04.93 Alex Brunelle,12,Cowansvill
3:05.52 Trent Bacon,12,St.John SC
3:05.70 John Earle,11,Winn SJS
3:05.75 Rob Vaarmeyer,12,Winn SJAK
3:05.97 Chris Johnston,12,Moose Jaw
3:06.32 Pierre Beaudry,12,Shawinigan
3:06.37 Jeff Popoff,11,Sask Goldf
3:06.58 Jeff Ratcliffe,12,Glouc-Ott
3:07.80 Doug Elliot,12,Nepean
3:07.87 Chris Davis,12,Man Marlin
3:08.41 Mark Oldham,12,Medc'n Hat
3:08.66 Shannon Smith,12,Yarmouth
3:09.03 Benoit Goyette,12,D.d.Ormeau
3:09.27 Kevin Humphrys,12,Calg Casc
3:09.33 Igor Ferreira,12,Mtl-Nord
3:09.33 Kevin Snyder,12,Sask YK
3:09.36 Glenn DelBosco,12,New Sud D
3:09.54 Robin Riha,11,Kingston
3:09.59 Martin Daoust,12,Bouchervil
3:09.83 Shawn Hetherington,12,Chingua

100 METRES FLY/PAPILLON
Rec:1:04.65 R.Hamel, COW,76
1:06.90 Chris Johnston,12,Moose Jaw
1:09.29 Brad Creelman,11,Mississaug
1:09.79 Turlough O'Hare,12,Cdn.Dolph
1:10.06 Keith Brown,12,Oakville
1:10.14 Russell Roest,12,Univ.Calg
1:10.16 David Smith,12,Kenora
1:10.16 Darren Zagrodney,12,Kenora
1:10.62 Ray Brown,12,Cambridge
1:10.90 Matthew Young,12,Elliot Lak
1:11.31 Sebast'n Goulet,12,Mtl-POM
1:11.43 Ivano Perin,12,Guelph
1:11.52 Jason Brandt,11,Etobicoke
1:11.93 Todd Major,11,Reg Waterl
1:12.00 Bruno Coulombe,12,Granby
1:12.01 Charlie Smith,12,London Y
1:12.28 Brandt Summers,12,Calg Casc
1:12.48 Bernard Lapierre,11,Mtl-POM
1:12.77 Paul Block,12,Hyack
1:12.95 Eric Smith,12,Mtl-POM
1:13.09 Stephane Hebert,12,BaieComeau
1:13.37 Doug Elliot,12,Nepean
1:13.45 Taras Pawlowski,11,Pt-Claire
1:13.76 Nicholas Starace,12,Mtl-Aquat
1:13.84 Sylvain Lanthier,12,Mtl-POM
1:13.94 Liam McWhirter,12,Van Pacif
1:14.00 Chris Davis,12,Man Marlin
1:14.11 David Hamilton,12,Univ.Toron
1:14.30 Troy Hudson,12,Truro
1:14.36 Rick Holt,11,Red Deer
1:14.37 Andrew Boyd,11,Chinguacou
1:14.72 Richard Belanger,12,Cap Rouge
1:15.07 Sean Ryan,12,Van Pacif
1:15.13 John Mayhew,12,Ft.Frances
1:15.19 Stephen McLeish,12,Vic Olym
1:15.25 Kevin Pyle,12,Truro
1:15.26 Kevin Celtorius,12,Mtl-POM
1:15.40 Mark Oldham,12,Medc'n Hat
1:15.43 Adam Silverman,12,Oakville
1:15.50 Jamie Bretzlaff,12,New Sud D
1:15.56 Dennis Hamade,11,Richm Aq
1:15.58 Corey Bernard,12,Edm Keyano
1:15.60 Stewart Steeves,12,North York
1:15.70 Campbell Hastings,12,Saints
1:15.76 Jason McVean,12,Winn Manta
1:15.78 Michael Rollason,11,North York
1:15.88 Cory Finch,11,Regina
1:15.98 Gary Malcolm,12,Calg Casc
1:16.02 Scott Jenkinson,12,Pr.Alb SL
1:16.07 Pierre Labbe,12,Brossard
1:16.14 Scott Atkinson,12,Hyack

200 METRES FLY/PAPILLON
Rec:2:23.12 R.Hamel, COW,76
2:24.92 Chris Johnston,12,Moose Jaw
2:32.33 Ray Brown,12,Cambridge
2:33.70 Jason Brandt,12,Etobicoke
2:34.02 David Smith,12,Kenora
2:34.85 Bernard Lapierre,11,Mtl-POM
2:35.38 Sebast'n Goulet,12,Mtl-POM
2:36.51 David Smith,12,Cambridge
2:36.79 Doug Elliot,12,Nepean
2:36.87 Eric Smith,12,Mtl-POM
2:37.92 Liam McWhirter,12,Van Pacif
2:38.07 Todd Major,11,Reg Waterl
2:38.17 Turlough O'Hare,12,Cdn.Dolph
2:38.24 Paul Block,12,Hyack
2:38.32 Sylvain Lanthier,12,Mtl-POM
2:38.80 Keith Brown,12,Oakville
2:39.89 Michael Rollason,11,North York
2:40.09 Brad Creelman,11,Mississaug
2:41.78 Chris Davis,12,Man Marlin
2:42.66 John Mayhew,12,Ft.Frances
2:43.18 Darren Zagrodney,12,Kenora
2:43.52 Rick Holt,11,Red Deer
2:44.76 Russell Roest,12,Univ.Calg
2:45.77 Mark Oldham,12,Medc'n Hat
2:46.07 Jason McVean,12,Winn Manta
2:46.55 Trent McNicol,12,Brantford
2:46.76 Scott Jenkinson,12,Pr.Alb SL
2:47.94 Sean Koeller,12,Calg Casc
2:48.65 Scott Atkinson,12,Hyack
2:48.98 Martin Daoust,12,Bouchervil
2:49.39 Jamie Bretzlaff,12,New Sud D
2:49.47 Adam Silverman,12,Oakville
2:49.47 Mathieu Aubert,12,St-Laurent
2:49.52 Greg Geres,12,Hamilton
2:49.69 Ivano Perin,12,Guelph
2:49.71 Kevin O'Connell,12,D.d.Ormeau
2:49.78 Nicolas Starace,12,Mtl-Aquat
2:49.80 Glenn DelBosco,12,New Sud D
2:49.90 Tony Housefather,12,D.d.Ormeau
2:50.28 Dennis Hamade,11,Richm Aqua
2:51.20 Chris Hynes,12,Newf.Aquar
2:51.30 Kevin Celtorius,12,Mtl-POM
2:51.77 Sandy Magee,12,Calg Casc
2:52.42 Donald Kidd,12,Mississaug
2:52.59 Angus Fraser,2,Pt-Claire
2:52.62 Cory Finch,11,Regina
2:52.71 Mark Patola,11,Sask Goldf
2:52.89 Michael Carpenter,12,West Van
2:52.90 Brent Jarden,11,Burlington
2:53.29 Kevin Humphrys,12,Calg Casc
2:53.94 Andrew Boyd,12,Chinguacou

200 METRES I.M./QUATRE NAGES
Rec:2:26.18 P.Webster, Lon Y,80
2:30.03 Brad Creelman,12,Mississaug
2:33.30 Matthew Young,12,Elliot Lak
2:35.17 Sylvain Lanthier,12,Mtl-POM
2:35.77 Ray Brown,12,Cambridge
2:36.10 Brian Birchenough,12,Pt-Claire
2:36.13 Chris Johnston,12,Moose Jaw
2:36.83 Eric Smith,12,Mtl-POM
2:36.94 Bruno Coulombe,12,Granby
2:37.44 Todd Major,11,Reg Waterl
2:37.63 Cory Finch,11,Regina
2:38.01 Rick Coopman,12,Surrey
2:38.02 Turlough O'Hare,12,Cdn.Dolph
2:38.60 David Loyola,11,Univ.Toron
2:39.05 Chris Davis,12,Man Marlin
2:39.41 John Earle,11,Winn SJS
2:39.57 Darren Zagrodney,12,Kenora
2:39.81 Kevin O'Connell,12,D.d.Ormeau
2:39.90 Mark Kivinen,12,New Sud D
2:40.00 Mark Oldham,12,Medc'n Hat
2:40.11 Roch Lockyer,12,Scarboro
2:40.20 Russell Roest,12,Univ.Calg
2:40.48 David Smith,12,Kenora
2:40.61 Taras Pawlowsky,12,Pt-Claire
2:40.75 Paul Block,12,Hyack
2:41.18 Jean-P. Cote,12,Ste-Foy
2:41.29 Sebast'n Goulet,12,Mtl-POM
2:41.70 Jamie Bretzlaff,12,New Sud D
2:41.74 Shannon Smith,12,Yarmouth
2:41.78 Richard Cosgrove,12,Pt-Claire
2:41.79 Pierre Labbe,12,Brossard
2:41.89 Ivano Perin,12,Guelph
2:42.23 Charlie Smith,12,London Y
2:42.43 Doug Elliot,12,Nepean
2:42.89 Sean Ryan,12,Van Pacif
2:43.13 Brandt Summers,12,Calg Casc
2:43.34 Bernard Lapierre,11,Mtl-POM
2:43.50 Michael Rollason,11,North York
2:43.62 Campbell Hastings,12,Saints
2:43.64 Keith Brown,12,Oakville
2:43.96 Sandy Magee,12,Calg Casc
2:44.08 Patrick Gagnon,12,Brossard
2:44.17 Keith Purvis,12,Calg Casc
2:44.21 Gary Malcolm,12,Calg Casc
2:44.44 Glenn DelBosco,12,New Sud D
2:44.62 Todd MacNeil,12,Thompson
2:45.00 Chris Narozanski,12,Sudb LUSC
2:45.54 Sean Koeller,12,Calg Casc
2:45.72 Trent Bacon,12,St.John SC
2:46.30 Tim Searcy,11,Windsor
2:46.54 Tyler Clair,11,Reg Waterl

400 METRES I.M./QUATRE NAGES
Rec:5:09.81 T.Jakisch, SJS,80
5:20.78 Eric Smith,12,Mtl-POM
5:20.80 Sylvain Lanthier,12,Mtl-POM
5:23.04 David Smith,12,Cambridge
5:23.46 Brad Creelman,11,Mississaug
5:23.68 Ray Brown,12,Cambridge
5:31.01 Todd Major,11,Reg Waterl
5:32.65 Bruno Coulombe,12,Granby
5:33.89 David Smith,12,Kenora
5:35.46 Brian Birchenough,12,Pt-Claire
5:35.92 Paul Block,12,Hyack
5:37.44 Kevin O'Connell,12,D.d.Ormeau
5:37.98 Jean-P. Cote,12,Ste-Foy
5:38.34 Michael Rollason,11,North York
5:38.61 Turlough O'Hare,12,Cdn.Dolph
5:39.16 Doug Elliot,12,Nepean
5:39.23 David Loyola,11,Univ.Toron
5:39.39 Russell Roest,12,Univ.Calg
5:40.98 Chris Johnston,12,Moose Jaw
5:41.22 Jamie Bretzlaff,12,New Sud D
5:41.34 Glen DelBosco,12,New Sud D
5:41.44 Chris Davis,12,Man Marlin
5:41.47 Cory Finch,11,Regina
5:43.71 Darren Zagrodney,12,Kenora
5:43.82 Jason Brandt,11,Etobicoke
5:44.38 Rick Coopman,12,Surrey
5:44.40 Ivano Perin,12,Guelph
5:45.57 Chris Narozanski,12,Sudb LUSC
5:47.94 Bernard Lapierre,11,Mtl-POM
5:48.06 Mark Kivinen,12,New Sud D
5:48.23 Campbell Hastings,12,Saints
5:49.54 Russell Laidlaw,12,New Sudb D
5:49.80 Stephen Gombai,11,Windsor
5:50.20 Dean Bruce,11,Regina
5:50.78 Sandy Magee,12,Calg Casc
5:51.17 Jason McVean,12,Winn Manta
5:51.50 Richard Lees,12,Sask Goldf
5:51.96 Tyler Clair,11,Reg Waterl
5:52.07 Richard Cosgrove,12,Pt-Claire
5:52.61 Kelvin Mortimer,12,Cdn.Dolph
5:54.43 Sean Koeller,12,Calg Casc
5:54.52 Gary Malcolm,12,Calg Casc
5:54.90 Kyle Seeback,11,Chinguacou
5:54.93 Michael Carpenter,12,West Van
5:54.95 Mathieu Aubert,12,St-Laurent
5:54.97 Charlie Smith,12,London Y
5:55.96 John Mayhew,12,Ft.Frances
5:56.18 Patrick Gagnon,12,Brossard
5:56.62 Kevin Snyder,12,Sask YK
5:56.81 Don Haddow,12,Etobicoke
5:57.78 Keith Purvis,12,Calg Casc

4x50 M MEDLEY REL QUATRE NAGES
Rec:2:10.37 Pointe Claire, ,81
2:16.91 Pt-Claire,
2:18.45 Montreal POM,
2:18.78 Reg Waterloo,
2:19.51 Mississauga,
2:19.88 Calg Cascade,
2:21.82 Chinguacousy,
2:22.50 Sask Goldfin,
2:22.60 North York,
2:22.96 London Y,
2:23.60 New Sud Dol,
2:23.84 Brossard,
2:25.19 Univ.Calgary,
2:25.72 Etobicoke,
2:26.03 Winn Manta,
2:26.08 Kenora,
2:26.26 Man Marlin,
2:26.87 Richmond Aq,
2:27.18 Regina,
2:27.40 Hyack,
2:27.90 Laurentides,
2:28.11 Edm Olympian,
2:28.22 Winn SJAK,
2:28.23 Guelph,
2:28.39 Surrey KSC,
2:28.40 Burlington,
2:28.60 Windsor,
2:28.87 Nepean,
2:29.17 Cambridge,
2:30.59 Saints,
2:31.00 Winnipeg SJS,
2:32.20 Vic Olympian,
2:32.69 Red Deer,
2:32.72 Kit-Wat Y,
2:32.90 Hamilton,
2:33.41 Thunder Bay,
2:36.60 Sault St.Mar,
2:37.40 Whitby,
2:38.00 Sask Laser,
2:39.26 Kelowna,
2:39.80 Truro,
2:40.11 Tor York,
2:42.24 Univ.Toronto,
2:42.80 Scarboro,
2:43.50 Oakville,
2:43.50 North Bay,
2:44.37 Vic Coho,

4x50 M FREE REL LIBRE
Rec:1:57.28 Pointe Claire, ,81
1:58.63 Pt-Claire,
2:00.33 New Sud Dol,
2:00.97 Montreal POM,
2:02.18 Brossard,
2:02.98 Calg Cascade,
2:04.76 Reg Waterloo,
2:05.26 Mississauga,
2:05.54 Chinguacousy,
2:06.68 Nepean,
2:06.86 Sask Goldfin,
2:06.88 Hyack,
2:06.98 Mtl-Nord,
2:07.03 North York,
2:07.28 Cambridge,
2:07.34 Kenora,
2:07.58 London Y,
2:07.70 Etobicoke,
2:07.84 Richmond Aq,
2:08.50 Burlington,
2:08.77 Univ.Calgary,
2:09.16 Winn Manta,
2:10.00 Saints,
2:10.00 Windsor,
2:10.67 Oakville,
2:11.13 Guelph,
2:11.78 Beaconsfield,
2:11.80 Man Marlin,
2:11.85 Laurentides,
2:12.20 Truro,
2:12.39 Edm Olympian,
2:12.91 Thunder Bay,
2:13.26 Vic Olympian,
2:13.62 Winnipeg SJS,
2:13.67 Regina,
2:13.80 Tracy,
2:14.17 D.d.Ormeaux,
2:14.18 Winn SJAK,
2:14.45 Laval,
2:14.67 Sask Laser,
2:15.57 Red Deer,
2:15.80 Gatineau,
2:15.81 Kit-Wat Y,
2:16.00 Whitby,
2:16.20 Hamilton,
2:17.39 Ste-Foy,
2:17.70 Tor York,
2:17.83 Edm Keyano,
2:18.20 Sault St.Mar,
2:18.21 Brantford,
2:18.30 Glouc-Ottawa,

13–14 BOYS / GARCONS

100 METRES FREE/LIBRE
Rec: 0:55.13 J.Sheehan, FSC,79

0:56.74 Sean Gallagher,14,Calg Casc
0:57.30 Henry Hebert,14,Bonaventur
0:57.30 Sam Sim,14,Edm Keyano
0:57.72 David Adams,14,Cranbrook
0:57.75 Trevor Jakisch,14,Winn Manta
0:57.84 Mark Dickinson,14,Markham
0:57.86 Scott Flowers,14,Edm Olym
0:58.01 Steven Vandermeulen,13,Vernon
0:58.02 Peter Lightbody,14,Oakville
0:58.15 Jacques Jodoin,14,Bouchervil
0:58.52 Darryl Borland,14,Hamilton
0:58.54 Mark Tewksbury,14,Univ.Calg
0:58.68 Reagan Williams,14,Edm Olym
0:58.76 Liam Donnelly,14,Hyack
0:58.84 Rudy Wolfs,14,Mississaug
0:58.90 Bernhard Volz,13,North York
0:59.00 Derek Murchie,14,Halifax
0:59.05 Jeff Muchaluk,14,Chinguacou
0:59.10 Deke Botsford,14,Etobicoke
0:59.15 John Seawright,14,Mississaug
0:59.35 Peter Kremer,13,Pt-Claire
0:59.50 Jim Fehr,14,Sask Goldf
0:59.60 Rob Traynor,14,Cdn.Dolph
0:59.78 Steve Ingo,14,Chena
0:59.83 Greg Pye,14,London Y
0:59.87 Rob Jubervill,14,Calg Casc
0:59.95 Peter Heusel,14,Kingston
0:59.96 Bruce Jackson,14,Edm Keyano
0:59.98 John Billy,14,Winn SJS
1:00.07 Jamie Guilboard,14,Mtl-Aquat
1:00.17 Ryan Lejbak,14,Sask Laser
1:00.25 Peter Morrissette,13,Atikokan
1:00.26 Glenn Bowie,13,Cdn.Dolph
1:00.30 Mark Jones,14,Windsor
1:00.31 Paul Staples,14,Nepean
1:00.31 Clint Hirst,14,Chena
1:00.31 Chris Kettles,14,Sask YK
1:00.35 Carl Janze,14,Cdn.Dolph
1:00.48 Chris Chalmers,14,London Y
1:00.48 Louis-M. Girouard,14,Ste-Foy
1:00.50 Bruce Hedley,14,Guelph
1:00.58 Jean-P. Goulet,14,Mtl-Aquat
1:00.71 Craig Stroyan,14,Soo Y Dol
1:00.72 Roger Whitson,14,Vic Coho
1:00.73 Dean Lindal,13,Vic Olym
1:00.77 Jamie King,13,Cdn.Dolph
1:00.80 Richard Isnor,14,Truro
1:00.92 Ian Hylands,13,West Van O
1:00.99 David Schmidt,14,Brock
1:01.00 Jeff Barkhouse,14,Truro

200 METRES FREE/LIBRE
Rec: 1:59.81 P.Szmidt, PCSC,76

2:00.98 Trevor Jakisch,14,Winn Manta
2:01.02 Scott Flowers,14,Edm Olym
2:01.47 Peter Webster,14,London Y
2:02.83 Chris Chalmers,14,London Y
2:03.49 Mark Dickinson,14,Markham
2:04.20 Bernhard Volz,13,North York
2:04.24 Sean Gallagher,14,Calg Casc
2:05.41 Liam Donnelly,14,Hyack
2:05.98 Darryl Borland,14,Hamilton
2:06.43 Jacques Jodoin,14,Bouchervil
2:06.44 Reagan Williams,14,Edm Olym
2:06.65 Louis-M. Girouard,14,Ste-Foy
2:06.85 Jamie Guilboard,14,Mtl-Aquat
2:06.90 Jeff Muchaluk,14,Chinguacou
2:07.90 Bruce Hedley,14,Guelph
2:07.99 Peter Lightbody,14,Oakville
2:08.23 Stephen Merker,14,Chinguacou
2:08.23 Mark Tewksbury,14,Univ.Calg
2:08.37 Greg Pye,14,London Y
2:08.39 Paul Szekula,13,Pt-Claire
2:08.54 Paul Hebert,14,Winn Manta
2:08.70 Jim Fehr,14,Sask Goldf
2:08.87 Steven Vandermeulen,13,Vernon
2:08.88 Paul Szekula,13,Pt-Claire
2:09.16 Jamie King,13,Cdn.Dolph
2:09.21 Steven Ingo,14,Chinguacou
2:09.43 Simon Cassidy,14,Van Pacif
2:09.85 Glenn Bowie,14,Cdn.Dolph
2:09.99 Louis Deragon,14,Granby
2:10.00 Dean Lindall,13,Vic Olym
2:10.02 Carl Janze,14,Cdn.Dolph
2:10.07 John Seawright,14,Mississaug
2:10.22 Ian Hylands,13,West Van O
2:10.22 Sam Sim,14,Edm Keyano
2:10.36 Deke Botsford,14,Etobicoke
2:10.40 Patrice Lepage,14,Valleyf'ld
2:10.60 Dan Finch,13,Regina
2:10.63 Paul Staples,14,Nepean
2:10.65 Peter Graboski,14,Univ.Calg
2:10.66 Michael Meldrum,14,Univ.Calg
2:10.84 Andrew Huige,14,Hyack
2:10.90 Clint Hirst,14,Chena
2:10.91 Peter Kremer,13,Pt-Claire
2:11.27 John MacKenzie,14,Ajax
2:11.49 Rudy Wolfs,14,Mississaug
2:11.50 Rob Traynor,14,Cdn.Dolph
2:11.52 Dean Lindal,13,Vic Olym
2:11.62 John Seawright,14,Mississaug
2:11.92 Peter Morrissette,13,Atikokan
2:11.94 Bryan Boddy,14,London Y

400 METRES FREE/LIBRE
Rec: 4:07.72 P.Webster, LYAC,82

4:07.72 Peter Webster,14,London Y
4:09.39 Trevor Jakisch,14,Winn Manta
4:12.47 Scott Flowers,14,Edm Olym
4:14.45 Chris Chalmers,14,London Y
4:16.07 Bernhard Volz,13,North York
4:18.06 Mark Dickinson,14,Markham
4:20.69 Sean Gallagher,14,Calg Casc
4:22.10 Deke Botsford,14,Etobicoke
4:22.82 Darryl Borland,14,Hamilton
4:24.77 Paul Hebert,14,Winn Manta
4:26.61 Reagan Williams,14,Edm Olym
4:27.31 Louis-M. Girouard,14,Ste-Foy
4:27.41 Jamie King,13,Cdn.Dolph
4:28.08 Simon Cassidy,14,Van Pacif
4:28.16 Stephen Merker,14,Chinguacou
4:28.28 Patrice Lepage,14,Valleyf'ld
4:28.41 Jamie Guilboard,14,Mtl-Aquat
4:29.30 Greg Pye,14,London Y
4:30.33 Greg Streppel,14,Cambridge
4:30.74 Peter Lightbody,14,Oakville
4:30.78 Mark Tewksbury,14,Univ.Calg
4:31.19 Liam Donnelly,14,Hyack
4:31.30 Paul Szekula,13,Pt-Claire
4:31.33 Jean-P. Emond,13,Mtl-Aquat
4:31.40 Carl Janze,14,Cdn.Dolph
4:31.65 Rudy Wolfs,14,Mississaug
4:31.74 Michael Meldrum,14,Univ.Calg
4:31.80 Peter Graboski,14,Univ.Calg
4:32.17 Andrew Huige,14,Hyack
4:32.18 Dan Finch,13,Regina
4:32.80 Paul Staples,14,Nepean
4:32.86 Bruce Hedley,14,Guelph
4:32.88 Mike Gurzi,13,Hamilton
4:32.90 Jim Fehr,14,Sask Goldf
4:33.54 Dean Lindal,13,Vic Olym
4:33.60 Jacques Jodoin,14,Bouchervil
4:33.64 Glenn Bowie,14,Cdn.Dolph
4:34.01 Dean Lindall,13,Vic Olym
4:34.12 Ian Hylands,13,West Van
4:34.15 Steven Vandermeulen,13,Vernon
4:34.71 Rob Traynor,14,Cdn.Dolph
4:35.09 Jeff Muchaluk,14,Chinguacou
4:35.58 Eric Blouin,13,Laval
4:35.81 Martin Giroux,14,D.d.Ormeau
4:36.06 John MacKenzie,14,Ajax
4:37.22 Clint Hirst,14,Chena
4:37.90 Don Jonescu,14,Guelph
4:38.91 Brent Hobbs,14,Vic Olym
4:39.03 Tim Doherty,14,Reg Waterl
4:39.17 Peter Morrissette,13,Atikokan

1500 METRES FREE/LIBRE
Rec: 16:00.93 A.Baumann, LUSC,79

16:33.91 Trevor Jakisch,14,Winn Manta
16:38.09 Bernhard Volz,13,North York
16:38.39 Chris Chalmers,14,London Y
16:58.06 Mark Dickinson,14,Markham
17:00.37 Peter Webster,14,London Y
17:05.71 Scott Flowers,14,Edm Olym
17:05.91 Sean Gallagher,14,Calg Casc
17:06.92 Deke Botsford,14,Etobicoke
17:15.02 Louis-M. Girouard,14,Ste-Foy
17:17.90 Darryl Borland,14,Hamilton
17:28.05 Peter Graboski,14,Univ.Calg
17:30.17 Patrice Lepage,14,Valleyf'ld
17:30.46 Jamie Guilboard,14,Mtl-Aquat
17:32.10 Reagan Williams,14,Edm Olym
17:32.87 Jamie King,13,Cdn.Dolph
17:34.80 Paul Hebert,14,Winn Manta
17:36.18 Paul Szekula,13,Pt-Claire
17:38.11 Simon Cassidy,14,Van Pacif
17:41.40 Greg Streppel,14,Cambridge
17:41.79 Dan Finch,13,Regina
17:44.24 Martin Giroux,14,D.d.Ormeau
17:44.82 Andrew Huige,14,Hyack
17:45.20 Lee Dean,13,Regina
17:52.42 Dean Lindall,13,Vic Olym
17:54.66 Stephen Merker,14,Chinguacou
17:57.72 Eric Blouin,13,Laval
17:58.86 Bryan Boddy,14,London Y
17:59.10 Greg Pye,14,London Y
18:01.38 Liam Donnelly,14,Hyack
18:02.79 Mike Gurzi,13,Hamilton
18:03.30 Ian Hylands,13,West Van
18:03.56 Brent Hobbs,14,Vic Olym
18:04.33 Michael Meldrum,14,Univ.Calg
18:04.38 Paul Staples,14,Nepean
18:04.93 Dean Lindal,13,Vic Olym
18:07.42 Jim Fehr,14,Sask Goldf
18:11.90 Mark Tewksbury,14,Univ.Calg
18:14.20 Carl Janze,14,Cdn.Dolph
18:15.22 Ian Fenton,13,Oakville
18:18.88 Scott Greenwood,13,Burlington
18:18.92 Ken Wiebe,14,Red Deer
18:19.08 Clint Hirst,14,Chena
18:19.16 David Schmidt,14,Saints
18:20.28 Louis Deragon,14,Granby
18:25.12 Tim Doherty,14,Reg Waterl
18:25.18 Chris Fenton,13,Chinguacou
18:26.28 Harry Taylor,14,Edm Keyano
18:26.30 Rob Dyke,14,Vic Coho
18:27.91 Keith Purvis,13,Calg Casc
18:30.00 Robert Bertelink,13,Chinguacou

100 METRES BACK/DOS
Rec: 1:02.16 P.Botman, OK,78

1:03.28 Scott Flowers,14,Edm Olym
1:03.40 Mark Tewksbury,14,Univ.Calg
1:04.05 Derek Murchie,14,Halifax
1:04.15 Henry Hebert,14,Bonaventur
1:04.30 John Billy,14,Winn SJS
1:05.10 Deke Botsford,14,Etobicoke
1:06.11 Sean Gallagher,14,Calg Casc
1:06.24 Michael Meldrum,14,Univ.Calg
1:06.88 Peter Kremer,13,Pt-Claire
1:06.90 Steven Vandermeulen,13,Vernon
1:07.45 John MacKenzie,14,Ajax
1:07.60 Kevin MacPherson,14,North Bay
1:07.70 Noel Harrington,13,Scarboro
1:08.01 Sylvain Hogue,14,Mtl-Aquat
1:08.05 Trevor Jakisch,14,Winn Manta
1:08.15 Louis Deragon,14,Granby
1:08.31 Steve Ingo,14,Chena
1:08.56 Reagan Williams,14,Edm Olym
1:08.59 Richard Isnor,14,Truro
1:08.77 Lee Dean,13,Regina
1:08.81 Peter Graboski,14,Univ.Calg
1:08.81 Craig Stroyan,14,Soo Y Dol
1:08.87 Kym Gallagher,13,Calg Casc
1:08.87 Bernhard Volz,13,North York
1:08.92 Randy Fedderson,14,Calg Casc
1:09.00 David Adams,14,Cranbrook
1:09.06 Darryl Dutton,14,Halifax
1:09.15 Clint Hirst,14,Chena
1:09.15 Darryl Borland,14,Hamilton
1:09.19 Paul Smith,14,Man Marlin
1:09.21 Christia Bellefeuille,14,Trois-Riv
1:09.31 Derek Lux,14,Edm Olym
1:09.50 Robin Godfrey,14,Dartmouth
1:09.50 Paul Davidson,14,Saints
1:09.59 Gary Anderson,13,North York
1:09.76 Chris Kettles,14,Sask YK
1:09.77 Robert Bertelink,13,Chinguacou
1:09.84 Liam Donnelly,14,Hyack
1:09.88 Mark Dickinson,14,Markham
1:09.90 Peter Darvas,14,Tor York
1:09.91 Alain Bedard,14,Shawinigan
1:10.20 Dan Christian,14,Pickering
1:10.20 Robert Walsh,13,Sask Laser
1:10.29 Jean-P. Emond,13,Mtl-Aquat
1:10.43 Paul Staples,14,Nepean
1:10.53 Jay London,13,Moncton
1:10.56 Bryan Boddy,14,London Y
1:11.01 Martin Gaide,13,Tor York
1:11.02 Sam Sim,14,Edm Keyano
1:11.02 Frank Bruhn,14,Newmarket

200 METRES BACK/DOS
Rec: 2:11.25 S.Goss, NYAC,81

2:12.97 Scott Flowers,14,Edm Olym
2:15.19 Mark Tewksbury,14,Univ.Calg
2:19.38 Derek Murchie,14,Halifax
2:19.77 Henry Hebert,14,Bonaventur
2:20.39 Peter Kremer,13,Pt-Claire
2:20.62 Trevor Jakisch,14,Winn Manta
2:20.90 Louis Deragon,14,Granby
2:20.98 Sylvain Hogue,14,Mtl-Aquat
2:21.20 Michael Meldrum,14,Univ.Calg
2:21.24 Deke Botsford,14,Etobicoke
2:22.68 Bernhard Volz,13,North York
2:23.43 Peter Webster,14,London Y
2:25.12 Reagan Williams,14,Edm Olym
2:25.20 Darryl Borland,14,Hamilton
2:25.52 Kevin MacPherson,14,North Bay
2:25.97 Richard Isnor,14,Truro
2:26.41 Derek Lux,14,Edm Olym
2:26.55 Paul Smith,14,Man Marlin
2:26.96 Steve Ingo,14,Chena
2:27.09 John Billy,14,Winn SJS
2:27.34 Lee Dean,13,Regina
2:27.35 Alain Bedard,14,Shawinigan
2:27.40 Gary Anderson,13,North York
2:27.62 Robert Bertelink,13,Chinguacou
2:27.70 Sean Gallagher,14,Calg Casc
2:27.90 John MacKenzie,14,Ajax
2:28.39 Chris Chalmers,14,London Y
2:28.47 Greg Streppel,14,Cambridge
2:28.63 Peter Graboski,14,Univ.Calg
2:28.81 Liam Donnelly,14,Hyack
2:29.06 Bryan Boddy,14,London Y
2:29.11 Christia Bellefeuille,14,Trois-Riv
2:29.21 Jean-P. Emond,13,Mtl-Aquat
2:29.42 Kym Gallagher,13,Calg Casc
2:29.43 Noel Harrington,13,Scarboro
2:29.59 Patrice Lepage,14,Valleyf'ld
2:29.60 Peter Darvas,14,Tor York
2:30.03 Mark Dickinson,14,Markham
2:30.18 Darryl Dutton,14,Halifax
2:30.54 Chris Robb,14,Brantford
2:30.66 Jim Fehr,14,Sask Goldf
2:30.90 Stephen Merker,14,Chinguacou
2:30.93 Robert Walsh,13,Sask Laser
2:31.10 Robin Godfrey,14,Dartmouth
2:31.80 Ian Carmody,14,Glouc-Ott
2:32.06 Paul Davidson,14,Saints
2:32.20 Dan Finch,13,Regina
2:32.25 Mike Woolhouse,13,Calg Casc
2:32.46 Paul Staples,14,Nepean
2:32.47 Clint Hirst,14,Chena

100 METRES BREAST/BRASSE
Rec: 1:09.70 R.Chernoff, ROD,80

1:11.86 Trevor Jakisch,14,Winn Manta
1:12.30 David Leblanc,14,Mtl-POM
1:12.47 Chris Harbeck,13,Winn Manta
1:13.47 Daniel Tapin,14,Sherbrooke
1:13.93 Sean Maloney,14,Univ.Calg
1:13.97 Ron Markwart,14,Hyack
1:14.35 Bruce Jackson,14,Edm Keyano
1:15.11 Sam Sim,14,Edm Keyano
1:15.17 Darryl Dutton,14,Halifax
1:15.39 Craig Guest,13,Hamilton
1:15.40 David Schmidt,14,Brock
1:15.41 Craig Liddell,14,Vic Coho
1:15.80 Kevin MacPherson,14,North Bay
1:15.80 Andrew Young,13,Elliot Lak
1:16.23 Martin Tamme,14,D.d.Ormeau
1:16.75 Trevor Forsberg,14,Sask Goldf
1:17.10 Mark McKenna,14,Newf.Aquar
1:17.33 Alex Nerska,14,Brantford
1:17.37 Martin Blanchette,13,LaSalle
1:17.40 Rob Traynor,14,Cdn.Dolph
1:17.50 Alex Stuit,14,Hyack
1:17.64 Corey Bernard,13,Edm Keyano
1:17.68 Len Walker,13,Calg Patr
1:17.73 Dane McArthur,13,Pr.Alb SL
1:17.77 Quinton Smith,14,Vic Coho
1:18.45 Dan Finch,13,Regina
1:18.49 Jim Evenson,14,Pt-Claire
1:18.59 Eric Gregory,14,Brantford
1:18.65 Jean-F. Peltier,14,Laval
1:18.90 Peter Stratford,13,Pt-Claire
1:18.98 Mark Tewksbury,14,Univ.Calg
1:19.00 Jean-C. Cote,14,Mtl-POM
1:19.17 Andrew Milligan,13,Pt-Claire
1:19.31 Stephen Merker,14,Chinguacou
1:19.61 Mike Hoehn,14,Reg Waterl
1:19.62 Rudy Wolfs,14,Mississaug
1:19.63 Mark Bates,14,Kingston
1:19.71 Tim Doherty,14,Reg Waterl
1:19.72 Pierre Berube,14,Ste-Foy
1:19.76 Bob Nevin,13,Windsor
1:19.91 Dean Shinkewski,14,Sask Laser
1:19.94 Eric Mumford,14,Chinguacou
1:19.94 Greg Pye,14,London Y
1:19.97 Dan Hunt,14,Laval
1:19.97 Mike Osborne,13,Hamilton
1:20.01 David Adams,14,Cranbrook
1:20.03 Darcy Purvis,14,Selkirk
1:20.08 Randy Fedderson,14,Calg Casc
1:20.14 Paul Smith,14,Man Marlin
1:20.19 Donald Seeback,14,Chinguacou

200 METRES BREAST/BRASSE
Rec: 2:30.14 M.Veilleux, CNMN,77

2:35.24 David Leblanc,13,Mtl-POM
2:36.46 Trevor Jakisch,14,Winn Manta
2:37.36 Sean Maloney,14,Univ.Calg
2:38.27 Ron Markwart,14,Hyack
2:40.67 Bruce Jackson,14,Edm Keyano
2:42.55 Craig Guest,13,Hamilton
2:42.72 Chris Harbeck,14,Winn Manta
2:42.87 Darryl Dutton,14,Halifax
2:42.97 David Schmidt,14,Brock
2:43.25 Martin Tamme,14,D.d.Ormeau
2:44.23 Dan Finch,13,Regina
2:44.70 Trevor Forsberg,14,Sask Goldf
2:45.96 Daniel Tapin,14,Sherbrooke
2:46.00 Deke Botsford,14,Etobicoke
2:46.20 Rob Traynor,14,Cdn.Dolph
2:46.40 Kevin MacPherson,14,North Bay
2:47.29 Len Walker,13,Calg Patr
2:47.55 Alex Nerska,14,Brantford
2:47.56 Corey Bernard,13,Edm Keyano
2:48.23 Quinton Smith,14,Vic Coho
2:48.51 Martin Blanchette,13,LaSalle
2:48.53 Tim Doherty,14,Reg Waterl
2:48.90 Andrew Young,13,Elliot Lak
2:49.08 Eric Gregory,14,Brantford
2:49.09 Greg Pye,14,London Y
2:49.96 Peter Stratford,13,Pt-Claire
2:50.29 Stephen Merker,14,Chinguacou
2:50.37 Peter Darvas,14,Tor York
2:50.55 Craig Liddell,14,Vic Coho
2:50.59 Mark McKenna,14,Newf.Aquar
2:51.08 Alex Stuit,14,Hyack
2:51.40 Andrew Milligan,13,Pt-Claire
2:51.80 Jim Evenson,14,Pt-Claire
2:51.80 Mike Meldrum,14,Univ.Calg
2:52.20 Dane McArthur,13,Pr.Alb SL
2:52.20 Dean Shinkewski,14,Sask Laser
2:52.34 Paul Smith,14,Man Marlin
2:52.39 Richard Martin,13,Man Marlin
2:52.66 Tom Cox,14,Brantford
2:52.99 Jean-C. Cote,14,Mtl-POM
2:53.08 Pierre Berube,14,Ste-Foy
2:53.22 John Bayley,13,Cdn.Dolph
2:53.23 Rudy Wolfs,14,Mississaug
2:53.37 Mark Bates,14,Kingston
2:53.79 Peter Graboski,14,Univ.Calg
2:53.80 Andrew Torsten,14,Scarboro
2:53.95 Hugo Bergeron,13,Tracy
2:54.03 Jean-F. Peltier,14,Laval
2:54.17 Donald Seeback,14,Chinguacou
2:54.53 Greg Horie,13,Hamilton

100 METRES FLY/PAPILLON
Rec: 0:59.48 N.Hodge, Burl SC,80
1:01.40 Sean Gallagher,14,Calg Casc
1:01.68 John Billy,14,Winn SJS
1:02.30 Max Herndl,14,Hyack
1:02.38 Jacques Jodoin,14,Bouchervil
1:02.75 Scott Flowers,14,Edm Olym
1:03.19 Doug Thompson,14,Chinguacou
1:03.50 Deke Botsford,14,Etobicoke
1:03.52 Trevor Jakisch,14,Winn Manta
1:03.82 Darryl Borland,14,Hamilton
1:03.86 Sam Sim,14,Edm Keyano
1:03.92 Steven Vandermeulen,13,Vernon
1:03.93 Henry Hebert,14,Bonaventur
1:04.40 Paul Nickerson,14,Halifax
1:04.49 Scott Isaac,13,Calg Casc
1:04.70 Mark Jones,14,Windsor
1:04.78 Bernhard Volz,13,North York
1:04.80 Mike Gurzi,13,Hamilton
1:04.93 Derek Lux,14,Edm Olym
1:05.12 Jamie King,13,Cdn.Dolph
1:05.16 Carl Janze,14,Cdn.Dolph
1:05.30 Ryan Lejbak,14,Sask Laser
1:05.31 Reagan Williams,14,Edm Olym
1:05.34 Jean-P. Emond,13,Mtl-Aquat
1:05.34 Peter Kremer,13,Pt-Claire
1:05.39 Peter Graboski,14,Univ.Calg
1:05.44 Bruce McKinlay,14,Vic Olym
1:05.58 Michael Meldrum,14,Univ.Calg
1:05.60 Clint Hirst,14,Chena
1:05.61 Bob Martin,14,Winn SJAK
1:05.95 Louis-M. Girouard,14,Ste-Foy
1:06.07 Ian Carmody,14,Glouc-Ott
1:06.20 Jim Fehr,14,Sask Goldf
1:06.26 Peter Webster,14,London Y
1:06.31 Don Jonescu,14,Guelph
1:06.43 Darryl Dutton,14,Halifax
1:06.49 Robert Walsh,13,Sask Laser
1:06.57 Chris Kettles,14,Sask YK
1:06.64 Dean Lindall,13,Vic Olym
1:06.83 Peter Darvas,14,Tor York
1:07.05 David Schertzer,14,Mooretown
1:07.27 Kent Williams,14,Wolfville
1:07.43 Sylvain Hogue,14,Mtl-Aquat
1:07.55 Scott McCarthy,13,Glouc-Ott
1:07.57 David Leblanc,13,Mtl-POM
1:07.61 Michel Drouin,13,Valleyf'ld
1:07.63 Tim Doherty,14,Reg Waterl
1:07.80 Todd Yelle,14,Univ.Toron
1:07.83 Eric Blouin,13,Laval
1:07.90 Dan Finch,13,Regina
1:08.00 Chris Leavens,14,Midland

200 METRES FLY/PAPILLON
Rec: 2:08.43 R.Hamel, COW,77
2:16.56 Peter Graboski,14,Univ.Calg
2:16.78 Trevor Jakisch,14,Winn Manta
2:17.40 Scott Flowers,14,Edm Olym
2:17.84 Sean Gallagher,14,Calg Casc
2:18.19 Jamie King,13,Cdn.Dolph
2:18.25 Max Herndl,14,Hyack
2:18.30 Deke Botsford,14,Etobicoke
2:18.54 Derek Lux,14,Edm Olym
2:18.60 Doug Thompson,14,Chinguacou
2:19.17 Jacques Jodoin,14,Bouchervil
2:19.77 Darryl Borland,14,Hamilton
2:20.21 Louis-M. Girouard,14,Ste-Foy
2:21.65 Michel Drouin,13,Valleyf'ld
2:21.77 Reagan Williams,14,Edm Olym
2:21.97 Ian Carmody,14,Glouc-Ott
2:22.08 Scott Isaac,13,Calg Casc
2:22.44 Mike Gurzi,13,Hamilton
2:22.86 Michael Meldrum,14,Univ.Calg
2:23.01 Clint Hirst,14,Chena
2:23.40 Tim Doherty,14,Reg Waterl
2:23.93 Jim Fehr,14,Sask Goldf
2:24.64 Sylvain Hogue,14,Mtl-Aquat
2:24.99 Ryan Lejbak,14,Sask Laser
2:25.08 Dean Lindall,13,Vic Olym
2:25.38 Bob Martin,14,Winn SJAK
2:25.58 Carl Janze,14,Cdn.Dolph
2:26.10 Bernhard Volz,13,North York
2:26.20 Kent Williams,14,Wolfville
2:26.53 John Billy,14,Winn SJS
2:26.74 Greg Streppel,14,Cambridge
2:26.80 Peter Darvas,14,Tor York
2:27.39 Robert Walsh,13,Sask Laser
2:27.39 Dan Finch,13,Regina
2:27.41 Eric Blouin,13,Laval
2:28.10 Don Jonescu,14,Guelph
2:28.13 Raymond Brown,14,Cambridge
2:28.56 Patrice Lepage,14,Valleyf'ld
2:28.58 Greg Pye,14,London Y
2:28.62 Sam Sim,14,Edm Keyano
2:28.69 Kym Gallagher,13,Calg Casc
2:28.80 Bruce McKinlay,14,Vic Olym
2:29.02 Dean Lindal,13,Vic Olym
2:29.54 Peter Kremer,13,Pt-Claire
2:29.70 Steven Vandermeulen,13,Vernon
2:29.85 Rob Traynor,14,Cdn.Dolph
2:30.60 Paul Nickerson,14,Halifax
2:30.93 Stephen French,13,Sudb LUSC
2:31.92 Ken Wiebe,14,Red Deer
2:32.05 Lee Dean,13,Regina
2:32.19 Chris Fenton,13,Chinguacou

200 METRES I.M./QUATRE NAGES
Rec: 2:12.65 A.Baumann, LUSC,79
2:14.86 Trevor Jakisch,14,Winn Manta
2:20.10 Deke Botsford,14,Etobicoke
2:20.56 Scott Flowers,14,Edm Olym
2:20.70 Darryl Borland,14,Hamilton
2:20.98 Sean Gallagher,14,Calg Casc
2:22.53 Jacques Jodoin,14,Bouchervil
2:22.72 Mark Tewksbury,14,Univ.Calg
2:23.15 Mark Dickinson,14,Markham
2:23.16 Michael Meldrum,14,Calg Patr
2:23.23 Henry Hebert,14,Bonaventur
2:23.47 Peter Webster,14,London Y
2:24.19 Sam Sim,14,Edm Keyano
2:24.64 Stephen Merker,14,Chinguacou
2:24.67 Jean-P. Emond,14,Mtl-Aquat
2:24.70 David Schmidt,14,Brock
2:24.85 Bryan Boddy,14,London Y
2:25.10 Bernhard Volz,13,North York
2:25.16 Darryl Dutton,14,Halifax
2:25.17 Peter Kremer,13,Pt-Claire
2:25.20 Derek Murchie,14,Halifax
2:25.51 Peter Graboski,14,Univ.Calg
2:25.59 Dan Finch,13,Regina
2:25.86 Reagan Williams,14,Edm Olym
2:25.90 Jim Fehr,14,Sask Goldf
2:26.09 Paul Hebert,14,Winn Manta
2:26.30 Richard Isnor,14,Truro
2:26.59 Clint Hirst,14,Chena
2:26.60 Kevin MacPherson,14,North Bay
2:26.83 David Leblanc,13,Mtl-POM
2:27.01 Rob Traynor,14,Cdn.Dolph
2:27.51 Peter Darvas,14,Tor York
2:27.66 Tim Doherty,14,Reg Waterl
2:27.68 Sylvain Hogue,14,Mtl-Aquat
2:27.79 Steven Vandermeulen,13,Vernon
2:27.89 Bruce Hedley,14,Guelph
2:28.04 Greg Pye,14,London Y
2:28.18 John Billy,14,Winn SJS
2:28.20 Oaul Creeden,14,Trent
2:28.60 John MacKenzie,14,Ajax
2:28.74 Jamie King,13,Cdn.Dolph
2:28.90 Don Jonescu,14,Guelph
2:29.10 Paul Davidson,14,Saints
2:29.50 Kevin MacPherson,14,North York
2:29.56 Rudy Wolfs,14,Mississaug
2:29.94 Christia Bellefeuille,14,Trois-Riv
2:30.01 Derek Zibin,14,Pr.George
2:30.08 Peter Heusel,14,Kingston
2:30.13 Max Herndl,14,Hyack
2:30.27 Dan Christian,14,Pickering
2:30.36 Scott Isaac,13,Calg Casc

400 METRES I.M./QUATRE NAGES
Rec: 4:34.52 A.Baumann, LUSC,79
4:40.45 Trevor Jakisch,14,Winn Manta
4:56.74 Bernhard Volz,13,North York
4:58.40 Scott Flowers,14,Edm Olym
4:58.79 Deke Botsford,14,Etobicoke
4:58.83 Sean Gallagher,14,Calg Casc
5:02.03 Michael Meldrum,14,Calg Patr
5:03.10 Mark Dickinson,14,Markham
5:04.63 Dan Finch,13,Regina
5:04.66 Jacques Jodoin,14,Bouchervil
5:05.22 Peter Graboski,14,Univ.Calg
5:05.86 Chris Chalmers,14,London Y
5:05.94 Reagan Williams,14,Edm Olym
5:06.01 Brian Boddy,14,London Y
5:06.12 Stephen Merker,14,Chinguacou
5:06.70 Darryl Borland,14,Hamilton
5:06.85 Patrice Lepage,14,Valleyf'ld
5:07.74 Clint Hirst,14,Chena
5:07.79 Mark Tewksbury,14,Univ.Calg
5:08.13 David Leblanc,13,Mtl-POM
5:08.73 Sylvain Hogue,14,Mtl-Aquat
5:09.03 Jean-P. Emond,14,Mtl-Aquat
5:10.37 Lee Dean,13,Regina
5:11.53 Derek Lux,14,Edm Olym
5:12.00 Jim Fehr,14,Sask Goldf
5:12.00 Paul Hebert,14,Winn Manta
5:12.10 John Billy,14,Winn SJS
5:12.16 Tim Doherty,14,Reg Waterl
5:12.20 Robert Traynor,14,Cdn.Dolph
5:13.52 Jamie King,13,Cdn.Dolph
5:14.30 Eric Blouin,13,Laval
5:15.23 Peter Darvas,14,Tor York
5:15.33 Paul Smith,14,Man Marlin
5:15.40 Paul Davidson,14,Saints
5:15.97 Greg Pye,14,London Y
5:16.30 John MacKenzie,14,Ajax
5:16.60 Darryl Dutton,14,Halifax
5:17.00 Richard Isnor,14,Truro
5:17.23 Greg Streppel,14,Cambridge
5:17.51 Alain Bedard,14,Shawinigan
5:17.57 Robert Walsh,13,Sask Laser
5:17.83 David Buratto,13,Windsor
5:18.14 Raymond Brown,14,Cambridge
5:18.89 Marton Giroux,14,D.d.Ormeau
5:19.05 Kym Gallagher,13,Calg Casc
5:19.48 Pierre Berube,14,Ste-Foy
5:19.88 Don Jonescu,14,Guelph
5:20.35 Ian Carmody,14,Glouc-Ott
5:21.57 Michel Drouin,13,Valleyf'ld
5:22.45 Richard Martin,13,Man Marlin
5:22.75 Paul Szekula,13,Pt-Claire

4x50 M MEDLEY REL QUATRE NAGES
Rec: 2:00.52 Pointe Claire, ,81
2:05.35 Calg Cascade,
2:05.50 Halifax,
2:06.08 Chinguacousy,
2:06.12 Edm Olympian,
2:06.63 Winn Manta,
2:06.77 Univ.Calgary,
2:06.98 Hyack,
2:07.06 Edm Keyano,
2:07.35 Hamilton,
2:08.38 London Y,
2:08.70 Truro,
2:09.26 Pt-Claire,
2:09.80 Cdn.Dolphin,
2:09.97 Kingston Y,
2:10.11 Windsor,
2:10.40 Sask Goldfin,
2:10.80 Elliot Lake,
2:11.46 Cambridge,
2:12.35 Markham,
2:12.50 Oakville,
2:13.20 Regina,
2:13.40 Sask Laser,
2:13.46 North York,
2:13.64 Nepean,
2:13.89 Winnipeg SJS,
2:14.88 Brantford,
2:14.94 Scarboro,
2:14.97 Man Marlin,
2:15.00 Tracy,
2:15.49 Red Deer,
2:15.65 Vic Olympian,
2:16.07 Winn SJAK,
2:17.20 Sudbury LUSC,
2:18.90 Saskatoon Y,
2:24.50 Tor York,
2:25.64 Thunder Bay,
2:28.20 Kenora,
2:28.40 Sault St.Mar,

4x50 M FREE REL LIBRE
Rec: 1:47.92 Hyack SC, ,78
1:49.65 Calg Cascade,
1:50.31 London Y,
1:51.52 Cdn.Dolphin,
1:52.04 Chinguacousy,
1:52.34 Pt-Claire,
1:52.39 Nepean,
1:52.57 Winn Manta,
1:52.61 Halifax,
1:52.77 Kingston Y,
1:53.65 Edm Olympian,
1:53.81 Univ.Calgary,
1:53.81 Edm Keyano,
1:53.89 Markham,
1:54.90 Saints,
1:55.40 Elliot Lake,
1:55.89 Tracy,
1:56.10 Woodbridge,
1:56.22 Sask Goldfin,
1:56.45 Hyack,
1:56.55 Mtl-Aquatic,
1:56.55 Cambridge,
1:56.63 Oakville,
1:56.67 Hamilton,
1:56.69 Montreal POM,
1:56.94 Regina,
1:57.20 Mississauga,
1:57.48 Vic Olympian,
1:57.60 North York,
1:57.70 Sask Laser,
1:57.74 West Van Ott,
1:58.00 Tor York,
1:58.35 Reg Waterloo,
1:58.63 Red Deer,
1:58.73 Winnipeg SJS,
1:58.87 Truro,
1:59.19 Saskatoon Y,
1:59.64 Brantford,
2:00.52 D.d.Ormeaux,
2:00.60 Man Marlin,
2:01.72 Winn SJAK,
2:01.87 Scarboro,
2:02.13 Sudbury LUSC,
2:02.30 East York,
2:03.05 Kenora,
2:03.50 Medicine Hat,
2:03.67 Laval,
2:03.74 Shebrooke,
2:03.81 Mtl-Nord,
2:04.05 Beaconsfield,
2:06.38 Thunder Bay,

15- 17 BOYS / GARCONS

100 METRES FREE/LIBRE
Rec: 0:52.36 B.Hicken, UTSC,82
0:52.36 Blair Hicken,17,Univ.Toron
0:52.53 Jeff Sheehan,17,Univ.Calg
0:53.04 Glenn Luxenberg,17,Pt-Claire
0:53.26 Sandy Goss,15,North York
0:53.80 Rod Archibald,17,Cdn.Dolph
0:53.97 Gilles Deschenes,17,Dauph Hull
0:54.62 Mike West,17,Reg Waterl
0:54.67 Ralph VanDonselaar,16,Edm Oly
0:54.72 Tom Ponting,17,Univ.Calg
0:55.10 Philip Skinder,16,Hyack
0:55.13 David Shemilt,17,Brock
0:55.33 Mark Brand,16,Edm Keyano
0:55.42 Steve Jones,16,Nepean
0:55.48 Francois Dionne,17,Select
0:55.50 Regent Lacoursiere,15,Mtl-Aqua
0:55.70 Paul Steppan,17,Scarboro
0:55.76 Phil Uren,17,Winn Manta
0:55.86 Neil Hodge,16,Burlington
0:56.00 Ben Mikuska,17,Winn Manta
0:56.05 Steven Keith,16,Oshawa
0:56.11 Eric Bramble,17,Vic Olym
0:56.14 Mark Kaiway,15,Van Pacif
0:56.23 Jean-F. Harvey,17,Ste-Foy
0:56.31 Bob MacPherson,17,Reg Waterl
0:56.44 Ian Lightbody,17,Oakville
0:56.47 Sam Sim,15,Edm Keyano
0:56.50 Sean Gallagher,15,Calg Casc
0:56.50 Jeff Kleven,16,Sudb LUSC
0:56.56 Claude Lamy,17,Select
0:56.58 Darren Hanvey,17,Mississaug
0:56.60 Tarek Raafat,16,St.John SC
0:56.60 Brad Johnson,17,Vic Olym
0:56.62 Stephen Lines,17,Winn Manta
0:56.74 Berni Giesen,15,Univ.Calg
0:56.78 David Ager,16,Nepean
0:56.79 Michael Stark,15,Regina
0:56.95 Sheldon Sunderland,17,Kingston
0:57.00 Gareth Morgan,15,Univ.Calg
0:57.00 Rob Chernoff,16,Univ.Calg
0:57.04 Andre Denton,15,Univ.Toron
0:57.05 Jim Tunney,17,Glouc-Ott
0:57.10 Bob Johnson,17,Glouc-Ott
0:57.11 Jack Donohue,17,Thun Bay
0:57.15 Darcy Lewis,17,Oshawa
0:57.17 Tom Ferguson,17,Cdn.Dolph
0:57.20 Don Dacquay,17,Winn Blues
0:57.31 Ron Melnyk,16,London Y
0:57.35 Steve Thomas,17,Hamilton
0:57.41 Robert McCallum,17,Beaconf'ld
0:57.49 Gilles Cinq-Mars,16,Sudb LUSC

200 METRES FREE/LIBRE
Rec: 1:51.14 A.Baumann, LUSC,81
1:56.82 Rod Archibald,17,Cdn.Dolph
1:56.94 David Shemilt,17,Brock
1:57.48 Sandy Goss,15,North York
1:57.78 Peter Webster,15,London Y
1:58.08 Jeff Sheehan,17,Univ.Calg
1:58.22 Shane Esau,17,Univ.Calg
1:58.40 Gilles Deschenes,17,Dauph Hull
1:58.53 Ralph VanDonselaar,16,Edm Olym
1:58.77 Fin Donnelly,16,Hyack
1:58.78 Ben Mikuska,17,Winn Manta
1:59.01 Ron Melnyk,16,London Y
1:59.01 Blair Hicken,17,Univ.Toron
1:59.03 Phillip Skinder,16,Hyack
1:59.08 Mark Brand,16,Edm Keyano
1:59.08 Regent Lacoursiere,15,Mtl-Aquat
2:00.13 Darren Hanvey,17,Mississaug
2:00.14 Trevor Jakisch,15,Winn Manta
2:00.49 Glenn Luxenberg,17,Pt-Claire
2:00.72 Ted Durst,16,Nepean
2:01.80 Bob MacPherson,17,Reg Waterl
2:01.80 Tom Ponting,17,Univ.Calg
2:01.89 Berni Giesen,15,Univ.Calg
2:01.93 Steve Thomas,17,Hamilton
2:02.03 Phil Uren,17,Winn Manta
2:02.12 Michael Stark,15,Regina
2:02.13 Geoff Donelly,17,Cdn.Dolph
2:02.32 Geoff Grover,17,Cdn.Dolph
2:02.40 Barton Wells,15,Man Marlin
2:02.97 Trevor Lamb,17,Univ.Calg
2:03.09 Steve Jones,16,Nepean
2:03.10 Mike Greenizan,17,Glouc-Ott
2:03.10 Bob Johnson,17,Glouc-Ott
2:03.35 Robert Best,17,Edm Olym
2:03.47 Steven Keith,16,Oshawa
2:03.50 Scott Faithfull,16,Pt-Claire
2:03.54 Rob Chernoff,16,Univ.Calg
2:03.59 Don Dacquay,17,Winn Blues
2:03.69 Brian Park,16,Burlington
2:03.90 Gareth Morgan,15,Univ.Calg
2:04.09 Randy Brown,17,Nepean
2:04.10 Jean-S. Piche,16,Mtl-Aquat
2:04.21 Brad Dye,17,Hyack
2:04.32 Jim Tunney,17,Glouc-Ott
2:04.62 Todd Poulsen,17,Univ.Calg
2:04.75 Tony McIlveen,17,Hamilton
2:04.77 Mark Kaiway,15,Van Pacif
2:04.83 Langis Roy,17,Sherbrooke
2:04.99 Greg Pye,15,London Y
2:05.00 Darcy Wallingford,15,Sudb LUSC
2:05.01 Ian Lightbody,17,Oakville

400 METRES FREE/LIBRE

Rec: 3:56.34 A.Baumann, LUSC,80

3:59.98 David Shemilt,17,Brock
4:05.83 Shane Esau,17,Univ.Calg
4:06.43 Peter Webster,15,London Y
4:09.55 Rod Archibald,17,Cdn.Dolph
4:09.89 Ron Melnyk,16,London Y
4:11.36 Fin Donnelly,16,Hyack
4:12.25 Trevor Jakisch,15,Winn Manta
4:12.60 Sandy Goss,15,North York
4:13.32 Ben Mikuska,17,Winn Manta
4:13.95 Barton Wells,15,Man Marlin
4:14.52 Ted Durst,16,Nepean
4:14.58 Regent Lacoursiere,15,Mtl-Aquat
4:14.61 Mark Brand,16,Edm Keyano
4:15.03 Keith Smout,16,Mississaug
4:15.10 Bob MacPherson,17,Reg Waterl
4:16.12 David Young,16,Cdn.Dolph
4:16.28 Geoff Grover,17,Cdn.Dolph
4:16.59 Deke Botsford,15,Etobicoke
4:16.86 Steven Thomas,17,Hamilton
4:16.98 Blair Hicken,17,Univ.Toron
4:17.40 Tom Ponting,17,Univ.Calg
4:17.70 Jim Shields,17,Sudb LUSC
4:17.76 Scott Faithfull,15,Pt-Claire
4:17.99 Todd Poulsen,17,Univ.Calg
4:18.09 Jon Kelly,16,Vic Olym
4:18.68 Brent Aquino,17,North York
4:18.74 Mike Hamilton,15,Univ.Calg
4:18.92 Ryan Sprague,16,Hyack
4:18.95 Langis Roy,15,Sherbrooke
4:18.96 Phillip Skinder,16,Hyack
4:19.03 Geoff Donelly,17,Cdn.Dolph
4:19.10 Jeff Sheehan,17,Univ.Calg
4:19.47 Brad Dye,16,Hyack
4:19.48 Gilles Deschenes,17,Dauph Hull
4:19.52 Jean-S. Piche,16,Mtl-Aquat
4:19.84 Darryl Borland,15,Hamilton
4:20.00 Mike Greenizan,17,Glouc-Ott
4:20.09 David McFadyen,15,Regina
4:20.11 Trevor Lamb,17,Univ.Calg
4:20.20 Chris Bowie,15,Cdn.Dolph
4:20.54 Reagan Williams,15,Edm Olym
4:20.66 Dean Shaw,17,Mississaug
4:20.84 Ralph VanDonselaar,16,Edm Oly
4:20.95 Michael Stark,15,Regina
4:21.16 Brian Wasylowych,17,Saints
4:21.35 Rob Chernoff,16,Univ.Calg
4:21.61 Brian Park,16,Burlington
4:21.73 Blair Rutledge,17,Oakville
4:22.14 Jamie Guilboard,15,Mtl-Aquat
4:22.30 Robert Best,17,Edm Olym

1500 METRES FREE/LIBRE

Rec:15:39.14 A.Baumann, LUSC,80

15:58.55 David Shemilt,17,Brock
16:05.73 Shane Esau,17,Univ.Calg
16:21.63 Fin Donnelly,16,Hyack
16:24.07 Peter Webster,15,London Y
16:30.10 David Young,16,Cdn.Dolph
16:31.49 Ron Melnyk,16,London Y
16:36.70 Sandy Goss,15,North York
16:38.29 Rod Archibald,17,Cdn.Dolph
16:39.60 Deke Botsford,15,Etobicoke
16:40.22 Mark Brand,16,Edm Keyano
16:44.55 Trevor Jakisch,15,Winn Manta
16:47.50 Scott Faithfull,15,Pt-Claire
16:51.56 Mike Hamilton,16,Univ.Calg
16:53.45 Brad Dye,16,Hyack
16:53.50 Ryan Sprague,16,Hyack
16:54.39 Trevor Lamb,17,Univ.Calg
16:56.94 Ted Durst,16,Nepean
16:57.75 Dean Shaw,17,Mississaug
16:59.34 David McFadyen,15,Regina
17:02.68 Barton Wells,15,Man Marlin
17:03.47 Rob Chernoff,16,Univ.Calg
17:03.61 Jamie Guilboard,15,Mtl-Aquat
17:03.61 Jim Shields,17,Sudb LUSC
17:05.70 Steven Thomas,17,Hamilton
17:07.78 Jon Kelly,16,Vic Olym
17:08.16 Ben Mikuska,17,Winn Manta
17:10.35 Geoff Donelly,17,Cdn.Dolph
17:10.86 Sean Gallagher,15,Calg Casc
17:11.66 Geoff Grover,17,Cdn.Dolph
17:13.10 David Evans,15,Edm Keyano
17:13.54 Langis Roy,17,Sherbrooke
17:13.89 Brian Park,16,Burlington
17:14.30 Darcy Wallingford,15,Sudb LUS
17:14.46 Rejean Boucher,15,Shawinigan
17:17.22 John McCaffray,16,Hyack
17:18.23 Phillip Skinder,15,Hyack
17:19.30 Keith Smout,17,Mississaug
17:19.91 James Brown,15,Edm Keyano
17:21.07 Brent Aquino,17,North York
17:21.43 Brian Wasylowych,17,Saints
17:21.68 Dave Bartlett,15,Hyack
17:22.27 Chris Hough,16,London Y
17:23.37 Todd Poulsen,17,Univ.Calg
17:24.58 Tom Ferguson,16,Cdn.Dolph
17:26.24 Blair Rutledge,17,Oakville
17:26.80 Robert Best,17,Edm Olym
17:26.93 Darryl Borland,15,Hamilton
17:34.40 Stephen Lines,17,Winn Manta
17:37.14 Bruce Hedley,15,Guelph
17:40.09 Don Dacquay,17,Winn Blues

100 METRES BACK/DOS

Rec: 0:57.16 M.West, ROW,81

0:57.31 Mike West,17,Reg Waterl
0:58.89 Sandy Goss,15,North York
1:00.33 Jeff Sheehan,17,Univ.Calg
1:00.87 Paul Steppan,17,Scarboro
1:01.14 Tarek Raafat,16,St.John SC
1:01.40 Francois Dionne,16,Select
1:01.53 Tom Ponting,17,Univ.Calg
1:01.54 Stephen Lines,17,Winn Manta
1:01.62 Roland Ostermeier,17,Hamilton
1:02.00 Mark Brand,16,Edm Keyano
1:02.12 Rod Archibald,17,Cdn.Dolph
1:02.50 Mike Tuck,17,Memor.Univ
1:02.51 David Seabrook,17,Frederct'n
1:02.70 Malcolm Latta,16,Univ.Calg
1:02.85 David Kirk,17,Winn Manta
1:03.07 Blair Hicken,17,Univ.Toron
1:03.08 Tom Ferguson,17,Cdn.Dolph
1:03.25 Martin Coulombe,15,Mtl-Nord
1:03.60 Berni Giesen,15,Univ.Calg
1:03.60 Bruce McHaffie,16,Winn Manta
1:03.70 Kevin Draxinger,15,Kelowna
1:03.76 Ernie Jones,17,Windsor
1:03.87 Marc Bouchard,16,Granby
1:03.97 Deke Botsford,15,Etobicoke
1:04.04 Gary Vandermeulen,16,Vernon
1:04.10 Jim McKendry,17,Winn Blues
1:04.24 Rob Chernoff,16,Univ.Calg
1:04.37 Mario Couture,16,Select
1:04.45 Steve Nordstrum,17,Saints
1:04.64 Frederic Chalut,16,Mtl-Aquat
1:05.02 Henry Hebert,15,Bonaventur
1:05.06 David Petrie,17,Halifax
1:05.09 Ian McElroy,15,Hamilton
1:05.10 Jeff Kleven,16,Sudb LUSC
1:05.30 David Kwasny,15,Thun Bay
1:05.33 Denis Cayouette,15,Bonaventur
1:05.37 Frank Wiemer,16,Pt-Claire
1:05.38 David Douglas,17,Brantford
1:05.48 Tony McIlveen,17,Hamilton
1:05.54 Derek Lux,15,Edm Olym
1:05.70 Kent Crockower,16,Trent
1:05.70 Fin Donnelly,16,Hyack
1:05.79 Dan Foster,17,Mississaug
1:05.91 Rob Kirwin,15,North York
1:05.91 Geoff Donelly,17,Cdn.Dolph
1:05.94 Sam Wright,15,Hamilton
1:05.95 Mike Bushore,15,Univ.Calg
1:06.07 Peter Heys,17,Brantford
1:06.19 Dominic Parent,15,Granby
1:06.22 Paul Smith,15,Man Marlin

200 METRES BACK/DOS

Rec: 2:05.66 M.West, ROW,81

2:03.53 Mike West,17,Reg Waterl
2:05.87 Sandy Goss,15,North York
2:09.92 Roland Ostermeier,17,Hamilton
2:10.88 Francois Dionne,16,Select
2:11.13 Mark Brand,16,Edm Keyano
2:11.76 Tarek Raafat,16,St.John SC
2:11.98 Jeff Sheehan,17,Univ.Calg
2:14.27 Tom Ponting,17,Univ.Calg
2:14.78 Tony McIlveen,17,Hamilton
2:14.97 David Kirk,17,Winn Manta
2:15.39 Paul Steppan,17,Scarboro
2:15.42 Tom Ferguson,16,Cdn.Dolph
2:15.48 Fin Donnelly,16,Hyack
2:16.37 Deke Botsford,15,Etobicoke
2:16.47 Marc Bouchard,16,Granby
2:16.59 Dan Foster,17,Mississaug
2:16.79 Malcolm Latta,16,Univ.Calg
2:17.06 Martin Wray,17,Edm Keyano
2:17.20 Kevin Draxinger,15,Kelowna
2:17.31 Jim McKendry,17,Univ.Manit
2:17.33 Gary Vandermeulen,16,Vernon
2:17.61 David Kwasny,15,Thun Bay
2:17.69 Jean-S. Piche,16,Mtl-Aquat
2:17.83 Ernie Jones,17,Windsor
2:18.12 Barton Wells,15,Man Marlin
2:18.36 Fredric Chalut,16,Mtl-Aquat
2:18.48 Denis Cayouette,15,Bonaventur
2:18.50 Jeff Kleven,16,Sudb LUSC
2:18.73 Martin Coulombe,15,Mtl-Nord
2:18.85 Ryan Sprague,16,Hyack
2:18.88 Berni Giesen,15,Univ.Calg
2:18.96 Rod Archibald,17,Cdn.Dolph
2:19.05 David Seabrook,17,Frederct'n
2:19.26 Steve Nordstrum,17,Saints
2:19.31 Rob Chernoff,16,Unv.Calg
2:19.45 Bruce McHaffie,16,Winn Manta
2:19.73 Geoff Donelly,17,Cdn.Dolph
2:19.83 Ian McElroy,15,Hamilton
2:19.86 Chris Bowie,15,Cdn.Dolph
2:19.99 Frank Wiemer,16,Pt-Claire
2:20.09 Kent Crockower,16,Trent
2:20.33 Paul Smith,15,Man Marlin
2:20.62 Robert Kirwin,15,North York
2:20.62 Dean Shaw,17,Mississaug
2:20.72 Sam Wright,15,Hamilton
2:20.80 Andre Fortin,17,Sudb LUSC
2:20.90 David Douglas,16,Brantford
2:20.91 David Evans,16,Edm Keyano
2:21.20 Frederic Jetzer,17,D.d.Ormea
2:21.44 James Burrowes,17,Yarmouth

100 METRES BREAST/BRASSE

Rec: 1:04.24 V.Davis, ROW,81

1:06.40 Rob Chernoff,17,Univ.Calg
1:07.76 Tim Salpeter,17,Edm Olym
1:08.02 Marc Lapalme,17,Tracy
1:08.14 Greg Barbour,16,Oakville
1:08.29 Darcy Wallingford,15,Sudb LUS
1:09.13 Darren Hanvey,17,Mississaug
1:09.32 Howie Ewashko,17,Edm Olym
1:09.40 Stan Fisher,17,Edm Olym
1:10.20 Ian McMillan,15,Cdn.Dolph
1:10.32 Denis Dore,17,Select
1:10.36 Marco Cavazzoni,16,Pt-Claire
1:10.66 David Evans,15,Edm Keyano
1:10.86 Simon Baronet,16,CapRouge
1:10.90 Steven Thomas,17,Hamilton
1:11.02 Albert Shaar,16,Mtl-POM
1:11.11 Steve Ohi,16,North York
1:11.21 Jeff Sheehan,17,Univ,Calg
1:11.22 Bill Winram,17,Vic Olym
1:11.29 Chris Pilon,17,Glouc-Ott
1:11.30 Pierre Sylvain,15,Montmagny
1:11.30 Mike Tuck,17,Memor.Univ
1:11.73 Jamie Kemp,16,Trent
1:11.73 Rod Archibald,17,Cdn.Dolph
1:11.80 Bruce Geddes,16,Glouc-Ott
1:11.82 Markian Kovaluk,17,St-Laurent
1:11.82 Ron Melnyk,16,London Y
1:12.08 Michael Robbie,17,Winn Manta
1:12.18 Benoit Duval,17,HautRive
1:12.37 Andre Denton,16,Univ.Toron
1:12.46 Todd Gray,17,unatt
1:12.48 Glen Cairns,15,Hyack
1:12.48 Emile Morrissette,17,Atikokan
1:12.50 Rick Bland,17,Windsor
1:12.64 Darcy Lewis,17,Oshawa
1:12.81 Terry Livingston,15,Regina
1:12.93 Dave Richards,15,Pt-Claire
1:12.95 Rob Cooper,17,Winn Manta
1:13.05 Andy Batstone,17,Thun Bay
1:13.07 Bruce Gilley,16,Calg Casc
1:13.50 Jim Ansell,15,Calg Casc
1:13.50 Paul Loughrin,17,Glouc-Ott
1:13.85 Alain Renaud,15,Trois-Riv
1:13.90 Sandy Goss,15,North York
1:14.03 Pat Purbs,15,Brock
1:14.04 Michel Panneton,15,Mtl-Nord
1:14.11 Hillar Lainevool,16,North York
1:14.19 Daniel Barrette,16,Bouchervil
1:14.24 David McFadyen,15,Regina
1:14.31 David Dalgliesh,17,Winn SJS
1:14.36 Rob Traynor,15,Cdn.Dolph

200 METRES BREAST/BRASSE

Rec: 2:19.53 V.Davis, ROW,81

2:24.06 Rob Chernoff,17,Univ.Calg
2:29.44 David Evans,15,Edm Keyano
2:29.95 Darcy Wallingford,15,Sudb LUS
2:30.05 Rod Archibald,17,Cdn.Dolph
2:31.10 Mike Tuck,17,Memor.Univ
2:31.21 Howie Ewashko,17,Edm Olym
2:31.74 Darren Hanvey,17,Mississaug
2:32.19 Stan Fisher,17,Edm Olym
2:32.87 Albert Shaar,16,Mtl-POM
2:32.91 Tim Salpeter,17,Edm Olym
2:32.92 Greg Barbour,16,Oakville
2:33.03 Marco Cavazzoni,16,Pt-Claire
2:33.37 Jamie Kemp,16,Trent
2:33.77 Steve Ohi,16,North York
2:34.21 Marc Lapalme,17,Tracy
2:34.28 Jim Ansell,15,Calg Casc
2:34.54 Dave Richards,15,Pt-Claire
2:34.68 Bruce Gilley,16,Calg Casc
2:34.81 Bill Winram,17,Vic Olym
2:35.09 Denis Dore,17,Select
2:35.23 Simon Baronet,16,CapRouge
2:35.48 Terry Livingston,15,Regina
2:35.75 Chris Pilon,17,Glouc-Ott
2:36.00 Steven Thomas,17,Hamilton
2:36.01 Pierre Sylvain,15,Montmagny
2:36.68 Ron Melnyk,16,London Y
2:36.70 Michael Robbie,17,Winn Manta
2:36.91 Rejean Boucher,15,Shawinigan
2:36.96 Bruce Geddes,15,Glouc-Ott
2:37.19 David McFadyen,15,Regina
2:37.58 Emile Morrissette,17,Atikokan
2:37.87 Markian Kovaluk,17,St-Laurent
2:38.10 Rob Traynor,15,Cdn.Dolph
2:38.36 Glen Cairns,15,Hyack
2:38.56 Daniel Barrette,17,Bouchervil
2:39.22 Pat Purbs,15,Brock
2:39.66 Michel Panneton,15,Mtl-Nord
2:39.83 Ian McMillan,15,Cdn.Dolph
2:40.20 Tony McIlveen,17,Hamilton
2:40.27 Andrew Gorman,17,Pr.Alb SL
2:40.37 Rejean Boulanger,17,Chibougamu
2:40.43 Mike Hamilton,16,Univ.Calg
2:40.56 Paul Anderson,16,Brantford
2:40.73 Stephane Milette,17,Bouchervil
2:41.10 Bill Stares,16,Trent
2:41.15 Todd Clarke,17,Winn Manta
2:41.21 Al Hanier,17,Trent
2:41.37 Philip Skinder,16,Hyack
2:41.40 Andre Denton,16,Univ.Toron
2:41.85 Steve Gormsen,17,Edm Keyano

100 METRES FLY/PAPILLON

Rec: 0:55.75 P.Ward, CDSC,81

0:56.25 Tom Ponting,17,Univ.Calg
0:56.87 Frederic Chalut,16,Mtl-Aquat
0:58.13 Paul Steppan,17,Scarboro
0:58.19 Jon Kelly,16,Vic Olym
0:58.80 Glenn Luxenberg,17,Pt-Claire
0:58.81 Neil Hodge,16,Burlington
0:58.99 Stephen Lines,17,Winn Manta
0:59.00 Blair Hicken,17,Univ.Toron
0:59.40 Sandy Goss,15,North York
0:59.42 Jeff Sheehan,17,Univ.Calg
0:59.45 Ralph VanDonselaar,15,Edm Olym
0:59.47 Marc Lapalme,17,Tracy
0:59.53 Rod Archibald,17,Cdn.Dolph
0:59.62 Ted Durst,16,Nepean
1:00.19 Todd Poulsen,17,Univ.Calg
1:00.23 Trevor Lamb,17,Univ.Calg
1:00.29 Sean Gallagher,15,Calg Casc
1:00.30 Roland Ostermeier,17,Hamilton
1:00.37 Michel Ladouceur,17,Mtl-Aquat
1:00.42 Jim Tunney,17,Glouc-Ott
1:00.47 Claude Lamy,17,Select
1:00.48 Shane Esau,17,Univ.Calg
1:00.54 John McCaffray,16,Hyack
1:00.80 Mark Bray,16,Reg Waterl
1:01.07 Tony McIlveen,17,Hamilton
1:01.13 Gary Vandermeulen,16,Vernon
1:01.19 Mike Perchinsky,17,Edm Olym
1:01.30 Sheldon Sunderland,17,Kingston
1:01.43 Howie Ewashko,17,Edm Olym
1:01.53 Rob Chernoff,16,Univ.Calg
1:01.57 Ian Cadorette,17,Beaconf'ld
1:01.58 Patrick Smith,17,Cdn.Dolph
1:01.60 Mike Greenizan,17,Glouc-Ott
1:01.61 Tom Mortlock,15,Nepean
1:01.63 Regent Lacoursiere,15,Mtl-Aquat
1:01.66 Bernard Landry,16,Rimouski
1:01.78 Ian Lightbody,17,Oakville
1:01.96 Rob Machibroda,17,Sask Goldf
1:02.00 Darcy Lewis,17,Oshawa
1:02.05 David Kirk,17,Winn Manta
1:02.12 Robert Best,17,Edm Olym
1:02.18 Ryan Dineen,16,Reg Waterl
1:02.18 Steve Nordstrum,17,Saints
1:02.21 Keith Smout,16,Mississaug
1:02.26 Derek Lux,15,Edm Olym
1:02.30 Fin Donnelly,16,Hyack
1:02.31 David Seabrook,17,Frederct'n
1:02.34 Andre Denton,16,Univ.Toron
1:02.34 Simon Baronet,16,CapRouge
1:02.47 David Shemilt,17,Saints

200 METRES FLY/PAPILLON

Rec: 2:00.78 P.Ward, CDSC,81

2:03.62 Tom Ponting,17,Univ.Calg
2:04.18 Frederic Chalut,16,Mtl-Aquat
2:06.52 Jon Kelly,16,Vic Olym
2:06.86 Shane Esau,17,Univ.Calg
2:07.59 Sandy Goss,15,North York
2:10.07 Rod Archibald,17,Cdn.Dolph
2:10.21 Trevor Lamb,17,Univ.Calg
2:10.36 Sean Gallagher,15,Calg Casc
2:10.50 John McCaffray,16,Hyack
2:10.92 Michel Ladouceur,17,Mtl-Aquat
2:11.03 Geoff Grover,17,Cdn.Dolph
2:11.07 Rob Chernoff,17,Univ.Calg
2:11.10 Ralph VanDonselaar,15,Edm Oly
2:11.31 Claude Lamy,17,Select
2:11.42 David Young,17,Cdn.Dolph
2:11.73 Martin Wray,17,Edm Keyano
2:12.25 Geoff Donelly,17,Cdn.Dolph
2:12.74 Jeff Sheehan,17,Univ.Calg
2:12.78 Keith Smout,16,Mississaug
2:13.25 Patrick Smith,17,Cdn.Dolph
2:13.93 Ryan Sprague,16,Hyack
2:14.07 Peter VanDyke,16,Cdn.Dolph
2:14.35 Stephen Lines,17,Winn Manta
2:14.64 Neil Hodge,16,Burlington
2:14.96 Jim Tunney,17,Glouc-Ott
2:15.20 Derek Lux,15,Edm Olym
2:15.21 Barton Wells,15,Man Marlin
2:15.46 Robert Best,17,Edm Olym
2:15.65 Ian Cadorette,17,Beaconf'ld
2:15.89 Chris Lambert,16,Mtl-POM
2:15.90 Mike Greenizan,17,Glouc-Ott
2:16.10 Terry Livingston,15,Regina
2:16.14 Steve Nordstrum,17,Saints
2:16.20 Marc Campbell,17,Memor.Univ
2:16.32 Michael Hamilton,16,Univ.Calg
2:16.90 Jeff Kleven,16,Sudb LUSC
2:17.04 Todd Poulsen,17,Univ.Calg
2:17.36 Ben Mikuska,17,Winn Manta
2:17.53 David Kirk,17,Winn Manta
2:17.57 Marc Lapalme,17,Tracy
2:17.59 Fin Donnelly,15,Hyack
2:17.71 Blair Rutledge,17,Oakville
2:17.76 Michael Quinlan,16,Calg Casc
2:17.93 Sheldon Sunderland,17,Kingston
2:18.15 Marco Cavazzoni,16,Pt-Claire
2:18.34 Deke Botsford,15,Etobicoke
2:18.70 Gilles Cinq-Mars,16,Sudb LUSC
2:18.99 Charlie Harrison,15,Scarboro
2:19.02 Darryl Borland,15,Hamilton
2:19.16 Darren Hanvey,16,Mississaug

200 METRES I.M./QUATRE NAGES
Rec: 2:02.78 A.Baumann, LUSC,81

2:07.90 Jeff Sheehan,17,Univ.Calg
2:10.06 Rod Archibald,17,Cdn.Dolph
2:10.25 Rob Chernoff,17,Univ.Calg
2:12.70 Mike Tuck,17,Memor.Univ
2:12.96 Tom Ponting,17,Univ.Calg
2:13.21 Darren Hanvey,17,Mississaug
2:13.50 Sandy Goss,15,North York
2:15.29 Frederic Chalut,16,Mtl-Nord
2:15.70 Steven Thomas,17,Hamilton
2:15.92 Jon Kelly,16,Vic Olym
2:15.97 Darcy Wallingford,15,Sudb LUSC
2:16.08 Regent Lacoursiere,15,Mtl-Aquat
2:16.22 Gilles Deschenes,17,Dauph Hull
2:16.34 Ernie Jones,17,Windsor
2:16.44 Sean Gallagher,15,Calg Casc
2:16.46 Tony McIlveen,17,Hamilton
2:17.10 David Evans,15,Edm Keyano
2:17.41 Mike Hamilton,16,Univ.Calg
2:17.43 Jamie Kemp,16,Trent
2:17.73 Geoff Donelly,17,Cdn.Dolph
2:18.13 Alain Renaud,15,Trois-Riv
2:18.27 Shane Esau,17,Univ.Calg
2:18.43 Mike West,17,Reg Waterl
2:18.48 Steven Lines,17,Winn Manta
2:18.58 Bruce McHaffie,16,Winn Manta
2:19.06 Albert Shaar,15,Mtl-POM
2:19.30 Roland Ostermeier,17,Hamilton
2:19.50 Geoff Grover,17,Cdn.Dolph
2:19.58 Steve Nordstrum,17,Saints
2:19.60 Paul Steppan,17,Scarboro
2:19.67 Phillip Skinder,16,Hyack
2:19.84 Martin Wray,17,Edm Keyano
2:19.89 Jack Donohue,17,Thun Bay
2:19.90 Marco Cavazzoni,16,Pt-Claire
2:19.96 Jean-S. Piche,16,Mtl-Aquat
2:20.02 Mark Kaiway,15,Van Pacif
2:20.06 David Young,16,Cdn.Dolph
2:20.07 Bernard Landry,16,Rimouski
2:20.10 Ralph VanDonselaar,15,Edm Oly
2:20.16 Deke Botsford,15,Etobicoke
2:20.34 David Shemilt,17,Brock
2:20.42 Keith Smout,16,Mississaug
2:20.47 Mike Robbie,17,Winn Manta
2:20.53 Mark Brand,16,Edm Keyano
2:20.59 Marc Bouchard,16,Granby
2:20.69 Rob Traynor,15,Cdn.Dolph
2:20.84 Simon Baronet,16,CapRouge
2:20.87 Stan Fisher,17,Edm Olym
2:20.89 Terry Livingston,15,Regina
2:20.99 Robert Best,17,Edm Olym

400 METRES I.M./QUATRE NAGES
Rec: 4:22.39 A.Baumann, LUSC,81

4:35.37 Jeff Sheehan,17,Univ.Calg
4:37.46 Rob Chernoff,16,Univ.Calg
4:39.80 Sandy Goss,15,North York
4:43.26 Tom Ponting,17,Univ.Calg
4:44.03 Frederic Chalut,16,Mtl-Aquat
4:44.86 Geoff Donelly,17,Cdn.Dolph
4:45.15 Rod Archibald,17,Cdn.Dolph
4:46.07 Deke Botsford,15,Etobicoke
4:47.09 Geoff Grover,17,Cdn.Dolph
4:47.33 Ben Mikuska,17,Winn Manta
4:47.41 David Evans,15,Edm Keyano
4:47.46 Mike Hamilton,16,Univ.Calg
4:48.58 Trevor Jakisch,15,Winn Manta
4:48.60 Darcy Wallingford,15,Sudb LUS
4:48.68 Jon Kelly,16,Vic Olym
4:50.60 Steven Thomas,17,Hamilton
4:50.63 Ernie Jones,17,Windsor
4:51.81 Ryan Sprague,16,Hyack
4:52.21 Sean Gallagher,15,Calg Casc
4:52.68 David McFadyen,15,Regina
4:52.71 Darren Hanvey,16,Mississaug
4:52.74 David Shemilt,17,Brock
4:52.82 Terry Livingston,15,Regina
4:53.22 Keith Smout,16,Mississaug
4:53.92 Marc Bouchard,16,Granby
4:54.10 David Young,17,Cdn.Dolph
4:54.81 Shane Esau,17,Univ.Calg
4:55.65 Chris Bowie,15,Cdn.Dolph
4:55.90 Roland Ostermeier,17,Hamilton
4:56.22 Sean McHaffie,16,Winn Manta
4:56.40 Tony McIlveen,17,Hamilton
4:56.56 Robert Best,17,Edm Olym
4:56.96 Jean-S. Piche,16,Mtl-Aquat
4:57.78 Dean Shaw,17,Mississaug
4:57.87 David Kirk,17,Winn Manta
4:58.34 Mark Brand,16,Edm Keyano
4:58.56 Paul Anderson,16,Brantford
4:58.75 Phillip Skinder,16,Hyack
4:59.21 Brent Aquino,17,North York
4:59.26 Albert Shaar,16,Mtl-POM
4:59.40 Brad Dye,17,Hyack
4:59.60 Mike Tuck,17,Memor.Univ
4:59.70 Jeff Kleven,16,Sudb LUSC
4:59.95 Brian Wasylowych,17,Saints
5:00.06 Jack Donohue,17,Thun Bay
5:00.24 Ron Melnyk,16,London Y
5:00.27 Rejean Boucher,15,Shawinigan
5:00.93 Mike West,17,Reg Waterl
5:00.97 Rob McLean,17,Tor York
5:01.05 Neil McKinlay,17,Vic Olym

4x50 M MEDLEY REL QUATRE NAGES
Rec: 1:54.00 Select Quebec, ,76

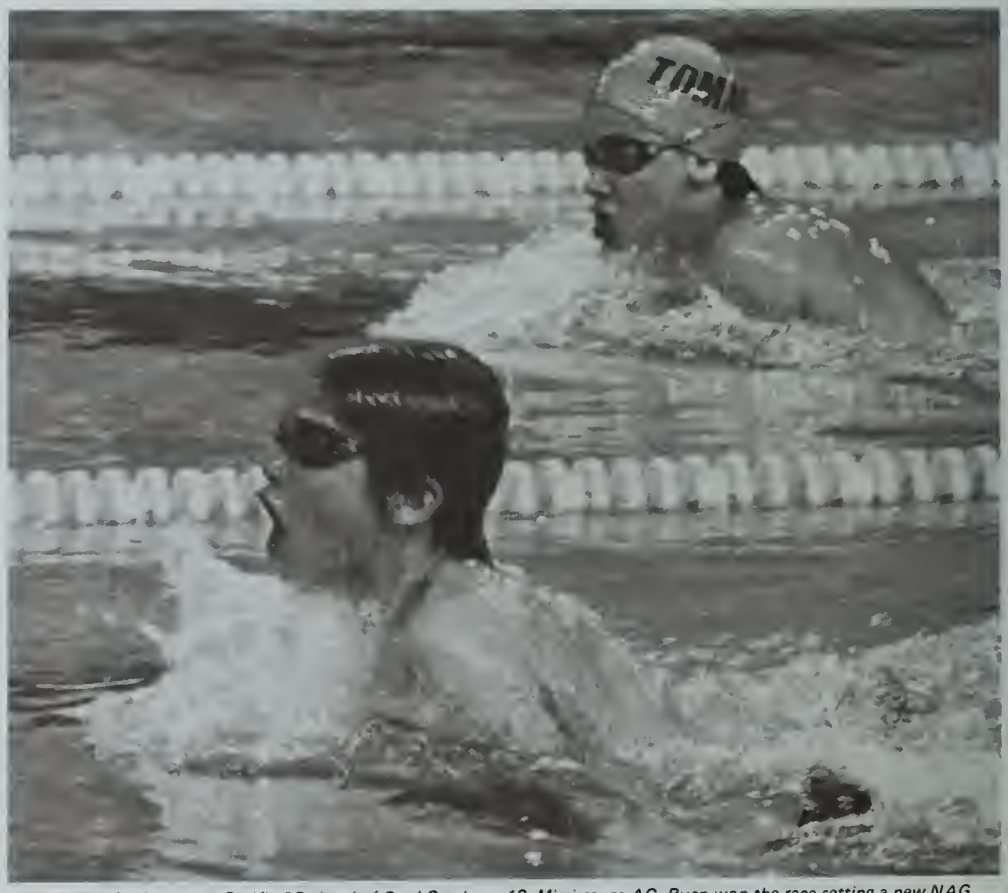
1:55.57 Cdn.Dolphin,
1:56.26 Edm Olympian,
1:56.50 Greenwood,
1:57.14 North York,
1:58.52 Oakville,
1:58.72 Pt-Claire,
1:59.06 Univ.Calgary,
1:59.54 Mississauga,
2:00.25 Edm Keyano,
2:00.70 Hamilton,
2:01.85 Calg Cascade,
2:02.00 Sask Goldfin,
2:02.58 Regina,
2:04.30 Sudbury LUSC,
2:04.44 Vic Olympian,
2:05.02 Fredericton,
2:05.36 Granby,
2:06.53 Nepean,
2:06.83 Chinguacousy,
2:07.50 Soo Y Dolphi,
2:07.70 Tor York,
2:08.65 Montreal POM,
2:10.10 Woodbridge,
2:10.40 Sask Laser,
2:10.40 Elliot Lake ,
2:12.11 Edm CFB Nept,
2:13.90 Etobicoke,
2:15.30 Sault St.Mar,
2:16.40 Glouc-Ottawa,
2:17.70 New Sud Dol,
2:22.56 Cowansville,

4x50 M FREE REL LIBRE
Rec: 1:41.95 Univ.Calgary, ,82

1:41.95 Univ.Calgary,
1:42.30 Winn Manta,
1:42.36 Nepean,
1:43.15 Winn Blues,
1:43.93 Beaconsfield,
1:44.85 Cdn.Dolphin,
1:45.45 Pt-Claire,
1:45.63 Mtl-Aquatic,
1:46.53 Edm Keyano,
1:46.75 Edm Olympian,
1:46.76 Halifax,
1:46.77 London Y,
1:46.82 Calg Cascade,
1:46.82 Oakville,
1:48.36 Vic Olympian,
1:48.40 Mississauga,
1:48.46 Regina,
1:48.84 North York,
1:49.09 Trent,
1:49.40 Montreal POM,
1:49.54 Kelowna,
1:49.59 Atikokan,
1:49.63 Mtl-Nord,
1:49.70 Hamilton,
1:50.00 Sudbury LUSC,
1:50.46 Hyack,
1:50.85 Sask Goldfin,
1:51.00 Tor York,
1:52.06 Chinguacousy,
1:52.55 Guelph,
1:52.66 Brantford,
1:52.90 Thunder Bay,
1:53.13 Glouc-Ottawa,
1:53.42 Edm CFB Nep,
1:53.50 Soo Y Dolphi,
1:53.70 Sudb LUSC,
1:54.23 Sherbrooke,
1:54.53 Tracy,
1:54.80 Sault St.Mar,
1:55.09 Fredericton,
1:55.22 Grd.Prairie,
1:56.72 Sask Laser,
1:58.20 Elliot Lake,
1:59.68 Ste-Foy,
2:00.36 Brossard,
2:00.40 New Sud Dol,
2:02.66 Kenora,

Donna McGinnis,13, Edmonton Keyano
Top ranked in distance free and i.m. events, recently selected to the Commonwealth Team.

Alison Dozzo,14,North York
The most versatile swimmer in her age group.



Sean Ryan,12, Vancouver Pacific SC ahead of Brad Creelman,12, Mississauga AC. Ryan won the race setting a new NAG Six weeks later, Creelman shattered that mark by two seconds and added the 200 record.

Photo by Jim Snow

CANADA CUP

CANADA CUP INTERNATIONAL

ETOBICOKE SWIM CLUB DEC. 3-5, 1982 SHORT COURSE (25 - metre pool)

ORDER OF EVENTS & ENTRY STANDARDS

Heats: warm-up 8:00 – 9:45 am START 10:00 am
Finals: warm-up 4:30 – 5:45 pm START 6:00 pm
Sunday only: Finals and warm up to start **1 hour** *earlier!*

Friday, Dec.3

WOMEN	*EVENT*	*MEN*
9:21.00	800 free *	16:46.00+
2:49.8	200 breast	2:36.0
2:11.0	200 free	2:00.4
1:08.0	100 fly	1:01.4
2:29.2	200 i.m.	2:15.2
	4x200 FR*	

Saturday, Dec.4

WOMEN	*EVENT*	*MEN*
5:15.5	400 i.m.	4:54.6
28.5	50 free	25.7
1:19.0	100 breast	1:11.5
1:11.0	100 back	1:03.9
4:35.1	400 free	4:14.7
	4x100 FR*	

Sunday, Dec.5

WOMEN	*EVENT*	*MEN*
9:21.0+	1500 free*	16:46.0
2:30.9	200 back	2:18.2
1:01.1	100 free	55.6
2:28.2	200 fly	2:16.1
	4x100 MR*	

* events so marked are time finals
distance heats will be following morning
heat sessions, final heat during finals
all relay heats during finals.

\+ new event, use 800/1500 time for seeding

FINALS AND CONSOLATION IN ALL EVENTS WITH PRELIMINARIES

AWARDS: Medals from 1st to 3rd

ENTRY FORMS & Information

Etobicoke Swim Club
590 Rathburn Road
Etobicoke, Ontario, M9C 3T3
Tel: (416) 622-0154

PLAN TO ATTEND OTHER MEETS HOSTED BY THE ETOBICOKE SWIM CLUB

November 6-7	**SPRINT MEET** entry fee $2.50/event Awards: medals 1st to 3rd ribbons 4th to 8th	No time standards – 50 & 100 of all stroke plus 200 i.m. All ages in two sessions – time finals only 9:30 am 13-14 and 15 & over 1:30 pm 10 & under and 11-12
May 1983	**LC SPRINT MEET**	Same format as above
June 1983	**AGE GROUP INTERNATIONAL**	10 & under, 11-12, 13-14 and 15-17 heats and finals with full program

For additional information

Etobicoke Swim Club
590 Rathburn Road
Etobicoke, Ontario
M9C 3T3

1982 Junior Nationals

August 6 to 8 was the date for the East (Halifax) and West (Winnipeg) Junior Nationals. For many this was to be the culmination of the season's work, for a few the first step up the ladder of national and perhaps international success.

The meets were successful in involving 590 swimmers (354 in the east and 236 in the west). A comparison of first places gives the edge to the eastern meet 19 events to 13.

Any doubts about where the Junior Nationals fit into our program can be set aside with the following observation. Last year Tom Ponting, of UCSC won five events at the western Junior Nationals, this summer, he earned a spot on our Commonwealth Team by finishing first in the 100 fly at the trials. Another swimmer who made a successful transition was London Y's John Waring, a three event winner and record setter a year ago, who placed third at the nationals in the 100 fly.

Five new meet records were established this year. In two events the record was set in both the east and west.

Denise Gereghty,15, of Laurentian University was the star of the women's meet in the east. Not only did she win four events but set a new meet record in the 100 free with her 1:00.74.

Youngest winner in the east was 12 year old Lianne Shields of Dollard Des Ormeaux in Quebec. She won both backstroke events.

Pointe Claire took the women's team title with 477 points to runner up London Y with 344.

London 's Ron Melnyk shared top swimmer of the meet honour with Regent Lacoursiere of CAMO.

Melnyk won the 200, 400, and 1500 free with a meet record in the 400 free of 4:09.89. Lacoursiere took firsts in the 100 free, 200 im added a second in the 200 free and a third in the 400 free.

North York took the men's team title with 390 points to 328 for London. The overall team championships went to London with 672.

Ralph Vandonselaar, OSC

Lea Mahood, CDSC

In the western meet perhaps the best candidate to make an impact on the national level is 12 year old Lea Mahood of the Canadian Dolphins. She was three event winner, 100 and 200 fly and the 200 breast adding seconds in the 200 and 400 i.m.

Inspite of Lea's strong showing, Edmonton Keyano's dominated women's swimming with a point total of 706 to the CDSC's 520.

The 400 i.m. had a meet record performance as Sarah Manning,18 of the Keyano's won with 5:12.93. However this time was further improved in the eastern meet by Marie-Claude Saumure of Valleyfield with a 5:10.79.

The western men's results were dominated by Ralph VanDonselaar's four wins. Ralph took the 100, 200 and 400 free and the 100 fly. He added a third in the 200 fly. His time in the 100 fly 59.45 was a new meet record.

University of Calgary won the men's team title with 835 points, helped by Mark Tewksbury's meet record performance in the 200 back with 2:15.19.

Calgary's strong showing in men's events added to their women's score enabled them to take the overall team title with 1324 points to Manta's 899.5.

Regent Lacoursiere, CAMO

Summer (Ic) East/West Junior Nationals Meet Records 1975-82

Men	Event	Women
24.97 John Waring, London Y, 81	50 free	28.07 Jane Kerr, Etobicoke, 80
54.03 John Waring, London Y, 81	100 free	1:00.74 Denise Gereghety, LUSC, 82
1:57.81 John Waring, London Y, 81	200 free	2:10.09 Martine Lamarre, Foothills SC,77
4:09.89 Ron Melnyk, London Y, 82	400 free	4:31.40 Gabe Sponheimer, Cascade SC,78
16:30.95 Dean DeKoster, Hyack,78	1500/800 fr	9:17.21 Lisa Dixon, Calg Winter Club, 78
1:01.92 Bruce Baird, Pointe Claire, 78	100 bk	1:08.92 Lyne Royer, Sherbrooke, 78
2:15.19 Mark Tewksbury, Univ.Calg, 82	200 bk	2:27.91 Kelly Ursan, Hyack 81
1:09.35 Todd Gray, Brantford, 80	100 br	1:17.72 Anne deRepentigny,Ott Kingf.78
2:30.64 Darren Hanvey, Mississauga AC, 81	200 br	2:49.77 Miriam Deraspe, Mtl-Aquatic, 78
59.45 Ralph Vandonselaar, Olympian SC,82	100 fly	1:05.99 Gabe Sponheimer, Cascade 78
2:08.80 Peter Ward, Etobicoke SC, 7878	200 fly	2:23.04 Suann Palmer, Edm Olym, 77
2:14.05 Alec Main, North York AC, 81	200 im	2:28.31 Mich MacPherson, Etob,78
4:45.21 Dick Heerema, Foothills SC, 78	400 im	5:10.79 Marie-C.Saumure,Valleyfield, 82
4:10.02 Etobicoke SC, 78	400 MR	4:39.21 Etobicoke SC, 79
1:41.72 North York AC, 81	200 FR	1:52.82 Etobicoke SC, 78
3:43.91 Hyack SC, 78	400 FR	4:05.28 Etobicoke SC, 78

Eastern Junior Nationals
Halifax, Aug.6-8 (50 m pool)
WOMEN
50 m freestyle
28.52 D.Gereghty,15,LUSC
28.89 L.MacAskill,15,HTAC
28.92 K.Exelby,13,Trenton
29.00 M.Johns,14,Trenton
29.01 C.Fournier,17,Perth
29.03 M.Normand,17,Montm
29.09 F.Welsh,18,Brant
C:29.30 K.Patterson,12,HWAC
100 m freestyle
1:00.74 D.Gereghty,15,LUSC
1:01.55 J.Poulin,17,POM
1:03.07 B.Cavers,15,LonY
1:03.10 D.Villeneuve,16,CNMN
1:03.15 C.Docherty,13,PCSC
1:03.29 L.Fedora,14,UTSC
1:03.63 C,Manryk,14,CNSF
1:05.14 K.Exelby,13,Trenton
C:1:02.98 J.Chapdelaine,POM
200 m freestyle
2:10.36 D.Gereghty,15,LUSC
2:11.03 C.Condello,14,HWAC
2:11.73 C.Delany,15,NYAC
2:13.60 J.Chapdelaine,15,POM
2:14.21 H.Peppin,13,SSAC
2:14.21 V.Skipper,15,Brant
2:15.05 E.Searcy,14,Windsor
2:15.45 S.MacLean,GO
C:2:13.36 C.Docherty,13,PCSC
400 m freestyle
4:32.28 C.Condello,14 HWAC
4:34.77 C.Delany,15,NYAC
4:36.20 E.Searcy,14,Windsor
4:36.26 K.Milne,12,LonY
4:36.27 S.MacLean,16,GO
4:36.43 D.Lebrun,13,CAMO
4:37.58 N.Poudrier,14,POM
4:39.19 J.Chapdelaine,15,POM
C:4:36.61 C.Docherty,13,PCSC
800 m freestyle
9:19.11 H.Peppin,13,SSAC
9:19.96 D.Lebrun,13,CAMO
9:25.67 M.Saumure,14,CAS
9:25.95 C.Delany,15,NYAC
9:28.53 M.Lember,16,Markhan
9:30.59 N.Poudrier,14,POM
9:31.32 C.Condello,14,HWAC
9:32.26 S.Dennis,15,CAMO
C:9:35.15 K.Milne,12,LonY
100 m backstroke
1:10.36 L.Shields,12,DDO
1:10.57 M.DeBruin,14,Oak
1:11.60 P.Choquet,12,CNB
1:11.70 K.Helmsatedt,15,KY
1:11.75 C.Manryk,14,CNSF
1:11.78 F.Welsh,18,Brant
1:12.07 K.Black,15,HWAC
1:12.43 N.Henderson,15,Oak
C:1:11.84 K.Hanson,14,PCSC
200 m backstroke
2:30.10 L.Shields,12,DDO
2:31.40 M.DeBruin,14,Oak
2:32.27 T.Neumann,13,PCSC
2:33.97 K.Hanson,14,PCSC
2:34.10 K.Helmsatedt,15,KY
2:34.18 K.Black,15,HWAC
2:34.91 J.Prudhomme,14,CAM
2:35.27 N.Henderson,Oak
C:2:33.96 V.Skipper,15,Brant
100 m breaststroke
1:18.28 J.Bald,16.Nepean
1:20.20 T.Neumann,13,PCSC
1:21.18 V.Carbonnel,13,PCSC
1:21.22 J.Pincott,15,ENC
1:21.43 B.Cavers,15,LonY
1:21.59 C.Meilleur,14,PCSC
1:22.23 G.Roy,16,CNSF
1:22.86 J.Rann,12,Windsor
C:1:22.68 A.Mason,13,WTSC
200 m breaststroke
2:50.42 C.Meilleur,14,PCSC
2:51.12 V.Carbonnel,13,PCSC
2:51.55 J.Pincott,15,ENC
2:51.84 B.Cavers,15,LonY
2:52.77 T.Neumann,13,PCSC
2:55.09 J.Rann,12,Windsor
2:55.76 G.Roy,16,CNSF
2:57.43 F.Lapointe,14,CAMO
C:2:53.15 A.Noonan,15,SSAC
100 m butterfly
1:07.20 M.Saumure,14,CAS
1:07.32 C.Condello,14,HWAC
1:07.88 J.Chalmers,16,LonY
1:08.18 L.Doucette,13,UTSC
1:08.67 N.Leveille,14,CAMO
1:10.04 B.Robertson,14,PCSC
1:10.28 J.Janzen,16,LonY
1:11.28 L.Shields,12,DDO
C:1:08.48 A.Jensen,13,COBR,
200 m butterfly
2:23.84 M.Saumure,14,CAS
2:26.46 C.Docherty,13,PCSC
2:27.06 L.Gardiner,14,ROW
2:29.30 L.Doucette,13,UTSC
2:29.66 C.MacKinnon,14,PC
2:29.73 J.Chalmers,16,LonY
2:30.17 N.Leveille,14,CAMO
2:31.43 S.MacLean,16,GO
C:2:29.14 C.Pitre,15,CNMN
200 m ind.medley
2:28.36 D.Gereghty,15,LUSC
2:28.40 T.Neumann,13,PCSC
2:28.98 M.Saumure,14,CAS
2:31.79 L.Doucette,13,UTSC
2:33.13 K.Helmsatedt,15,KY
2:33.65 L.Gardiner,14,ROW
2:35.59 K.Black,15,HWAC
2:36.24 B.Cavers,15,LonY
C:2:33.99 L.Fedora,14,UTSC
400 m ind.medley
5:10.79 M.Saumure,14,CAS
5:15.01 T.Neumann,13,PCSC
5:21.15 K.Black,15,HWAC
5:23.07 L.Gardiner,14,ROW
5:23.97 B.Cavers,15,LonY
5:30.60 K.Hanson,14,PCSC
disq C.Delany,15,NYAC
disq D.Lebrun,13,CAMo
C:5:21.76 N.Poudrier,14,POM
4x100 m medley relay
4:43.59 London Y
4:43.70 Pointe Claire B
4:48.34 Pointe Claire A
4:49.65 Hamilton-Wentworth
4:49.79 Montreal Aquatic A
4:52.93 Montreal Aquatic B
4:53.15 Nepean SC
4:53.72 Windsor
4x50 m free relay
1:52.89 Montreal Aquatic A
1:56.37 London Y
1:56.54 Hamilton-Wentworth
1:56.92 Halifax Trojan
1:57.75 Nepean SC
1:57.79 Pointe Claire A
1:58.78 Windsor
1:59.07 Montreal POM
4x100 m free relay
4:13.42 London Y A
4:14.03 Montreal POM
4:14.64 Pointe Claire A
4:18.51 Montreal Aquatic
4:18.73 Windsor
4:18.96 Halifax Trojan
4:19.05 Scarboro Spartan
4:19.84 London Y B

MEN
50 m freestyle
25.19 F.Laroche,18,CRSA
25.42 S.Forsey,18,NYAC
25.66 A.Denton,16,UTSC
25.71 S.Keith,16,Oshawa
25 90 C.Smith,16,NYAC
25.90 K.Boyd,18,Nepean
25.96 D.Lewis,17,Oshawa
26.22 E.Jones,17,Windsor
C:26.01 S.Mongeon,Samak
100 m freestyle
55.50 R.Lacoursiere,15,CAMO
56.03 S.Jones,17,Nepean
56.05 S.Keith,16,Oshawa
56.26 S.Forsey,18,NYAC
56.31 B.MacPherson,17,ROW
56.65 S.Mongeon,20,Samak
56.84 B.Johnson,18,GO
57.04 P.Kadowaki,18,BBF
C:57.07 K.Boyd,18,Nepean
200 m freestyle
1:59.01 R.Melnyk,16,LonY
1:59.08 R.Lacoursiere,CAMO
2:01.90 B.MacPherson,17,ROW
2:02.06 B.Johnson,18,GO
2:03.50 S.Faithfull,16,PCSC
2:03.56 M.Dickinson,14,MAC
2:04.26 P.Kadowaki,18,BBF
2:04.53 S.Jones,17,Nepean
C:2:02.83 C.Chalmers,14,LY
400 m freestyle
4:09.89 R.Melnyk,16,LonY
4:14.45 C.Chalmers,14,LonY
4:14.58 R.Lacoursiere,15,CAM
4:16.07 B.Volz,13,NYAC
4:16.48 B.MacPherson,17,ROW
4:16.79 K.Smouth,TOMAC
4:19.35 L.Roy,17,CNS
4:23.41 S.Faithfull,16,PCSC
C:4:18.18 M.Dickinson,MAC
1500 m freestyle
16:31.49 R.Melnyk,16,LonY
16:38.09 B.Volz,13.NYAC
16:38.39 C.Chalmers,14,LonY
16:57.75 D.Shaw,17,TOMAC
16:58.06 M.Dickinson,14,MAC
16:58.07 S.Faithfull,16,PCSC
17:03.61 J.Guilboard,15,CAM
17:13.54 L.Roy,17,CNS
C:17:14.46 R.Boucher,15,ICI
100 m backstroke
1:03.87 M.Bouchard,16,CNG
1:04.05 D.Murchie,14,HTAC
1:04.15 E.Jones,17,Windsor
1:04.45 D.Doyglas,18,Brant
1:05.09 I.McElroy,15,HWAC
1:05.16 B.Johnson,18,GO
1:06.01 D.Foster,TOMAC
1:06.43 K.Crockower,16,Trent
C:1-05.97 S.Wright,15,HWAC
200 m backstroke
2:16.47 M.Bouchard,16,CNG
2:16.59 D.Foster,17,TOMAC
2:17.69 J.Piche,16,CAMO
2:17.83 E.Jones,17,Windsor
2:19.38 D.Murchie,14,HTAC
2:19.46 N.MacPherson,21,Lon
2:19.83 I McElroy,15,HWAC
2:24.04 K.Crockower,16,Trent
C:2:19.99 F.Wiemer,16,PCSC
100 m breaststroke
1:11.11 S.Ohi,16,NYAC
1:11.30 P.Sylvain,15,Mtmy
1:11.45 R.Bland,18,Windsor
1:11.64 S.Baronet,16,CRSA
1:11.82 R.Melnyk,16,LonY
1:11.98 B.Geddes,16,GO
1:12.51 A.Denton,16,UTSC
disq D.Lewis,17,Oshawa
C:1:11.82 M.Kowaluk,CNSL
200 m breaststroke
2:33.77 S.Ohi,16,NYAC
2:35.23 S.Baronet,16,CRSA
2:35.24 D.Leblanc,13,POM
2:35.27 R.Bland,18,Windsor
2:36.48 C.Cormier,16,POM
2:36.91 R.Boucher,15,ICI
2:38.73 B.Geddes,16,GO
disq E.Morrissette,Keeta
C:2:36.01 P.Sylvain,15,Mtmy
100 m butterfly
1:00.30 S.Forsey,18,NYAC
1:00.42 J.Tunney,17,GO
1:00.73 G.Wood,18,Nepean
1:00.98 M.Bray,16,ROW
1:01.61 T.Mortlock,16,Nepear
1:01.63 R.Lacoursiere,CAMO
1:02.00 D.Lewis,17,Oshawa
1:02.41 B.Landry,16,Rimousk
C:1:01.57 I.Cadorette,17,BBF
200 m butterfly
2:12.78 K.Smout,TOMAC
2:14.96 J.Tunney,17,GO
2:15.89 C.Lambert,17,POM
2:18.57 B.Rutledge,17,Oak
2:19.72 G.Cinq-Mars,LUSC
2:20.30 D.Thompson,14,Cobr
2:20.80 D.Borland,15,HWAC
C:2:18.99 C.Harrison,SSAC
200 m ind.medley
2:16.08 R.Lacoursiere,CAMO
2:16.34 E.Jones,18,Windsor
2:17.91 M.McMurray,18,BBF
2:18.13 A.Renaud,15,Trois-R
2:18.28 K.Boyd,18,Nepean
2:20.26 J.Piche,16,CAMO
2:20.74 M.Bouchard,16,CNG
2:23.06 B.Landry,16,Rimousk
C:2:18.28 S.Baronet,16,CRSA
400 m ind.medley
4:50.63 E.Jones,17,Windsor
4:53.22 K.Smout,TOMAC
4:53.92 M.Bouchard,16,CNG
4:57.24 J.Piche,16,CAMO
4:57.78 D.Shaw,TOMAC
4:58.56 P.Anderson,16,Brant
4:59.81 C.Cormier,18,POM
disq R.McLean,17,York
C:4:56.74 B.Volz,13,NYAC
4x100 m medley relay
4:13.62 Glouc-Ottawa
4:15.36 North York
4:16.13 Nepean A
4:18.06 Beaconsfield
4:23.19 Nepean B
4:23.55 Trent
4:24.86 London Y
4:27.69 Pointe Claire
4x50 m free relay
1:42.36 Nepean A
1:42.57 North York
1:43.53 Nepean B
1:43.93 Beaconsfield
1:45.65 Glouc-Ottawa
1:46.77 London Y
1:47.07 Montreal Aquatic
1:47.81 Halifax Trojan
4x100 m free relay
3:46.55 Nepean A
3:46.67 Beaconsfield
3:48.71 London Y
3:48.76 North York
3:51.23 Nepean B
3:52.12 Glouc-Ottawa
3:55.34 Pointe Claire
3:56.22 Mississauga

Western Junior Nationals
Winnipeg, Aug.6-8 (50 m pool)
WOMEN
50 m freestyle
28.35 R.Gyrlevich,13,MJKFF
28.51 J.Hayden,15,OSC
28.74 D.Tibelius,16,Manta
29.08 A.Lister,14,Keyano
29.30 C.Jones,14,Keyano
29.63 C.Driftz,13,Manta
29.65 M.Milicevic,14,VPSC
29.80 C.Philps,17,VKSC
C:29.25 A.Cumming,13,Fox
100 m freestyle
1:01.38 A.Lister,14,Keyano
1:01.87 J.Black,17,Hyack
1:01.95 R.Gyrlevich,13,MJKF
1:02.22 A.MSoroka,14,CDSC
1:02.75 D.Tibelius,16,Manta
1:04.01 H.Spratt,16,MJKFF
1:04.03 C.Jones,14,Keyano
1:04.13 T.Simbalist,14,UCSC
C:1:02.82 J.Hayden,15,OSC
200 m freestyle
2:11.66 A.Lister,14,Keyano
2:12.19 D.Tibelius,16,Manta
2:13.61 C.Bowden,14,VPSC
2:14.00 J.Black,17,Hyack
2:14.61 H.Spratt,16,MJKFF
2:15.16 T.Buchignani,14,UCSC
2:16.70 J.Hayden,15,OSC
2:27.40 B.Zubrecki,12,CDSC
C:2:15.16 C.Jones,14,Keyano
400 m freestyle
4:32.79 A.Lister,14,Keyano
4:36.18 D.Tibelius,16,Manta
4:37.13 T.Buchignani,14,UCSC
4:38.60 S.Barrett,13.Hyack
4:39.49 H.Spratt,16,MJKFF
4:41.71 N.Johnson,14,ROD
4:45.50 J.Black,17,Hyack
4:48.60 J.Hashimoto,14,CDSC
C:4:41.40 C.Jones,14,Keyano
800 m freestyle
9:27.78 H.Spratt,16,MJKFF
9:30.48 S.Barrett,13,Hyack
9:36.16 T.Buchignani,14,UCSC
9:37.61 N.Johnson,14,ROD
9:37.87 A.Lister,14.Keyano
9:38.15 J.Hashimoto,14,CDSC
9:44.11 C.Jones,14,Keyano
9:44.90 D;Tibelius,16,Manta
C:9:46.77 S.Manning,18,Keyan
100 m backstroke
1:10.89 T.Simbalist,14,UCSC
1:11.12 L.Baker,14,Keyano
1:11.14 S.Melody,17,WestVan
1:11.41 S.Keown,13,UCSC
1:11.84 C.Bowden,14,VPSC
1:12.67 S.Frisby,12,CDSC
1:13.06 C.Mabee,13,Hyack
1:13.20 C.Parkes,16,Manta
C:1:11.53 C.Philps,17,VKSC
200 m backstroke
2:29.74 S.Melody,17,WestVan
2:29.74 T.Simbalist,14,UCSC
2:31.53 S.Frisby,12,CDSC
2:31.73 S.Keown,13,UCSC
2:32.91 S.Manning,18,Keyano
2:33.17 C.Bowden,14,VPSC
2:33.92 J.Wiggins,15,Keyano
2:35.94 L.Baker,14,Keyano
C:2:34.43 P.Giesen,13,UCSC
100 m breaststroke
1:20.71 K.Pearson,14,Gold
1:21.19 N.Szmolyan,14,UCSC
1:21.45 C,Orcheski,13,Keyano
1:21.70 J.McCaffray,22,PrGeor
1:22.22 H.Terriff,16,UCSC
1:22.44 K.Blondal,15,CDSC
1:23.23 C.O'Conner,16,Hyack
1:24.22 C.O'Bray,15,Surrey
C:1:22.94 M.Winniski,Keyano
200 m breaststroke
2:50.25 L.Mahood,12,CDSC
2:52.80 C.Orcheski,13,Keyano
2:52.89 K.Blondal,15,CDSC
2:53.97 K.Pearson,14,Gold
2:54.04 C.Driftz,13,Manta
2:54.61 N.Szmolyan,14,UCSC
2:56.88 J.McCaffray,22,Pr.Geor
2:59.11 C'O'Conner,16,Hyack
C:2:57.43 A.Taylor,12,Keyano
100 m butterfly
1:06.93 L.Mahood,12,CDSC
1:08.12 C.Laliberte,14,Manta
1:08.56 R.Gyrlevich,13,MJKFF
1:09.00 T.Piasta,14,EBF
1:09.59 A.Soroka,14,CDSC
1:10.28 T.Buchignani,14,UCSC
1:10.32 D.Hasker,15,Manta
1:12.61 B.Zubrecki,12,CDSC
C:1:10.10 R.Vis,16,MM
200 m butterfly
2:24.19 L.Mahood,12,CDSC
2:26.90 A.Soroka,14,CDSC
2:30.29 R.Vis,16,MM
2:30.53 R.Gyrlevich,13,MJKF
2:31.22 A.Taylor,12,Keyano
2:31.82 C.Laliberte,14,Manta
2:33.15 B.Zubrecki,12,CDSC
2:33.30 N.Johnson,14,ROD
C:2:30.44 T.Buchignani,UCSC
200 m ind.medley
2:30.08 S.Keown,13,UCSC
2:31.23 L.Mahood,12,CDSC
2:31.79 S.Manning,18,Keyanc

2:31.84 R.Gyrlevich,13,MJKFF
2:32.13 J.Black,17,Hyack
2:35.10 K.Blondal,15,CDSC
2:36.85 J.Hashimoto,14,CDSC
2:37.11 C,Laliberte,14,Manta
C:2:32.68 T.Simbalist,14,UCSC
400 m ind.medley
5:12.93 S.Manning,18,Keyano
5:18.02 L.Mahood,12,CDSC
5:18.24 S.Keown,13,UCSC
5:24.80 T.Simbalist,14,UCSC
5:25.04 A.Taylor,12,Keyano
5:25.43 K.Blondal,15,CDSC
5:28.71 J.Black,17,Hyack
5:30.35 S.Melody,17,WestVan
C:5:26.12 J.Hashimoto,14,CDS
4x100 m medley relay
4:44.37 Keyano A
4:45.66 Univ.Calgary A
4:46.60 Winnipeg Manta
4:46.56 Canadian Dolphin A
4:51.30 Hyack
4:53.79 Keyano B
4:58.12 Prince George
4:59.87 Univ.Calgary B
4x50 m free relay
1:56.47 Winnipeg Manta A
1:56.63 Keyano A
1:56.88 Canadian Dolphin A
1:57.75 Hyack
1:59.00 Univ.Calgary A
1:59.98 Moose Jaw
2:00.00 Keyano B
2:02.18 Canadian Dolphin B
4x100 m free rel ay
4:14.10 Keyano A
4:14.75 Winnipeg Manta A
4:17.55 Univ.Calgary A
4:20.39 Hyack
4:21.68 Univ.Calgary B
4:21.82 Keyano B
4:25.91 Moose Jaw
4:32.19 Canadian Dolphin B

MEN
50 m freestyle
25.51 B,Mikuska,17,Manta
25.73 M.Kaiway,15,VPSC
25.73 G.Korby,20,OSC
25.90 G.Morgan,15,UCSC
26.03 B.Blan hard,19,Blues
26.08 B.deJourdan,18,Manta
26.22 D.Adams,CTSC
26.35 O.Polyniak,15,Fox
C:25.72 D.Dacquay,17,Blues
100 m freestyle
54.67 R.Vandonselaar,15,OSC
56.00 B.Mikuska,17,Manta
56.35 M.Kaiway,15,VPSC
56.47 S.Sim,15,Keyano
56.89 B.Giesen,15,UCSC
56.90 S.Gallagher,15,Fox
57.13 M.Stark,16,ROD
57.39 D.Dacquay,17,Blues
C:57,00 G.Morgan,15,UCSC
200 m freestyle
1:58.53 R.Vandonselaar,OSC
1:58.78 B.Mikuska,17,Manta
2:01.89 B.Giesen,15,UCSC
2:02.13 M.Stark,16,ROD
2:02.40 B.Wells,15,MM
2:03.90 G.Morgan,15,UCSC
2:04.37 B.Dye,17,Hyack
2:05.85 T.Poulsen,17,UCSC
C:2:02.97 T.Lamb,17,UCSC
400 m freestyle
4:10.48 R.Vandonselaar,OSC
4:13.32 B.Mikuska,17,Manta
4:13.95 B.Wells,15,MM
4:17.99 T.Poulsen,17,UCSC
4:20.11 T.Lamb,17,UCSC
4:20.48 B.Dye,17,Hyack
4:21.70 M.Hamilton,16,UCSC
4:25.86 M.Stark,16,ROD
C:4:18.92 R.Spargue,16,Hyack
1500 m freestyle
16:51.56 M.Hamilton,16,UCSC
16:53.45 B.Dye,17,Hyack
16:53.50 R.Spargue,16,Hyack
16:54.39 T.Lamb,17,UCSC
17'02.68 B.Wells,15,MM
17:04.19 D.McFadyen,15,ROD
17:18.34 R.Williams,15,OSC
17:21.68 D.Bartlett,15,Hyack
C:17:23.37 T.Poulsen,UCSC
100 m backstroke
1:02.70 M.Latta,16,UCSC
1:03.40 M.Tewksbury,14,UCSC
1:03.60 B.McHaffie,16,Manta
1:03.60 B.Giesen,15,UCSC
1:04.10 J.McKendry,17,Blues
1:04.30 J.Billy,14,SJS
1:06.80 G.Morgan,15,UCSC
1:07.80 M.Meldrum,14,UCSC
C:1:05.54 D.Lux,15,OSC
200 m backstroke
2:15.19 M.Tewksbury,14,UCS
2:16.79 M.Latta,16,UCSC
2:17.31 J.McKendry,17,Blues
2:18.12 B.Wells,15,MM
2:18.85 R.Sprague,16,Hyack
2:18.88 B.Giesen,15,UCSC
2:19.45 B.McHaffie,16,Manta
2:19.86 C.Bowie,15,CDSC
C:2:20.33 P.Smith,15,MM
100 m breaststroke
1:11.31 R.Copper,18,Manta
1:12.08 M.Robbie,17,Manta
1:12.68 G.Cairns,15,Hyack
1:12.81 T.Livingston,15,ROD
1:13.07 B.Gilley,16,Fox
1:13.50 J.Ansell,15,Fox
1:14.67 S.Maloney,14,UCSC
1:15.00 R.Markwart,14,Hyack
C:1:12.47 C.Harbeck,14,Mant
200 m breaststroke
2:34.13 R.Cooper,18,Manta
2:34.28 J.Ansell,15,Fox
2:34.68 B.Gilley,16,Fox
2:35.48 T.Livingston,15,ROD
2:37.63 S.Maloney,14,UCSC
2:38.10 R.Traynor,15,CDSC
2:38.63 M.Robbie,17,Manta
2:42.89 D.McFadyen,15,ROD
C:2:38.27 R.Markwart,Hyack
100 m butterfly
59.45 R.Vandonselaar,OSC
1:00.19 T.Poulsen,17,UCSC
1:00.03 T.Lamb,17,UCSC
1:00.29 S.Gallagher,15,Fox
1:01.19 M.Perchinsky,17,OSC
1:01.68 J.Billy,14,SJS
1:02.54 D.Lux,15,OSC
1:03 15 M.Herndl,14,Hyack
C:1:02.42 R.Cooper,Manta
200 m butterfly
2:10.21 T.Lamb,17,UCSC
2:10.36 S.Gallagher,15,Fox
2:11.10 R.Vandonselaar,OSC
2:14.96 B.Wells,18,MM
2:15.58 B.Wells,15,MM
2:16.10 T.Livingston,15,ROD
2:16.13 D.Lux,15,OSC
2:18.10 T.Poulsen,17,UCSC
C:2:13.93 R.Sprague,16,Hyack
200 m ind.medley
2:16.44 S.Gallagher,15,Fox
2:17.41 M.Hamilton,16,UCSC
2:18.17 R.Cooper,18,Manta
2:18.58 B.McHaffie,16,Manta
2:19.02 B.deJourdan,18,Manta
2:20.02 M.Kaiway,15,VPSC
2:21.62 B.Wells,18,MM
2:22.45 M.Robbie,17,Manta
C:2:20.69 R.Traynor,CDSC
400 m ind.medley
4:47.33 B,Mikuska,17,Manta
4:47.46 M.Hamilton,16,UCSC
4:51.81 R.Sprague,16,Hyack
4:52.21 S.Gallagher,15,Fox
4:52.68 D.McFadyen,15,ROD
4:52.82 T.Livingston,15,ROD
4:58.35 C.Bowie,15,CDSC
4:58.89 B.Wells,18,MM
C:4:56.22 B.McHaffie,16,Man
4x100 m medley relay
4:14.44 Univ.Calgary B
4:17.55 Univ.Calgary A
4:17.67 Edm Olympian
4:17.79 Cascade Fox
4:23.76 Cdn.Dolphin
4:24.47 Regina
4:24.50 Keyano
disq Winnipeg Manta
4x50 m free relay
1:41.79 Edm Olympian
1:42.30 Winnipeg Manta
1:43.03 Univ.Calgary A
1:43.15 Winnipeg Blues
1:44.96 Cascade Fox
1:46.36 Univ.Calgary B
1:46.53 Keyano
1:47.13 Cdn.Dolphin
4x100 m free relay
3:46.09 Univ.Calgary A
3:47.60 Edm Olympian
3:48.16 Winn Manta
3:53.29 Cascade Fox
3:53.79 Cdn.Dolphin
3:53.86 Univ.Calgary B
3:54.73 Hyack
3:55.01 Keyano

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Provincial championships

A COMPARISON – FOR A MYTHICAL NATIONAL AGE GROUP NATIONALS

DATES FOR PROVINCIAL MEETS

May 28-30	Nova Scotia Championships (NF, PEI, NB and NS)
Jun 18-20	Manitoba Open
Jun 25-27	Saskatchewan Championships
Jul. 9-11	B.C. Championships
Jul. 18-20	Ontario Championships
Jul. 23-25	Alberta Provincials
Jul. 31-1	Quebec Championships

The combined results from all the seven provincial age group championships provide a sort of mythical national age group meet.

The seven meets took place from the period of late May until early August. There were only seven as the four Maritime provinces combined in one meet in Halifax.

By and large all the meets catered to their own provincial swimmers. In B.C. an Alberta All Star team took part and two clubs from the north west of Ontario also competed in the Manitoba meet as well as their own.

The events were consistent for all the meets, but for the relays. These were not used in the team scoring as they were different throughout the country. Six of the seven meets had a 4x50 free relay but only two had a 4x50 medley. The 50 free has now become part of the regular program, and as such will be added to the list of TAG events next season. Scoring was done for the top 16 places. Only eight finalists from each meet were used in the combined results, and only their performance in the finals was tabulated.

The top ten teams are as follows:

TOP TEN SWIMMING CLUBS

1.	485	Edmonton Keyano Swim Club
2.	468	Canadian Dolphin Swim Club
3.	465	Olympian Swim Club
4.	409	London Y Aquatic Club
5.	405	University of Calgary Swim Club
6.	386	Region of Waterloo Swim Club
7.	361	North York Aquatic Club
8.	354	Kenora Aquatic Club
9.	296	Piscine Olympique Montreal
10.	288	Pointe Claire Swim Club

It's worth pointing out that for the 11-12 age class some of the best swims of the season were done in this series. This is because these swimmers finished the season with this meet. The older kids were still in heavy training with better swims later in the season. Some provincial meets didn't have the best kids compete. It's hard the know why. But it certainly lowered their club's scoring.

Three swimmers managed six individual first. Jennifer McElroy,12, of Region of Waterloo in her last meet as a 12-year old made it a success. She rates firsts in the 100-200-400 free, both backs and the 200 i.m.

In the older girls category, Alison Dozzo, 14, of North York was rated first in the 100-200 back, breast and both i.m.'s.

Mississauga's pride, Brad Creelman had the best performnaces with two Naional Age Group records in the breaststroke, also placing first in the 50-100 free and 200 i.m.

Alberta had a top performer in Scott Flowers, another swimmer with six first: 200-400 free, 100 200 back and 200-400 i.m.

The Canadian Swimming Coaches Association is sponsoring the next attempt at such a meet. All the provincial winter championships are being scheduled for either of the last two weeks of February in 1983. It is hoped that it will generate greater interest for everyone throughout the country.

TRAINING & TEAMWORK

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Pour atteindre un objectif, il ne suffit pas d'y penser. Il faut travailler fort, en équipe. Il faut se consacrer totalement à la poursuite de son idéal.

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AIR CANADA

Combined Provincial Age Group Championships — 1982

11-12 GIRLS

50 m freestyle
29.11 A.Mason,Wolfville
29.15 J.McElroy,ROW
29.20 K.Patterson,HWAC
29.68 K.Sanders,12,LYAC
29.70 A.Davidson,Saints
29.80 B.Zubrecki,CDSC
29.85 H.MacDonald,NAAC
29.90 S.Tamme,DDO

100 m freestyle
1:02.79 J.McElroy,ROW
1:04.00 B.Zubrecki,CDSC
1:04.16 S.Tamme,DDO
1:04.53 K.Sanders,LYAC
1:04.70 S.Copenace,Kenora
1:04 91 C.Durocher,Samak
1:05.28 J.Rann,WAC
1:05.50 K.Milne,LYAC

200 m freestyle
2:15.05 J.McElroy,ROW
2:17.04 K.Milne,LYAC
2:17.14 S.Copenace,Kenora
2:18.82 S.Frisby,CDSC
2:19.68 D.Wurzburger,LYAC
2:20.33 K.Veghely,PCSC
2:20.40 B.Zubrecki,CDSC
2:21.16 S.McGill,UCSC

400 m freestyle
4:42.97 J.McElroy,ROW
4:43.60 S.Copenace,Kenora
4:48.51 K.Milne,LYAC
4:49.50 K.Veghely,PCSC
4:50.63 P.Noall,BBF
4:51.81 B.Zubrecki,CDSC
4:52.36 D.Wurzburher,LYAC
4:52.67 W.Trempe,Ajax

800 m freestyle
9:43.95 S,Copenace,Kenora
9:51.16 K.Milne,LYAC
9:55.59 T.Corbett,LYAC
9:58.01 D.Wurzburher,LYAC
10:05.10 S.Frisby,CDSC
10:07.98 B.Zubrecki,CDSC
10:09.32 L.Ormerod,OSP
10:09.35 F.Spooner,CDSC

100 m backstroke
1:12.10 J.McElroy,ROW
1:13.81 L.Chisholm,LYAC
1:14.04 J.McKetsy,LUSC
1:14.83 S.Frisby,CDSC
1:14.86 S.MacDonald,CPD
1:14.97 M.Lafontaine,Samak
1:15.63 L.Frew,Etob
1:16.23 S.Black,HWAC

200 m backstroke
2:34.48 J.McElroy,ROW
2:39.62 J.McKetsy,LUSC
2:39.63 S.Frisby,CDSC
2:39.70 A.Taylor,EKSC
2:40.80 M.Chambers,Manta
2:40.94 S.Black,HWAC
2:41.30 M.Lafontaine,Samak
2:41.58 S.MacDonald,CPD

100 m breaststroke
1:20.20 J.Rann,WAC
1:21.27 A.Mason,Wolfville
1:21.80 K.Salmon,GO
1:22.18 C.Yustin,TOMAC
1:23.12 L.Chisholm,LYAC
1:24.50 A.Davidson,Saints
1:24.56 J.Doherty,LUSC
1:24.64 E.Schaffeler,OAC

200 m breaststroke
2:54.03 J.Rann,WAC
2:57.63 C.Yustin,TOMAC
2:57.84 K.Salmon,GO
2:58.34 A.Mason,Wolfville
3:01.94 T.Corbett,LYAC
3:02.11 J.Puskas,Burl
3:02.46 A.Taylor,EKSC
3:02.88 K.Poenitz,Hyack

Alanna Mason,12,Wolfville Tritons

100 m butterfly
1:09.61 A.Mason,Wolfville
1:09.72 J.McElroy,ROW
1:10.45 L.Chisholm,LYAC
1:10.47 B.Zubrecki,CDSC
1:11.35 A.Taylor,EKSC
1:11.40 M.Cater,NYAC
1:11.61 K.West,COBRA
1:12.01 K.Veghely,PCSC

200 m bu tterfly
2:33.46 A.Taylor,EKSC
2:35.09 B.Zubrecki,CDSC
2:35.10 K.Milne,LYAC
2:36.32 D.Wurzburger,LYAC
2:37.24 K.Leckey,Hyack
2:39.26 K.West,COBRA
2:39.62 P.Noall,BBF
2:41.69 A.Kovacs,GMAC

200 m ind.medley
2:32.14 J.McElroy,ROW
2:36.03 K.Salmon,GO
2:37.70 A.Mason,Wolfville
2:37.81 A.Taylor,EKSC
2:38.29 S.Tamme,DDO
2:38.96 P.Noall,BBF
2:39.32 F.Spooner,CDSC
2:39.41 T.Corbett,LYAC

400 m ind.medley
5:22.94 S.Copenace,Kenora
5:23.50 J.McElroy,ROW
5:29.24 J.Zibin,PRB
5:31.32 A.Taylor,EKSC
5:33.03 J.McKetsy,LUSC
5:33.44 K.Leckey,Hyack
5:37.31 A.Batstone,TBT
5:37,37 K.Milne,LYAC

11-12 Girls Team Score

314	*London Y Aquatic*
229	*Canadian Dolphin SC*
171	*Region of Waterloo*
119	*Edmonton Keyano SC*
104	*Wolfville Tritons*
87	*Kenora Aquatics*
74	*Laurentian Univ.SC*
65	*Beaconsfield Bluefins*
62	*Hyack SC*
61	*Windsor Aquatic Club*

13-14 GIRLS

50 m freestyle
27.80 A.Schloegl,NYAC
27.81 W.Free,Etob
27.95 J.Kerr,Etob
28.31 K.Gellatly,ROW
28.45 R.Mayes,EKSC
28.50 N.Bertrand,CNSF
28.61 H.Chow,CTSC
28.64 R.Gyrlevich,MJKFF

100 m freestyle
1:00.75 J.Kerr,Etob
1:00.89 A.Schloegl,NYAC
1:01.16 D.McGinnis,EKSC
1:01.38 N.Bartrand,CNSF
1:01.84 K.Gellatly,ROW
1:01.94 R.Mayes,EKSC
1:02.38 R.Gyrlevich,MJKFF
1:02.74 E.Wale,Brant

200 m freestyle
2:08.40 J.Kerr,Etob
2:10.71 C.Condello,HWAC
2:12.06 A.Schloegl,NYAC
2:12.56 D.McGinnis,EKSC
2:12.68 N.Bertrand,CNSF
2:13.08 S.Donnelly,NYAC
2:13.12 E.Wale,Brant
2:13.33 E.Searcy,WAC

400 m freestyle
4:31.60 H.Chmara,LUSC
4:34.42 E.Wale,Brant
4:34.58 J.Kerr,Etob
4:34.92 C.Condello,HWAC
4:35.61 E;Searcy,WAC
4:35.94 S.Donnelly,NYAC
4:36.62 D.McGinnis,EKSC
4:37.69 D.Lebrun,CAMO

800 m freestyle
9:22.30 H.Chmara LUSC
9:22.48 T.Adrian,CDSC
9:28.79 S.Donnelly,NYAC
9:29.42 D.McGinnis,EKSC
9:29.53 D.Lebrun,CAMO
9:29.79 P.Grof,ROD
9:30.89 H.Peppin,SSAC
9:34.17 A.Lister,EKSC

100 m backstroke
1:10.39 A.Dozzo,NYAC
1:10.95 D.McGinnis,EKSC
1:11.00 J.Klassoff,ROD
1:11.11 J.Kerr,Etob
1:11.51 M.Simard,CNS
1:11.78 L.Maisey,SKSC
1:12.45 C.Bowden,VKSC
1:12.47 K.Salmon,GO

200 m backstroke
2:29.13 A.Dozzo,NYAC
2:31.60 D.McGinnis,EKSC
2:33.36 S.Keown,UCSC
2:33.39 T.Neumann,PCSC
2:34.02 M.DeBruin,Oak
2:34.11 J.Cowan,OSC
2:34.11 M.Simard,CNS
2:34.64 K.Roberst,GMAC

100 m breaststroke
1:17.82 A.Dozzo,NYAC
1:18.47 J.Hyslop,Kenora
1:18.62 J.Bean,TBT
1:18.85 K.Gellatly,ROW
1:19.30 B.Tymko,EKSC
1:19.37 K.Burris,Truro
1:20.58 V.Carbonnel,PCSC
1:21.47 T.Neumann,PCSC

200 m breaststroke
2:47.36 A.Dozzo,NYAC
2:49.55 B.Tymko,EKSC
2:50.46 J.Bean,TBT
2:50.99 J.Hyslop,Kenora
2:51.18 C.Meilleur,PCSC
2:52.22 K.Gellatly,ROW
2:52.47 T.Neumann,PCSC
2:53.41 M.Bird,Nrock

100 m butterfly
1:06.87 N.Bertrand,CNSF
1:06.94 S.Donnelly,NYAC
1:07.95 A.Jensen,COBRA
1:07.96 B.Tymko,EKSC
1:08.27 L.Doucette,UTSC
1:09.28 R.Gyrlevich,MJKFF
1:09.44 C.Condello,HWAC
1:09.75 J.Bean,TBT

200 m butterfly
2:25.83 B.Tymko,EKSC
2:26.32 L.Gardiner,ROW
2:27.79 S.Donnelly,NYAC
2:29.93 R.Gyrlevich,MJKFF
2:30.30 L.Haworth,PCSC
2:30.57 S.Watson,Kenora
2:30.61 D.McGinnis,EKSC
2:30.62 L.Long,Etob

200 m ind.medley
2:26.92 A.Dozzo,NYAC
2:28.20 D.McGinnis,EKSC
2:30.45 T.Neumann,PCSC
2:31.84 J.Kerr,Etob
2:32.18 B.Tymko,EKSC
2:32.49 J.Bean,TBT
2:33.20 S.Keown,UCSC
2:34.20 K.Gellatly,ROW

400 m ind.medley
5:10.55 A.Dozzo,NYAC
5:14.12 J.Kerr,Etob
5:15.09 L.Haworth,PCSC
5:15.33 T.Neumann,PCSC
5:16.84 L.Gardiner,ROW
5:17.67 D.McGinnis,EKSC
5:22.78 B.Tymko,EKSC
5:23.90 M.DeBruin,Oak

13-14 GIRLS TEAM SCORE

335	*Edmonton Keyano SC*
248	*North York AC*
171	*Pointe Claire SC*
153	*Etobicoke SC*
99	*Region of Waterloo SC*
81	*Univ.Calgary SC*
63	*Thunder Bay*
62	*C.N.Ste-Foy*
61	*Hamilton-Wentworth*
58	*Moose Jaw*

11—12 BOYS

50 m freestyle
27.68 B.Creelman,TOMAC
28.71 S.McLeish,VicO
28.84 C.Johnston,MJKFF
29.40 M.Kivinen,NSD
29.45 R.Coopman,SKSC
29.46 S.Smith,YYW
29.56 C.Smith,LYAC
29.58 T.O'Hare,CDSC

100 m freestyle
1:00.01 B.Creelman,TOMAC
1:02.23 C.Johnston,MJKFF
1:03.15 D.Smith,Kenora
1:03.55 T.O'Hare,CDSC
1:03.81 T.Pawlowsky,PCSC
1:04.39 R.Coopman,SKSC
1:04.43 S.McLeish,VicO
1:04.44 D.Haddow,Etob

200 m freestyle
2:16.39 S.Lanthier,POM
2:16.80 C.Johnston,MJKFF
2:17.67 D.Smith,Kenora
2:18.45 T.O'Hare,CDSC
2:19.24 P.Gagnon,Samak
2:19.83 D.Haddow,Etob
2:19.97 R.Andrews,OSC
2:20.13 D.Zagrodney,Kenora

400 m freestyle
4:44.10 T.Major,ROW
4:45.15 T.O'Hare,CDSC
4:45.73 D.Smith,Kenora
4:47.11 E.Smith,POM
4:52.48 C.Johnston,MJKFF
4:53.13 R.Andrews,OSC
4:54.24 D.Haddow,Etob
4:54.80 P.Gagnon,Samak

1500 m freestyle
18:37.28 D.Smith,Kenora
18:51.73 T.Major,ROW
18:52.42 P.Block,Hyack
18:53.12 T'O'Hare,CDSC
19:00.58 C.Narozanski,LUSC
19:06.48 D.Elliot,Nepean
19:19.39 C.Johnston,MJKFF
19:23.27 J.Cote,CNSF

100 m backstroke
1:12.10 D.Smith,Kenora
1:12.10 S.Lanthier,POM
1:13.04 C.Hastings,Saints
1:14.12 C.Johnston,MJKFF
1:14.54 A.Hancock,CNR
1:14.65 R.Lockyer,SSAC
1:14.96 R.Holt,RDC
1:15.03 T.Clair,ROW

200 m backstroke
2:32.27 S. Lanthier,POM
2:34.31 D.Smith,Kenora
2:36.70 E.Smith,POM
2:37.09 C.Johnston,MJKFF
2:38.00 C.Hastings,Saints
2:38.45 M.Rollason,NYAC
2:39.14 R.Andrews,OSC
2:39.55 T.Clair,ROW

100 m breaststroke
1:14.81 B.Creelman,TOMAC
1:18.35 S.Ryan,VPSC
1:22.11 P.Keber,Burl
1:22.23 R.Cosgrove,PCSC
1:22.47 D.Loyola,UTSC
1:23 02 S.Gombai,WAC
1:24.12 T.Pawlowsky,PCSC
1:24.32 T.Major,ROW

200 m breaststroke
2:48.14 B.Creelman,TOMAC
2:53.10 S.Ryan,VPSC
2:55.91 S.Gombai,WAC
2:57.74 P.Keber,Burl
2:57.78 T.Major,ROW
2:58.58 D.Loyola,UTSC
2:58.85 E.Smith,POM
3:00.86 R.Lockyer,SSAC

100 m butterfly
1:10.06 C.Johnston,MJKFF
1:10.16 D.Smith,Kenora
1:10.57 D.Zagrodney,Kenora
1:11.43 I.Perin,GMAC
1:11.76 T.O'Hare,CDSC
1:12.05 S.Goulet,POM
1:12.06 C.Smith,LYAC
1:12.28 B.Summers,FOX

200 m butterfly
2:28.14 C.Johnston,MJKFF
2:34.02 D.Smith,Kenora
2:34.85 B.Lapierre,POM
2:35.38 S.Goulet,POM
2:36.79 D.Elliot,Nepean

2:36.87 E.Smith,POM
2:37.92 L.McWhirter,VPSC
2:38.17 T.O'Hare,CDSC
200 m ind.medley
2:30.03 B.Creelman,TOMAC
2:35.17 S.Lantheir,POM
2:36.13 C.Johnston,MJKFF
2:37.44 T.Major,ROW
2:38.60 D.Loyola,UTSC
2:39.05 C.Davis,MM
2:39.41 J.Earle,SJS
2:39.57 D.Zagrodney,Kenora
400 m ind.medley
5:20.78 E.Smith,POM
5:20.80 S.Lantheir,POM
5:23.04 D Smith,Kenora
5:23.46 B.Creelamn,TOMAC
5:35.59 T.Major,ROW
5:37.98 J.Cote,CNSF
5:38.86 M.Rollason,NYAC
5:39.16 D.Elliot,Nepean

11–12 BOYS TEAM SCORE

226	*Piscine Olympique Mtl*
222	*Kenora Aquatics*
174	*Moose Jaw*
116	*Region of Waterloo*
108	*Canadian Dolphin SC*
96	*Mississauga AC*
62	*Pointe Claire SC*
51	*Nepean SC*
45	*Hyack SC*
42	*Vancouver Pacific SC*

13–14 BOYS
50 m freestyle
26.12 D.Adams,CTSC
26.41 P.Lightbody,Oak
26.87 S.Flowers,OSC
27.00 M.Gaide,York
27.05 M.Tewskbury,UCSC
27.11 J.Seawright,TOMAC
27.20 J.Billy,SJS
27.22 P.Heusel,KYBM
100 m freestyle
57.72 D.Adams,CTSC
57.84 M.Dickinson,MAC
57.86 S.Flowers,OSC
58.02 P.Lightbody,Oak
58.54 M.Tewksbury,UCSC
59.12 J.Muchaluk,COBRA
59.43 L.Donnelly,Hyack
59.50 J.Fekr,SKG
200 m freestyle
2:02.52 S.Flowers,OSC
2;04.04 M.Dickinson,MAC
2:06.47 B.Volz,NYAC
2:06.55 R.Williams,OSC
2:06.93 J.Muchaluk,COBRA
2:07.33 L.Donnelly,Hyack
2:07.99 P.Lightbody,Oak
2:08.22 C.Chalmers,LYAC
400 m freestyle
4:17.17 S.Flowers,OSC
4:18.06 M.Dickinson,MAC
4:19.68 B.Volz,NYAC
4:25.32 C.Chalmers,LYAC
4:26.61 R.Williams,OSC
4:29.22 S.Merker,COBRA
4:30.41 L.Girouard,CNSF
4:30.78 M.Tewskbury,UCSC
1500 m freestyle
16:57.30 B.Volz,NYAC
16:58.43 C.Chalmers,LYAC
17:08.58 M.Dickinson,MAC
17:19.02 S.Flowers,OSC
17:32.10 R.Williams,OSC
17:44.99 G.Streppel,CAJ
17:49.01 J.King,CDSC
17:49.12 L.Dean,ROD
100 m backstroke
1:04.20 S.Flowers,OSC
1:04.39 M.Tewksbury,UCSC
1:06.26 J.Billy,SJS
1:07.45 J.MacKenzie,Ajax
1:07.63 M.Meldrum,UCSC
1:07.80 D.Murchie,HTAC
1:08.02 S.Hogue,CAMO
1:08.16 K.MacPherson,NBT
200 m backstroke
2:17.02 S.Flowers,OSC
2:18.62 M.Tewksbury,UCSC
2:22.98 M.Meldrum,UCSC
2:24.35 T.Jakisch,Manta
2:25.12 R.Williams,OSC
2:25.52 K.MacPherson,NBT
2:27.38 S Hogue,CAMO
2:27.40 G.Anderson,NYAC
100 m breaststroke
1:12.30 D.Leblanc,POM
1:14.85 D.Tapin,CNS
1:14.91 S.Maloney,UCSC
1:15.06 R.Markwart,Hyack
1:15.28 B.Jackson,EKSC
1:15.40 D.Schmidt,Brock
1:15.60 C.Guest,HWAC
1:15.75 C.Liddell,Coho
200 m breaststroke
2:36.52 D.Leblanc,POM
2:40.44 S.Maloney,UCSC
2:42.55 C.Guest,HWAC
2:42.82 R.Markwart,Hyack
2:42.97 D.Schmidt,Brock
2:44.70 T.Forsberg,SKG
2:45.20 D.Finch,ROD
2:45.85 B.Jackson,EKSC
100 m butterfly
1:02.75 S.Flowers,OSC
1:03.16 J.Billy,SJS
1:03.19 D.Thompson,COBRA
1:03.23 M.Herndl,Hyack
1:05.05 S.Isaac,FOX
1:05.16 C.Janze,CDSC
1:05.23 M.Gurzi,HWAC
1:05.31 R.Williams,OSC
200 m butterfly
2:17.40 S.Flowers,OSC
2:21.01 P.Graboski,UCSC
2:21.77 R.Williams,OSC
2:21.97 I.Carmody,GO
2:22.93 J.King,CDSC
2:23.15 M.Meldrum,UCSC
2:23.16 D.Thompson,COBRA
2:23.40 T.Doherty,ROW
200 m ind.medley
2:20.56 S.Flowers,OSC
2:24.38 M.Medlrum,UCSC
2:24.64 S.Merker,COBRA
2:24.70 D.Schmudt,Brock
2:25.16 D.Dutton,HTAC
2:25.51 P.Grabosik,UCSC
2:26.22 J.Emond,CAMO
2:26.54 R.Williams,OSC
400 m ind.medley
4:58.40 S.Flowers,OSC
5:03.10 M.Dickisnosn,MAC
5:05.94 R.Williams,OSC
5:06.12 S.Merker,COBRA
5:07.74 C.Hirst,CHENA
5:07.85 M.Medlrum,UCSC
5:08.13 D.Leblanc,POM
5:08.86 M.Tewksbury,UCSC

13–14 BOYS TEAM SCORE

359	*Olympian SC*
264	*Univ.Calgary SC*
113	*Chinguacousy SC*
103	*Hyack SC*
84	*Markham AC*
79	*Canadian Dolphin SC*
72	*Montreal Aquatic*
69	*North York AC*
64	*Halifax Trojan AC*
60	*London Y Aquatic*

World scene

AUSTRALIA
Commonwealth Trials
Aug.27-30 (50 m)
WOMEN
50 m free
26.74 Angela Russell
27.43 Ann Deadle
27.68 Jenny Massinger
100 m free
58.11 Angela Russell
58.59 Diana Watts
58.71 Sue Baumer
200 m free
2:01.80 Tracey Wickham
2:02.23 Sue Baumer
2:04.48 Rosemary Brown
400 m free
4:13.81 Tracey Wickham
4:15.63 Rosemary Brown
4:16.98 Sue Baumer
800 m free
8:36.23 Tracey Wickham
8:46.52 Sue Baumer
8:48.07 Danielle Kimlin
100 m back
1:04.45 Georgina Parkes
1:04.52 Audrey Moore
1:04.97 Lisa Forrest
200 m back
2:14.53 Georgina Parkes
2:15.00 Lisa Forrest
2:17.15 Audrey Moore
100 m breast
1:14.44 Dimity Douglas
1:14.50 Cindy Fitzpatrick
1:15.25 Wendy Powie
200 m breast
2:37.58 Rickie Binning
2:40.64 Cindy Fitzpatrick
2:41.85 Jill Collingwood
100 m fly
1:03.20 Lisa Curry
1:03.44 Angela Russell
1:03.50 Tracey Wickham
200 m fly
2:14.67 Lisa Curry
2:15.13 Jane Tibbits
2:16.16 Suzie Woodhouse
200 m i.m.
2:19.22 Rickie Binning
2:19.71 Cindy Fitzpatrick
2:19.72 Jill Collingwood
400 m i.m.
4:52.27 Sue Lindells
4:54.40 Lisa Curry
4:56.95 Michelle Pierson

MEN
50 m free
23.45 Neil Brooks
23.87 Michael Delany
23.95 Greg Fasala
100 m free
51.53 Neil Brooks
52.01 Mike Delany
52.46 Graeme Brewer
200 m free
1:53.53 G.McGufficke
1:54.04 Ron McKeon
1:54.51 Graeme Brewer
400 m free
3:59.05 Graeme Brewer
4:00.60 Justin Lendnerg
4:00.73 Mathew Brown
1500 m free
15:36.01 Max Metzker
15:37.27 Tim Ford
15:44.15 W.Shillington
100 m back
58.30 David Orbell
59.12 Richard Cahalan
59.19 Mathew Rainshaw
200 m back
2:04.69 David Orbell
2:07.12 Richard Cahalan
2:07.71 Kim Terrell
100 m breast
1:04.82 Peter Evans
1:05.24 Steven Cook
1:06.27 Lindsay Spencer
200 m breast
2:20.97 Glen Beringen
2:21.50 Lindsay Spencer
2:21.90 Peter Evans
100 m fly
56.45 John Sieven
56.63 Barry Armstrong
56.80 Paul Rowe
200 m fly
2:01.19 Paul Rowe
2:02.94 John Sieven
2:04.10 Mathew Brown
200 m i.m.
2:08.44 Richard Cahalan,
2:09.89 Micheel Bohl
2:10.91 James Pringles
400 m i.m.
4:32.60 Mathew Brown
4:34.49 Justin Lenberg
4:34.94 Rob Woodhouse

ASA (British Champs)
Commonwealth Trials
Aug.19-22 (50 m)
WOMEN
100 m free
56.71 June Croft
58.51 Nicola Fibbens
59.43 Debra Gore
200 m free
2:01.18 June Croft
2:05.40 A.Cripps
2:06.43 H.Stcokmarr
400 m free
4:12.72 June Croft
4:14.01 Jackie Willmott
4:20.21 Sarah Kerswell
800 m free
8:46.73 Jackie Willmott
8:50.56 Sarah Hardcastle
8:58.40 A.Cripps
100 m back
1:04.85 Cathy White
1:05.83 Helen Jameson
1:06.47 Anna Mason
200 m back
2:19.80 Cathy White
2:22.05 A.Horsfield
2:22.34 Helen Jameson
100 m breast
1:14.28 J.Seymour
1:14.32 Lorraine Burt
1:14.92 Suki Brownsdon
200 m breast
2:38.95 Gaynor Stanley
2:40.28 Sandra Bowman
2:40.71 Suki Brownsdon
100 m butterfly
1:02.60 Ann Osgerby
1:03.19 Caroline Cooper
1:03.32 J.Graysmark
200 m butterfly
2:16.67 Freda Ross
2:17.01 Ann Osgerby
2:17.84 Janet Osgerby
200 m i.m.
2:20.65 June Croft
2:22.31 Louise Tate
2:23.38 Sarah Kerswell
400 m i.m.
4:59.43 Louise Tate
5:00 36 Sarah Kerswell
5:00.60 Maria Scott

MEN
100 m free
52.25 David Lowe
52.34 Richard Burrell
52.54 Phil Osborne
200 m free
1:53.87 John Davey
1:54.01 Andy Astbury
1:54.17 Phil Hubble
400 m free
3:57.06 Andy Astbury
4:05.19 Dick Williams
4:08.14 Andrew Gray
1500 m free
15:37.89 Andy Astbury
16:02.49 Andrew Gray
16:13.42 Andrew Bourne
100 m back
58.50 Steve Harrison
59.72 Neil Harper
59.79 Gary Abraham
200 m back
2:09.55 Andre Jameson
2:10.20 Jon Randall
2:12.85 P.Lerpiniere
100 m breast
1:03.43 Adrian Moorhouse
1:06.60 David Bryant
1:07.81 Martin Porter
200 m breast
2:19.97 Adrian Moorhouse
3:24.81 Peter Musgrave
2:26.71 Frank August
100 m fly
55.61 Phil Hubble
55.69 Kevin Lee
56.06 David Lowe
200 m fly
2:01.16 Phil Hubble
2:04.49 N.Hodgson
2:04.61 Stephen Poulter
200 m i.m.
2:08.53 Ian Collins
2:09.41 Gabor Hegedus
2:09.78 Stuart Willmott
400 m i.m.
4:36.39 Stephen Poulter
4:36.42 Stuart Willmott
4:41.40 Gabor Hegedus

US Championships
Indianapolis, Aug.20-23.
WOMEN
50 m free
26.13 Dara Torres
26.21 Sue Walsh
26.49 Susan Tietjen
100 m free
57.45 Paige Zemina
57.51 Beth Washut
57.52 Mary Wayte
200 m free
2:01.25 Sara Linke
2'01.47 Mary Wayte
2:02.06 Mary T.Meagher
400 m free
4:11.61 Tiffany Cohen
4:12.55 Kim Linehan

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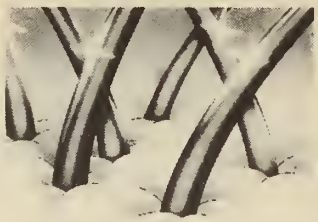

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4:13.53 M.Linzmeier
800 m free
8:35.48 M.Linzmeier
8:38.75 Karin LaBerge
8:38.99 Michelle Ford
1500 m free
16:18.94 K.LaBerge
16:29.29 Susan Andra
16:32.77 Flo Barker
100 m back
1:02.48 Sue Walsh
1:04.02 Betsy Mitchell
1:04.11 Debbie Risen
200 m back
2:15.53 Tracy Caulkins
2:16.06 Sue Walsh
2:16.12 Amy White
200 m breast
2:35.45 Beverly Acker
2:35.62 Polly Winde
2:37.33 K.Rhodenbaugh
100 m breast
1:10.79 K.Rhodenbaugh
1:11.62 Tracy Caulkins
1:12.47 Shannon Orcutt
100 m fly
59.75 Mary T.Meagher
1:01.01 M.Buddemeyer
1:01.19 Jody Eyles
200 m fly
2:07.14 Mary T.Meagher
2:12.57 Mich Ford
2:14.96 Diane Ursin
200 m i.m.
2:15.66 Tracy Caulins
2:18.51 Polly Winde
2:20.10 Chris Woolger
400 m i.m.
4:44.28 Tracy Caulkins
4:49.24 Vera Barker
4:49.36 Polly Winde

MEN
50 m free
22.69 PengSiong Ang
22.81 Rowdy Gaines
22.86 Tom Jager
100 m free
50.27 Rowdy Gaines
50.34 David McCagg
50.65 C.Cavanaugh
200 m free
1:49.64 Rowdy Gaines
1:50.92 Mike Heath
1:51.13 Rich Saeger
400 m free
3:54.80 Bruce Hayes
3:55.78 T.Corbisiero
3:56.62 Bari Weick
800 m free
7:58.50 T.Corbisiero
7:59.26 Bruce Hayes
8:00.71 Jeff Kostoff
1500 m free
15:17.77 Jeff Kostoff
15:24.65 Bruce Hayes
15:29.03 Matt Cetlinski
100 m back
56.90 M.Rhodenbaugh
57.28 Dave Bottom
57.38 Tom Jager
200 m back
2:02.91 S.Barnicoat
2:04.14 Rich Hughey
2:04.64 Dave Bottom
100 m breast
1:02.53 S.Lundquist WR
1:03.16 John Moffet
1:03.78 Bill Barrett
200 m breast
2:17.88 John Moffet
2:18.42 S.Lundquist
2:19.91 Glenn Mills
100 m fly
54.61 Dave Cowell
54.89 Brad Hering
55.01 C.Beardsley
200 m fly
1:59.01 C.Beardsley
2:00.38 Ricardo Prado
2:01.51 R.VonJouanne
200 m i.m.
2:04.03 Bill Barrett
2:04.55 Ricardo Prado
2:05.98 S.Lundquist
400 m i.m.
4:22.54 Ricardo Prado
4:25.67 Jeff Float
4:27.41 Bruce Hayes

US vs URS Dual Meet
Knoxville, Aug.26-28
WOMEN
50 m free
26.27 D.Torres,US
26.55 I.Gerasimova,URS
27.06 P.Zemina,US
100 m free
57.70 N.Strunikova,URS
57.70 P.Zemina,US
57.75 M.Wayte,US
200 m free
2:02.12 M.Wayte,US
2:02.25 N.Strunikova,UR
2:03.04 I.Gerasimova,UR
400 m free
4:15.38 T.Cohen,US
4:16.51 M.Wayte,US
4:16.52 I.Laricheva,URS
800 m free
8:38.18 K.LaBerge,US
8:41.96 T.Cohen,US
8:46.52 I.Laricheva,URS
1500 m free
16:27.92 K.LaBerge,US
16:41.09 T.Cohen,US
16:44.60 I.Laricheva,URS
100 m back
1:03.43 L.Gorchakova,UR
1:04.03 L.Kinkead,US
1:04.54 B.Mitchell,US
200 m back
2:15.10 L.Gorchakova,UR
2:16.28 L.Kinkead,US
2:17.60 I.Shtilova,URS
100 m breast
1:11.47 Rhodenbaugh,US
1:12.36 L.Belokon,URS
1:13.03 A.Buzelite,URS
200 m breast
2:33.94 L.Belokon,URS
2:34.80 B.Acker,US
2:35.44 Rhodenbaugh,US
100 m fly
1:00.19 M.T.Meagher,US
1:01.24 M.Buddemeyer,US
1:02.50 N.Pokas,URS
200 m fly
2:09.50 M.T.Meagher,US
2:16.28 T.Cohen,US
2:16.93 N.Pokas,URS
200 m i.m.
2:19.74 Gerasimova,URS
2:19.99 V.Barker,US
2:20.74 S.Heon,US
400 m i.m.
4:53.92 S.Heon,US
4:54.26 V.Barker,US
4:55.04 K.LaBerge,US
4x100 medley relay
4:13.48 United States
4:15.52 Soviet Union
4x100 free relay
3:48.84 United States
3:50.54 Soviet Union
4x200 free relay
8:15.52 United States
8:22.70 Soviet Union

MEN
50 m free
22.78 R.Gaines,US
22.98 R.Leamy,US
23.58 S.Smiriagin,URS
100 m free
50.30 R.Gaines,US
50.92 S.Smiriagin,URS
59.95 R.Leamy,US
200 m free
1:49.43 R.Gaines,US
1:51.62 R.Saeger,US
1:51.74 S.Semenov,URS
400 m free
3:51.07 V.Salnikov,URS
3:53.25 B.Hayes,US
3:59.25 A.Chaev,URS
800 m free
7:54.88 V.Salnikov,URS
7:59.96 B.Hayes,US
8:09.10 J.Kostoff,US
1500 m free
15:09.77 Salnikov,URS
15:20.99 J.Kostoff,US
15:30.83 B.Hayes,US
100 m back
57.13 D.Bottom,US
57.54 Shemetov,URS
57 81 Zabolotnov,URS
200 m back
2:01.80 Barnicoat,US
2:01.88 Shemetov,URS
2:04.27 Gavrolenko,URS
100 m breast
1:03.15 J.Moffet,US
1:04.70 B.Barrett,US
1:04.76 A.Dubrovin,URS
200 m breast
2:17.04 R.Shulpa,URS
2:17.46 J.Moffet,US
2:19.26 G.Utenkov,URS
100 m fly
54.52 B.Hering,USA
54.70 D.Cowell,US
54.85 A.Markovski,URS
200 m fly
1:58.33 C.Beardsley,US
1:58.96 S.Fesenko,URS
2:00.66 J.Float,US
200 m i.m.
2:03.58 B.Barrett,US
2:05.68 A.Sidorenko,URS
2:06.82 VonJouanne,US
400 m i.m.
4:23.36 J.Float,US
4:26.82 S.Fesenko,URS
4:28.65 J.Kostoff,US
4x100 medley relay
3:42.50 United States
3:45.33 Soviet Union
4x100 free relay
3:19.41 United States
3:22.57 Soviet Union
4x200 free relay
7:22.94 United States
7:25.47 Soviet Union

SCORE:
USA 224, URS 156

Vladimir Salnikov,URS *Photo by Horst Muller*

Making Waves

Interviews conducted by Nancy Lee and Terry Holmes

Tod Major, *11, Region of Waterloo SC*
TAG Performances

Short Course		*Long Course*	
100 free	58) 1:06.99	100 free	13) 1:04.52
200 free	49) 2:21.64	200 free	6) 2:17.00
400 free	22) 4:50.18	400 free	2) 4:44.10
1500 free	15) 18:55.90	1500 free	2) 18:38.50
100 back	26) 1:15.06	100 back	45) 1:18.28
200 back	24) 2:39.56	200 back	26) 2:42.98
100 br	49) 1:25.99	100 br	10) 1:22.39
100 fly	43) 1:14.67	200 br	8) 2:57.02
200 fly	26) 2:42.95	100 fly	13) 1:11.93
200 im	37) 2:40.07	200 fly	11) 2:38.07
400 im	19) 5:34.15	200 im	9) 2:37.44
		400 im	6) 5:31.01

From the club that gave you Victor Davis comes another promising young swimmer - Todd Major.

This Region of Waterloo distance ace is an 11 year-old whose best events are the 400 free (4:44.10) and 1500 free (18:38.50). He capped the long course season with TAG rankings in every event except the backstrokes.

A Christmas vacation in Fort Lauderdale last year brought an unusual swimming adventure. "I entered an Ocean Mile Swim," says Todd referring to an annual fun event sponsored by a local newspaper. "Swimming in the ocean with Portuguese man-of-war, jellyfish and four foot waves was 'quite an experience'," he says.

Todd beat the elements and all but one competitor in the 11 to 13 age group. He was lucky. Of 500 competitors, about 100 were stung by jellyfish - a few required hospital treatment.

In his regular pool environment, Todd trains 15 hours a week under coach Cliff Barry. He still finds time for hockey and skiing in the winter and golf and tennis in summer - piano lessons on top of that.

Todd's big target now is to qualify for the Junior Nationals next summer.

Bernhard Volz, *13, North York AC*
TAG Performances

Short Course		*Long Course*	
200 free	21) 2:05.13	100 free	16) 58.90
400 free	4) 4:09.20	200 free	6) 2:04.20
1500 free	2) 16:15.17	400 free	5) 4:16.07
100 back	38) 1:08.92	1500 free	2) 16:38.09
200 back	22) 2:23.74	100 back	24) 1:08.87
100 fly	43) 1:07.21	200 back	11) 2:22.68
200 fly	13) 2:20.01	100 fly	16) 1:04.78
200 im	23) 2:22.93	200 fly	27) 2:26.10
400 im	7) 4:54.02	200 im	17) 2:25.10
		400 im	2) 4:56.74

The hard work ethic has paid off for Bernhard Volz. The fourteen year old NYAC swimmer has been swimming for only four years but his rapid improvement has Bernhard gearing up for 1984.

"I've been doing a lot more distance work in order to build up stamina. The mileage Mark (Temple) has us doing during the year really helped my times in the distance events this summer."

When Bernhard first started to swim competitively he did all events. However, with more training, his times in the distance events improved significantly.

"Distance comes easily for me. I like pulling a lot more than kicking. One of my favourite sets is pulling 4x400 free."

His times at this year's Junior Nationals in Halifax are right on track for his goals: 1500 free 16:38.09 (2nd), 400 free 4:16.07 (4th - "It could have been faster"), 400 i.m. 4:56.74 (9th).

Bernhard was introduced to swimming at a local 'Y'. "My parents didn't want me to do any body contact sports. I liked swimming a lot and my instructor suggested I should join a swim club."

The desire to reach his goals is what drives Bernhard on in swimming. "I know exactly what I want to do and what I have to do to get there. I need to take off at least another minute to be in contention for the national team. The Pan Ams are a long shot but I'll try. I'm looking more towards 1984."

A math oriented student, Bernhard is looking forward to starting Grade 9 at Earl Haig Collegiate and getting back to work in the pool.

Andrea Schloegl, *14, North York AC*
TAG Performances

Short Course		*Long Course*	
100 free	3) 59.14	100 free	2) 1:00.47
200 free	5) 2:08.59	200 free	3) 2:08.81
400 free	35) 4:38.66	400 free	20) 4:38.55
100 fly	12) 1:07.89	100 back	42) 1:14.31
200 im	40) 2:32.19	100 fly	19) 1:09.16

"I like going fast. When you swim well you get on top of the water and it makes you feel great."

Andrea Schloegl, 14, of North York AC, speaks like a true sprinter. Although she has only been swimming competitively for three years the rapid progression of her times indicates that she will soon be one of Canada's leading female sprinters. Andrea herself has set the 1984 Olympics as her goal.

"I've always had the goal, ever since I was little, to be in the Olympics. I took up lots of sports before swimming to try and find out what I do best with the hope of making it to the Games."

Having participated at the Red Cross level, Andrea joined NYAC when she saw an ad for the club at a borough pool. "I started out thinking I was a flyer but my free sprinting improved more. I prefer the 50 and short course rather than long course. I think the push off from the turn gives me more speed."

Andrea concentrates on sprinting during tapers but otherwise puts in the same mileage as the others. A favourite taper set is 10x50 on 3 1/2 minutes averaging 28's.

Andrea is enthusiastic about mathematics and will be entering Grade 10 a Earl Haig Collegiate this fall. The school offers a program whereby Andrea and other NYAC swimmers will be given a physical education credit for the time and effort they put into swimming.

Andrea's swimming successes to date include two youth training camps, the Ontario vs Florida meet and a provincial record for the 13-14 50 free.

An articulate fourteen year old, Andrea sums up her thoughts on swimming, "I like the competition and most of my friends are in swimming. If I didn't swim I don't know what I'd do with all the spare time!"

Brad Creelman, 12, Mississauga AC

Andrea Schloegl, 14, North York AC

Jennifer McElroy, 12, ROW

Todd Major, 11, ROW

Jeff Sheehan, 17, UCSC

Jeff Sheehan, *17, University of Calgary SC*
TAG Performances

Short Course		*Long Course*	
100 free	1) **50.81**	100 free	2) 52.53
200 free	3) 1:52.84	200 free	5) 1:58.08
400 free	16) 4:09.44	400 free	32) 4:19.10
1500 free	4) 15:56.90	100 back	3) 1:00.33
100 back	19) 1:01.79	200 back	7) 2:11.88
200 back	23) 2:14.33	100 br	17) 1:11.21
100 br	33) 1:09.36	100 fly	10) 59.42
200 br	22) 2:29.30	200 fly	18) 2:12.74
100 fly	34) 1:00.25	200 im	**1) 2:07.90**
200 im	1) **2:04.60**	400 im	**1) 4:35.37**
400 im	1) 4:25.57		

"I really doubt I would still be around had I not been as successful as I was as an age grouper. It was much easier then to be good. I took my talent for granted."

Jeff Sheehan, 17, from the University of Calgary S.C. has progressed steadily since his age group days.

Born in Connecticut, he followed his two older sisters, Kathy and Maureen, into swimming after his family had settled in Calgary.

"I started to swim when I was seven. I was a breaststroker at first, then a freestyler. The other strokes were just there. Lately, my i.m. has improved a lot."

Jeff's accomplishments include several age group records and a national title in the 100 free, at the 1982 short course championships.

"The 100 free is one of my better events but I like the 200 i.m. the most. I'm lucky to be (ranked) as well as I am in the 100 free in Canada. In the world rankings I'm not nearly as good in the free as I am in the i.m."

Jeff prefers sets which incorporate the complete strokes. He concentrates on the i.m. more than on free.

"I do more distance than most sprinters. I train as hard and as long as our distance swimmers. I need that background to taper well," Jeff said.

Sheehan is coached by Deryk Snelling and plans to enroll at the University of Calgary this fall.

"I'll continue swimming until 1984 for sure. I like the competitiveness of swimming and the trips are an incentive," he said. "I've been on teams to West Germany and Japan. Tokyo was very interesting and really a lot of fun."

The 200 i.m. at the Commonwealth Games in Brisbane is Jeff's next big test.

Jennifer McElroy, *12, Region of Waterloo SC*
TAG Performances

Short Course		*Long Course*	
100 free	9) 1:03.30	100 free	**1) 1:02.72**
200 free	4) 2:13.25	200 free	**1) 2:15.05**
400 free	5) 4:42.21	400 free	2) 4:42.97
800 free	15) 9:53.30	800 free	5) 9:49.05
100 back	2) 1:11.62	100 back	2) 1:11.77
200 back	**1) 2:31.56**	200 back	3) 2:33.79
100 br	23) 1:23.39	100 br	16) 1:25.00
200 br	14) 2:58.09	200 br	11) 3:01.99
100 fly	8) 1:10.63	100 fly	5) 1:09.45
200 fly	6) 2:35.16	200 fly	8) 2:35.19
200 im	3) 2:30.59	200 im	2) 2:32.14
400 im	3) 5:20.00	400 im	3) 5:23.50

This fall brings big change for ROW's Jennifer McElroy. She starts swimming in a new age group and begins high school at Bishop MacDonnell in Guelph, Ontario.

Jennifer started swimming at age seven but didn't do much training until she was ten. Even now, her workouts only number five a week - totalling about ten hours pool time. However, that's put her best in the country, with two firsts in TAG.

Although she's an exceptional freestyle swimmer, Jennifer's favourite events are the 200 back and 200 i.m. "They feel smoother and feel comfortable," she says.

Like most successful people, she has other interests. Jennifer is an accomplished pianist and has completed her grade seven studies in music.

Brad Creelman, *12, Mississauga AC*
TAG Performances

Short Course		*Long Course*	
100 free	2) 59.45	100 free	**1) 1:00.01**
200 free	2) 2:11.63	200 free	**1) 2:12.63**
400 free	10) 4:45.05	400 free	7) 4:49.87
1500 free	14) 18:54.84	1500 free	7) 18:56.01
100 back	45) 1:16.60	100 back	12) 1:14.84
100 breast	7) 1:19.50	200 back	30) 2:44.97
200 breast	3) 2:44.60	100 breast	**1) 1:14.81**
100 fly	23) 1:12.59	200 breast	**1) 2:46.12**
200 fly	49) 2:50.60	100 fly	2) 1:09.29
200 im	2) 2:29.35	200 fly	17) 2:40.09
400 im	10) 5:26.39	200 im	**1) 2:30.03**
		400 im	4) 5:23.46

Mississauga's Brad Creelman, 12, is a racer. He swims what it takes to win.

Although he doesn't swim for time very well, that's a small problem when you consider his five TAG first place rankings in 1982. What's more, Brad has most of the winter left in his age group.

He started to swim as a five year old but coach Bill Barton is cautious about too much too soon in the sport. "We limit the number of workouts," says Barton. "Rather than demand that swimmers take a maximum amount of training time, we demand they take a minimum."

For Brad, that means less than 10 hours training a week. He's able to enjoy other favourite pastimes - tennis and Pac Man.

Records

Records bettered during July and August — for 50 m pools

WORLD				
Men				
100 m breast	**1:02.53**	**Steve Lundquist, United States**	**Indianapolis**	**Aug.21**
COMMONWEALTH				
Women				
100 m breast	1:10.99	Anne Ottenbrite, Canada	Edmonton	Aug.26
SENIOR CANADIAN				
Women				
100 m breast	1:10.99	Anne Ottenbrite, Ajax AC	Edmonton	Aug.26
NATIONAL AGE GROUP				
11-12 GIRLS				
4x100 Medley R	4:48.79	Canadian Dolphin Swim Club S.Frisby, L.Mahood, B.Zubrecki, F.Spooner		Aug.14
15-17 GIRSL GIRLS				
100 m breast	1:10.99	Anne Ottenbrite, Ajax AC	Edmonton	Aug.26
11-12 BOYS				
200 m breast	2:46.12	Brad Creelman, Mississauga AC	Etobicoke	July 17
15-17 BOYS				
50 m free	24.22	Blair Hicken, University of Toronto SC	Edmonton	Aug.28 heat
	24.22	Glen Luxenberg, Pointe Claire SC	Edmonton	Aug.28 heat
	24.05	Blair Hicken, University of Toronto SC	Edmonton	Aug.28 final

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